



*Saint George  
Antiochian Orthodox Church  
Cicero, Illinois*

كنيسة القديس جاورجيوس  
الأنطاكية الأرثوذكسية

**ORTHROS (MATINS) SERVICE FOR  
BRIGHT (NEW) SUNDAY – THOMAS SUNDAY**

خدمة صلاة السحر  
للأحد الجديد – أحد توما



**ORTHROS ON SUNDAY, APRIL 19, 2026**  
**NEW SUNDAY OR ANTI-PASCHA**  
**SUNDAY OF THOMAS THE APOSTLE, CALLED "THE TWIN"**

الأحد الجديد، أحد الرسول توما الرسول الذي يُقال له التوأم

HIEROMARTYR PAPHNOUTIOS OF JERUSALEM; TRYPHON, PATRIARCH OF CONSTANTINOPLE

**Priest:** Blessed is our God, always, now and ever, and unto the ages of ages.

**الكاهن:** تَبَارَكَ اللهُ إِلَهُنا كُلَّ حِينٍ، الآنَ وَكُلَّ أوانٍ  
وإلى دَهْرِ الدَّاهِرِينَ.  
**الجوقة:** آمين.

**Choir:** Amen.

**Priest:** Christ is risen from the dead, trampling down death by death; and upon those in the tombs, bestowing life!

**الكاهن:** الْمَسِيحُ قَامَ مِنْ بَيْنِ الْأَمْواتِ، وَوَطِئَ  
المَوْتَ بِالمَوْتَ، وَوَهَبَ الحَيَاةَ لِلَّذِينَ فِي القُبُورِ.

**Choir:** Christ is risen from the dead, trampling down death by death; and upon those in the tombs, bestowing life! (*twice*)

**الجوقة:** الْمَسِيحُ قَامَ مِنْ بَيْنِ الْأَمْواتِ، وَوَطِئَ  
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(مرتين)

**Reader:** Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

**القارئ:** المَجْدُ لِأَبِ والابنِ والروحِ القُدُسِ، الآنَ  
وَكُلَّ أوانٍ وإلى دَهْرِ الدَّاهِرِينَ. آمين.

All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Thy Name's sake.

أَيُّهَا الثَّالوثُ القُدُوسُ ارْحَمْنَا، يا رَبُّ اغْفِرْ  
خَطايانا، يا سَيِّدُ تَجَاوَزْ عَن سَيِّئَاتِنَا، يا قُدُوسُ  
اطَّلِعْ واشْفِ أمراضنا، مِنْ أَجْلِ اسْمِكَ.

Lord, have mercy. (*thrice*)

يا رَبُّ ارْحَمْ. (ثلاثا)

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

المَجْدُ لِأَبِ والابنِ والروحِ القُدُسِ، الآنَ وَكُلَّ أوانٍ  
وإلى دَهْرِ الدَّاهِرِينَ. آمين.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.

أبانا الذي في السَّمَاواتِ، لِيَتَقَدَّسَ اسْمُكَ، لِيَأْتِ  
مَلَكُوتُكَ، لِتَكُنْ مَشِيئَتُكَ كَمَا في السَّماءِ كَذَلِكَ عَلى  
الأَرْضِ، خُبْزِنا الجَوْهَرِيِّ أَعْطِنَا اليَوْمَ، وَاتْرُكْ لَنَا ما  
عَلَيْنا كَمَا نَتْرُكُ نَحْنُ لِمَنْ لَنَا عَلَيْهِ، وَلَا تُدْخِلْنا في  
التَّجْرِيبَةِ، لَكِنْ نَجِّنَا مِنَ الشَّرِّيرِ.

**Priest:** For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.

**الكاهن:** لِأَنَّ لَكَ المُلْكَ والقُدْرَةَ والمَجْدَ، أَيُّهَا الأبُ  
والابنُ والروحِ القُدُسِ، الآنَ وَكُلَّ أوانٍ وإلى دَهْرِ  
الدَّاهِرِينَ.

**Reader:** Amen. O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

*Glory to the Father, and to the Son, and to the Holy Spirit.*

Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.

*Both now and ever, and unto ages of ages. Amen.*

O fearsome champion, who cannot be put to confusion, despise not our petitions, O Good and All-praised Theotokos; establish the way of the Orthodox; save those who have been called upon to govern us, leading us to that victory which is from heaven, for thou art she who gavest birth to God, and alone art blessed.

### LITANY

**Priest:** Have mercy on us, O God, according to Thy great mercy, we pray Thee, hearken and have mercy.

**Choir:** Lord, have mercy. (*thrice*) (use this response until noted below)

**Priest:** Again we pray for all pious and Orthodox Christians.

**Priest:** Again we pray for our father and metropolitan, N., (our bishop, N.) and all our brotherhood in Christ.

القارئ: آمين. خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ مِيراثَكَ،  
وَأْمَنْحْ عِبِيدَكَ الْمُؤْمِنِينَ الْعَلْبَةَ عَلَى الشَّرِيرِ، وَاحْفَظْ  
بِقُوَّةِ صَلَيبِكَ جَمِيعَ الْمُخْتَصِّينَ بِكَ.

المَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ.

يَا مَنْ ارْتَفَعْتَ عَلَى الصَّلِيبِ مُخْتَاراً، أَيُّهَا الْمَسِيحُ  
الإله، أْمَنْحْ رَأْفَتَكَ لِشَعْبِكَ الْجَدِيدِ الْمُسَمَّى بِكَ،  
وَقَرِّحْ بِقُوَّتِكَ حُكَّامَنَا الْمُؤْمِنِينَ، مَانِحاً إِيَّاهُمْ الْعَلْبَةَ  
عَلَى مُحَارِبِيهِمْ. لِيَتَكُنْ لَهُمْ مَعُونَتُكَ سِلَاحاً لِلسَّلَامِ،  
وَوَظْراً غَيْرَ مَقْهُورٍ.

الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ. آمين.

أَيُّهَا الشَّفِيعَةُ الرَّهيبَةُ غَيْرُ الْمَحْذُولَةِ، يَا وَالِدَةُ الإلهِ  
الْكَلِيَّةِ التَّسْبِيحِ، لَا تُعْرِضِي يَا صَالِحَةُ عَن  
تَوَسُّلاتِنَا، بَلْ وَطِّدِي سِيرَةَ الْمُسْتَقِيمِي الرَّأْيِ،  
وَوَخِّلِصِي الَّذِينَ أَمَرْتِ أَنْ يَتَمَلَّكُوا، وَأْمَنْحِيهِمُ الْعَلْبَةَ  
مِنَ السَّمَاءِ، بِمَا أَنَّكَ وَلَدْتِ الإلهَ، أَيُّهَا الْمُبَارَكَةُ  
وَوَحْدَكَ.

### الطلبية السلامية

الكاهن: إِرْحَمْنَا يَا اللهُ بِعَظِيمِ رَحْمَتِكَ، نَطْلُبُ إِلَيْكَ  
فَأَسْتَجِبْ وَارْحَمْ.

الجوقة: يَا رَبُّ ارْحَمْ. (ثلاثاً) (تُعَادُ بَعْدَ كُلِّ طَلْبَةٍ)

الكاهن: وَأَيْضاً نَطْلُبُ مِنْ أَجْلِ الْمَسِيحِيِّينَ  
الْحَسَنِيِّ الْعِبَادَةِ الأَرْتُوذُكْسِيِّينَ.

الكاهن: وَأَيْضاً نَطْلُبُ مِنْ أَجْلِ آبِينَا وَمِتْرُوبُولِيَّتِنَا  
(فُلَانِ)، وَكُلِّ إِخْوَتِنَا فِي الْمَسِيحِ.

**Priest:** For thou art a merciful God and lovest mankind, and unto thee we ascribe glory, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.

**Choir:** Amen. Bless, Father, in the Name of the Lord.

**Priest:** Glory to the holy, consubstantial, life-giving and undivided Trinity, always, now and ever, and unto ages of ages.

**Choir:** Amen.

**Reader:** Glory to God in the highest, and on earth peace, goodwill among men. (*thrice*)

O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise. (*twice*)

### PSALM 3

O Lord, why are they multiplied that afflict me? Many rise up against me. Many say unto my soul: There is no salvation for him in his God. But Thou, O Lord, art my helper, my glory, and the lifter up of my head. I cried unto the Lord with my voice, and He heard me out of His holy mountain. I laid me down and slept; I awoke, for the Lord will help me. I will not be afraid of ten thousands of people that set themselves against me round about. Arise, O Lord, save me, O my God, for Thou hast smitten all who without cause are mine enemies; the teeth of sinners hast Thou broken. Salvation is of the Lord, and Thy blessing is upon Thy people.

I laid me down and slept; I awoke, for the Lord will help me.

### PSALM 37

O Lord, rebuke me not in Thine anger, nor chasten me in Thy wrath. For Thine arrows are fastened in me, and Thou hast laid Thy hand heavily upon me. There is no healing in my

**الكاهن:** لِأَنَّكَ إِلَهٌ رَحِيمٌ وَمُحِبٌّ لِلبَشَرِ، وَلَكَ نُزِيلُ الْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

**الجوقة:** آمين. بِاسْمِ الرَّبِّ بَارِكْ يَا أَب.

**الكاهن:** الْمَجْدُ لِلثَّالُوثِ الْقُدُّوسِ، الْمُنْتَسَاوِي فِي الْجَوْهَرِ، الْمُحْيِي، غَيْرِ الْمُنْقَسِمِ، كُلَّ حِينٍ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

**الجوقة:** آمين.

**القارئ:** الْمَجْدُ لِلَّهِ فِي الْعُلَى، وَعَلَى الْأَرْضِ السَّلَامُ، وَفِي النَّاسِ الْمَسْرَّة. (ثَلَاثًا)  
يَا رَبِّ افْتَحْ شَفَتِي فَيُخْبِرَ فَمِي بِتَسْبِحَتِكَ. (مَرَّتَيْنِ)

### المزمور 3

يَا رَبُّ لِمَاذَا كَثُرَ الَّذِينَ يُخْزِنُونَنِي؟ كَثِيرُونَ قَامُوا عَلَيَّ. كَثِيرُونَ يَقُولُونَ لِنَفْسِي لَا خَلَاصَ لَهُ بِإِلَهِهِ. وَأَنْتَ يَا رَبُّ، نَاصِرِي وَمَجْدِي وَرَافِعُ رَأْسِي. بِصَوْتِي إِلَى الرَّبِّ صَرَخْتُ، فَأَجَابَنِي مِنْ جَبَلِ قُدْسِهِ. أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي. فَلَا أَخَافُ مِنْ رِبَوَاتِ الشَّعْبِ الْمُحِيطِينَ بِي، الْمُتَوَازِرِينَ عَلَيَّ. فَمُ يَا رَبُّ، خَلِّصْنِي يَا إِلَهِي، فَإِنَّكَ ضَرَبْتَ كُلَّ مَنْ يُعَادِينِي بِاطْلَاءٍ، وَسَحَقْتَ أَسْنَانَ الْخَطَاةِ. لِلرَّبِّ الْخَلَاصُ وَعَلَى شَعْبِكَ بَرَكَتُكَ.

أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي.

### المزمور 37

يَا رَبُّ، لَا بَعْضَبِكَ تُوبِّخْنِي، وَلَا بِرِجْزِكَ تُؤدِّبْنِي. فَإِنَّ سِهَامَكَ قَدْ نَشَبَتْ فِيَّ، وَمَكَّنْتَ عَلَيَّ يَدَكَ. لَيْسَ لِجَسَدِي شِفَاءٌ مِنْ وَجْهِ غَضَبِكَ، وَلَا سَلَامَةٌ

flesh in the face of Thy wrath; and there is no peace in my bones in the face of my sins. For mine iniquities are risen higher than my head; as a heavy burden have they pressed heavily upon me. My bruises are become noisome and corrupt in the face of my folly. I have been wretched and utterly bowed down until the end; all the day long I went with downcast face. For my loins are filled with mocking, and there is no healing in my flesh. I am afflicted and humbled exceedingly, I have roared from the groaning of my heart. O Lord, before Thee is all my desire, and my groaning is not hid from Thee. My heart is troubled, my strength hath failed me; and the light of mine eyes, even this is not with me. My friends and my neighbors drew nigh over against me and stood, and my nearest of kin stood afar off. And they that sought after my soul used violence; and they that sought evils for me spake vain things, and craftinesses all the day long did they meditate. But as for me, like a deaf man I heard them not, and was as a speechless man that openeth not his mouth. And I became as a man that heareth not, and that hath in his mouth no reproofs. For in Thee have I hoped, O Lord; Thou wilt hearken unto me, O Lord my God. For I said: Let never mine enemies rejoice over me; yea, when my feet were shaken, those men spake boastful words against me. For I am ready for scourges, and my sorrow is continually before me. For I will declare mine iniquity, and I will take heed concerning my sin. But mine enemies live and are made stronger than I, and they that hated me unjustly are multiplied. They that render me evil for good slandered me, because I pursued goodness. Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation. Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

فِي عِظَامِي مِنْ وَجْهِ خَطَايَايَ. لِأَنَّ آثَامِي قَدْ تَعَالَتْ فَوْقَ رَأْسِي، كَحِمْلٍ ثَقِيلٍ قَدْ ثَقَلَتْ عَلَيَّ. قَدْ أَنْتَنَتْ وَقَاخَتْ جِرَاحَاتِي مِنْ قَبْلِ جَهَالَتِي. شَقِيتُ وَأُنْحَنَيْتُ إِلَى الْغَايَةِ، وَالنَّهَارَ كُلَّهُ مَشَيْتُ عَابِسًا. لِأَنَّ مَتْنِي قَدْ امْتَلَأَ مَهَازِيٍّ وَلَيْسَ لِجَسَدِي شِفَاءً. شَقِيتُ وَأَتَّصَعْتُ جِدًّا، وَكُنْتُ أَيْنٌ مِنْ تَهْدِ قَلْبِي. يَا رَبُّ، إِنَّ بُعْيَتِي كُلُّهَا أَمَامَكَ، وَتَهْدِي لَمْ يَخْفَ عَنْكَ. قَدْ اضْطَرَبَ قَلْبِي وَفَارَقْتَنِي قُوَّتِي، وَنُورُ عَيْنِي أَيْضًا لَمْ يَبْقَ مَعِي. أَصْدِقَائِي وَأَقْرِبَائِي دَنَوْا مِنِّي وَوَقَفُوا لَدَيَّ، وَجِنْسِي وَقَفَ مِنِّي بَعِيدًا. وَأَجْهَدَنِي الَّذِينَ يَطْلُبُونَ نَفْسِي، وَالْمُتَمَسِّسُونَ لِي الشَّرُّ تَكَلَّمُوا بِالْبَاطِلِ، وَغَشَوْشًا طَوَلَ النَّهَارَ دَرَسُوا. أَمَا أَنَا فَكَأَصَمٌ لَا يَسْمَعُ، وَكَأَخْرَسٌ لَا يَفْتَحُ فَاةً. وَصِرْتُ كَانْسَانٍ لَا يَسْمَعُ وَلَا فِي فَمِهِ تَبْكِيَةٌ. لِأَنِّي عَلَيْكَ، يَا رَبُّ، تَوَكَّلْتُ، أَنْتَ تَسْتَجِيبُ لِي يَا رَبِّي وَاللَّهِ. لِأَنِّي قُلْتُ لَا يَشْمَتُ بِي أَعْدَائِي، وَعِنْدَمَا زَلْتُ قَدَمَايَ عَظَّمُوا عَلَيَّ الْكَلَامَ. لِأَنِّي أَنَا لِلضَّرْبِ مُسْتَعِدٌّ، وَوَجَعِي لَدَيَّ فِي كُلِّ حِينٍ. لِأَنِّي أَنَا أَخْبِرُ بِإِثْمِي، وَأَهْتَمُّ مِنْ أَجْلِ خَطِيئَتِي. أَمَا أَعْدَائِي فَأَحْيَاءُ، وَهُمْ أَشَدُّ مِنِّي، وَقَدْ كَثُرَ الَّذِينَ يُبْغِضُونَنِي ظُلْمًا، الَّذِينَ جَارُونِي بَدَلَ الْخَيْرِ شَرًّا، مَحَلُّوا بِي لِأَجْلِ ابْتِغَائِي الصَّلَاحِ. فَلَا تُهْمَلْنِي يَا رَبِّي وَاللَّهِ وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبَّ خَلَّاصِي. فَلَا تُهْمَلْنِي يَا رَبِّي وَاللَّهِ وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبَّ خَلَّاصِي.

## PSALM 62

O God, my God, unto Thee I rise early at dawn. My soul hath thirsted for Thee; how often hath my flesh longed after Thee in a land barren and untrodden and unwatered. So in the sanctuary have I appeared before Thee to see Thy power and Thy glory. For Thy mercy is better than lives; my lips shall praise Thee. So shall I bless Thee in my life, and in Thy name will I lift up my hands. As with marrow and fatness let my soul be filled, and with lips rejoicing shall my mouth praise Thee. If I remembered Thee on my bed, at the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me. But as for these, in vain have they sought after my soul; they shall go into the nethermost parts of the earth, they shall be surrendered unto the edge of the sword; portions for foxes shall they be. But the king shall be glad in God, everyone shall be praised that sweareth by Him; for the mouth of them is stopped that speak unjust things.

At the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me.

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (*thrice*)

Lord, have mercy. (*thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit.

## PSALM 87

Both now and ever, and unto ages of ages. Amen.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer

## المزمور 62

يا الله إلهي إليك أبتكر. عطشت إليك نفسي، وأشتاق إليك جسدي، في أرض بريّة وغير مسلوكة وعادمة الماء. هكذا ظهرت لك في القدس لأعين قوتك ومجدك. لأن رحمتك أفضل من الحياة، وشفتي تسبحانك. هكذا أباركك في حياتي وباسمك أرفع يدي، فتملئ نفسي كما من شحم ودسم، وبشفاه الإبتهاج يسبحك فمي. إذا ذكرتك على فراشي، هذت بك في الأسحار، لأنك صرت لي عوناً وبظل جناحك أستتر. التصقت نفسي بك، وإيائي عضدت يمينك. أما الذين يطلبون نفسي باطلاً، فسيدخلون في أسافل الأرض، ويُدفعون إلى أيدي السيوف، ويكونون أنصبّة للثعالب. أما الملك فيسر بالله، ويمتدح كل من يخلف به، لأنه قد سدت أفواه المتكلمين بالظلم.

هذت بك في الأسحار لأنك صرت لي عوناً، وبظل جناحك أستتر. التصقت نفسي بك، وإيائي عضدت يمينك.

المجد للآب والابن والروح القدس، الآن وكلّ أوانٍ وإلى دهر الدهرين. أمين.

هللوييا، هللوييا، هللوييا، المجد لك يا الله. (ثلاثاً)  
يا ربّ ارحم. (ثلاثاً)

المجد للآب والابن والروح القدس.

## المزمور 87

الآن وكلّ أوانٍ وإلى دهر الدهرين. أمين.

يا ربّ إله خلاصي، في النهار صرخت وفي

come before Thee, bow down Thine ear unto my supplication, for filled with evils is my soul, and my life unto Hades hath drawn nigh. I am counted with them that go down into the pit; I am become as a man without help, free among the dead, like the bodies of the slain that sleep in the grave, whom Thou rememberest no more, and they are cut off from Thy hand. They laid me in the lowest pit, in darkness and in the shadow of death. Against me is Thine anger made strong, and all Thy billows hast Thou brought upon me. Thou hast removed my friends afar from me; they have made me an abomination unto themselves. I have been delivered up, and have not come forth; mine eyes are grown weak from poverty. I have cried unto Thee, O Lord, the whole day long; I have stretched out my hands unto Thee. Nay, for the dead wilt Thou work wonders? Or shall physicians raise them up that they may give thanks unto Thee? Nay, shall any in the grave tell of Thy mercy, and of Thy truth in that destruction? Nay, shall Thy wonders be known in that darkness, and Thy righteousness in that land that is forgotten? But as for me, unto Thee, O Lord, have I cried; and in the morning shall my prayer come before Thee. Wherefore, O Lord, dost Thou cast off my soul and turnest Thy face away from me? A poor man am I, and in troubles from my youth; yea, having been exalted, I was humbled and brought to distress. Thy furies have passed upon me, and Thy terrors have sorely troubled me. They came round about me like water, all the day long they compassed me about together. Thou hast removed afar from me friend and neighbor, and mine acquaintances because of my misery.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication.

اللَّيْلِ أَمَامَكَ، فَلْتَدْخُلْ قُدَّامَكَ صَلَاتِي، أَمَلِ أذُنَكَ إِلَى طَلِبَتِي، فَقَدْ اِمْتَلَأْتُ مِنَ الشَّرُورِ نَفْسِي، وَدُنْتُ مِنَ الْجَحِيمِ حَيَاتِي. حُسِبْتُ مَعَ الْمُنْحَدِرِينَ فِي الْجُبِّ، صِرْتُ مِثْلَ إِنْسَانٍ لَيْسَ لَهُ مُعِينٌ، مَطْرُوحًا بَيْنَ الْأَمْوَاتِ مِثْلَ الْقَتْلِ الرَّاقِدِينَ فِي الْقُبُورِ، الَّذِينَ لَا تَذْكُرُهُمْ أَيْضًا، وَهُمْ مِنْ يَدِكَ مُقْصُونَ. جَعَلُونِي فِي جُبِّ أَسْفَلِ السَّافِلِينَ، فِي ظُلُمَاتِ الْمَوْتِ وَظِلَالِهِ. عَلَيَّ اسْتَقَرَّ غَضَبُكَ، وَجَمِيعُ أَهْوَالِكَ أَجْزَتْهَا عَلَيَّ. أَبْعَدْتَ عَنِّي مَعَارِفِي، جَعَلُونِي لَهُمْ رَجَاسَةً. قَدْ أَسْلِمْتُ وَمَا خَرَجْتُ، وَعَيْنَايَ ضَعُفَتْ مِنَ الْمَسْكَنَةِ. صَرَخْتُ إِلَيْكَ، يَا رَبُّ، النَّهَارَ كُلَّهُ وَإِلَيْكَ بَسَطْتُ يَدَيَّ. أَلْعَلَّكَ لِلْأَمْوَاتِ تَصْنَعُ الْعَجَائِبَ؟ أَمْ الْأَطِبَاءُ يُقِيمُونَهُمْ، فَيَعْتَرِفُونَ لَكَ؟ هَلْ يُحَدِّثُ أَحَدٌ فِي الْقَبْرِ بِرَحْمَتِكَ، وَفِي الْهَلَاكِ بِحَقِّكَ؟ هَلْ تُعْرِفُ فِي الظُّلْمَةِ عَجَائِبُكَ، وَعَدَلُكَ فِي أَرْضٍ مَنْسِيَّةٍ؟ وَأَنَا إِلَيْكَ، يَا رَبُّ، صَرَخْتُ فَتَبَلُّغْ فِي الْعِدَاةِ صَلَاتِي. لِمَاذَا، يَا رَبُّ، تُقْصِي نَفْسِي وَتَصْرِفُ وَجْهَكَ عَنِّي؟ فَقِيرٌ أَنَا، وَفِي الشَّقَاءِ مُنْذُ شَبَابِي، وَحِينَ ارْتَفَعْتُ اتَّضَعْتُ وَتَحَيَّرْتُ. عَلَيَّ جَازَ رِجْرُوكَ، وَمُفْزِعَاتُكَ أَرْعَجْتَنِي. أَحَاطَتْ بِي كَالْمَاءِ، وَالنَّهَارَ كُلَّهُ اِكْتَنَفْتَنِي مَعًا. أَبْعَدْتَ عَنِّي الصَّدِيقَ وَالْقَرِيبَ وَمَعَارِفِي مِنَ الشَّقَاءِ.

يَا رَبُّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي اللَّيْلِ أَمَامَكَ، فَلْتَدْخُلْ قُدَّامَكَ صَلَاتِي، أَمَلِ أذُنَكَ إِلَى طَلِبَتِي.

Bless the Lord, O my soul, and all that is within me bless His holy name. Bless the Lord, O my soul, and forget not all that He hath done for thee, Who is gracious unto all thine iniquities, Who healeth all thine infirmities, Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion, Who fulfillleth thy desire with good things; thy youth shall be renewed as the eagle's. The Lord performeth deeds of mercy, and executeth judgment for all them that are wronged. He hath made His ways known unto Moses, unto the sons of Israel the things that He hath willed. Compassionate and merciful is the Lord, long-suffering and plenteous in mercy; not unto the end will He be angered; neither unto eternity will He be wroth. Not according to our iniquities hath He dealt with us, neither according to our sins hath He rewarded us. For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him. As far as the east is from the west, so far hath He removed our iniquities from us. Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them that fear Him; for He knoweth whereof we are made, He hath remembered that we are dust. As for man, his days are as the grass; as a flower of the field, so shall he blossom forth. For when the wind is passed over it, then it shall be gone, and no longer will it know the place thereof. But the mercy of the Lord is from eternity, even unto eternity, upon them that fear Him. And His righteousness is upon sons of sons, upon them that keep His testament and remember His commandments to do them. The Lord in heaven hath prepared His throne, and His kingdom ruleth over all. Bless the Lord, all ye His angels, mighty in strength, that perform His word, to hear the voice of His words. Bless the Lord, all ye His hosts, His ministers that do His

باركي يا نفسي الرب، ويا جميع ما في داخلي اسمه القدوس. باركي يا نفسي الرب، ولا تنسى جميع مكافآته. الذي يغير جميع آثامك، الذي يشفي جميع أمراضك، الذي ينجي من الفساد حياتك، الذي يكللك بالرحمة والرأفة، الذي يشبع بالخيرات شهواتك، فيتجدد كالنسر شبابك. الرب صانع الرحمات والقضاء لجميع المظلومين. عرف موسى طرقه، وبني إسرائيل مشيئاته. الرب رحيم ورؤوف، طويل الأناة وكثير الرحمة، ليس إلى الإنقضاء ينحط، ولا إلى الدهر يحقد. لا على حسب آثامنا صنع معنا، ولا على حسب خطايانا جازانا. لأنه بمقدار ارتفاع السماء عن الأرض، قوى الرب رحمته على الذين يتقونه، وبمقدار بُعد المشرق من المغرب أبعد عنا سيئاتنا. كما يتراءف الأب بالبنين، يتراءف الرب بخائفيه، لأنه عرف جبلتنا وذكر أننا تراب نحس. الإنسان كالعشب أيامه وكزهر الحقل كذلك يزهر، لأنه إذا هبت فيه الريح ليس يثبت ولا يعرف أيضا موضعه. أما رحمة الرب فهي منذ الدهر، وإلى الدهر على الذين يتقونه، وعدله على أبناء البنين الحافظين عهده والذاكرين وصاياه ليصنعوها. الرب هيا عرشه في السماء، ومملكته تسود على الجميع. باركوا الرب يا جميع ملائكته، المقتردين بقوة، العاملين بكلمته عند سماع صوت كلامه. باركوا الرب يا جميع قواته، يا خدامه العاملين إرادته.

will. Bless the Lord, all ye His works, in every place of His dominion. Bless the Lord, O my soul.

In every place of His dominion, bless the Lord, O my soul.

### PSALM 142

O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness. And enter not into judgment with Thy servant, for in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth. He hath sat me in darkness as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days of old, I meditated on all Thy works, I pondered on the creations of Thy hands. I stretched forth my hands unto Thee; my soul thirsteth after Thee like a waterless land. Quickly hear me, O Lord; my spirit hath fainted away. Turn not Thy face away from me, lest I be like unto them that go down into the pit. Cause me to hear Thy mercy in the morning; for in Thee have I put my hope. Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul. Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. Thy good Spirit shall lead me in the land of uprightness; for Thy name's sake, O Lord, shalt Thou quicken me. In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies. And Thou shalt cut off all them that afflict my soul, for I am Thy servant.

Hearken unto me, O Lord, in Thy righteousness and enter not into judgment with Thy servant. (twice)

بَارِكُوا الرَّبَّ يَا جَمِيعَ أَعْمَالِهِ، فِي كُلِّ مَوْضِعٍ سَيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ.

فِي كُلِّ مَوْضِعٍ سَيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ.

### المزمور 142

يَا رَبُّ اسْتَمِعْ صَلَاتِي، وَأَنْصِتْ بِحَقِّكَ إِلَى طِلْبَتِي. اسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ، فَإِنَّهُ لَنْ يَنْزَكِيَ أَمَامَكَ أَيُّ حَيٍّ. لِأَنَّ الْعَدُوَّ قَدْ اضْطَهَدَ نَفْسِي، وَأَذَلَّ إِلَى الْأَرْضِ حَيَاتِي، وَأَجْلَسَنِي فِي الظُّلُمَاتِ مِثْلَ الْمَوْتَى مُنْذُ الدَّهْرِ، فَضَجِرْتُ رُوحِي وَاضْطَرَبَ قَلْبِي فِي دَاخِلِي. تَذَكَّرْتُ الْأَيَّامَ الْقَدِيمَةَ. هَذَاذْتُ فِي كُلِّ أَعْمَالِكَ، وَتَأَمَّلْتُ فِي صَنَائِعِ يَدَيْكَ. بَسَطْتُ يَدَيَّ إِلَيْكَ وَنَفْسِي لَكَ كَأَرْضٍ لَا تُمْطَرُ. أَسْرِعْ فَاسْتَجِبْ لِي يَا رَبُّ، فَقَدْ فَنَيْتُ رُوحِي. لَا تَصْرِفْ وَجْهَكَ عَنِّي، فَأَشَابَهُ الْهَابِطِينَ فِي الْجُبِّ. اجْعَلْنِي فِي الْعِدَاةِ مُسْتَمِعًا رَحْمَتِكَ، فَإِنِّي عَلَيْكَ تَوَكَّلْتُ. عَرَّفْنِي يَا رَبُّ الطَّرِيقَ الَّذِي أَسْلُكُ فِيهِ، فَإِنِّي إِلَيْكَ رَفَعْتُ نَفْسِي. أَنْقِذْنِي مِنْ أَعْدَائِي يَا رَبُّ، فَإِنِّي قَدْ لَجَأْتُ إِلَيْكَ. عَلَّمْنِي أَنْ أَعْمَلَ مَرْضَاتِكَ، لِأَنَّكَ أَنْتَ إِلَهِي. رُوحُكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ. مِنْ أَجْلِ اسْمِكَ، يَا رَبُّ، تُحْيِينِي. بِعَدْلِكَ تُخْرِجُ مِنَ الْحُزْنِ نَفْسِي، وَبِرَحْمَتِكَ تَسْتَأْصِلُ أَعْدَائِي، وَتُهْلِكُ جَمِيعَ الَّذِينَ يُحْزِنُونَ نَفْسِي لِأَنِّي أَنَا عَبْدُكَ.

اسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ. (مَرَّتَيْنِ)

Thy good Spirit shall lead me in the land of uprightness.

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (*thrice*)

O our God and our Hope, glory to Thee!

### THE GREAT LITANY

**Priest:** In peace, let us pray to the Lord.

**Choir:** Lord, have mercy. (use this response until noted below)

**Priest:** For the peace from above and the salvation of our souls, let us pray to the Lord.

**Priest:** For the peace of the whole world, the good estate of the holy churches of God and the union of all, let us pray to the Lord.

**Priest:** For this holy house and those who with faith, reverence and fear of God enter therein, let us pray to the Lord.

**Priest:** For our father and metropolitan, N., (our bishop, N.,) the honorable presbytery, the diaconate in Christ, all the clergy and the people, let us pray to the Lord.

**Priest:** For our country, its president (or appropriate head of state), civil authorities and armed forces, let us pray to the Lord.

**Priest:** For this city and every city and countryside and the faithful who dwell therein, let us pray to the Lord.

**Priest:** For healthful seasons, abundance of the fruits of the earth and peaceful times, let us pray to the Lord.

رُوحَكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ.

الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ  
وَالِي دَهْرِ الدَّاهِرِينَ. آمِينَ.

هَلْلُويَا، هَلْلُويَا، هَلْلُويَا، الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا)  
يَا إِلَهَنَا وَرَجَاءَنَا الْمَجْدُ لَكَ.

### الطَّلِبَةُ السَّلَامِيَّةُ الْكُبْرَى

الكَاهِنُ: بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.

الْجَوْقَةُ: يَا رَبُّ ارْحَمِ. (تُعَادُ بَعْدَ كُلِّ طَّلِبَةٍ)

الكَاهِنُ: مِنْ أَجْلِ السَّلَامِ الَّذِي مِنَ الْعُلَى وَخَلَاصِ  
نَفُوسِنَا، إِلَى الرَّبِّ نَطْلُبُ.

الكَاهِنُ: مِنْ أَجْلِ سَلَامِ كُلِّ الْعَالَمِ، وَحُسْنِ ثَبَاتِ  
كِنَائِسِ اللَّهِ الْمُقَدَّسَةِ، وَاتِّحَادِ الْجَمِيعِ، إِلَى الرَّبِّ  
نَطْلُبُ.

الكَاهِنُ: مِنْ أَجْلِ هَذَا الْبَيْتِ الْمُقَدَّسِ، وَالَّذِينَ  
يَدْخُلُونَ إِلَيْهِ بِإِيمَانٍ وَوَرَعٍ وَخَوْفِ اللَّهِ، إِلَى الرَّبِّ  
نَطْلُبُ.

الكَاهِنُ: مِنْ أَجْلِ آبِنَا وَمِتْرُوبُولِيْتِنَا (فَلَان) وَرئِيسِ  
كَهَنَتِنَا (فَلَان)، وَالْكَهَنَةِ الْمُكْرَمِينَ، وَالشَّمَامِسَةَ،  
خُدَّامِ الْمَسِيحِ، وَجَمِيعِ الْإِكْلِيروسِ وَالشَّعْبِ، إِلَى  
الرَّبِّ نَطْلُبُ.

الكَاهِنُ: مِنْ أَجْلِ حُكَّامِ هَذَا الْبَلَدِ وَمُؤَاوَزَتِهِمْ فِي  
كُلِّ عَمَلٍ صَالِحٍ، إِلَى الرَّبِّ نَطْلُبُ.

الكَاهِنُ: مِنْ أَجْلِ هَذِهِ الْمَدِينَةِ، وَجَمِيعِ الْمُدُنِ  
وَالْقُرَى، وَالْمُؤْمِنِينَ السَّاكِنِينَ فِيهَا، إِلَى الرَّبِّ  
نَطْلُبُ.

الكَاهِنُ: مِنْ أَجْلِ اعْتِدَالِ الْأَهْوِيَّةِ، وَخَضْبِ ثَمَارِ  
الْأَرْضِ وَأَوْقَاتِ سَلَامِيَّةٍ، إِلَى الرَّبِّ نَطْلُبُ.

**Priest:** For travelers by sea, by land and by air, the sick, the suffering, the captive, and for their salvation, let us pray to the Lord.

الكاهن: مِنْ أَجْلِ الْمُسَافِرِينَ فِي الْبَحْرِ وَالْبَرِّ وَالْجَوِّ، وَالْمَرْضَى وَالْمُتَأَلِّمِينَ وَالْأَسْرَى، وَخَلَّاصِهِمْ، إِلَى الرَّبِّ نَطْلُبُ.

**Priest:** For our deliverance from all tribulation, wrath, danger and necessity, let us pray to the Lord.

الكاهن: مِنْ أَجْلِ نَجَاتِنَا مِنْ كُلِّ ضَيْقٍ وَعَظَبٍ وَخَطَرٍ وَشِدَّةٍ إِلَى الرَّبِّ نَطْلُبُ.

**Priest:** Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

الكاهن: أَعْضُدْ وَخَلِّصْ وَارْحَمْ واحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ.

**Priest:** Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.

الكاهن: بَعْدَ ذِكْرِنَا الْكَلِيَّةَ الْقَدَّاسَةَ الطَّاهِرَةَ الْفَائِقَةَ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتَنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةَ مَرْيَمَ، مَعَ جَمِيعِ الْقَدِيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.

**Choir:** To Thee, O Lord.

الجوقة: لَكَ يَا رَبِّ.

**Priest:** For unto thee are due all glory, honor and worship, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.

الكاهن: لِأَنَّهُ يَنْبَغِي لَكَ كُلُّ تَمَجِيدٍ وَإِكْرَامٍ وَسُجُودٍ، أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

**Choir:** Amen.

الجوقة: آمِينَ.

### “GOD IS THE LORD” IN TONE SEVEN

**Choir:** God is the Lord and hath appeared unto us. Blessed is He that cometh in the Name of the Lord. (*Repeat after verses*)

1. O give thanks unto the Lord, and call upon His holy Name.

2. All nations compassed me about, but in the Name of the Lord will I destroy them.

3. This is the Lord's doing; it is marvelous in our eyes.

### APOLYTIKION FOR THOMAS SUNDAY IN TONE SEVEN

While the tomb was sealed, Thou didst shine forth from it, O Life. While the doors were closed, Thou didst come in to Thy Disciples, O Christ God, Resurrection of all, renewing in us through them an upright spirit, according to the greatness of Thy mercy. (*thrice*)

### "اللهُ الرَّبُّ" بِاللَّحْنِ السَّابِعِ

الجوقة: اللَّهُ الرَّبُّ ظَهَرَ لَنَا، مُبَارَكٌ الْآتِي بِاسْمِ الرَّبِّ. (تَعَادُ بَعْدَ الْإِسْتِيخُونَاتِ)

1. اعْتَرِفُوا لِلرَّبِّ وَاذْعُوا بِاسْمِهِ الْقُدُّوسِ.

2. كُلُّ الْأُمَمِ أَحَاطُوا بِي وَبِاسْمِ الرَّبِّ فَهَرَّتُهُمْ.

3. مِنْ قَبْلِ الرَّبِّ كَانَتْ هَذِهِ وَهِيَ عَجِيبَةٌ فِي أَعْيُنِنَا.

### أَبُولِيْتِيْكَيُونُ لِأَحَدِ تُوْمَا بِاللَّحْنِ السَّابِعِ

إِذْ كَانَ الْقَبْرُ مَخْتُومًا، أَشْرَقَتْ مِنْهُ أَيُّهَا الْحَيَاةُ. وَلَمَّا كَانَتْ الْأَبْوَابُ مَغْلَقَةً، وَافَيْتِ التَّلَامِيذَ، أَيُّهَا الْمَسِيحُ الْإِلَهِ، قِيَامَةُ الْكُلِّ، وَجَدَدْتِ لَنَا بِهِمْ رُوحًا مُسْتَقِيمًا، بِحَسَبِ عَظِيمِ رَحْمَتِكَ. (ثَلَاثًا)

## THE LITTLE LITANY

**Priest:** Again and again, in peace, let us pray to the Lord.

**Choir:** Lord, have mercy.

**Priest:** Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

**Choir:** Lord, have mercy.

**Priest:** Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.

**Choir:** To Thee, O Lord.

**Priest:** For Thine is the might, and Thine is the kingdom, and the power and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.

**Choir:** Amen.

## KATHISMATA HYMNS OF THOMAS SUNDAY (Plain Reading)

### First Kathisma

As the Disciples were gathered in the upper chamber of Zion, for fear of the Jews, Thou didst enter unto them, O good One. Thou didst stand in their midst, the doors being shut, and filled them with joy when Thou didst show them the wounds of Thy hands and unpolluted side, saying unto the doubting Disciple: Reach out thy hand, examine, probe, that I am He Who suffered for thy sake.

*Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.*

As the Disciples were gathered in the upper chamber of Zion ... (repeat above)

## الطَّلِبَةُ السَّلَامِيَّةُ الصُّغْرَى

**الكاهن:** أيضاً وأيضاً بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.

**الجوق:** يَا رَبُّ ارْحَمْ.

**الكاهن:** أَعُضِدْ وَخَلِّصْ وَارْحَمْ وَاحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ.

**الجوق:** يَا رَبُّ ارْحَمْ.

**الكاهن:** بَعْدَ ذِكْرِنَا الْكَلِيَّةِ الْقَدَّاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.

**الجوق:** لَكَ يَا رَبُّ.

**الكاهن:** لِأَنَّ لَكَ الْعِزَّةَ وَلَكَ الْمُلْكَ وَالْقُوَّةَ وَالْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

**الجوق:** آمِينَ.

## ترانيم كاشماتات أحد توما (قراءة)

### الكاشماتا الأولى

إِذْ كَانَ التَّلَامِيذُ فِي عُلْيَا صِهْيُونَ مُجْتَمِعِينَ وَمُخْتَفِينَ خَوْفاً مِنَ الْيَهُودِ، دَخَلْتَ عَلَيْهِمْ أَيُّهَا الصَّالِحُ، وَوَقَفْتَ فِيمَا بَيْنَهُمْ وَالْأَبْوَابُ مَغْلَقَةٌ، وَأَوْعَبْتَهُمْ سُروراً لَمَّا أَرَيْتَهُمْ كُلَّوَمَ يَدَيْكَ وَجَنَبَكَ الْبَرِيءِ مِنَ الْفَسَادِ، قَائِلاً نَحْوَ التَّلْمِيذِ الْمُرْتَابِ: هَاتِ يَدَكَ وَأَفْحَصْ مُفْتِشاً، إِنِّي أَنَا هُوَ الَّذِي صِرْتُ لِأَجْلِكَ مُتَأَلِّماً.

الْمَجْدُ لِلْآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.

إِذْ كَانَ التَّلَامِيذُ فِي عُلْيَا صِهْيُونَ مُجْتَمِعِينَ وَمُخْتَفِينَ خَوْفاً مِنَ الْيَهُودِ ... (تعاد)

## Second Kathisma

Thou didst stand in the midst of the Disciples, the doors being shut, O Christ, Life of all, and showed them Thy side, hands and feet together, a prelude to belief in Thy Resurrection from the tomb. But Thomas happened not to be there. Therefore, spake he, saying: If I see not with mine own eyes, I will not be convinced by your words.

*Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.*

Thou didst stand in the midst of the Disciples, the doors being shut ... (repeat above)

### THE POLYELEOS IN TONE ONE (ABRIDGED)

1. O ye servants praise the Lord. Alleluia.
2. Praise ye the Name of the Lord, O ye servants of the Lord. Alleluia.
3. Ye that stand in the house of the Lord, in the courts of the house of our God. Alleluia.
4. Praise ye the Lord, for the Lord is good. Chant unto His Name, for it is good. Alleluia.
5. For the Lord hath chosen Jacob unto Himself, Israel for His own possession. Alleluia.
6. For I know that the Lord is great and that our Lord is above all gods. Alleluia.
7. All that the Lord hath willed He hath done, in Heaven and on the earth, in the seas and in the abysses. Alleluia.
8. Bringing clouds up from the uttermost parts of the earth, lightnings for the rain hath He made. Alleluia.

## الكاشِما الثانية

أَيُّهَا الْمَسِيحُ حَيَاةُ الْكُلِّ، لَقَدْ وَقَفْتَ بِالتَّلَامِيذِ  
وَالْأَبْوَابِ مُغْلَقَةً، وَأَرَيْتَهُمْ جَنْبَكَ وَيَدَيْكَ وَرِجْلَيْكَ  
مَعًا، وَذَلِكَ مُقَدِّمَةً لَتَصْديقِ انْبِعَاتِكَ مِنَ الْقَبْرِ. إِلَّا  
أَنَّ توما لَمْ يُصَادَفْ هُنَاكَ، فَلِذَلِكَ تَفَوَّهَ قَائِلًا: إِنْ لَمْ  
أَشَاهِدْ عَيَانًا، لَسْتُ أَقْتِنِعُ بِأَقْوَالِكُمْ يَقِينًا.

الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ  
وَالِي دَهْرِ الدَّاهِرِينَ. آمِينَ.

أَيُّهَا الْمَسِيحُ حَيَاةُ الْكُلِّ، لَقَدْ وَقَفْتَ بِالتَّلَامِيذِ  
وَالْأَبْوَابِ مُغْلَقَةً ... (تعاد)

### البوليئليون بالحن الأول

1. يَا عبيدَ الرَّبِّ، سَبِّحُوا الرَّبَّ. هَلْلُوِيَا.
2. سَبِّحُوا اسْمَ الرَّبِّ، سَبِّحُوا يَا عبيدَ الرَّبِّ.  
هَلْلُوِيَا.
3. الْوَاقِفِينَ فِي بَيْتِ الرَّبِّ، وَفِي دِيَارِ بَيْتِ إِلَهِنَا.  
هَلْلُوِيَا.
4. سَبِّحُوا الرَّبَّ فَإِنَّ الرَّبَّ صَالِحٌ، أَشِيدُوا لِاسْمِهِ  
فَإِنَّهُ لَذِيذٌ. هَلْلُوِيَا.
5. فَإِنَّ الرَّبَّ قَدْ اخْتَارَ لَهُ يَعْقُوبَ، اخْتَارَ إِسْرَائِيلَ  
خَاصَّةً لَهُ. هَلْلُوِيَا.
6. لَقَدْ عَلِمْتُ أَنَّ الرَّبَّ عَظِيمٌ وَأَنَّ سَيِّدَنَا فَوْقَ  
جَمِيعِ الْآلِهَةِ. هَلْلُوِيَا.
7. كُلُّ مَا شَاءَ الرَّبُّ صَنَعَهُ، فِي السَّمَاوَاتِ  
وَالْأَرْضِ، فِي الْبَحَارِ وَجَمِيعِ اللَّجَجِ. هَلْلُوِيَا.
8. يُنْشِئُ السُّحْبَ مِنْ أَقْصَى الْأَرْضِ، وَيُحْدِثُ  
الْبُرُوقَ لِلْمَطَرِ. هَلْلُوِيَا.

9. He bringeth winds out of His treasuries; He smote the first-born of Egypt, from man unto beast. Alleluia. 9. الْمُخْرِجُ الرِّيحِ مِنْ خَزَائِنِهِ. الَّذِي ضَرَبَ أَبْكَارَ مِصْرَ مِنَ النَّاسِ إِلَى الْبَهَائِمِ. هَلْلُوِيَا.
10. He sent forth many signs and marvels in the midst of thee, O Egypt, on Pharaoh and on all his servants. Alleluia. 10. وَأَرْسَلَ آيَاتٍ وَعَجَائِبَ فِي وَسْطِكَ يَا مِصْرُ، عَلَى فِرْعَوْنَ وَعَلَى جَمِيعِ عَبِيدِهِ. هَلْلُوِيَا.
11. He smote many nations and slew many kings. Alleluia. 11. هُوَ الَّذِي ضَرَبَ أُمَّمًا كَثِيرَةً، وَقَتَلَ مُلُوكًا مُقْتَدِرِينَ. هَلْلُوِيَا.
12. For the Lord will judge His people, and because of His servants shall He be comforted. Alleluia. 12. لِأَنَّ الرَّبَّ يَدِينُ شَعْبَهُ، وَعَلَى عَبِيدِهِ يُشْفِقُ. هَلْلُوِيَا.
13. Ye that fear the Lord, bless ye the Lord. Blessed is the Lord out of Sion, Who dwelleth in Jerusalem. Alleluia. 13. يَا خَائِفِي الرَّبِّ، بَارِكُوا الرَّبَّ. مُبَارَكُ الرَّبِّ مِنْ صِهْيُونَ، السَّاكِنُ فِي أُورُشَلِيمَ. هَلْلُوِيَا.
- Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen. 14. وَالْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُسِّ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.
- Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (thrice) 15. هَلْلُوِيَا، هَلْلُوِيَا، هَلْلُوِيَا الْمَجْدُ لَكَ يَا اللَّهُ. (ثَلَاثًا)
- O our God and our Hope, glory to Thee. 16. يَا إِلَهَنَا وَرَجَاءَنَا لَكَ الْمَجْدُ.

### THE LITTLE LITANY

**Priest:** Again and again, in peace, let us pray to the Lord.

**Choir:** Lord, have mercy.

**Priest:** Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

**Choir:** Lord, have mercy.

**Priest:** Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.

**Choir:** To Thee, O Lord.

**Priest:** For blessed is Thy Name, and glorified is Thy kingdom: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.

### الطَّلِبَةُ السَّلَامِيَّةُ الصُّغْرَى

**الكاهن:** أَيْضاً وَأَيْضاً بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.

**الجوق:** يَا رَبُّ ارْحَمِ.

**الكاهن:** أَعْضُدْ وَخَلِّصْ وَارْحَمِ وَاحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ.

**الجوق:** يَا رَبُّ ارْحَمِ.

**الكاهن:** بَعْدَ ذِكْرِنَا الْكُلِّيَّةِ الْقَدَّاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.

**الجوق:** لَكَ يَا رَبُّ.

**الكاهن:** لِأَنَّ اسْمَكَ مُبَارَكٌ وَمُلْكُكَ مُمَجَّدٌ أَيُّهَا الْآبُ وَالِابْنُ وَالرُّوحُ الْقُدُسُّ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

**Choir:** Amen.

الجوق: آمين.

**POLYELEOS HYMN OF  
THOMAS SUNDAY (Plain Reading)**

When the Lord rose from the tomb and appeared ineffably to the Disciples, He said: Having seen, O Thomas, My side and the prints of the nails, why believest thou not in My Resurrection? But Didymus, being convinced, called out to the Creator, saying: Thou art verily my Lord and my God.

*Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.*

When the Lord rose from the tomb and appeared ineffably ... (repeat above)

**FESTAL ANABATHMOI IN TONE FOUR**

From my youth up many passions have warred against me. But do Thou help and save me, O my Savior. (twice)

Ye who hate Zion shall be put to confusion of the Lord; like grass in the fire shall ye be withered up. (twice)

*Glory to the Father, and to the Son, and to the Holy Spirit.*

Through the Holy Spirit is every soul quickened and exalted in purity, and made resplendent by the Triune Unity in mystic holiness.

*Both now and ever, and unto ages of ages. Amen.*

Through the Holy Spirit the channels and streams of grace overflow showering all creation with invigorating Life.

**ترانيم البوليليون لأحد توما (قراءة)**

إِنَّ الرَّبَّ لَمَّا قَامَ مِنَ الْقَبْرِ وَظَهَرَ لِلتَّلَامِيذِ بِمَا لَا يُوصَفُ، قَالَ: يَا توما، إِذْ قَدْ شَاهَدْتَ جَنْبِي وَتُقُوبَ الْمَسَامِيرِ، فَلِمَاذَا لَا تُؤْمِنُ بِقِيَامَتِي؟ وَأَمَّا التَّوَامُ فَلَمَّا اقْتَنَعَ، هَتَفَ قَائِلًا لِلْخَالِقِ: أَنْتَ هُوَ رَبِّي وَاللهي.

المَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.

إِنَّ الرَّبَّ لَمَّا قَامَ مِنَ الْقَبْرِ وَظَهَرَ لِلتَّلَامِيذِ بِمَا لَا يُوصَفُ، قَالَ ... (تعاد)

**أنافثمي العيد باللحن الرابع**

منذُ شبابي أهواءٌ كثيرةٌ تُحَارِبُنِي، لَكِنْ أَنْتَ يَا مُخْلِصِي أَعْضُدُنِي وَخَلِّصْنِي. (مرَّتَيْنِ)

يَا مُبْغِضِي صِهْيُونَ اخْرُؤَا مِنْ تَجَاهِ الرَّبِّ، لِأَنَّكُمْ سَتَنْصِيرُونَ جَافِينَ كَالْعُشْبِ الْيَابِسِ بِالنَّارِ. (مرَّتَيْنِ)

المَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ.

بِالرُّوحِ الْقُدُسِ كُلُّ نَفْسٍ تَحْيَا وَتَنْتَقِي، مُرْتَقِعَةً وَلَا مِعَةً بِالثَّلَاثِ الْوَاحِدِ الْخَفِيِّ الطَّاهِرِ.

الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.

بِالرُّوحِ الْقُدُسِ تَقْبِيضُ سَوَاقِي النِّعْمَةِ وَمَجَارِيهَا، فَتُرَوِّي الْبَرَائِيَا بِأَسْرَهَا بِالحَيَاةِ الْمُحْيِيَّةِ.

**THOMAS SUNDAY PROKEIMENON  
IN TONE FOUR**

Praise the Lord, O Jerusalem. Praise thy God,  
O Zion. (*twice*)

**Stichos:** *Because He hath strengthened the bolts of thy gates, He hath blessed thy children with thee.*

Praise the Lord, O Jerusalem. Praise thy God,  
O Zion.

**Deacon:** Let us pray to the Lord.

**Choir:** Lord, have mercy.

**Priest:** For Holy art Thou, O our God, Who retest in the holies, and unto Thee do we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.

**Choir:** Amen.

Let everything that hath breath praise the Lord.  
(*twice*)

**Praise ye God in His saints; praise Him in the firm foundation of His power.**

Let everything that hath breath praise the Lord.

*NOTE: The following Orthros Gospel lection is read from the south side of the holy table and the Gospel Book is then offered for veneration afterward, just like any usual Sunday of the Eothinon cycle.*

**THE FIRST EOTHINON GOSPEL**

**Deacon:** And that we may be accounted worthy to hear the Holy Gospel, let us beseech the Lord our God.

**Choir:** Lord, have mercy. (*thrice*)

**Deacon:** Wisdom! Stand upright! Let us hear the Holy Gospel.

**Priest:** Peace be to all.

**Choir:** And to thy spirit.

**Priest:** The Reading from the Holy Gospel according to Saint **Matthew**. (28:16-20)

**بروكيمنُن لأحد توما باللحن الرابع**

إمْدَحِي يَا أُورْشَلِيمُ لِلرَّبِّ، سَبِّحِي إِلَهَكَ يَا صِهْيُونُ.  
(مرتين)

**اَسْتِيْحْنُ:** لِأَنَّهُ قَدْ قَوَّى أَمْخَالَ أَبْوَابِكَ، وَبَارَكَ بَنِيكَ  
فِيكَ.

إمْدَحِي يَا أُورْشَلِيمُ لِلرَّبِّ، سَبِّحِي إِلَهَكَ يَا صِهْيُونُ.

**الشماس:** إِلَى الرَّبِّ نَطْلُبُ.

**المرتل:** يَا رَبُّ ارْحَمْ.

**الكاهن:** لِأَنَّكَ قُدُّوسٌ أَنْتَ يَا إِلَهَنَا، وَفِي الْقَدِّيسِينَ  
تَسْتَقِرُّ وَتَسْتَرِيحُ، وَلَكَ نُرْسِلُ الْمَجْدَ أَيُّهَا الْآبُ  
وَالابْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ  
الدَّاهِرِينَ.

**المرتل:** آمِينَ.

كُلُّ نَسَمَةٍ، فَلْتَسَبِّحِ الرَّبَّ. (مرتين)

سَبِّحُوا اللَّهَ فِي قَدِّيسِيهِ، سَبِّحُوهُ فِي فَكِّ قُوَّتِهِ.

فَلْتَسَبِّحِ الرَّبَّ، كُلُّ نَسَمَةٍ.

**إنجيلُ الإيوثينا الأولى**

**الشماس:** مِنْ أَجْلِ أَنْ نَكُونَ مُسْتَحِقِّينَ لِسَمَاعِ  
الْإِنْجِيلِ الْمُقَدَّسِ، إِلَى الرَّبِّ إِلَهِنَا نَطْلُبُ.

**المرتل:** يَا رَبُّ ارْحَمْ. (ثلاثاً)

**الشماس:** الْحِكْمَةُ، فَلْنَسْتَقِمْ وَلْنَسْمَعَ الْإِنْجِيلِ  
الْمُقَدَّسِ.

**الكاهن:** السَّلَامُ لِجَمِيعِكُمْ.

**المرتل:** وَلِرُوحِكَ.

**الكاهن:** فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِّيسِ مَتَّى  
الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّلْمِيزِ الطَّاهِرِ. (20-16:28)

**Choir:** Glory to Thee, O Lord, glory to Thee.

**Deacon:** Let us attend!

**Priest:** At that time, the eleven disciples went to Galilee to the mountain to which Jesus had directed them. And when they saw Him, they worshipped Him; but some doubted. And Jesus came and said to them, "All power in heaven and on earth has been given to Me. Go therefore and make disciples of all nations, baptizing them in the Name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you; and lo, I am with you always, to the close of the age." Amen.

**Choir:** Glory to Thee, O Lord, glory to Thee.

**Reader:** In that we have beheld the resurrection of Christ, let us worship the holy Lord Jesus, the only sinless One. Thy cross do we adore, O Christ, and Thy holy resurrection we praise and glorify; for Thou art our God, and we know none other beside Thee; we call upon Thy name. O come, all ye faithful, let us adore Christ's holy resurrection. For lo, through the cross is joy come into all the world. Ever blessing the Lord, let us sing His resurrection, for in that He endured the cross for us, He hath destroyed death by death.

### PSALM 50

Have mercy on me, O God, according to Thy Great Mercy; and according to the multitude of Thy compassions blot out my transgression.

Wash me thoroughly from mine iniquity, and cleanse me from my sin.

For I know mine iniquity, and my sin is ever before me.

Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged.

**المرتل:** المَجْدُ لَكَ يَا رَبُّ، المَجْدُ لَكَ.

**الشماس:** لِنُصَغِ!

**الكاهن:** في ذلك الزمان، ذهب التلاميذ الأحد عشر إلى الجليل، إلى الجبل حيث أمرهم يسوع فلما رأوه سجدوا له، ولكن بعضهم شكوا فدنا يسوع وكلمهم قائلًا: إنني قد أعطيت كل سلطان في السماء وعلى الأرض فاذهبوا الآن وتلمذوا كل الأمم، معمدين إياهم باسم الآب والابن والروح القدس وعلموهم أن يحفظوا جميع ما أوصيتكم به، وها أنا معكم كل الأيام، إلى منتهى الدهر. آمين.

**المرتل:** المَجْدُ لَكَ يَا رَبُّ المَجْدُ لَكَ.

**القارئ:** إذ قد رأينا قيامة المسيح، فلنسجد للرب القدوس، يسوع المعصوم من الخطأ وحده. لصليبك أيها المسيح نسجد ولقيامتك المقدسة نسبح ونمجّد، لأنك أنت هو إلّنا وآخر سواك لا نعرف وباسمك نسمي. هلم يا معشر المؤمنين نسجد لقيامته المقدسة، لأن هودا بالصليب قد أتى الفرح لكل العالم. لنبارك الرب في كل حين ونسبح قيامته، لأنه إذ احتمل الصلب من أجلنا، الموت بالموت حطم.

### المزمور 50

إرحمني يا الله بعظيم رحمتك، وكمثل كثرة رأفتك امح ماثمي.

اغسلني كثيراً من إثمي، ومن خطيئتي طهرني.

لأني أنا عارف بإثمي، وخطيئتي أمامي في كل حين.

إليك وحدك أخطأت، والشر قد أمك صنعته، لكي تصدق في أقوالك وتغلب في محاكمتك.

For behold, I was conceived in iniquities, and in sins did my mother bear me.

For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me.

Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow.

Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice.

Turn Thy face away from my sins, and blot out all mine iniquities.

Create in me a clean heart, O God, and renew a right spirit within me.

Cast me not away from Thy presence, and take not Thy Holy Spirit from me.

Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me.

I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee.

Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness.

O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise.

For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased.

A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise.

Do good, O Lord, in Thy good pleasure unto Zion, and let the walls of Jerusalem be built up.

Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings.

هَاءِنذَا بِالْآثَامِ حُبِلَ بِي، وَبِالْخَطَايَا وَلَدَتْنِي  
أُمِّي.

لَأَنَّكَ قَدْ أَحْبَبْتَ الْحَقَّ، وَأَوْضَحْتَ لِي غَوَامِضَ  
حِكْمَتِكَ وَمَسْتَوْرَاتِهَا.

تَنْضَخُنِي بِالزَّوْفِيِّ فَأَطْهُرُ، تَغْسِلُنِي فَأَبْيَضُ  
أَكْثَرَ مِنَ الثَّلْجِ.

تَسْمِعُنِي بِهَجَاةٍ وَسُرُورًا، فَتَبْتَهِجُ عِظَامِي  
الدَّلِيلَةَ.

إِصْرِفْ وَجْهَكَ عَن خَطَايَايَ، وَامْحُ كُلَّ مَاثِمِي.

قَلْبًا نَقِيًّا أَخْلُقْ فِيَّ يَا اللَّهُ، وَرُوحًا مُسْتَقِيمًا جَدِّدْ  
فِي أَحْشَائِي.

لَا تَطْرَحْنِي مِنْ أَمَامِ وَجْهِكَ، وَرُوحَكَ الْقُدُّوسَ  
لَا تَنْزِعْهُ مِنِّي.

إِمْنَحْنِي بِهَجَاةٍ خَلَاصِكَ، وَبِرُوحِ رِئَاسِي  
أَعُضْدُنِي.

فَأَعْلِمِ الْأَثَمَةَ طَرُقَكَ، وَالْكَفْرَةَ إِلَيْكَ يَرْجِعُونَ.

أُنْقِذْنِي مِنَ الدِّمَاءِ يَا اللَّهُ إِلَهَ خَلَاصِي، فَيَبْتَهِجَ  
لِسَانِي بِعَدْلِكَ.

يَا رَبُّ افْتَحْ شَفْتَيَّ، فَيُخْبِرَ فَمِي بِتَسْبِيحَتِكَ.

لَأَنَّكَ لَوْ آثَرْتَ الذَّبِيحَةَ، لَكُنْتُ الْآنَ أُعْطِي،  
لَكِنَّكَ لَا تُسَرُّ بِالْمُحْرَقَاتِ.

الذَّبِيحَةُ لِلَّهِ رُوحٌ مُنْسَحِقٌ، الْقَلْبُ الْمُتَخَشِّعُ  
وَالْمُتَوَاضِعُ لَا يَرِذْلُهُ اللَّهُ.

أَصْلِحْ يَا رَبُّ بِمَسَرَّتِكَ صِهْيُونَ وَلِنُثْنِ أَسْوَارِ  
أُورُشَلِيمَ.

حِينَئِذٍ تُسَرُّ بِذَّبِيحَةِ الْعَدْلِ قُرْبَانًا وَمُحْرَقَاتِ.

Then shall they offer bullocks upon Thine altar.

حِينَئِذٍ يُقَرَّبُونَ عَلَى مَذْبَحِكَ الْعُجُولَ.

### TROPARIA AFTER PSALM 50 IN TONE TWO

### طَرُوبَارِيَّاتٍ بَعْدَ الْمَزْمُورِ 50 بِاللَّحْنِ الثَّانِي

*Glory to the Father, and to the Son, and to the Holy Spirit.*

Through the intercessions of the Apostles, O Thou Who art merciful, blot out the multitude of our transgressions.

*Both now and ever, and unto ages of ages. Amen.*

Through the intercessions of the Theotokos, O Thou Who art merciful, blot out the multitude of our transgressions.

*Have mercy upon me, O God, according to Thy lovingkindness; according to the multitude of Thy tender mercies blot out my transgressions.*

Jesus, having risen from the grave as He foretold, hath given unto us life eternal and Great Mercy.

الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُّوسِ.

بِشَفَاعَاتِ الرُّسُلِ وَطَلِبَاتِهِمْ، أَيُّهَا إِلَهُ الرَّحُومِ، امْحُ كَثْرَةَ خَطَايَانَا وَزَلَاتِنَا.

الآنَ وَكَلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ. آمِينَ.

بِشَفَاعَاتِ الْوَدَةِ إِلَهُ وَطَلِبَاتِهَا، أَيُّهَا إِلَهُ الرَّحُومِ، امْحُ كَثْرَةَ خَطَايَانَا وَزَلَاتِنَا.

يَا رَحِيمُ، ارْحَمْنِي يَا اللَّهُ كَعَظِيمِ رَحْمَتِكَ، وَبِحَسَبِ كَثْرَةِ رَأْفَاتِكَ امْحُ مَاثِمِي.

لَقَدْ قَامَ يَسُوعُ مِنَ الْقَبْرِ كَمَا سَبَقَ فَقَالَ، وَمَنْحَنَا الْحَيَاةَ الْأَبَدِيَّةَ، وَالرَّحْمَةَ الْعَظْمَى.

### THE INTERCESSION

**Deacon:** O God, save thy people, and bless thine inheritance. Visit thy world with mercy and compassions. Exalt the horn of Orthodox Christians, and send down upon us thy rich mercies, through the intercessions of our all-immaculate Lady, the Theotokos and ever-virgin Mary; by the might of the precious and life-giving cross; by the protection of the honorable bodiless powers of heaven; at the supplication of the honorable, glorious Prophet, Forerunner and Baptist John; of the holy, glorious, all-laudable and foremost of the apostles, Peter and Paul, and of all the holy apostles; of our fathers among the saints, great hierarchs and ecumenical teachers Basil the Great, Gregory the Theologian and John Chrysostom; Athanasios, Cyril and John the Merciful, patriarchs of Alexandria; Nicholas of Myra in Lycia, Spyridon of Trimythous and

### طَلِبَةُ الشَّفَاعَةِ

الشَّمَاسِ: خَلِّصْ يَا اللَّهُ شَعْبَكَ، وَبَارِكْ مِيرَاثَكَ، وَافْتَقِدْ عَالَمَكَ بِالرَّحْمَةِ وَالرَأْفَاتِ، وَارْفَعْ شَأْنَ الْمَسِيحِيِّينَ الْأَرْتُوذُكْسِيِّينَ، وَأَسْبِغْ عَلَيْنَا مَرَايِمَكَ الْغَنِيَّةَ، بِشَفَاعَاتِ سَيِّدَتِنَا الْوَدَةِ إِلَهُ الْكَلِيَّةِ الطَّهَارَةِ وَالِدَائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ؛ وَبِقُوَّةِ الصَّلِيبِ الْكَرِيمِ الْمُحْيِي؛ وَبِطَلِبَاتِ الْقُوَّاتِ السَّمَاوِيَّةِ الْمُكْرَمَةِ الْعَادِمَةِ الْأَجْسَادِ؛ وَالنَّبِيِّ الْكَرِيمِ السَّابِقِ الْمَجِيدِ يُوْحَنَّا الْمَعْمَدَانَ؛ وَالْقَدِيسَيْنِ الْمُشْرَفَيْنِ الرَّسُولَيْنِ بَطْرُسَ وَبُولُسَ، وَسَائِرِ الرُّسُلِ الْمُشْرَفِينَ الْجَدِيرِينَ بِكُلِّ مَدِيحٍ؛ وَأَبَائِنَا الْقَدِيسِينَ مُعَلِّمِي الْمَسْكُونَةِ، رُؤَسَاءِ الْكَهَنَةِ الْمُعْظَمِينَ بَاسِيلْيُوسَ الْكَبِيرِ، وَغَرِيغُورْيُوسَ الْلَاهُوتِي، وَيُوْحَنَّا الذَّهَبِيِّ الْقَمِّ؛ وَأَبَائِنَا الْقَدِيسِينَ أَنْثَاسْيُوسَ وَكَيْرْلُوسَ وَيُوْحَنَّا الرَّحِيمِ بَطَارِكَةَ الْإِسْكَنْدرِيَّةَ؛ وَأَبِينَا الْقَدِيسِ نِيْقُولَاوسَ رَئِيسِ أَسَاقِفَةِ

Nektarios of Pentapolis, the wonder-workers; of our fathers among the saints Tikhon, patriarch of Moscow, and Raphael, bishop of Brooklyn; of the holy, glorious great martyrs George the Trophy-bearer, Demetrios the Myrrh-streaming, Theodore the Soldier, Theodore the General and Menas the Wonder-worker; of the hieromartyrs Ignatius the God-bearer of Antioch, Charalampos and Eleutherios; of the holy, glorious and great women martyrs Thekla, Barbara, Anastasia, Katherine, Kyriaki, Photini, Marina, Paraskeva and Irene; of the holy glorious and right-victorious martyrs; of our venerable and God-bearing fathers who shone in the ascetic life; of *Saint N., the patron and protector of this holy community*; of the holy and righteous ancestors of God, Joachim and Anna; **of the holy, glorious and all-laudable Apostle Thomas, called "The Twin,"** whose memory we celebrate today, and of all Thy saints, we beseech Thee, O most merciful Lord, hearken unto the petitions of us sinners who make our supplications unto Thee, and have mercy upon us.

**Choir:** Lord, have mercy. (*twelve times*)

**Priest:** Through the mercies and compassions and love for mankind of Thine Only-begotten Son, with Whom Thou art blessed, together with Thine all-holy, and good, and life-giving Spirit: now and ever, and unto ages of ages.

**Choir:** Amen.

### KONTAKION AND OIKOS FOR THOMAS SUNDAY (Plain Reading)

With his searching right hand, Thomas did probe Thy life-bestowing side, O Christ God; for when Thou didst enter whilst the doors were shut, he cried out unto Thee with the rest of the Apostles: Thou art my Lord and my God.

ميرا الليكيّة، واسبيريدون أسقف تريميثوس، ونكتاريوس أسقف المُدن الخمس العجائبين، وأبينا القديس تيخون بطريرك موسكو، والقديس رافائيل أسقف بروكلين؛ والقديسين المجيدين الشهداء العظماء جاورجيوس اللابس الظفر، وديميتريوس المفيض الطيب، وثيودورس التيروني، وثيودورس قائد الجيش، وميناس الصانع العجائب؛ والقديسين الشهداء إغناطيوس المتوشح بالله، خرامبوس والغثيريوس؛ والشهيدات العظيمات ثفلا، بربارة، أنسطاسيا، كاترينا، كيرياكي، فوتيني، مارينا، باراسكيفا، وآيرين؛ والقديسين المجيدين الشهداء المتألقين بالظفر؛ وأبائنا الأبرار المتوشحين بالله؛ والقديس (فلان) شفيع هذه الكنيسة المقدسة؛ والقديسين الصديقين جدّي المسيح الإله يواكيم وحنّة؛ والرّسول القديس المجيد والجدير بكلّ مدح توما الذي يُقال له التّوأم، الذي نُقيم تذكّاره اليوم، وجميع قديسيك، نتضرّع إليك أيها الرّبّ الجزيل الرّحمة، فاستجب لنا نحن الخطاة الطالبين إليك وارحمننا.

المرتل: يا ربّ ارحم. (12 مرات)

الكاهن: برّحمة ورأفات ابنك الوحيد ومحبّته للبشر، الذي أنت مبارك معه ومع روحك الكلّي فدسه الصالح والمحيي، الآن وكلّ أوان وإلى دهر الدهرين.

المرتل: آمين.

### القنّداق والبيت لأحد توما (قراءة)

باليمين الفضوليّة، أيها المسيح الإله، جسّ توما جنبك الواهب الحياة. فإنّه لما دخلت الأبواب مغلّقة، هتف إليك مع سائر التلاميذ: أنت هو ربّي وإلهي.

Who preserved the Disciple's hand unconsumed when he drew nigh unto the fiery side of the Lord? Who gave it the daring and strength to feel the bone that was flaming? Surely, it was that which was touched. For if that side had not bestowed might unto that earthen right hand, how could it have touched those wounds which caused both things above and below to quake? This grace was given to Thomas that he might touch and cry out to Christ: Thou art my Lord and my God.

مَنْ ذَا الَّذِي حَفِظَ كَفَّ التَّلْمِيزِ غَيْرَ ذَائِبَةٍ لَمَّا دَنَتْ  
مِنَ الْجَنْبِ النَّارِيِّ؟ أَمْ مَنْ وَهَبَهُ الْجَسَارَةَ فَاسْتَطَاعَ  
أَنْ يَلْمَسَ عَضُوًّا مُلْتَهَبًا؟ ذَلِكَ وَلَا شَكَّ هُوَ الْجَنْبُ  
الْمُقْتَسَمُ. فَلَوْ لَمْ يَمْنَحِ الْجَنْبُ الْيَدَ التُّرَابِيَّةَ قُوَّةً، لَمَا  
اسْتَطَاعَتْ أَنْ تُقْتَسَمَ الْآلَامَ الَّتِي زَعَزَعَتْ مَا فَوْقَ  
وَمَا أَسْفَلَ. فَلْتَوْما وَهَبَتْ نِعْمَةً تُقْتَسِمُهَا، فَهَتَفَ نَحْوَ  
الْمَسِيحِ: أَنْتَ هُوَ رَبِّي وَإِلَهِي.

### THE SYNAXARION (Plain Reading)

### السِّنْكَسَار (قراءة)

On April 19 in the Holy Orthodox Church, we commemorate Hieromartyr Paphnoutios of Jerusalem; and Tryphon, patriarch of Constantinople.

On this day, the second Sunday of Pascha, we inaugurate the celebration of Christ's Resurrection, and the occasion whereon the Holy Apostle Thomas touched the Savior's side.

#### Verses

If the seals of the Virgin's womb and of the grave did not hinder Thee,  
How could the seals of the doors hinder Thy might, O Savior?

This day is called New Sunday, Thomas Sunday or Anti-Pascha. The last term means "in place of Pascha" because Thomas did not immediately hear of Christ's Resurrection and disbelieved it. Starting with this day, the Church dedicates Sunday to the celebration of the Resurrection.

As the Disciples were gathered on Pascha, Jesus entered and greeted them in His usual way, saying, "Peace be unto you." Then He showed them His hands, feet and side. Jesus ate with His Disciples and reassured them of His Resurrection. However, Thomas was not with them at that time, and insisted upon seeing the Savior's wounds—the print of the nails in His hands and feet, and the spear in His side—before he would believe that Jesus was risen. Eight days later, Christ appeared again to the Disciples, this time with Thomas present. The Master told Thomas to see and feel His wounds. Then Thomas immediately cried out, "My Lord and my God!" But Jesus tells His Disciples, "Blessed are those who have not seen and yet believe." This event also clearly illustrates the human and divine Natures of Christ.

By the intercessions of Thine Apostle Thomas, O Christ our God, have mercy on us. Amen.

### THE KATAVASIAE OF THE PASCHAL CANON IN TONE ONE

**Ode 1.** It is the day of Resurrection, let us be radiant, O ye peoples; Pascha, the Lord's Pascha; for Christ God hath brought us from death unto life, and from earth unto Heaven as we sing the triumphal hymn.

### كَتَافَاسِيَاتِ خِدْمَةِ الْفِصْحِ بِالْحِنِّ الْأَوَّلِ

1- أَلْيَوْمَ يَوْمُ الْقِيَامَةِ فَلْنَتَلَأْ أَيُّهَا الشُّعُوبُ، لِأَنَّ  
الْفِصْحَ هُوَ فِصْحُ الرَّبِّ، وَذَلِكَ لِأَنَّ الْمَسِيحَ إِلَهَنَا  
قَدْ أَجَارَنَا مِنَ الْمَوْتِ إِلَى الْحَيَاةِ، وَمِنَ الْأَرْضِ إِلَى  
السَّمَاءِ، نَحْنُ الْمُنْشِدِينَ نَشِيدَ النَّصْرِ وَالظَّفَرِ.

**Ode 3.** Come, let us drink a new drink, not one marvelously brought forth from a barren rock, but the Source of incorruption, which springeth forth from the grave of Christ, in Whom we are established.

**Ode 4.** Let the Prophet Habakkuk, the proclaimer of divine things, keep the divine watch with us, and show forth the radiant Angel who with resounding voice hath declared: Today doth bring salvation to the world, for Christ is risen as omnipotent.

**Ode 5.** Let us arise in the deep dawn and, instead of myrrh, offer praise to the Master; and we shall see Christ, the Sun of Righteousness, Who causeth life to dawn for all.

**Ode 6.** Thou didst descend into the deepest parts of the earth, and didst shatter the everlasting bars that held fast those that were fettered, O Christ. And on the third day, like Jonas from the sea monster, Thou didst arise from the grave.

**Ode 7.** The only blest and most glorious God of our Fathers, Who hath redeemed the Children from the furnace, is become man, and as a mortal doth suffer, and through suffering doth clothe mortality with the grace of incorruption.

*We praise, we bless, and we worship the Lord.*

**Ode 8.** This chosen and holy day is the first of the Sabbaths, the queen and lady, the feast of feasts, and the festival of festivals, wherein we bless Christ unto the ages.

**Deacon:** The Theotokos and Mother of the Light let us honor and magnify in song.

3- هَلِّمُوا بِنَا نَشْرَبُ مَشْرُوبًا جَدِيدًا، لَيْسَ مُسْتَخْرَجًا بِأَيَّةِ بَاهِرَةٍ مِنْ صَخْرَةٍ صَمَاءَ، لَكِنَّهُ يَنْبُوعٌ عَدَمِ الْفَسَادِ، بِفَيْضَانِ الْمَسِيحِ مِنَ الْقَبْرِ، الَّذِي بِهِ نَنْتَشِدُّ.

4- لِيَقِفْ مَعَنَا عَلَى الْمَحْرِسِ الْإِلَهِيِّ حَبَقُوقُ الْمُتَقَوِّهِ بِالْإِلَهِيَّاتِ، وَلْيُرِنَا الْمَلَكَ الْمُتَّشِّحَ الضِّيَاءِ قَائِلًا جَهَارًا: الْيَوْمَ خَلَّصَ لِلْعَالَمِ، لِأَنَّ الْمَسِيحَ قَدْ قَامَ، بِمَا أَنَّهُ عَلَى كُلِّ شَيْءٍ قَدِيرٌ.

5- لِنَبْتَكَرَنَّ مُدَلِّجِينَ دُنْجَةً عَمِيقَةً، وَلِنُقَرِّبَنَّ لِلْسَيِّدِ النَّسْبِيحَ النَّقِيَّ عَوْضَ الطَّيِّبِ الرَّكِي، وَلِنُعَايِنَ الْمَسِيحَ الَّذِي هُوَ شَمْسُ الْعَدْلِ، مُطَّلِعًا الْحَيَاةَ لِلْكَوْنِ.

6- أَيُّهَا الْمَسِيحُ، لَقَدْ نَزَلْتَ إِلَى أَسْفَلِ دَرَكَاتِ الْأَرْضِ، فَسَحَقْتَ الْأَمْخَالَ الدَّهْرِيَّةَ الْمُثَبَّتَةَ الضَّابِطَةَ الْمُعْتَقَلِينَ، وَفِي الْيَوْمِ الثَّلَاثِ بَرَزْتَ نَاهِضًا مِنَ الْقَبْرِ كَمَا بَرَزَ يُونَانُ مِنَ الْحُوتِ.

7- إِنَّ الَّذِي أَنْقَذَ الْفَتِيَّةَ مِنَ الْأَثُونِ لَمَّا صَارَ إِنْسَانًا، تَأَلَّمَ كَمَا تَلَّمَ، وَبِأَلَمِهِ سَرَبَلَ الْمَائِتَ جَمَالَ عَدَمِ الْفَسَادِ، أَعْنِي بِهِ إِلَهَ آبَائِنَا الْمُبَارَكِ وَالْمُمَجَّدِ وَخَدَهُ.

نُسَبِّحُ وَنُبَارِكُ وَنَسُجُدُ لِلرَّبِّ.

8- إِنَّ هَذَا الْيَوْمَ الْمَدْعُوَّ الْمُقَدَّسَ، الَّذِي هُوَ أَوَّلُ السُّبُوتِ وَمَلِكُهَا وَسَيِّدُهَا، إِنَّمَا هُوَ عِيدُ الْأَعْيَادِ وَمَوْسِمُ الْمَوَاسِمِ، الَّذِي فِيهِ نُبَارِكُ الْمَسِيحَ إِلَى الْأَدْهَارِ.

الشَّمْسُ: لَوَالِدَةِ الْإِلَهِ وَأَمِّ النُّورِ بِالتَّسَابِيحِ نَكْرَمُ مُعْظَمِينَ.



## THE LITTLE LITANY

**Deacon:** Again and again, in peace, let us pray to the Lord.

**Choir:** Lord, have mercy.

**Deacon:** Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

**Choir:** Lord, have mercy.

**Deacon:** Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.

**Choir:** To Thee, O Lord.

**Priest:** For all the powers of Heaven praise Thee, and unto Thee do they ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.

**Choir:** Amen.

Holy is the Lord our God. (*thrice*)

## THE EXAPOSTEILARIA OF THOMAS SUNDAY IN TONE THREE

(\*\**Thou Who, as God, adornest*\*\*)

O Thomas, thou hast searched out \* My wounded limbs with thine own hand; \* doubt not of Me Who was wounded \* for thee, but have a single mind \* with the disciples, and preach Me, \* the Living God, to all mankind. (*twice*)

On this day spring is fragrant; \* the new creation danceth now; \* today the bars have been taken \* off of the doors of disbelief, \* as the friend Thomas doth cry out: \* Thou art my Lord and my God.

## AINOI (PRAISES) IN TONE ONE

Let everything that hath breath praise the Lord. Praise ye the Lord from the heavens; praise Him in the heights. To Thee, O God, is due our song.

## الطِّبَّةُ السَّلَامِيَّةُ الصُّغْرَى

الشماس: أيضاً وأيضاً بسلامٍ إلى الربِّ نطلب.

الجوق: يا ربُّ ارحم.

الشماس: أعزِّدْ وَخَلِّصْ وارْحَمْ واحْفَظْنَا يا الله بِنِعْمَتِكَ.

الجوق: يا ربُّ ارحم.

الشماس: بعدَ ذِكْرِنَا الكَلِيَّةَ القَدَّاسَةَ، الطَّاهِرَةَ، الفَائِقَةَ البَرَكَاتِ المَجِيدَةَ، سَيِّدَتْنَا وَاِلدَةَ الْإِلَهِ الدَّائِمَةَ البَتُولِيَّةَ مَرْيَمَ مَعَ جَمِيعِ القَدِّيسِينَ، لِنُودِغَ أَنْفُسَنَا وَبَعْضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.

الجوق: لك يا رب.

الكاهن: لِأَنَّهُ إِيَّاكَ تُسَبِّحُ كُلُّ قُوَّاتِ السَّمَاوَاتِ، وَلَكَ يُرْسِلُونَ المَجْدَ أَيُّهَا الآبُ وَالْإِبْنُ وَالرُّوحُ القُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

الجوق: آمين.

قُدُّوسٌ هُوَ الرَّبُّ الْهُنَا. (ثلاثاً)

## إِكْسَابُوسْتِيلَارِي أَحَدُ توما بِاللَّحْنِ الثَّالِثِ

(\*\*زَيْنَتْ بِالْكَوَاكِبِ\*\*)

يا توما لا تَكُنْ غَيْرَ مُؤْمِنٍ، أنا الذي لأجلك جَرِحْتُ، وَفَتَشَّتْ جِراحِي بِيَدَيْكَ، فَبِعَزْمٍ مُتَّفِقٍ مَعَ التَّلَامِيذِ إِكْرَزْ بِي، أَنَّنِي إِلَهٌ حَيٌّ. (مرتين)

اليَوْمَ الرِّبِيعُ مانِحٌ شِذَاهُ، وَالخَلِيقَةُ الجَدِيدَةُ تَفْرَحُ. اليَوْمَ تُرْفَعُ أَقْفَالُ الأبوابِ مَعَ عَدَمِ إِيمانِ توما الحبيبِ إِذْ يَهْتِفُ: أَنْتَ هُوَ رَبِّي وَإِلَهِي.

## الإِينُوسُ بِاللَّحْنِ الأوَّلِ

كُلُّ نَسَمَةٍ فَلتُسَبِّحِ الرَّبَّ. سَبِّحُوا الرَّبَّ مِنَ السَّمَاوَاتِ، سَبِّحُوهُ فِي الأَعَالِي، لِأَنَّهُ لَكَ يَلِيْقُ التَّسْبِيْحُ يا الله.

Praise ye Him, all His angels; praise ye Him,  
all His hosts. To Thee, O God, is due our song.

**For Thomas Sunday in Tone One**  
**(\*\*O all-lauded Martyrs\*\*)**

*Verse 1. Praise God in His sanctuary; praise Him in the firmament of His power. Praise Him for His mighty acts; praise Him according to His excellent greatness.*

O life-giving Lord, after Thy dread \*  
Resurrection, as Thou brakest not the seals of  
the tomb, so when the doors had been shut fast,  
\* Thou didst likewise enter \* and while  
bringing joy of heart \* to Thine all-famed  
Apostles didst grant Thine upright Spirit unto  
them \* for the sake of Thine immeasurable \*  
and Great Mercy, \* O Almighty Christ our  
God.

*Verse 2. Praise Him with the sound of the trumpet; praise Him with the psaltery and harp.*

O life-giving Lord, after Thy dread ... (repeat  
above)

*Verse 3. Praise Him with the timbrel and dance; praise Him with stringed instruments and organs.*

When Thou didst appear, O blessed Lord, \* to  
Thy ven'erable disciples, Thomas, also called  
Didymus, was absent from their midst. \*  
Wherefore, he believed not \* in Thy Rising  
from the dead \* and cried to them that saw  
Thee: Except I put my finger in His side \* and  
the marks made by the piercing nails, \* I  
believe not \* that the Lord is risen again.

سَبِّحُوهُ يَا جَمِيعَ مَلَائِكَتِهِ، سَبِّحُوهُ يَا سَائِرَ قُوَاتِهِ،  
لأنه لك يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.

**لأحد توما بالحن الأول**  
**(\*\*أصحاب المديح الشهداء\*\*)**

**استيخن 1.** سَبِّحُوا اللَّهَ فِي قَدْسِيهِ، سَبِّحُوهُ فِي  
فَلَكَ قُوَّتِهِ. سَبِّحُوهُ عَلَى مَقْدِرَتِهِ، سَبِّحُوهُ نَظِيرَ كَثْرَةِ  
عَظَمَتِهِ.

يا يَسُوعُ الْوَاهِبُ الْحَيَاةِ، مِثْلَمَا لَمْ تَفُكَّ اخْتَامَ اللَّحْدِ  
حِينَ قِيَامَتِكَ مِنَ الْقَبْرِ، هَكَذَا دَخَلْتَ عَلَى الرَّسُلِ  
الْمَجِيدِينَ وَالْأَبْوَابَ مُغْلَقَةً، مُفْرِحًا لَهُمْ، وَلِحِينَ قَدْ  
مَنَحْتَهُمْ رُوحًا قَوِيمًا لِعُظْمَى مَرَاحِمِكَ.

**استيخن 2.** سَبِّحُوهُ بِلَحْنِ الْبُوقِ، سَبِّحُوهُ بِالْمِزْمَارِ  
وَالْقِيثَارَةِ.

يا يَسُوعُ الْوَاهِبُ الْحَيَاةِ ... (تعاد)

**استيخن 3.** سَبِّحُوهُ بِالطَّبْلِ وَالْمِصَافِ، سَبِّحُوهُ  
بِالْأُوتَارِ وَآلَةِ الطَّرَبِ.

لَمَّا دَخَلْتَ أَيُّهَا الرَّبُّ عَلَى تَلَامِيذِكَ، لَمْ يَكُنْ تَوْمًا  
هُنَاكَ، وَلِذَلِكَ ارْتَابَ بِأَمْرِ الْقِيَامَةِ، وَنَحْوَ مُعَايِنِكَ  
صَرَخَ قَائِلًا: مَا لَمْ أَلْقِ بِإِصْبَعِي فِي جَنْبِ سَيِّدِي،  
وَأَثَارِ الْمَسَامِيرِ، لَسْتُ أَوْمِنُ قَطُّ بِقِيَامَتِهِ.

*Verse 4. Praise Him upon the loud cymbals; praise Him upon the high-sounding cymbals. Let everything that hath breath praise the Lord. To Thomas did Christ the Lord exclaim: \* As thou wilt, put forth thy hand; touch Me and know Me to have an earthen body that hath bones. \* Be not unbelieving, \* but do as the others do \* so likewise be believing. Then Thomas was persuaded and he cried: \* Thou, O Jesus, art my Lord and God; \* praise and glory \* to Thy Rising from the dead.*

### THE DOXASTICON OF THOMAS SUNDAY IN TONE SIX

*Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever, and unto ages of ages. Amen.*

Eight days after Thy Resurrection, O Jesus, the King, the Word, and only Son of the Father, Thou didst appear to Thy Disciples, the doors being shut, granting them Thy peace. And to the Disciple who believed not Thou didst show the marks, saying, Reach out and probe My hands, feet and incorruptible side. But he, being convinced, cried out unto Thee, saying, My Lord and my God, glory to Thee.

### THE GREAT DOXOLOGY IN TONE SIX

Glory to thee, who hast shown forth the light. Glory to God in the highest, and on earth peace, good will among men.

We hymn Thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks unto Thee for Thy great glory.

O Lord King, heavenly God, Father almighty; O Lord, the only-begotten Son, Jesus Christ; and O Holy Spirit.

**استيخن 4. سَبِّحُوهُ بِنَغَمَاتِ الصَّنُوجِ، سَبِّحُوهُ بِصُنُوجِ التَّهْلِيلِ. كُلُّ نَسَمَةٍ فَلْتَسَبِّحِ الرَّبَّ.**  
لَقَدْ صَاحَ بِتُومَا الْمَسِيحُ: فَتَشَّ مِثْلَمَا تَشَاءُ، وَاعْرِفْنِي بَعْدَ وَضْعِ يَدِكَ، بِلَحْمِي وَعَظْمِي وَجِسْمِي التُّرَابِيِّ، وَانزَعْ عَدَمَ الْإِيمَانِ. بَلْ أَيْقِنْ كَمَا أَيْقَنَ الْآخَرُونَ. فَهَتَفَ تُومَا: الْمَجْدُ لِقِيَامَتِكَ، أَنْتَ هُوَ رَبِّي وَالْهَي.

### ذُكْصَا أَحَدُ تُومَا بِاللَّحْنِ السَّادِسِ

الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ  
وَالِي دَهْرِ الدَاهِرِينَ. آمِينَ.

مِنْ بَعْدِ ثَمَانِيَةِ أَيَّامٍ لِقِيَامَتِكَ يَا يَسُوعَ الْمَلِكُ، وَكَلِمَةَ  
الْآبِ الْوَحِيدِ، ظَهَرْتَ لِتَلَامِيذِكَ وَالْأَبْوَابِ مُغْلَقَةً،  
وَمَنْحَتَهُمْ سَلَامَكَ. وَلِلتَّلْمِيذِ الَّذِي لَمْ يُؤْمِنْ، أَرَيْتَ  
الرُّسُومَ قَائِلًا: هَلُمَّ فَتَشَّ يَدَيْنِ وَالرِّجْلَيْنِ وَالْجَنْبِ  
الْبَرِيءِ مِنَ الْفَسَادِ. أَمَّا هُوَ فَاقْتَنَعَ، وَهَتَفَ إِلَيْكَ:  
رَبِّي وَالْهَي الْمَجْدُ لَكَ.

### الذُوكْصُولُوجِيَا الْكُبْرَى بِاللَّحْنِ السَّادِسِ

الْمَجْدُ لَكَ يَا مُظْهِرَ النُّورِ، الْمَجْدُ لِلَّهِ فِي الْعَلَاءِ،  
وَعَلَى الْأَرْضِ السَّلَامُ، وَفِي النَّاسِ الْمَسْرَّةُ.

نُسَبِّحُكَ نُبَارِكُكَ، نَسْجُدُ لَكَ نُمَجِّدُكَ، نَشْكُرُكَ مِنْ  
أَجْلِ عَظِيمِ جَلَالِ مَجْدِكَ.

أَيُّهَا الرَّبُّ الْمَلِكُ، السَّمَاوِيِّ، الْإِلَهُ، الْآبُ الضَّابِطُ  
الْكُلِّ. أَيُّهَا الرَّبُّ الْإِبْنُ الْوَحِيدُ، يَا يَسُوعَ الْمَسِيحُ،  
وَيَا أَيُّهَا الرُّوحُ الْقُدُسُ.

O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy on us, thou that takest away the sins of the world.

أَيُّهَا الرَّبُّ الْإِلَهُ، يَا حَمَلَ اللَّهِ يَا ابْنَ الْآبِ، يَا رَافِعَ خَطِيئَةِ الْعَالَمِ ارْحَمْنَا، يَا رَافِعَ خَطَايَا الْعَالَمِ.

Receive our prayer, Thou that sittest at the right hand of the Father, and have mercy on us.

تَقَبَّلْ تَضَرُّعَنَا أَيُّهَا الْجَالِسُ عَنْ يَمِينِ الْآبِ وَارْحَمْنَا.

For Thou only art holy, Thou only art the Lord, O Jesus Christ, to the glory of God the Father. Amen.

لَأَنَّكَ أَنْتَ وَحْدَكَ قُدُّوسٌ، أَنْتَ وَحْدَكَ الرَّبُّ يَسُوعُ الْمَسِيحُ، فِي مَجْدِ اللَّهِ الْآبِ، آمِينَ.

Every day will I bless Thee, and I will praise Thy name forever, yea forever and ever.

فِي كُلِّ يَوْمٍ أَبَارِكُكَ، وَأُسَبِّحُ اسْمَكَ إِلَى الْأَبَدِ، وَإِلَى أَبَدِ الْأَبَدِ.

Vouchsafe, O Lord, to keep us this day without sin.

أَهْلُنَا يَا رَبُّ أَنْ نَحْفَظَ فِي هَذَا الْيَوْمِ بِغَيْرِ خَطِيئَةٍ.

Blessed art Thou, O Lord, the God of our Fathers, and praised and glorified is Thy name forever. Amen.

مُبَارَكٌ أَنْتَ يَا رَبُّ إِلَهَ آبَائِنَا، وَمُسَبَّحٌ وَمُمَجَّدٌ اسْمُكَ إِلَى الْأَبَدِ، آمِينَ.

Let Thy mercy be upon us, O Lord, even as we have set our hope on thee.

لِتَكُنْ يَا رَبُّ رَحْمَتُكَ عَلَيْنَا، كَمَا تَكُنْ عَلَيْنَا.

Blessed art Thou, O Lord; teach me Thy statutes. (*thrice*)

مُبَارَكٌ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ. (ثَلَاثًا)

Lord, thou hast been our refuge from generation to generation. I said: Lord, be merciful unto me; heal my soul, for I have sinned against Thee.

يَا رَبُّ مَلْجَأٌ كُنْتَ لَنَا فِي جِيلٍ وَجِيلٍ، أَنَا قُلْتُ يَا رَبُّ ارْحَمْنِي وَاشْفِ نَفْسِي لِأَنِّي قَدْ خَطِئْتُ إِلَيْكَ.

Lord, I have fled unto Thee; teach me to do Thy will, for Thou art my God.

يَا رَبُّ إِلَيْكَ لَجَأْتُ فَعَلِّمْنِي أَنْ أَعْمَلَ رِضَاكَ، لِأَنَّكَ أَنْتَ هُوَ إِلَهِي.

For with Thee is the fountain of life; in Thy light shall we see light.

لَأَنَّ مِنْ قِبَلِكَ عَيْنَ الْحَيَاةِ، وَبِنُورِكَ نَعَايُنُ النُّورَ.

O continue Thy mercy unto them that know Thee.

فَابْسُطْ رَحْمَتَكَ عَلَى الَّذِينَ يَعْرِفُونَكَ.

Holy God, Holy Mighty, Holy Immortal: have mercy on us. (*thrice*)

قُدُّوسَ اللَّهِ، قُدُّوسَ الْقَوِيِّ، قُدُّوسَ الَّذِي لَا يَمُوتُ ارْحَمْنَا. (ثَلَاثًا)

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and ever, and unto ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal: have mercy on us.

المَجْدُ لِلآبِ وَالإِبْنِ وَالرُّوحِ الْقُدُسِ.

الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.

قُدُوسُ الَّذِي لَا يَمُوتُ اِرْحَمْنَا.

قُدُوسُ اللَّهِ، قُدُوسُ الْقَوِيِّ، قُدُوسُ الَّذِي لَا يَمُوتُ اِرْحَمْنَا.

### APOLYTIKION FOR THOMAS SUNDAY IN TONE SEVEN

While the tomb was sealed, Thou didst shine forth from it, O Life. While the doors were closed, Thou didst come in to Thy Disciples, O Christ God, Resurrection of all, renewing in us through them an upright spirit, according to the greatness of Thy mercy.

### أَبُولِيْتِيْكَيونَ أَحَدُ توما بِاللحنِ السابِعِ

إِذْ كَانَ الْقَبْرُ مَخْتُوماً، أَشْرَفْتَ مِنْهُ أَيُّهَا الْحَيَاةُ. وَلَمَّا كَانَتْ الْأَبْوَابُ مُغْلَقَةً، وَاقَيْتَ التَّلَامِيذَ، أَيُّهَا الْمَسِيحُ الْإِلَهُ، قِيَامَةُ الْكُلِّ، وَجَدَدْتَ لَنَا بِهِمْ رُوحاً مُسْتَقِيماً، بِحَسَبِ عَظِيمِ رَحْمَتِكَ.

*These texts have been prepared by Department of Liturgics of the Antiochian Archdiocese*

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