



*Saint George
Antiochian Orthodox Church
Cicero, Illinois*

كَنِيسَةُ الْقَدِيسِ جَاوْرِجِيوسِ
الْأَنْطَاكِيَّةِ الْأَرْثُوذُكْسِيَّةِ

**ORTHROS (MATINS) SERVICE FOR
THE FIRST SUNDAY OF GREAT LENT
(SUNDAY OF ORTHODOXY)**

خِدْمَةُ صَلَاةِ السَّحَرِ
لِلْأَحَدِ الْأَوَّلِ مِنَ الصَّوْمِ
(أَحَدُ الْأَرْثُوذُكْسِيَّةِ)



ORTHROS ON SUNDAY, MARCH 24, 2024; TONE 1 / EOTHINON 9
FIRST SUNDAY OF GREAT LENT (SUNDAY OF ORTHODOXY)

VENERABLE ZACHARIAH THE RECLUSE AND ARTEMON, BISHOP OF SELEUCIA

Priest: Blessed is our God, always, now and ever, and unto the ages of ages.

Choir: Amen.

Priest: Glory to Thee, our God, glory to Thee.

O heavenly King, the Comforter, Spirit of Truth, Who art in all places, and fillest all things, Treasury of good things, and Giver of life, come, and dwell in us, and cleanse us from every stain; and save our souls, O good One.

Reader: Holy God, Holy Mighty, Holy Immortal: have mercy on us. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Thy Name's sake.

Lord, have mercy. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.

الكاهن: تَبَارَكَ اللهُ إِلَهُنَا كُلَّ حِينٍ، الْآنَ وَكُلَّ
أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

الجوقة: آمين.

الكاهن: الْمَجْدُ لَكَ يَا إِلَهُنَا الْمَجْدُ لَكَ.

أَيُّهَا الْمَلِكُ السَّمَاوِيِّ الْمُعَزِّي، رُوحَ الْحَقِّ،
الْحَاضِرُ فِي كُلِّ مَكَانٍ وَالْمَالِيُ الْكُلِّ، كَنْزُ
الصَّالِحَاتِ وَرَازِقُ الْحَيَاةِ، هَلُمَّ وَاسْكُنْ فِيْنَا،
وَطَهِّرْنَا مِنْ كُلِّ دَنَسٍ، وَخَلِّصْ أَيُّهَا الصَّالِحُ
نَفْسَنَا.

القارئ: قُدُّوسُ اللهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي
لَا يَمُوتُ، اِرْحَمْنَا. (ثَلَاثًا)

الْمَجْدُ لِأَبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ
أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.

أَيُّهَا الثَّلَاوِثُ الْقُدُّوسُ اِرْحَمْنَا، يَا رَبُّ اغْفِرْ
خَطَايَانَا، يَا سَيِّدُ تَجَاوَزْ عَن سَيِّئَاتِنَا، يَا قُدُّوسُ
اطَّلِعْ وَاشْفِ أَمْرَاضَنَا، مِنْ أَجْلِ اسْمِكَ.

يَا رَبُّ اِرْحَمْنَا. (ثَلَاثًا)

الْمَجْدُ لِأَبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ
أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.

أَبَانَا الَّذِي فِي السَّمَاوَاتِ، لِيَتَقَدَّسَ اسْمُكَ، لِيَأْتِ
مَلَكُوتُكَ، لِيَتَكُنْ مَشِيئَتُكَ كَمَا فِي السَّمَاءِ كَذَلِكَ
عَلَى الْأَرْضِ، خُبِّرْنَا الْجَوْهَرِيَّ أَعْطِنَا الْيَوْمَ،
وَأَثْرُكَ لَنَا مَا عَلَيْنَا كَمَا نَثْرُكَ نَحْنُ لِمَنْ لَنَا
عَلَيْهِ، وَلَا تُدْخِلْنَا فِي التَّجْرِبَةِ، لَكِنْ نَجِّنَا مِنَ
الشَّرِّيرِ.

Priest: For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.

Reader: Amen. O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

Glory to the Father, and to the Son, and to the Holy Spirit.

Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.

Both now and ever, and unto ages of ages. Amen.

O fearsome champion, who cannot be put to confusion, despise not our petitions, O Good and All-praised Theotokos; establish the way of the Orthodox; save those who have been called upon to govern us, leading us to that victory which is from heaven, for thou art she who gavest birth to God, and alone art blessed.

LITANY

Priest: Have mercy on us, O God, according to Thy great mercy, we pray Thee, hearken and have mercy.

Choir: Lord, have mercy. (*Thrice*) (*Use this response until noted below*)

Priest: Again we pray for all pious and Orthodox Christians.

الكاهن: لِأَنَّ لَكَ الْمُلْكَ وَالْقُدْرَةَ وَالْمَجْدَ، أَيُّهَا
الْأَبُ وَالابْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ
وَأِلَى دَهْرِ الدَّاهِرِينَ.

القارئ: آمين. خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ
مِيراثَكَ، وَامْنَحْ عِبِيدَكَ الْمُؤْمِنِينَ الْعَلْبَةَ عَلَى
الشَّرِيرِ، وَاحْفَظْ بِقُوَّةِ صَلَيبِكَ جَمِيعَ الْمُخْتَصِّينَ
بِكَ.

الْمَجْدُ لِلْأَبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ.

يَا مَنْ ارْتَفَعْتَ عَلَى الصَّلِيبِ مُخْتَاراً، أَيُّهَا
الْمَسِيحُ الْإِلَهَ، امْنَحْ رَأْفَتَكَ لِشَعْبِكَ الْجَدِيدِ
الْمُسَمَّى بِكَ، وَفَرِّحْ بِقُوَّتِكَ حُكَّامَنَا الْمُؤْمِنِينَ،
مَانِحاً إِيَّاهُمْ الْعَلْبَةَ عَلَى مُحَارِبِيهِمْ. لِتَكُنْ لَهُمْ
مَعُونَتُكَ سِلَاحاً لِلسَّلَامِ، وَظَفِراً غَيْرَ مَقْهُورٍ.

الآنَ وَكُلَّ أَوَانٍ وَأِلَى دَهْرِ الدَّاهِرِينَ. آمين.

أَيُّهَا الشَّفِيعَةُ الرَّهِيْبَةُ غَيْرُ الْمَخْدُولَةِ، يَا وَالِدَةَ
الْإِلَهِ الْكَلِيَّةِ التَّسْبِيحِ، لَا تُعْرِضِي يَا صَالِحَةَ عَنْ
تَوْسَلَاتِنَا، بَلْ وَطِّدِي سِيْرَةَ الْمُسْتَقِيْمِي الرَّأْيِ،
وَخَلِّصِي الَّذِينَ أَمَرْتِ أَنْ يَتَمَلَّكُوا، وَامْنَحِيهِمْ
الْعَلْبَةَ مِنَ السَّمَاءِ، بِمَا أَنَّكَ وَلَدْتِ الْإِلَهَ، أَيُّهَا
المُبَارَكَةُ وَحَدِّكَ.

الطلبية السلامية

الكاهن: إِرْحَمْنَا يَا اللَّهُ بِعَظِيمِ رَحْمَتِكَ، نَطْلُبُ
إِلَيْكَ فَاسْتَجِبْ وَارْحَمْ.

الجوقة: يَا رَبُّ ارْحَمْ. (ثلاثاً) (تُعَادُ بَعْدَ كُلِّ
طِلْبَةٍ)

الكاهن: وَأَيْضاً نَطْلُبُ مِنْ أَجْلِ الْمَسِيحِيِّينَ
الْحَسَنِي الْعِبَادَةِ الْأَرْثُوذُكْسِيِّينَ.

Priest: Again we pray for our father and metropolitan, N., (our bishop, N.), and all our brotherhood in Christ.

Priest: For thou art a merciful God and lovest mankind, and unto thee we ascribe glory, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.

Choir: Amen. Bless, Father, in the Name of the Lord.

Priest: Glory to the holy, consubstantial, life-giving and undivided Trinity, always, now and ever, and unto ages of ages.

Choir: Amen.

Reader: Glory to God in the highest, and on earth peace, goodwill among men. (*Thrice*)

O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise. (*Thrice*)

PSALM 3

O Lord, why are they multiplied that afflict me? Many rise up against me. Many say unto my soul: There is no salvation for him in his God. But Thou, O Lord, art my helper, my glory, and the lifter up of my head. I cried unto the Lord with my voice, and He heard me out of His holy mountain. I laid me down and slept; I awoke, for the Lord will help me. I will not be afraid of ten thousands of people that set themselves against me round about. Arise, O Lord, save me, O my God, for Thou hast smitten all who without cause are mine enemies; the teeth of sinners hast Thou broken. Salvation is of the Lord, and Thy blessing is upon Thy people.

I laid me down and slept; I awoke, for the Lord will help me.

الكاهن: وَأَيْضاً نَطْلُبُ مِنْ أَجْلِ آبِينَا وَمِثْرُوبُولِيَّتِنَا (فُلَان) وَرَّئِيسِ كَهَنَتِنَا (فُلَان)، وَكُلِّ إِخْوَتِنَا فِي الْمَسِيحِ.

الكاهن: لِأَنَّكَ إِلَهٌ رَحِيمٌ وَمُحِبٌّ لِلْبَشَرِ، وَلَكَ نُرْسِلُ الْمَجْدَ أَيُّهَا الْآبُ وَالابْنُ وَالرُّوحُ الْقُدُّسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

الجوقة: آمين. بِاسْمِ الرَّبِّ بَارِكْ يَا أَب.

الكاهن: الْمَجْدُ لِلثَّالُوثِ الْقُدُّوسِ، الْمُتَسَاوِي فِي الْجَوْهَرِ، الْمُخَيِّي، غَيْرِ الْمُتَقَسِّمِ، كُلَّ حِينٍ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

الجوقة: آمين.

القارئ: الْمَجْدُ لِلَّهِ فِي الْعُلَى، وَعَلَى الْأَرْضِ السَّلَامُ، وَفِي النَّاسِ الْمَسْرَّةَ. (ثلاثاً)

يَا رَبُّ افْتَحْ شَفَتِي فَيُخْبِرَ فَمِي بِتَسْبِيحِكَ. (مَرَّتَيْنِ)

المزمور ٣

يَا رَبُّ لِمَاذَا كَثُرَ الَّذِينَ يُحْزِنُونَنِي؟ كَثِيرُونَ قَامُوا عَلَيَّ. كَثِيرُونَ يَقُولُونَ لِنَفْسِي لَا خَلَاصَ لَهُ بِإِلَهِهِ. وَأَنْتَ يَا رَبُّ، نَاصِرِي وَمَجْدِي وَرَافِعُ رَأْسِي. بِصَوْتِي إِلَى الرَّبِّ صَرَخْتُ، فَأَجَابَنِي مِنْ جَبَلٍ قُدْسِهِ. أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي. فَلَا أَخَافُ مِنْ رِبَوَاتِ الشَّعْبِ الْمُحِيطِينَ بِي، الْمُتَوَازِرِينَ عَلَيَّ. قُمْ يَا رَبُّ، خَلِّصْنِي يَا إِلَهِي، فَإِنَّكَ صَرَبْتَ كُلَّ مَنْ يُعَادِينِي بَاطِلًا، وَسَحَقْتَ أَسْنَانَ الْخَطَاةِ. لِلرَّبِّ الْخَلَاصُ وَعَلَى شَعْبِكَ بَرَكَتُكَ.

أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي.

O Lord, rebuke me not in Thine anger, nor chasten me in Thy wrath. For Thine arrows are fastened in me, and Thou hast laid Thy hand heavily upon me. There is no healing in my flesh in the face of Thy wrath; and there is no peace in my bones in the face of my sins. For mine iniquities are risen higher than my head; as a heavy burden have they pressed heavily upon me. My bruises are become noisome and corrupt in the face of my folly. I have been wretched and utterly bowed down until the end; all the day long I went with downcast face. For my loins are filled with mocking, and there is no healing in my flesh. I am afflicted and humbled exceedingly, I have roared from the groaning of my heart. O Lord, before Thee is all my desire, and my groaning is not hid from Thee. My heart is troubled, my strength hath failed me; and the light of mine eyes, even this is not with me. My friends and my neighbors drew nigh over against me and stood, and my nearest of kin stood afar off. And they that sought after my soul used violence; and they that sought evils for me spake vain things, and craftinesses all the day long did they meditate. But as for me, like a deaf man I heard them not, and was as a speechless man that openeth not his mouth. And I became as a man that heareth not, and that hath in his mouth no reproofs. For in Thee have I hoped, O Lord; Thou wilt hearken unto me, O Lord my God. For I said: Let never mine enemies rejoice over me; yea, when my feet were shaken, those men spake boastful words against me. For I am ready for scourges, and my sorrow is continually before me. For I will declare

يا رَبُّ، لا بِغَضَبِكَ تُوبِّخْنِي، ولا بِرَجْزِكَ تُؤدِّبْنِي. فَإِنَّ سِهَامَكَ قَدْ نَشَبَتْ فِيَّ، وَمَكَنَتْ عَلَيَّ يَدُكَ. لَيْسَ لِجَسَدِي شِفَاءٌ مِنْ وَجْهِ غَضَبِكَ، وَلَا سَلَامَةٌ فِي عِظَامِي مِنْ وَجْهِ خَطَايَايَ. لِأَنَّ آثَامِي قَدْ تَعَالَتْ فَوْقَ رَأْسِي، كَحِمْلٍ ثَقِيلٍ قَدْ ثَقَلَتْ عَلَيَّ. قَدْ أَتَنَّتْ وَقَاحَتْ جِرَاحَاتِي مِنْ قِبَلِ جَهَالَتِي. شَقِيتُ وَأُنْحَيْتُ إِلَى الْغَايَةِ، وَالنَّهَارَ كُلَّهُ مَشَيْتُ عَابِسًا. لِأَنَّ مَتْنِي قَدْ امْتَلَأَ مَهَازِيٍّ وَلَيْسَ لِجَسَدِي شِفَاءٌ. شَقِيتُ وَأَتَضَعْتُ جِدًّا، وَكُنْتُ أَيْنُّ مِنْ تَنَهَّدِ قَلْبِي. يَا رَبُّ، إِنَّ بُغْيَتِي كُلَّهَا أَمَامَكَ، وَتَنَهَّدِي لَمْ يَخْفَ عَنْكَ. قَدْ اضْطَرَبَ قَلْبِي وَفَارَقْتَنِي قُوَّتِي، وَنُورَ عَيْنِي أَيْضًا لَمْ يَبْقَ مَعِي. أَصْدِقَائِي وَأَقْرِبَائِي دَنَوْا مِنِّي وَوَقَفُوا لَدَيَّ، وَجِنْسِي وَقَفَ مِنِّي بَعِيدًا. وَأَجْهَدَنِي الَّذِينَ يَطْلُبُونَ نَفْسِي، وَالْمُلْتَمِسُونَ لِي الشَّرَّ تَكَلَّمُوا بِالْبَاطِلِ، وَغَشُوشًا طُولَ النَّهَارِ دَرَسُوا. أَمَّا أَنَا فَكَأَصَمٌ لَا يَسْمَعُ، وَكَأَخْرَسٌ لَا يَفْتَحُ فَاهًا. وَصِرْتُ كإنْسَانٍ لَا يَسْمَعُ وَلَا فِي فَمِهِ تَبْكِيَةٌ. لِأَنِّي عَلَيْكَ، يَا رَبُّ، تَوَكَّلْتُ، أَنْتَ تَسْتَجِيبُ لِي يَا رَبِّي وَالْهَيَّ. لِأَنِّي قُلْتُ لَا يَشْمَتْ بِي أَعْدَائِي، وَعِنْدَمَا زَلَّتْ قَدَمَايَ عَظَّمُوا عَلَيَّ الْكَلَامَ. لِأَنِّي أَنَا لِلضَّرْبِ مُسْتَعِدٌّ، وَوَجَعِي لَدَيَّ فِي كُلِّ حِينٍ. لِأَنِّي أَنَا أَخْبِرُ بِإِثْمِي، وَأَهْتَمُّ مِنْ أَجْلِ خَطِيئَتِي. أَمَّا أَعْدَائِي فَأَحْيَاءُ، وَهُمْ أَشَدُّ

mine iniquity, and I will take heed concerning my sin. But mine enemies live and are made stronger than I, and they that hated me unjustly are multiplied. They that render me evil for good slandered me, because I pursued goodness. Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

PSALM 62

O God, my God, unto Thee I rise early at dawn. My soul hath thirsted for Thee; how often hath my flesh longed after Thee in a land barren and untrodden and unwatered. So in the sanctuary have I appeared before Thee to see Thy power and Thy glory. For Thy mercy is better than lives; my lips shall praise Thee. So shall I bless Thee in my life, and in Thy name will I lift up my hands. As with marrow and fatness let my soul be filled, and with lips rejoicing shall my mouth praise Thee. If I remembered Thee on my bed, at the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me. But as for these, in vain have they sought after my soul; they shall go into the nethermost parts of the earth, they shall be surrendered unto the edge of the sword; portions for foxes shall they be. But the king shall be glad in God, everyone shall be praised that sweareth by Him; for the mouth of them is stopped that speak unjust things.

At the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me.

مِنِّي، وَقَدْ كَثُرَ الَّذِينَ يُبْغِضُونَنِي ظُلْمًا، الَّذِينَ جَاؤُونِي بِدَلِّ الْخَيْرِ شَرًّا، مَحَلُّوا بِي لِأَجْلِ ابْتِغَائِي الصَّلَاحِ. فَلَا تُهْمَلْنِي يَا رَبِّي وَالْهِي وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبَّ خَلَّاصِي.

فَلَا تُهْمَلْنِي يَا رَبِّي وَالْهِي وَلَا تَتَّبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبَّ خَلَّاصِي.

المزمور ٦٢

يَا اللَّهُ الْهِي إِلَيْكَ أَبْتَكِرُ. عَطِشْتُ إِلَيْكَ نَفْسِي، وَأَشْتَاقُ إِلَيْكَ جَسَدِي، فِي أَرْضٍ بَرِّيَّةٍ وَغَيْرِ مَسْلُوكَةٍ وَعَادِمَةِ الْمَاءِ. هَكَذَا ظَهَرْتُ لَكَ فِي الْقُدْسِ لِأَعْيُنِ قُوَّتِكَ وَمَجْدِكَ. لِأَنَّ رَحْمَتَكَ أَفْضَلُ مِنَ الْحَيَاةِ، وَشَفْتِي تُسَبِّحَانِكَ. هَكَذَا أُبَارِكُكَ فِي حَيَاتِي وَبِاسْمِكَ أَرْفَعُ يَدَيَّ، فَتَمْتَلِي نَفْسِي كَمَا مِنْ شَحْمٍ وَدَسَمٍ، وَبِشِفَاهِ الْإِبْتِهَاجِ يُسَبِّحُكَ فَمِي. إِذَا ذَكَرْتُكَ عَلَى فِرَاشِي، هَدَدْتُ بِكَ فِي الْأَسْحَارِ، لِأَنَّكَ صِرْتَ لِي عَوْنًا وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِرُ. الْتَصَقْتُ نَفْسِي بِكَ، وَإِيَّايَ عَضَدْتُ يَمِينُكَ. أَمَّا الَّذِينَ يَطْلُبُونَ نَفْسِي بَاطِلًا، فَسَيَدْخُلُونَ فِي أَسَافِلِ الْأَرْضِ، وَيُدْفَعُونَ إِلَى أَيْدِي السُّيُوفِ، وَيَكُونُونَ أَنْصَبَةً لِلتَّعَالِبِ. أَمَّا الْمَلِكُ فَيُسَرُّ بِاللَّهِ، وَيَمْتَدِّحُ كُلُّ مَنْ يَحْلِفُ بِهِ، لِأَنَّهُ قَدْ سَدَّتْ أَفْوَاهُ الْمُتَكَلِّمِينَ بِالظُّلْمِ.

هَدَدْتُ بِكَ فِي الْأَسْحَارِ لِأَنَّكَ صِرْتَ لِي عَوْنًا، وَبِظِلِّ جَنَاحَيْكَ أَسْتَتِرُ. الْتَصَقْتُ نَفْسِي بِكَ، وَإِيَّايَ عَضَدْتُ يَمِينُكَ.

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia, Alleluia. Glory to Thee, O God. *(Thrice)*

Lord, have mercy. *(Thrice)*

Glory to the Father, and to the Son, and to the Holy Spirit.

PSALM 87

Both now and ever, and unto ages of ages. Amen.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication, for filled with evils is my soul, and my life unto Hades hath drawn nigh. I am counted with them that go down into the pit; I am become as a man without help, free among the dead, like the bodies of the slain that sleep in the grave, whom Thou rememberest no more, and they are cut off from Thy hand. They laid me in the lowest pit, in darkness and in the shadow of death. Against me is Thine anger made strong, and all Thy billows hast Thou brought upon me. Thou hast removed my friends afar from me; they have made me an abomination unto themselves. I have been delivered up, and have not come forth; mine eyes are grown weak from poverty. I have cried unto Thee, O Lord, the whole day long; I have stretched out my hands unto Thee. Nay, for the dead wilt Thou work wonders? Or shall physicians raise them up that they may give thanks unto Thee? Nay, shall any in the grave tell of Thy mercy, and of Thy truth in that destruction? Nay, shall Thy

الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ
أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.

هَلْلُويَا، هَلْلُويَا، هَلْلُويَا، الْمَجْدُ لَكَ يَا اللَّهُ.
(ثَلَاثًا)

يَا رَبُّ ارْحَمِ. (ثَلَاثًا)

الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ.

المزمور ٨٧

الآن وكلَّ أوانٍ وإلى دهرِ الداهرين. آمين.

يا ربُّ إله خلاصي، في النَّهارِ صرَّختُ وفي
الليلِ أمامك، فلتَدْخُلْ قُدَّامَكَ صَلَاتِي، أَمَلِ
أذُنَكَ إلی طَلِبَتِي، فَقَدْ اَمْتَلَّاتِ مِنَ الشُّرُورِ
نَفْسِي، وَدَنَّتْ مِنَ الْجَحِيمِ حَيَاتِي. حُسِبْتُ مَعَ
الْمُنْحَدِرِينَ فِي الْجُبِّ، صِرْتُ مِثْلَ إِنْسَانٍ لَيْسَ
لَهُ مُعِينٌ، مَطْرُوحًا بَيْنَ الْأَمْوَاتِ مِثْلَ الْقَتْلَى
الرَّاقِدِينَ فِي الْقُبُورِ، الَّذِينَ لَا تَذْكُرُهُمْ أَيْضًا، وَهُمْ
مِنْ يَدِكَ مُقْصُونِ. جَعَلُونِي فِي جُبِّ أَسْفَلِ
السَّافِلِينَ، فِي ظُلُمَاتِ الْمَوْتِ وَظِلَالِهِ. عَلَيَّ
اسْتَقَرَّ غَضَبُكَ، وَجَمِيعُ أَهْوَالِكَ أَجَزَّتْهَا عَلَيَّ.
أَبْعَدْتَ عَنِّي مَعَارِفِي، جَعَلُونِي لَهُمْ رَجَاسَةً. قَدْ
أُسَلِّمْتُ وَمَا خَرَجْتُ، وَعَيْنَايَ ضَعُفَتْ مِنَ
الْمَسْكَنَةِ. صرَّختُ إِلَيْكَ، يَا رَبُّ، النَّهَارَ كُلَّهُ
وإِلَيْكَ بَسَطْتُ يَدَيَّ. أَلْعَلَّكَ لِلْأَمْوَاتِ تَصْنَعُ
الْعَجَائِبَ؟ أَمْ الْأَطِبَّاءُ يُقِيمُونَهُمْ، فَيَعْتَرِفُونَ لَكَ؟
هَلْ يُحَدِّثُ أَحَدٌ فِي الْقَبْرِ بِرَحْمَتِكَ، وَفِي الْهَلَاكِ

wonders be known in that darkness, and Thy righteousness in that land that is forgotten? But as for me, unto Thee, O Lord, have I cried; and in the morning shall my prayer come before Thee. Wherefore, O Lord, dost Thou cast off my soul and turnest Thy face away from me? A poor man am I, and in troubles from my youth; yea, having been exalted, I was humbled and brought to distress. Thy furies have passed upon me, and Thy terrors have sorely troubled me. They came round about me like water, all the day long they compassed me about together. Thou hast removed afar from me friend and neighbor, and mine acquaintances because of my misery.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication.

PSALM 102

Bless the Lord, O my soul, and all that is within me bless His holy name. Bless the Lord, O my soul, and forget not all that He hath done for thee, Who is gracious unto all thine iniquities, Who healeth all thine infirmities, Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion, Who fulfilleth thy desire with good things; thy youth shall be renewed as the eagle's. The Lord performeth deeds of mercy, and executeth judgment for all them that are wronged. He hath made His ways known unto Moses, unto the sons of Israel the things that He hath willed. Compassionate and merciful is the Lord, long-suffering and plenteous in mercy; not unto the end will He be angered; neither unto

بِحَقِّكَ؟ هَلْ تُعْرِفُ فِي الظُّلْمَةِ عَجَائِبُكَ، وَعَدْلُكَ فِي أَرْضٍ مَنَسِيَّةٍ؟ وَأَنَا إِلَيْكَ، يَا رَبُّ، صَرَخْتُ فَتَبَلُّغُكَ فِي العِدَاةِ صَلَاتِي. لِمَاذَا، يَا رَبُّ، تُقْصِي نَفْسِي وَتَصْرِفُ وَجْهَكَ عَنِّي؟ فَقِيرٌ أَنَا، وَفِي الشَّقَاءِ مُنْذُ شَبَابِي، وَحِينَ ارْتَفَعْتُ انْتَضَعْتُ وَتَحَيَّرْتُ. عَلَيَّ جَازَ رِجْزُكَ، وَمُفْزِعَاتُكَ أَرْعَجْتَنِي. أَحَاطَتْ بِي كَالْمَاءِ، وَالنَّهَارَ كُلَّهُ اكْتَفَفْتَنِي مَعًا. أَبْعَدْتَ عَنِّي الصَّدِيقَ وَالقَرِيبَ وَمَعَارِفِي مِنَ الشَّقَاءِ.

يَا رَبُّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي اللَّيْلِ أَمَامَكَ، فَلْتَدْخُلْ قُدَامَكَ صَلَاتِي، أَمِنْ أَدْنَاكَ إِلَى طَلِبَتِي.

المزمور ١٠٢

بَارِكِي يَا نَفْسِي الرَّبَّ، وَيَا جَمِيعَ مَا فِي دَاخِلِي اسْمَهُ الْقُدُّوسِ. بَارِكِي يَا نَفْسِي الرَّبَّ، وَلَا تَنْسِي جَمِيعَ مُكَافَأَتِهِ. الَّذِي يَغْفِرُ جَمِيعَ آثَامِكَ، الَّذِي يَشْفِي جَمِيعَ أَمْرَاضِكَ، الَّذِي يُنَجِّي مِنَ الفَسَادِ حَيَاتِكَ، الَّذِي يُكَلِّلُكَ بِالرَّحْمَةِ وَالرَّأْفَةِ، الَّذِي يُشْبِعُ بِالخَيْرَاتِ شَهْوَاتِكَ، فَيَتَجَدَّدُ كَالنَّسْرِ شَبَابُكَ. الرَّبُّ صَانِعُ الرَّحْمَاتِ وَالقَضَاءِ لِجَمِيعِ المَظْلُومِينَ. عَرَفَ مُوسَى طُرُقَهُ، وَبَنِي إِسْرَائِيلَ مَشِيئَاتِهِ. الرَّبُّ رَحِيمٌ وَرَوْوْفٌ، طَوِيلُ الأَنَاةِ وَكَثِيرُ الرَّحْمَةِ، لَيْسَ إِلَى الإِنْقِضَاءِ يَسْخَطُ، وَلَا

eternity will He be wroth. Not according to our iniquities hath He dealt with us, neither according to our sins hath He rewarded us. For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him. As far as the east is from the west, so far hath He removed our iniquities from us. Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them that fear Him; for He knoweth whereof we are made, He hath remembered that we are dust. As for man, his days are as the grass; as a flower of the field, so shall he blossom forth. For when the wind is passed over it, then it shall be gone, and no longer will it know the place thereof. But the mercy of the Lord is from eternity, even unto eternity, upon them that fear Him. And His righteousness is upon sons of sons, upon them that keep His testament and remember His commandments to do them. The Lord in heaven hath prepared His throne, and His kingdom ruleth over all. Bless the Lord, all ye His angels, mighty in strength, that perform His word, to hear the voice of His words. Bless the Lord, all ye His hosts, His ministers that do His will. Bless the Lord, all ye His works, in every place of His dominion. Bless the Lord, O my soul.

In every place of His dominion, bless the Lord, O my soul.

PSALM 142

O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness. And enter not into judgment with Thy servant, for in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath

إِلَى الدَّهْرِ يَحْتَدِ. لَا عَلَى حَسَبِ آثَامِنَا صَنَعَ
مَعَنَا، وَلَا عَلَى حَسَبِ خَطَايَانَا جَازَانَا. لِأَنَّهُ
بِمِقْدَارِ ارْتِفَاعِ السَّمَاءِ عَنِ الْأَرْضِ، قَوَى الرَّبُّ
رَحْمَتَهُ عَلَى الَّذِينَ يَتَّقُونَهُ، وَبِمِقْدَارِ بُعْدِ الْمَشْرِقِ
مِنَ الْمَغْرِبِ أَبْعَدَ عَنَّا سَيِّئَاتِنَا. كَمَا يَتَرَأَّفُ الْأَبُ
بِالْبَنِينَ، يَتَرَأَّفُ الرَّبُّ بِخَائِفِيهِ، لِأَنَّهُ عَرَفَ جَبَلَتَنَا
وَذَكَرَ أَنَّنَا تُرَابٌ نَحْنُ. الْإِنْسَانُ كَالْعُشْبِ أَيَّامُهُ
وَكَزَهْرِ الْحَقْلِ كَذَلِكَ يُزْهِرُ، لِأَنَّهُ إِذَا هَبَّتْ فِيهِ
الرِّيحُ لَيْسَ يَثْبُتُ وَلَا يُعْرَفُ أَيْضًا مَوْضِعُهُ. أَمَّا
رَحْمَةُ الرَّبِّ فَهِيَ مُنْذُ الدَّهْرِ، وَإِلَى الدَّهْرِ عَلَى
الَّذِينَ يَتَّقُونَهُ، وَعَدْلُهُ عَلَى أَبْنَاءِ الْبَنِينَ الْحَافِظِينَ
عَهْدَهُ وَالذَّاكِرِينَ وَصَايَاهُ لِيَصْنَعُوهَا. الرَّبُّ هَيَّا
عَرْشَهُ فِي السَّمَاءِ، وَمَمْلَكَتُهُ تَسُودُ عَلَى الْجَمِيعِ.
بَارِكُوا الرَّبَّ يَا جَمِيعَ مَلَائِكَتِهِ، الْمُقْتَدِرِينَ بِقُوَّةٍ،
الْعَامِلِينَ بِكَلِمَتِهِ عِنْدَ سَمَاعِ صَوْتِ كَلَامِهِ.
بَارِكُوا الرَّبَّ يَا جَمِيعَ قُوَّاتِهِ، يَا خُدَّامَهُ الْعَامِلِينَ
إِرَادَتَهُ. بَارِكُوا الرَّبَّ يَا جَمِيعَ أَعْمَالِهِ، فِي كُلِّ
مَوْضِعِ سِيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ.

فِي كُلِّ مَوْضِعِ سِيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ.

المزمور ١٤٢

يَا رَبُّ اسْتَمِعْ صَلَاتِي، وَأَنْصِتْ بِحَقِّكَ إِلَيَّ
طَلِبَتِي. اسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي
الْمُحَاكَمَةِ مَعَ عَبْدِكَ، فَإِنَّهُ لَنْ يَتْرَكِيَ أَمَامَكَ أَيُّ
حَيٍّ. لِأَنَّ الْعَدُوَّ قَدْ اضْطَهَدَ نَفْسِي، وَأَدَلَّ إِلَيَّ

humbled my life down to the earth. He hath sat me in darkness as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days of old, I meditated on all Thy works, I pondered on the creations of Thy hands. I stretched forth my hands unto Thee; my soul thirsteth after Thee like a waterless land. Quickly hear me, O Lord; my spirit hath fainted away. Turn not Thy face away from me, lest I be like unto them that go down into the pit. Cause me to hear Thy mercy in the morning; for in Thee have I put my hope. Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul. Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. Thy good Spirit shall lead me in the land of uprightness; for Thy name's sake, O Lord, shalt Thou quicken me. In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies. And Thou shalt cut off all them that afflict my soul, for I am Thy servant.

Hearken unto me, O Lord, in Thy righteousness and enter not into judgment with Thy servant. *(Twice)*

Thy good Spirit shall lead me in the land of uprightness.

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia, Alleluia. Glory to Thee, O God. *(Thrice)*

O our God and our Hope, glory to Thee!

الأرضِ حَيَاتِي، وَأَجَلَسَنِي فِي الظُّلُمَاتِ مِثْلَ
المَوْتَى مُنْذُ الدَّهْرِ، فَضَجِرْتُ رُوحِي وَاضْطَرَبَ
قَلْبِي فِي دَاخِلِي. تَذَكَّرْتُ الأَيَّامَ القَدِيمَةَ. هَدَدْتُ
فِي كُلِّ أَعْمَالِكَ، وَتَأَمَّلْتُ فِي صَنَائِعِ يَدَيْكَ.
بَسَطْتُ يَدَيَّ إِلَيْكَ وَنَفْسِي لَكَ كَارِضٍ لَا تُمَطِّرُ.
أَسْرِعْ فَاسْتَجِبْ لِي يَا رَبُّ، فَقَدْ فَنَيْتُ رُوحِي. لَا
تَصْرِفْ وَجْهَكَ عَنِّي، فَأَشَابَهُ الهَابِطِينَ فِي
الجُبِّ. إِجْعَلْنِي فِي العِدَاةِ مُسْتَمِعًا رَحْمَتَكَ، فَإِنِّي
عَلَيْكَ تَوَكَّلْتُ. عَرَّفْنِي يَا رَبُّ الطَّرِيقَ الَّذِي
أَسْأَلُكَ فِيهِ، فَإِنِّي إِلَيْكَ رَفَعْتُ نَفْسِي. أَنْقِذْنِي مِنْ
أَعْدَائِي يَا رَبُّ، فَإِنِّي قَدْ لَجَأْتُ إِلَيْكَ. عَلَّمْنِي أَنْ
أَعْمَلَ مَرْضَاتِكَ، لِأَنَّكَ أَنْتَ إِلَهِي. رُوحَكَ
الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ. مِنْ أَجْلِ
اسْمِكَ، يَا رَبُّ، تُحْيِينِي. بَعْدَكَ تُخْرِجُ مِنَ
الحُزْنِ نَفْسِي، وَبِرَحْمَتِكَ تَسْتَأْصِلُ أَعْدَائِي،
وَتُهْلِكُ جَمِيعَ الَّذِينَ يُحْزِنُونَ نَفْسِي لِأَنِّي أَنَا
عَبْدُكَ.

إِسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي المُحَاكَمَةِ مَعِ
عَبْدِكَ. *(مَرَّتَيْنِ)*

رُوحَكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ.

المَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ القُدُسِ، الآنَ وَكُلَّ
أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.

هَلْلُوِيَا، هَلْلُوِيَا، هَلْلُوِيَا، المَجْدُ لَكَ يَا اللهُ.
(ثَلَاثًا)

يَا إِلَهَنَا وَرَجَاءَنَا المَجْدُ لَكَ.

THE GREAT LITANY

Priest: In peace, let us pray to the Lord.

Choir: Lord, have mercy. *(Use this response until noted below)*

Priest: For the peace from above and the salvation of our souls, let us pray to the Lord.

Priest: For the peace of the whole world, the good estate of the holy churches of God and the union of all, let us pray to the Lord.

Priest: For this holy house and those who with faith, reverence and fear of God enter therein, let us pray to the Lord.

Priest: For our father and metropolitan, N., (our bishop, N.,) the honorable presbytery, the diaconate in Christ, all the clergy and the people, let us pray to the Lord.

Priest: For our country, its president (or appropriate head of state), civil authorities and armed forces, let us pray to the Lord.

Priest: For this city and every city and countryside and the faithful who dwell therein, let us pray to the Lord.

Priest: For healthful seasons, abundance of the fruits of the earth and peaceful times, let us pray to the Lord.

Priest: For travelers by sea, by land and by air, the sick, the suffering, the captive, and for their salvation, let us pray to the Lord.

Priest: For our deliverance from all tribulation, wrath, danger and necessity, let us pray to the Lord.

الطَّلْبَةُ السَّلَامِيَّةُ الْكُبْرَى

الكاهن: بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.
الجوقة: يَا رَبُّ ارْحَمْنَا. (تُعَادُ بَعْدَ كُلِّ طَلْبَةٍ)

الكاهن: مِنْ أَجْلِ السَّلَامِ الَّذِي مِنَ الْعُلَى
وَحَلَاصِ نَفُوسِنَا، إِلَى الرَّبِّ نَطْلُبُ.

الكاهن: مِنْ أَجْلِ سَلَامِ كُلِّ الْعَالَمِ، وَحُسْنِ ثَبَاتِ
كِنَائِسِ اللَّهِ الْمُقَدَّسَةِ، وَاتِّحَادِ الْجَمِيعِ، إِلَى الرَّبِّ
نَطْلُبُ.

الكاهن: مِنْ أَجْلِ هَذَا الْبَيْتِ الْمُقَدَّسِ، وَالَّذِينَ
يَدْخُلُونَ إِلَيْهِ بِإِيمَانٍ وَوَرَعَ وَخَوْفِ اللَّهِ، إِلَى الرَّبِّ
نَطْلُبُ.

الكاهن: مِنْ أَجْلِ آبِينَا وَمِتْرُوبُولِيْتِنَا (فُلَانِ)
وَرَّئِيسِ كَهَنَتِنَا (فُلَانِ)، وَالْكَهَنَةِ الْمَكْرَمِينَ،
وَالشَّمَامِسَةِ، خُدَّامِ الْمَسِيحِ، وَجَمِيعِ الْإِكْلِيْرُوسِ
وَالشَّعْبِ، إِلَى الرَّبِّ نَطْلُبُ.

الكاهن: مِنْ أَجْلِ حُكَّامِ هَذَا الْبَلَدِ وَمُؤَارَرَتِهِمْ فِي
كُلِّ عَمَلٍ صَالِحٍ، إِلَى الرَّبِّ نَطْلُبُ.

الكاهن: مِنْ أَجْلِ هَذِهِ الْمَدِينَةِ، وَجَمِيعِ الْمُدُنِ
وَالْقُرَى، وَالْمُؤْمِنِينَ السَّاكِنِينَ فِيهَا، إِلَى الرَّبِّ
نَطْلُبُ.

الكاهن: مِنْ أَجْلِ اعْتِدَالِ الْأَهْوِيَةِ، وَخِصْبِ
ثَمَارِ الْأَرْضِ وَأَوْقَاتِ سَلَامِيَّةٍ، إِلَى الرَّبِّ
نَطْلُبُ.

الكاهن: مِنْ أَجْلِ الْمُسَافِرِينَ فِي الْبَحْرِ وَالْبَرِّ
وَالجَوِّ، وَالْمَرْضَى وَالْمُتَأَلِّمِينَ وَالْأَسْرَى،
وَحَلَاصِهِمْ، إِلَى الرَّبِّ نَطْلُبُ.

الكاهن: مِنْ أَجْلِ نَجَاتِنَا مِنْ كُلِّ ضَيْقٍ وَغَضَبٍ
وَخَطَرٍ وَشِدَّةٍ إِلَى الرَّبِّ نَطْلُبُ.

Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.

Choir: To Thee, O Lord.

Priest: For unto thee are due all glory, honor and worship, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.

Choir: Amen.

“GOD IS THE LORD” (IN TONE ONE)

Chanter: God is the Lord and hath appeared unto us. Blessed is He that cometh in the Name of the Lord. *(Repeat after verses)*

1. O give thanks unto the Lord, and call upon His holy Name.
2. All nations compassed me about, but in the Name of the Lord will I destroy them.
3. This is the Lord's doing; it is marvelous in our eyes.

RESURRECTIONAL APOLYTIKION (IN TONE ONE)

While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection, O Christ, glory to Thy kingdom, glory to Thy providence, O Thou Who alone art the lover of mankind.

الكاهن: أَعُذْ وَخَلِّصْ وَارْحَمْ واحْفَظْنَا يَا اللهُ
بِنِعْمَتِكَ.

الكاهن: بَعْدَ ذِكْرِنَا الكَلِيَّةَ القَدَّاسَةَ الطَّاهِرَةَ
الفَائِقَةَ البَرَكَاتِ المَجِيدَةِ، سَيِّدَتْنَا وَالِدَةَ الإِلهِ
الدَّائِمَةَ البَثُولِيَّةِ مَرِيْمَ، مَعَ جَمِيعِ القَدِّيْسِيْنَ،
لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا
لِلْمَسِيحِ الإِلهِ.

الجوقة: لَكَ يَا رَبِّ.

الكاهن: لِأَنَّهُ يَنْبَغِي لَكَ كُلُّ تَمَجِيدٍ وَإِكْرَامٍ
وَسُجُودٍ، أَيُّهَا الأبُ وَالإِبْنُ وَالرُّوحُ القُدُّوسُ، الْآنَ
وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِيْنَ.

الجوقة: آمِينَ.

"اللهُ الرَّبُّ" (بِالْحَنِ الأَوَّلِ)

المُرْتِّل: اللهُ الرَّبُّ ظَهَرَ لَنَا، مُبَارَكٌ الأَتِي بِاسْمِ
الرَّبِّ. (تَعَاد بَعْدَ الإِسْتِيخُونَاتِ)

١. إِعْتَرِفُوا لِلرَّبِّ وادْعُوا بِاسْمِهِ القُدُّوسِ.

٢. كُلُّ الأُمَّمِ أَحَاطُوا بِي وَبِاسْمِ الرَّبِّ قَهَرْتُهُمْ.

٣. مِنْ قَبْلِ الرَّبِّ كَانَتْ هَذِهِ وَهِيَ عَجِيْبَةٌ فِي
أَعْيُنِنَا.

أَبُولِيْتِيكِيون القِيَامَةِ (بِالْحَنِ الأَوَّلِ)

إِنَّ الحَجَرَ لَمَّا خُتِمَ مِنَ اليَهُودِ، وَجَسَدَكَ الطَّاهِرَ
حَفِظَ مِنَ الجُنْدِ، فُمِتَ فِي اليَوْمِ الثَّالِثِ أَيُّهَا
المُخَلِّصُ، مَانِحاً العَالَمَ الحَيَاةَ. لِذَلِكَ قَوَّاتُ
السَّمَاوَاتِ، هَتَفُوا إِلَيْكَ يَا وَهَبَ الحَيَاةَ: المَجْدُ
لِقِيَامَتِكَ أَيُّهَا المَسِيحُ، المَجْدُ لِمُلْكِكَ، المَجْدُ
لِتَدْبِيرِكَ، يَا مُحِبَّ البَشَرِ وَحَدَّكَ.

**APOLYTIKION OF THE FIRST
SUNDAY OF GREAT LENT
(IN TONE TWO)**

Glory to the Father, and to the Son, and to the Holy Spirit.

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by Thine own will Thou didst ascend the Cross in Thy body, to save Thy creatures from the bondage of the enemy. Wherefore, with thankfulness we cry aloud to thee: Thou hast verily filled all with joy, since Thou didst come, O our Savior, to save the world.

**RESURRECTIONAL THEOTOKION
(IN TONE TWO)**

*Both now and ever and unto ages of ages.
Amen.*

Exceeding glorious beyond the power of thought are thy mysteries, O Theotokos. For being sealed in purity and preserved in virginity, thou wast acknowledged to be in very truth the mother who didst bring forth the true God; wherefore entreat Him to save our souls.

THE LITTLE LITANY

Priest: Again and again, in peace, let us pray to the Lord.

Choir: Lord, have mercy.

Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

Choir: Lord, have mercy.

Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.

**طَرُوبَارِيَّةُ الْأَحَدِ الْأَوَّلِ مِنَ الصَّوْمِ
(بِالْحَنِ الثَّانِي)**

المجدُ للآبِ وَالابْنِ وَالرُّوحِ الْقُدْسِ.

لِصُورَتِكَ الطَّاهِرَةِ نَسْجُدُ أَيُّهَا الصَّالِحُ، طَالِبِينَ
غُفْرَانَ الْخَطَايَا أَيُّهَا الْمَسِيحُ الْهَنَّا، لِأَنَّكَ قَبِلْتَ
أَنْ تَرْتَفِعَ بِالْجَسَدِ عَلَى الصَّلِيبِ طَوْعاً، لِتُنَجِّيَ
الَّذِينَ خَلَقْتَ مِنْ عُبُودِيَّةِ الْعَدُوِّ. لِذَلِكَ نَهْتَفُ
إِلَيْكَ بِشُكْرِ: لَقَدْ مَلَأْتَ الْكُلَّ فَرِحاً يَا مُخْلِصَنَا،
إِذْ أَتَيْتَ لِتُخَلِّصَ الْعَالَمَ.

وَالِدِيَّةُ الْقِيَامَةِ

(بِالْحَنِ الثَّانِي)

الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.

أَسْرَارِكَ كُلِّهَا يَا وَالِدَةَ الْإِلَهِ تَفُوقُ كُلَّ عَقْلِ
وَتَسْمُو عَلَى كُلِّ مَجْدٍ. لِأَنَّكَ وَأَنْتِ مَخْتَوْمَةٌ
الطَّاهِرَةِ، وَمَصُونَةٌ الْبَتُولِيَّةِ، عُرِفْتَ أُمًّا بغيرِ
رَيْبٍ، وَوُلِدْتَ الْإِلَهَ الْحَقِيقِيَّ، فَالِيهِ انْبَهَلِي أَنْ
يُخَلِّصَ نَفُوسَنَا.

الطَّلِبَةُ السَّلَامِيَّةُ الصُّغْرَى

الكاهن: أيضاً وأيضاً بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.

الجوق: يَا رَبُّ ارْحَمْنَا.

الكاهن: أَعْضُدْ وَخَلِّصْ وَارْحَمْنَا وَاحْفَظْنَا يَا اللَّهُ
بِنِعْمَتِكَ.

الجوق: يَا رَبُّ ارْحَمْنَا.

الكاهن: بَعْدَ ذِكْرِنَا الْكَلِيَّةِ الْقَدَّاسَةِ، الطَّاهِرَةِ،
الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ
الدَّائِمَةَ الْبَتُولِيَّةِ مَرِيَمَ مَعَ جَمِيعِ الْقَدِيسِينَ، لِنُودِعَ
أَنْفُسَنَا وَبَعْضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.

Choir: To Thee, O Lord.

Priest: For Thine is the might, and Thine is the kingdom, and the power and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.

Choir: Amen.

**(FIRST TONE) RESURRECTIONAL
KATHISMATA (Plain Reading)**

First Kathisma

The soldiers who kept watch over Thy grave, O Savior, became as dead from the shining of the appearing angel who told the good tidings of the Resurrection to the women. Thee, therefore, do we glorify, O Remover of corruption, and to Thee do we bow, O Thou Who didst rise from the grave, O Thou, our only Lord.

Glory to the Father, and to the Son, and to the Holy Spirit.

Thou was nailed upon the cross willingly, O merciful One; and Thou wast placed in a grave like one who is dead, O Giver of Life, trampling the pride of death, O mighty One; for because of Thee the gatekeepers of Hades did tremble; and Thou didst raise the dead with Thee from eternity; for Thou alone art the Lover of mankind.

**(Theotokion of the Resurrectional
Apolytikion)**

*Both now and ever, and unto ages of ages.
Amen.*

As Gabriel cried unto thee, "Hail, O Virgin," with that cry did the Lord of all become incarnate in thee, O holy ark, as spake the righteous David; and Thou wast revealed as more spacious than the heavens, in that thou bore thy Creator. Wherefore, glory to Him Who abode in thee; glory to Him Who came from thee; glory to Him, Who through thy birth-giving hath set us free.

الجوق: لك يا رب.

الكاهن: لأن لك العزة ولك الملك والقوة والمجد أيها الأب والإبن والروح القدس، الآن وكل أوان وإلى دهر الداهرين.

الجوق: آمين.

**كاثيسماتات القيامة (باللحن الأول) (قراءة)
الكاثيسما الأولى**

أيها المخاض، إنَّ الجند الحافظي قبرك قد صاروا كالأموات من برق الملاك الظاهر، المُبشِّرِ النسوة بالقيامة. فإياك نُمجِّدُ أيُّها المزيُّ الفسَاد، ولك نَجثو أيُّها النَّاهِضُ مِنَ القَبْرِ، يا إلهنا وحدك.

المجد للأب والإبن والروح القدس.

قد سُمرت على الصليب طوعاً يا رؤوف، ووَضعت في قبرٍ كَمائتٍ يا مُعطي الحياة. فَسَحقت بموتك عِزة الموت أيُّها القوي، لأنَّ منك ارتعد بوابو الجحيم، وأقمت معك الموتى منذ الدهر، بما أنك وحدك مُحِبُّ البشر.

(والديّة للقيامة)

الآن وكل أوان وإلى دهر الداهرين. آمين.

إنَّ جبرائيل لما تقوّه نحوك أيُّها العذراء بالسلام، فَمَعَ الصوتِ تجسّد سيّد الكلِّ فيك، أيُّها السفينة المقدّسة، كما قال داود الصديق. وظَهرت أرحب من السماوات حاملة خالقك. فالْمجدُ للذي حلَّ فيك، المجدُ للذي أتى منك، المجدُ للذي أعتقنا بولادته منك.

Second Kathisma

Verily the women did proceed to the grave early, where they beheld an angelic scene, and did tremble. And when the grave shone forth with life they were struck with astonishment. Wherefore, they returned to the disciples and did preach the Resurrection, saying, Verily, Christ hath invaded Hades; for He alone is the powerful and mighty One; and He raised with Him all those who were corrupt, and with the power of His Cross He removed the fear of condemnation.

Glory to the Father, and to the Son, and to the Holy Spirit.

Thou wast verily nailed upon the Cross, O Life of all; and wast numbered among the dead, O deathless Lord. Thou didst rise after three days, O Savior, and didst raise Adam from corruption. Wherefore, the heavenly powers shouted to Thee, O giver of life; Glory to Thy passion, O Christ, Glory to Thy resurrection, Glory to Thy condescension, O Thou alone the Lover of mankind.

Both now and ever, and unto ages of ages. Amen.

O Mary, the reverend abode of the Lord, lift us who have fallen in the abyss of evil despair, trespasses and sorrows; for thou didst give salvation to sinners. Thou art a helper and a strong intercessor, and dost save thy servants.

الكاشِما الثانية

إِنَّ النِّسْوَةَ وَافَيْنَ القَبْرَ مُبْتَكِرَاتٍ، فَرَأَيْنَ مَنْظَرًا
مَلَائِكِيًّا، فَارْتَعَدْنَ. وَإِذْ أَشْرَقَ القَبْرُ حَيَاةً،
أَنْدَهَشْنَ مِنَ العَجَبِ. لِأَجْلِ هَذَا حَاضِرْنَ إِلَى
التَّلَامِيذِ، وَبَشَّرْنَ بِالقِيَامَةِ قَائِلَاتٍ: إِنَّ المَسِيحَ
قَدْ سَبَى الجَحِيمَ لِأَنَّهُ القَوِيُّ العَزِيزُ وَحَدَهُ، وَأَقَامَ
مَعَهُ جَمِيعَ البَالِينِ، وَحَلَّ خَوْفَ الدَّيْنُونَةِ بِقُوَّةِ
صَلِيبِهِ.

المَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ القُدُسِ.

قَدْ سُمِّرْتَ عَلَى الصَّلِيبِ يَا حَيَاةَ الكُلِّ، وَحُسِبْتَ
مَعَ الأَمْوَاتِ أَيُّهَا الرَّبُّ الفَاقِدُ المَوْتَ، وَقُمْتَ بَعْدَ
ثَلَاثَةِ أَيَّامٍ يَا مُخَلِّصُ، وَأَنْهَضْتَ آدَمَ مِنَ الفَسَادِ.
لذَلِكَ هَتَفَتِ القُوَّاتُ السَّمَاوِيَّةُ إِلَيْكَ يَا مُعْطِي
الحَيَاةِ: المَجْدُ لِأَلَمِكَ أَيُّهَا المَسِيحُ، المَجْدُ
لِقِيَامَتِكَ، المَجْدُ لِتَنَارُكَ يَا مُحِبَّ البَشَرِ وَحَدَكَ.

الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ. آمِينَ.

يَا مَرْيَمَ المَسْكُنُ المَوْقُرُ للسَّيِّدِ، أَنْهَضِينَا نَحْنُ
السَّاقِطِينَ فِي عُمُقِ اليَأْسِ الرَّدِيِّ وَالزَّلَّاتِ
وَالأَحْزَانِ، لِأَنَّكَ قَدْ صِرْتِ خَلَاصًا لِلخُطَاةِ،
وَمُعِينَةً، وَشَفِيعَةً قَوِيَّةً، وَتُخَلِّصِينَ عِبِيدَكَ.

**EVLOGETARIA (BENEDICTIONS)
(IN TONE FIVE)**

Blessed art Thou, O Lord; teach me Thy statutes.

The company of the Angels was amazed when they beheld Thee numbered among the dead. Yet Thyself, O Savior, destroying the power of death, with Thee raising up Adam and releasing all men from hell.

Blessed art Thou, O Lord; teach me Thy statutes.

Wherefore, O Women Disciples, do ye mingle sweet-smelling spices with your tears of pity? The radiant Angel within the sepulcher cried unto the Myrrh-bearing Women: Behold the grave, and understand, for the Savior is risen from the tomb.

Blessed art Thou, O Lord; teach me Thy statutes.

Very early in the morning, did the Myrrh-bearing Women run lamenting unto Thy tomb. But an Angel came toward them, saying: The time for lamentation is passed; weep not, but announce unto the Apostles the Resurrection.

Blessed art Thou, O Lord; teach me Thy statutes.

The Myrrh-bearing Women mourned, as bearing spices they drew near Thy tomb, O Savior. But the Angel spake unto them, saying: Why number ye the living among the dead? In that He is God He is risen from the grave.

**إفلوجيطاريات
(باللحن الخامس)**

مُبَارِكُ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ.

جَمْعُ الْمَلَائِكَةِ انْذَهَلَ مُتَحَيِّرًا، عِنْدَ مُشَاهَدَتِهِمْ
إِيَّاكَ مَحْسُوبًا بَيْنَ الْأَمْوَاتِ أَيُّهَا الْمُخْلِصُ،
وَدَاحِضًا قُوَّةَ الْمَوْتِ، وَمُنْهَضًا آدَمَ مَعَكَ،
وَمُعْتِقًا إِيَّانَا مِنَ الْجَحِيمِ كَافَةً.

مُبَارِكُ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ.

الْمَلَائِكُ اللَّامِعُ عِنْدَ الْقَبْرِ تَفَوَّهَ نَحْوَ حَامِلَاتِ
الطِّيبِ قَائِلًا: لِمَ تَمْرُجْنَ الطُّيُوبَ بِالذَّمُوعِ، بِنَرْتِ
يَا تَلْمِيزَاتِ؟ أَنْظُرْنَ اللَّحْدَ وَأَفْرَحْنَ، لِأَنَّ
الْمُخْلِصَ قَدْ قَامَ مِنَ الْقَبْرِ.

مُبَارِكُ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ.

إِنَّ حَامِلَاتِ الطِّيبِ سَحَرًا جِدًّا، سَارَعْنَ إِلَى
قَبْرِكَ نَائِحَاتٍ. إِلَّا أَنَّ الْمَلَائِكَةَ وَقَفَ بِهِنَّ، وَقَالَ
لَهُنَّ: زَمَانُ النَّوْحِ قَدْ كَفَّ وَبَطَلَ فَلَا تَبْكِينَ، بَلْ
بَشِّرْنَ الرُّسُلَ بِالْقِيَامَةِ.

مُبَارِكُ أَنْتَ يَا رَبُّ عَلِّمْنِي حُقُوقَكَ.

إِنَّ النِّسْوَةَ حَامِلَاتِ الطِّيبِ، وَافَيْنَ بِالْحَنُوطِ إِلَى
قَبْرِكَ أَيُّهَا الْمُخْلِصُ. فَسَمِعْنَ مَلَكَاً مُتَنَغِّمًا
نَحْوَهُنَّ قَائِلًا: لِمَ تَحْسِبْنَ الْحَيَّ مَعَ الْمَوْتَى؟
فَبِمَا أَنَّهُ إِلَهُ، قَدْ قَامَ مِنَ الْقَبْرِ نَاهِضًا.

Glory to the Father, and to the Son, and to the Holy Spirit.

We adore the Father, as also His Son, and the Holy Spirit, the Holy Trinity in one Essence, crying with the Seraphim: Holy, holy, holy art Thou, O Lord.

Both now and ever, and unto ages of ages. Amen.

In that thou didst bear the Giver of Life, O Virgin, thou didst redeem Adam from sin, and didst give to Eve joy in place of sadness; and He who was incarnate of thee, both God and man, hath restored to life those who had fallen therefrom.

Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (*Thrice*)

O our God and our Hope, glory to Thee.

THE LITTLE LITANY

Priest: Again and again, in peace, let us pray to the Lord.

Choir: Lord, have mercy.

Priest: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

Choir: Lord, have mercy.

Priest: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.

المَجْدُ لِلآبِ، وَالابْنِ، وَالرَّوْحِ الْقُدُسِ.

نَسْجُدُ لِلآبِ، وَلابْنِهِ، وَلِرُوحِ قُدْسِهِ، ثالوثاً قُدوساً
في جَوْهَرٍ واحِدٍ، هاتِفِينَ مَعَ السَّارَافِيمِ: قُدوسٌ،
قُدوسٌ، قُدوسٌ أَنْتَ يَا رَبِّ.

الآنَ وَكُلَّ أوانٍ وَالِي دَهْرِ الداهِرِينَ. آمين.

أَيُّهَا العَذْرَاءُ، لَقَدْ وُلِدْتَ مُعْطِي الحَيَاةِ، وَأَنْقَذْتَ
آدَمَ مِنَ الخَطِيئَةِ، وَمَنْحْتَ حَوَاءَ الفَرْحِ عِوَضَ
الحُزْنِ، لَكِنَّ الإِلهَ وَالإنْسَانَ المُتَجَسِّدَ مِنْكَ،
أرْشَدَهُمَا إلى الحَيَاةِ التي قَدْ تَهَوَّرَا مِنْهَا.

هَلِّلُويَا، هَلِّلُويَا، هَلِّلُويَا المَجْدُ لَكَ يَا اللهُ.
(ثلاثاً)

يا إِلَهنا وَرِجاءنا لَكَ المَجْد.

الطَّلِبَةُ السَّلَامِيَّةُ الصُّغْرَى

الكاهن: أَيضاً وَأَيضاً بِسَلَامٍ إلى الرَّبِّ نَطْلُبُ.

الجوق: يا رَبُّ ارْحَم.

الكاهن: أَعْضُدْ وَخَلِّصْ وَارْحَمْ واحْفَظْنا يا اللهُ
بِنِعْمَتِكَ.

الجوق: يا رَبُّ ارْحَم.

الكاهن: بَعْدَ ذِكْرنا الكَلِيَّةِ القَداسَةِ، الطاهِرَةِ،
الفائِقَةِ البَرَكاتِ المَجيدةِ، سَيِّدَتنا وَالِدَةَ الإِلهِ
الدائِمَةَ البَتولِيَّةِ مَرِيَمَ مَعَ جَميعِ القَدِيسينَ، لِنودِعُ
أَنْفُسنا وَبَعْضُنا بَعْضاً وَكُلَّ حَياتِنا لِلْمَسِيحِ الإِلهِ.

Choir: To Thee, O Lord.

Priest: For blessed is Thy Name, and glorified is Thy kingdom: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.

Choir: Amen.

**(FIRST TONE) RESURRECTIONAL
HYPAKOE (Plain Reading)**

The repentance of the thief gained him paradise by stealth, and the sighing of the ointment-bearing women proclaimed the glad tidings that Thou wast risen, O Christ, and hadst bestowed upon the world Thy Great Mercy.

**(FIRST TONE) RESURRECTIONAL
ANABATHMOI (Plain Reading)**

First Antiphony

- + O Lord, to Thee in my sorrows do I cry.
Hear Thou my cry of pain.
- + Verily, the divine desire shall be without delay upon the people of the wilderness; for that they have come out of the vain world.
- + *Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.*
- + Verily, glory and honor become the Holy Spirit, as they become the Father and the Son. Wherefore, do we praise the Triune, One in might.

الجوق: لك يا رب.

الكاهن: لأنَّ اسمَكَ مُبارَكٌ ومُملَكٌ مُمَجَّدٌ أيُّها الأبُ والإبْنُ والروحُ القُدُسُ، الآنَ وكلَّ أوانٍ وإلى دهرِ الداهرين.

الجوق: آمين.

**إيباكوي القيامة
(باللحن الأول) (قراءة)**

تَوْبَةُ اللَّصِّ قَدْ اخْتَلَسَتْ الْفِرْدَوْسَ، وَنَوْحُ حَامِلَاتِ الطَّيِّبِ بَشَّرَ بِالْفَرَحِ بِأَنَّكَ قُمْتَ أَيُّهَا الْمَسِيحُ الْإِلَهُ، مَانِحاً الْعَالَمَ الرَّحْمَةَ الْعُظْمَى.

**أناثميات القيامة
(باللحن الأول) (قراءة)
الأنثيفونا الأولى**

- + أَيُّهَا الرَّبُّ، إِلَيْكَ أَهْتَفُ فِي حُزْنِي، فَاسْتَمِعْ تَوَجُّعِي.
- + إِنَّ الشَّوْقَ الْإِلَهِيَّ يُصِيبُ أَهْلَ الْبَرَارِيِّ بِلَا فُتُورٍ، لِاعْتِزَالِهِمْ عَنِ الْعَالَمِ الْبَاطِلِ.
- + الْمَجْدُ لِلْأَبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ، الآنَ وَكُلَّ أوانٍ وِإِلَى دَهْرِ الدَاهِرِينَ. آمين.
- + إِنَّ الْمَجْدَ وَالْإِكْرَامَ يَلِيقَانِ بِالرُّوحِ الْقُدُسِ، كَمَا يَلِيقَانِ بِالْأَبِ وَالْإِبْنِ. لِأَجْلِ هَذَا نُسَبِّحُ الثَّالِوثَ ذَا الْعِزَّةِ الْوَاحِدَةَ.

Second Antiphony

- + O God, since Thou hast raised me to the hills of Thy laws, shed brightly Thy light of virtue upon me, that I may praise Thee.
- + O Word, hold me fast with Thy right hand; keep me and preserve me, lest the fire of sin consume me.
- + *Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.*
- + Verily, all creation together is regenerated by the Holy Spirit, and returns to its former being: for He is co-omnipotent with the Father and the Word.

Third Antiphony

- + My soul did rejoice with those who say: Let us go into the courts of the Lord. My heart was exceedingly glad.
- + Great fear shall be in the house of David, where the seats shall be set, and all tribes and tongues of the earth shall be judged.
- + *Glory to the Father, and to the Son, and to the Holy Spirit: both now and ever, and unto ages of ages. Amen.*
- + Verily, it is meet to offer glory, might and power to the Holy Spirit as to the Father and the Son; for the Trinity is one in Substance, not in Person.

الأنتيفونا الثانية

- + اللَّهُمَّ إِذْ رَفَعْتَنِي إِلَى جِبَالِ نَوَامِيصِكَ، فَأَنْزِرْنِي بِالْفَضَائِلِ لَامِعاً لِكَيْ أُسَبِّحَكَ.
- + أَيُّهَا الْكَلِمَةُ اضْبُطْنِي بِيَدِكَ الْيُمْنَى، وَاخْفَظْنِي وَصْنِي لئَلَّا تُحْرِقَنِي نَارُ الْخَطِيئَةِ.
- + الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَ إِلَى دَهْرِ الدَاهِرِينَ. آمِينَ.
- + إِنَّ الْخَلِيقَةَ تَتَجَدَّدُ كُلُّهَا بِالرُّوحِ الْقُدُسِ، وَتَرْجِعُ إِلَى كِيَانِهَا الْأَوَّلِ، لِأَنَّهُ مُسَاوٍ فِي الْقُدْرَةِ لِلآبِ وَالْكَلِمَةِ.

الأنتيفونا الثالثة

- + قَدْ ابْتَهَجَتْ رُوحِي بِالْقَائِلِينَ لِي لِنَسْعَ إِلَى دِيَارِ الرَّبِّ، وَفَرِحَ قَلْبِي جِداً.
- + خَوْفٌ عَظِيمٌ يَصِيرُ فِي بَيْتِ دَاوُدَ، حَيْثُ هُنَاكَ تُوَضَعُ الْكُرَاسِي وَتُحَاكَمُ كُلُّ قَبَائِلِ الْأَرْضِ وَالسَّنْتِهَا.
- + الْمَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ أَوَانٍ وَ إِلَى دَهْرِ الدَاهِرِينَ. آمِينَ.
- + إِنَّ تَقْدِيمَ الْمَجْدِ وَالْعِزَّةِ وَالْإِكْرَامِ وَالسُّجُودِ وَاجِبٌ لِلرُّوحِ الْقُدُسِ كَمَا يَجِبُ لِلآبِ وَالابْنِ، لِأَنَّ الثَّلَاوِثَ مُوَحَّدَةٌ فِي الطَّبِيعَةِ لَا فِي الْوُجُوهِ.

**PROKEIMENON FOR THE
RESURRECTION (IN TONE ONE)**

Now will I arise, saith the Lord; I will set
Myself for salvation; I will make no tarrying
therein. *(Twice)*

Stichos: The words of the Lord are pure
words.

Now will I arise, saith the Lord; I will set
Myself for salvation; I will make no tarrying
therein.

Deacon: Let us pray to the Lord.

Choir: Lord, have mercy.

Priest: For Holy art Thou, O our God, Who
retest in the Holy Place, and unto Thee do
we ascribe glory: to the Father, and to the
Son, and to the Holy Spirit; now and ever,
and unto ages of ages.

Chanter: Amen.

Let everything that hath breath praise the
Lord. *(Twice)*

*Praise ye God in His saints; praise Him in
the firm foundation of His power.*

Let everything that hath breath praise the
Lord.

THE NINTH EOTHINON GOSPEL

Deacon: And that we may be accounted
worthy to hear the Holy Gospel, let us
beseech the Lord our God.

Choir: Lord, have mercy. *(Thrice)*

**بروكيمن للقيامة
(باللحن الأول)**

الآن أقوم يقول الرب، أتحرى الخلاص وأتجلى
به. *(مرتين)*

ستيخن: كلام الرب كلام نقي.

الآن أقوم يقول الرب، أتحرى الخلاص وأتجلى
به.

الشماس: إلى الرب نطلب.

المرتل: يا رب ارحم.

الكاهن: لأنك قدوس أنت يا إلهنا، وفي
القديسين تستقر وتستريح، ولك نرسل المجد
أيها الأب، والابن، والروح القدس، الآن وكل
أوان وإلى دهر الدهرين.

المرتل: أمين.

كل نسمة، فلنسبح الرب. *(مرتين)*

سبحوا الله في قديسيه، سبحوه في فلك قوته.

فلنسبح الرب، كل نسمة.

إنجيل الإيوثينا التاسعة

الشماس: من أجل أن نكون مستحقين لسمع
الإنجيل المقدس، إلى الرب إلهنا نطلب.

المرتل: يا رب ارحم. *(ثلاثاً)*

Deacon: Wisdom! Stand upright! Let us hear the Holy Gospel.

Priest: Peace be to all.

Choir: And to thy spirit.

Priest: The Reading from the Holy Gospel according to Saint **John**. (20:19-31)

Choir: Glory to Thee, O Lord, glory to Thee.

Deacon: Let us attend!

Priest: On the evening of that day, the first day of the week, the doors being shut where the disciples were, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be to you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be to you. As the Father has sent me, even so I send you." And when He had said this, He breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe." Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood

الشماس: الْحِكْمَةُ، فَلْنَسْتَقِمْ وَلْنَسْمَعْ الْإِنْجِيلَ الْمُقَدَّسَ.

الكاهن: السَّلَامُ لِجَمِيعِكُمْ.

المرتل: وَلِرُوحِكَ.

الكاهن: فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ يُوْحَنَّا الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّلْمِيزِ الطَّاهِرِ.

المرتل: الْمَجْدُ لَكَ يَا رَبُّ، الْمَجْدُ لَكَ.

الشماس: لِنُصْغِ!

الكاهن: لَمَّا كَانَتْ عَشِيَّةَ ذَلِكَ الْيَوْمِ، وَهُوَ أَوَّلُ الْأُسْبُوعِ وَالْأَبْوَابُ مُغْلَقَةٌ حَيْثُ كَانَ التَّلَامِيزُ مُجْتَمِعِينَ خَوْفًا مِنَ الْيَهُودِ، جَاءَ يَسُوعُ وَوَقَّفَ فِي الْوَسْطِ وَقَالَ لَهُمْ: "السَّلَامُ لَكُمْ". فَلَمَّا قَالَ هَذَا أَرَاهُمْ يَدَيْهِ وَجَنْبَهُ، فَفَرِحَ التَّلَامِيزُ حِينَ أَبْصَرُوا الرَّبَّ. وَقَالَ لَهُمْ ثَانِيَةً: "السَّلَامُ لَكُمْ، كَمَا أَرْسَلَنِي الْآبُ كَذَلِكَ أَنَا أُرْسِلُكُمْ". وَلَمَّا قَالَ هَذَا نَفَخَ فِيهِمْ وَقَالَ لَهُمْ: "خُذُوا الرُّوحَ الْقُدَّسَ. مَنْ غَفَرْتُمْ خَطَايَاهُمْ تُغْفَرْ لَهُمْ وَمَنْ أَمْسَكْتُمْ خَطَايَاهُمْ أَمْسَكْتُ". أَمَّا تُومَا أَحَدُ الْإِثْنَيْ عَشَرَ الَّذِي يُقَالُ لَهُ التَّوَامُ فَلَمْ يَكُنْ مَعَهُمْ حِينَ جَاءَ يَسُوعُ، فَقَالَ لَهُ التَّلَامِيزُ الْآخَرُونَ "إِنَّا قَدْ رَأَيْنَا الرَّبَّ"، فَقَالَ لَهُمْ: "إِنْ لَمْ أَعَيْنُ أَثَرَ الْمَسَامِيرِ فِي يَدَيْهِ، وَأَضَعُ إِصْبَعِي فِي أَثَرِ الْمَسَامِيرِ، وَأَضَعُ يَدِي فِي جَنْبِهِ لَا أُوْمِنُ". وَبَعْدَ ثَمَانِيَةِ أَيَّامٍ كَانَ تَلَامِيزُهُ أَيْضًا دَاخِلًا وَتُومَا مَعَهُمْ، فَآتَى يَسُوعُ وَالْأَبْوَابُ مُغْلَقَةٌ وَوَقَّفَ فِي الْوَسْطِ

among them, and said, "Peace be to you." Then He said to Thomas, "Put your finger here, and see My hands; and put out your hand, and place it in My side; do not be faithless, but believing." Thomas answered Him, "My Lord and my God!" Jesus said to him, "Thomas, you have believed because you have seen Me. Blessed are those who have not seen and yet believe." Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His Name.

Choir: Glory to Thee, O Lord, glory to Thee.

Reader: In that we have beheld the resurrection of Christ, let us worship the holy Lord Jesus, the only sinless One. Thy cross do we adore, O Christ, and Thy holy resurrection we praise and glorify; for Thou art our God, and we know none other beside Thee; we call upon Thy name. O come, all ye faithful, let us adore Christ's holy resurrection. For lo, through the cross is joy come into all the world. Ever blessing the Lord, let us sing His resurrection, for in that He endured the cross for us, He hath destroyed death by death.

PSALM 50

Have mercy on me, O God, according to Thy Great Mercy; and according to the multitude of Thy compassions blot out my transgression.

Wash me thoroughly from mine iniquity, and cleanse me from my sin.

وَقَالَ لَهُمْ: "السَّلَامُ لَكُمْ"، ثُمَّ قَالَ لِتُومَا: "هَاتِ
إِصْبَعَكَ إِلَى هَهُنَا وَعَايِنِ يَدَيَّ، وَهَاتِ يَدَكَ
وَضَعْهَا فِي جَنْبِي، وَلَا تَكُنْ غَيْرَ مُؤْمِنٍ بَلْ
مُؤْمِنًا". أَجَابَ تُومَا وَقَالَ لَهُ: "رَبِّي وَإِلَهِي". قَالَ
لَهُ يَسُوعُ: "لَأَنَّكَ رَأَيْتَنِي يَا تُومَا أَمَنْتَ؟ طُوبَى
لِلَّذِينَ لَمْ يَرَوْا وَآمَنُوا". وَأَيَاتٍ أُخَرَ كَثِيرَةً صَنَعَ
يَسُوعُ أَمَامَ تَلَامِيذِهِ لَمْ تُكْتَبْ فِي هَذَا الْكِتَابِ.
وَأَمَّا هَذِهِ، فَقَدْ كُتِبَتْ لِتُؤْمِنُوا بِأَنَّ يَسُوعَ هُوَ
الْمَسِيحُ ابْنُ اللَّهِ، وَلِكَيْ تَكُونَ لَكُمْ، إِذَا آمَنْتُمْ،
حَيَاةً بِاسْمِهِ.

المرتل: المَجْدُ لَكَ يَا رَبُّ المَجْدُ لَكَ.

القارىء: إِذْ قَدْ رَأَيْنَا قِيَامَةَ الْمَسِيحِ، فَلْنَسْجُدْ
لِلرَّبِّ الْقُدُّوسِ، يَسُوعَ الْمَعْصُومِ مِنَ الْخَطَا
وَحْدَهُ. لِصَلِيبِكَ أَيُّهَا الْمَسِيحُ نَسْجُدُ وَلِقِيَامَتِكَ
الْمُقَدَّسَةِ نُسَبِّحُ وَنُحَمِّدُ، لِأَنَّكَ أَنْتَ هُوَ الْهُنَا
وَأَخَرِ سِوَاكَ لَا نَعْرِفُ وَبِاسْمِكَ نُسَمِّي. هَلُمَّ يَا
مَعَشَرَ الْمُؤْمِنِينَ نَسْجُدْ لِقِيَامَةِ الْمَسِيحِ الْمُقَدَّسَةِ،
لَأَنَّ هَذَا بِالصَّلِيبِ قَدْ أَتَى الْفَرْحُ لِكُلِّ الْعَالَمِ.
لِنُبَارِكِ الرَّبَّ فِي كُلِّ حِينٍ وَنُسَبِّحُ قِيَامَتَهُ، لِأَنَّهُ
إِذْ احْتَمَلَ الصَّلْبَ مِنْ أَجْلِنَا، الْمَوْتَ بِالْمَوْتِ
حَطَّم.

المزمور ٥٠

ارْحَمْنِي يَا اللَّهُ بِعَظِيمِ رَحْمَتِكَ، وَكَمِثْلِ كَثْرَةِ
رَأْفَتِكَ امْحُ مَاثِمِي.

اغْسِلْنِي كَثِيرًا مِنْ إِثْمِي، وَمِنْ خَطِيئَتِي طَهِّرْنِي.

For I know mine iniquity, and my sin is ever before me.

Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged.

For behold, I was conceived in iniquities, and in sins did my mother bear me.

For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me.

Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow.

Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice.

Turn Thy face away from my sins, and blot out all mine iniquities.

Create in me a clean heart, O God, and renew a right spirit within me.

Cast me not away from Thy presence, and take not Thy Holy Spirit from me.

Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me.

I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee.

Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness.

لَأْتِي أَنَا عَارِفٌ بِإِثْمِي، وَخَطِيئَتِي أَمَامِي فِي كُلِّ حِينٍ.

إِلَيْكَ وَحْدَكَ أَخْطَأْتُ، وَالشَّرَّ قُدَّامَكَ صَنَعْتُ، لَكَي تَصْدُقَ فِي أَقْوَالِكَ وَتَغْلِبَ فِي مُحَاكَمَتِكَ.

هَاءِنَذَا بِالْآثَامِ حُبِلَ بِي، وَبِالْخَطَايَا وَلَدَتْنِي أُمِّي.

لَأَنَّكَ قَدْ أَحْبَبْتَ الْحَقَّ، وَأَوْضَحْتَ لِي غَوَامِضَ حِكْمَتِكَ وَمَسْتَوْرَاتِهَا.

تَنْضَحْنِي بِالزَوْفَى فَأَطْهُرُ، تَغْسِلْنِي فَأَبْيَضُ أَكْثَرَ مِنَ الثَّلْجِ.

تُسْمِعُنِي بِهَجَّةٍ وَسُرُوراً، فَتَبْتَهِجُ عِظَامِي الدَّلِيلَةَ.

اصْرِفْ وَجْهَكَ عَنِّ خَطَايَايَ، وَامْحُ كُلَّ مَاثِمِي.

قَلْباً نَقِيّاً اخْلُقْ فِيَّ يَا اللَّهُ، وَرُوحاً مُسْتَقِيماً جَدِّدْ فِي أَحْشَائِي.

لَا تَطْرَحْنِي مِنْ أَمَامِ وَجْهِكَ، وَرُوحَكَ الْقُدُّوسَ لَا تَنْزِعْهُ مِنِّي.

امْنَحْنِي بِهَجَّةٍ خَلَاصِكَ، وَبِرُوحِ رَأْسِيِّ اعْضُدْنِي.

فَاعَلِّمِ الْأَثَمَةَ طُرُقَكَ، وَالْكَفَرَةَ إِلَيْكَ يَرْجِعُونَ.

أُنْقِذْنِي مِنَ الدِّمَاءِ يَا اللَّهُ إِلَهَ خَلَاصِي، فَيَبْتَهِجَ لِسَانِي بِعَدْلِكَ.

O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise.

For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased.

A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise.

Do good, O Lord, in Thy good pleasure unto Zion, and let the walls of Jerusalem be built up.

Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings.

Then shall they offer bullocks upon Thine altar.

LENTEN TROPARIA AFTER PSALM 50 (IN TONE EIGHT)

Glory to the Father, and to the Son, and to the Holy Spirit.

Open to me the doors of repentance, O Life-giver; for my soul goeth early to the temple of Thy holiness, coming in the temple of my body, wholly polluted. But because Thou art compassionate, purify me by the compassion of Thy mercies.

Both now and ever, and unto ages of ages. Amen.

Prepare for me the way of salvation, O Theotokos; for I have profaned myself with coarse sins, and consumed my whole life with procrastination. But by thine intercessions purify thou me from all abomination.

يا ربُّ افْتَحْ شَفْتَيَّ، فَيُخْبِرَ فَمِي بِتَسْبِيحَتِكَ.

لأنك لو آثرت الذبيحة، لكنت الآن أعطي،
لكنك لا تسر بالمحركات.

الذبيحة لله روح منسحق، القلب المتخشع
والمتواضع لا يرذله الله.

أصلح يا ربُّ بمسرتك صهيون ولتبن أسوار
أورشليم.

حينئذ تسر بذبيحة العدل قرباناً ومحركات.

حينئذ يقربون على مذبحك العجول.

طروباريات الصوم (باللحن الثامن)

المجد للأب والابن والروح القدس.

افتح لي أبواب التوبة يا واهب الحياة، لأن
روحي تبتكر إلى هيكل قدسك، آتياً بهيكل
جسدي مدنساً بجملته. لكن، بما أنك متعطف،
نقني بتحن مراحمك.

الآن وكل أوان وإلى دهر الدهرين. آمين.

سهلي لي مناهج الخلاص يا والدة الإله، فإني
قد دنست نفسي بخطايا سمجة، وأفنيت عمري
كله بالتواني. لكن بشفاعتك، نقني من كل
رجاسة.

(TONE SIX) *Have mercy upon me, O God, according to Thy loving-kindness: according unto the multitude of Thy tender mercies blot out my transgressions.*

If I think upon the multitude of my evil deeds, wretch that I am, I tremble for the terrible Day of Judgment. But, trusting the compassion of Thy mercy, I shout to Thee like David, Have mercy upon me, O God, according to Thy Great Mercy.

THE INTERCESSION

Deacon: O God, save thy people, and bless thine inheritance. Visit thy world with mercy and compassions. Exalt the horn of Orthodox Christians, and send down upon us thy rich mercies, through the intercessions of our all-immaculate Lady, the Theotokos and ever-virgin Mary; by the might of the precious and life-giving cross; by the protection of the honorable bodiless powers of heaven; at the supplication of the honorable, glorious Prophet, Forerunner and Baptist John; of the holy, glorious, all-laudable and foremost of the apostles, Peter and Paul, and of all the holy apostles; of our fathers among the saints, great hierarchs and ecumenical teachers Basil the Great, Gregory the Theologian and John Chrysostom; Athanasios, Cyril and John the Merciful, patriarchs of Alexandria; Nicholas of Myra in Lycia, Spyridon of Trimythous and Nektarios of Pentapolis, the wonder-workers; of our fathers among the saints Tikhon, patriarch of Moscow, and Raphael, bishop of Brooklyn; of the holy, glorious great martyrs

(بِاللَّحْنِ السَّادِسِ) يَا رَحِيمُ، اِرْحَمْنِي يَا اللَّهُ
كِعَظِيمِ رَحْمَتِكَ، وَكَمَثَلِ كَثْرَةِ رَأْفَاتِكَ اَمْحُ مَاتَمِي.
إِذَا تَصَوَّرْتُ كَثْرَةَ أَفْعَالِي الرَّدِيئَةِ أَنَا الشَّقِيّ،
فَإِنِّي أُرْتَعِدُ مِنْ يَوْمِ الدَّيْنُونَةِ الرَّهِيْبِ. لَكِنِّي إِذْ
أَنَا وَاثِقٌ بِتَحَنُّنِكَ، أَهْتِفُ إِلَيْكَ مِثْلَ دَاوُدَ:
إِرْحَمْنِي يَا اللَّهُ، بِحَسَبِ عَظِيمِ رَحْمَتِكَ.

طَلْبَةُ الشَّفَاعَةِ

الشَّمْسِ: خَلِّصْ يَا اللَّهُ شَعْبَكَ، وَبَارِكْ مِيرَاثَكَ،
وَافْتَقِدْ عَالَمَكَ بِالرَّحْمَةِ وَالرَّأْفَاتِ، وَارْفَعْ شَأْنَ
الْمَسِيحِيِّينَ الْأَرْتُوذُكْسِيِّينَ، وَأَسْبِغْ عَلَيْنَا مِرَاثَكَ
الْغَنِيَّةَ، بِشَفَاعَاتِ سَيِّدَتِنَا وَالِدَةِ الْإِلَهِ الْكَلِيَّةِ
الطَّهَارَةِ وَالِدَائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ؛ وَبِقُوَّةِ الصَّلِيبِ
الْكَرِيمِ الْمُحْيِي؛ وَبِطَلَبَاتِ الْقُوَاتِ السَّمَاوِيَّةِ
الْمُكْرَّمَةِ الْعَادِمَةِ الْأَجْسَادِ؛ وَالنَّبِيِّ الْكَرِيمِ السَّابِقِ
الْمَجِيدِ يُوْحَنَّا الْمَعْمَدَانِ؛ وَالْقَدِيسَيْنِ الْمُشْرَفَيْنِ
الرَّسُولَيْنِ بُطْرُسَ وَبُولُسَ، وَسَائِرِ الرُّسُلِ الْمُشْرَفَيْنِ
الْجَدِيرَيْنِ بِكُلِّ مَدِيحٍ؛ وَأَبَائِنَا الْقَدِيسِينَ مُعَلِّمِي
الْمَسْكُونَةِ، رُؤَسَاءِ الْكَهَنَةِ الْمُعْظَمِينَ بَاسِيلْيُوسَ
الْكَبِيرِ، وَغَرِيغُورِيُوسَ الْلَاهُوتِي، وَيُوْحَنَّا الدَّهَبِيِّ
الْقَمِّ؛ وَأَبَائِنَا الْقَدِيسِينَ أَنْثَاسِيُوسَ وَكِيرْلُسَ وَيُوْحَنَّا
الرَّحِيمِ بَطَارِكَةَ الْإِسْكَنْدرِيَّةِ؛ وَأَبِينَا الْقَدِيسِ
نِيْقُولَاوَسَ رَئِيسِ أَسَاقِفَةِ مِيرَا الْليْكِيَّةِ، وَاسْبِيرِيدُونَ
أُسْفُفِ تْرِيمِيثُوسَ، وَنِكْتَارِيُوسَ أُسْفُفِ الْمُدُنِ
الْحَمْسِ الْعَجَائِبِيِّينَ، وَأَبِينَا الْقَدِيسِ تِيخُونَ
بَطْرِيْرَكَ مُوسْكَو، وَالْقَدِيسِ رَافَائِيلَ أُسْفُفِ

George the Trophy-bearer, Demetrios the Myrrh-streaming, Theodore the Soldier, Theodore the General and Menas the Wonder-worker; of the hieromartyrs Ignatius the God-bearer of Antioch, Charalampos and Eleutherios; of the holy, glorious and great women martyrs Thekla, Barbara, Anastasia, Katherine, Kyriaki, Photini, Marina, Paraskeva and Irene; of the holy glorious and right-victorious martyrs; of our venerable and God-bearing fathers who shone in the ascetic life, especially Paisios of Athos; *of Saint N., the patron and protector of this holy community*; of the holy and righteous ancestors of God, Joachim and Anna, and of all Thy saints, we beseech Thee, O most merciful Lord, hearken unto the petitions of us sinners who make our supplications unto Thee, and have mercy upon us.

Choir: Lord, have mercy. (*Twelve times*)

Priest: Through the mercies and compassions and love for mankind of Thine Only-begotten Son, with Whom Thou art blessed, together with Thine all-holy, and good, and life-giving Spirit: now and ever, and unto ages of ages.

Choir: Amen.

KONTAKION & OIKOS FOR THE FIRST SUNDAY OF GREAT LENT (*Plain Reading*)

The uncircumscribed Word of the Father became circumscribed, taking flesh from thee, O Theotokos, and He has restored the sullied image to its ancient glory, filling it with the divine beauty. This, our salvation, we confess in deed and word, and we depict it in the holy icons.

بروكلين؛ والقديسين المجيدين الشهداء العظماء جاورجيوس اللابس الظفر، وديميتريوس المفيض الطيب، وثيودورس التيروني، وثيودورس قائد الجيش، وميناس الصانع العجائب؛ والقديسين الشهداء اغناطيوس المتوشح بالله، خرامبوس والفثيريوس؛ والشهيدات العظيمات تقلا، بربارة، أنسطاسيا، كاترينا، كيرياكي، فوتيني، مارينا، باراسكيفا، وآيرين؛ والقديسين المجيدين الشهداء المتألفين بالظفر؛ وآبائنا الأبرار المتوشحين بالله؛ وخاصة القديس بايبيسيوس الأثوسي، والقديس (فلان) شفيع هذه الكنيسة المقدسة؛ والقديسين الصديقين جدّي المسيح الإله يواكيم وحنّة؛ وجميع قديسيك، نتضرّع إليك أيها الربّ الجزيل الرحمة، فاستجب لنا نحن الخطاة الطالبين إليك وارحمنا.

المرتل: يا ربّ ارحم. (12 مرة)

الكاهن: برحمة ورأفات ابنك الوحيد ومحبته للبشر، الذي أنت مبارك معه ومع روحك الكلّي قدسه الصالح والمحيي، الآن وكلّ أوان وإلى دهر الدهرين.

المرتل: آمين.

القنّاق والبيت للأحد الأول من الصوم (قراءة)

كلمة الأب الذي لا يحاط، قد تجسّد منك وصار مخصوراً يا والدة الإله، وأعاد صورتنا الفاسدة الى حُسْنِهَا الأوّل، وأتحدّها بالجمال الإلهي، لذلك نعتزّف بالخلص، ونحبر به، ونذيع بالقول والفعل معاً.

Enlightened by this mystery of God's providence, the divinely-inspired prophets foretold it of old; and this they did for our sakes, who see the fulfillment of the ages. Receiving through this mystery divine knowledge, we know one Lord and God, glorified in three Persons, and Him alone we worship; we have one faith, one baptism, and we are clothed in Christ. This, our salvation, we confess in deed and word, and we depict it in the holy icons.

إِنَّ الْأَنْبِيَاءَ قَدِيمًا قَدْ أُوحِيَ إِلَيْهِمْ إِلَهِيًّا سِرُّ
التَّدْبِيرِ هَذَا، فَسَبَقُوا وَأَخْبَرُونَا بِهِ نَحْنُ الَّذِينَ قَدْ
حَصَلْنَا فِي آخِرِ الْأَزْمَانِ، النَّائِلِينَ لِمَعَانِهِ. فَإِذْ
أَخَذْنَا بِهِ مَعْرِفَةَ إِلَهِيَّةً، نَعْرِفُ إِلَهًا وَرَبًّا وَاحِدًا،
مُمَجَّدًا بِثَلَاثَةِ أَقَانِيمٍ، لَهُ وَحْدَهُ عَابِدِينَ، حَاوِينَ
إِيمَانًا وَاحِدًا، وَمَعْمُودِيَّةً وَاحِدَةً، الَّتِي بِهَا نَلْبَسُ
الْمَسِيحَ. لِذَلِكَ نَعْتَرِفُ بِالْخَلَاصِ، وَنُخْبِرُ بِهِ،
وَنُذِيعُ بِالْقَوْلِ وَالْفِعْلِ مَعًا.

THE SYNAXARION (Plain Reading)

السِّنْكَسَار (قراءة)

On March 24 in the Holy Orthodox Church, we commemorate Venerable Zachariah the recluse and Artemon, bishop of Seleucia.

On this same day, the First Sunday of the Fast, we make remembrance of the restoration of the holy and venerable Icons, which took place through the ever-memorable Sovereigns of Constantinople, Michael and his mother, Theodora, during the patriarchate of Saint Methodios the Confessor.

Verses

I rejoice, as I see them fittingly reverence
The icons formerly unfittingly banished.

This restoration was accomplished in the year 843. Theodora's husband was an iconoclast. After his death, Theodora venerated an icon of the Theotokos in front of Patriarch Methodios. The other faithful in the church did the same, venerating all the icons, considering them to be representations of their original elements, not idols. Theodora prayed to God to forgive her husband during the first week of Great Lent; and on the First Sunday of the Fast, she led the way in hanging up the icons to adorn the churches.

O invariant Icon of the Father, through the intercessions of Thy holy Confessors, have mercy on us. Amen.

**KATAVASIAE OF THE FIRST SUNDAY
OF GREAT LENT CANON
(IN TONE FOUR)**

Ode 1. Old Israel having passed through the depth of the Red Sea on unmoistened feet, defeated the powers of Amalek in the wilderness, by the hands of Moses stretched in the form of a cross.

Ode 3. Thy Church, O Christ, rejoiceth in Thee, crying unto Thee: Thou, O Lord, art my strength, my stay and my refuge.

Ode 4. When the Church saw Thee elevated on the Cross, O Sun of justice, she stood in her array, shouting to Thee as is meet: Glory to Thy power, O Lord.

Ode 5. Thou, my Lord, didst come as Light to the world, a holy Light, turning those who praise Thee away from abysmal folly.

Ode 6. The Church haileth Thee, O Lord, crying: I will sacrifice to Thee with the voice of praise, purified from the vileness of Satan by the blood which dripped from Thy side, because of Thy compassion.

Ode 7. The Abrahamite youths in the furnace in the land of Persia burned with the fervor of true worship more than with the fire, crying: Blessed art Thou in the temple of Thy holiness, O Lord.

We praise, we bless, and we worship the Lord.

**كَطَاڤَاسِيَا ت قَانُونِ الْأَحَدِ الْأَوَّلِ مِنَ الصَّوْمِ
(بِالْحِنِّ الرَّابِعِ)**

(الأولى) إِنَّ إِسْرَائِيلَ الْقَدِيمَ، لَمَّا جَاَزَ فِي لُجَّةِ
الْبَحْرِ الْأَحْمَرِ بِأَرْجُلٍ غَيْرِ مُبْتَلَّةٍ، غَلَبَ قُوَّةَ
عَمَالِيْقَ فِي الْقَفْرِ بِأَيْدِي مُوسَى، حِينَ رَسَمَتْ
شَكْلَ صَلِيبٍ.

(الثالثة) أَيُّهَا الْمَسِيحُ، إِنَّ كَنِيسَتَكَ تُسَرُّ بِكَ،
صَارِحَةً نَحْوَكُ: أَنْتَ قُوَّتِي يَا رَبِّ، وَثَبَاتِي
وَمَلْجَأِي.

(الرابعة) إِنَّ الْكَنِيسَةَ لَمَّا رَأَتْكَ مَرْفُوعاً عَلَى
الصَّلِيبِ يَا شَمْسَ الْعَدْلِ، وَقَفَّتْ فِي تَرْتِيبِهَا،
هَاتِفَةً نَحْوَكُ كَمَا يَلِيقُ: الْمَجْدُ لِقُدْرَتِكَ يَا رَبِّ.

(الخامسة) أَنْتَ يَا رَبِّي وَنُورِي، قَدْ وَاقَيْتَ إِلَى
العَالَمِ نُوراً مُقَدَّساً، رَادّاً الَّذِينَ يُسَبِّحُونَكَ بِإِيمَانٍ
مِنَ الْعِبَاوَةِ الْمُذْلَهَمَّةِ.

(السادسة) يَا رَبِّ، إِنَّ الْكَنِيسَةَ تَهْتَفُ نَحْوَكُ
صَارِحَةً: إِنِّي أَدْبَحُ لَكَ بِصَوْتِ التَّسْبِيحِ، مُطَهَّرَةً
مِنَ أَدْنَسِ الْأَبَالِسَةِ، بِالْدَمِّ الَّذِي قَطَرَ مِنْ
جَنْبِكَ، مِنْ أَجْلِ تَحَنُّنِكَ.

(السابعة) إِنَّ الْفَتِيَّةَ الْإِبْرَاهِيمِيَّةَ، قَدْ التَّهَبُّوا فِي
الْأَتُونِ بِبَلَدِ فَارِسَ، مُضْطَرِّمِينَ مِنْ شَوْقِ حُسْنِ
العِبَادَةِ أَكْثَرَ مِنَ السَّعِيرِ، هَاتِفِينَ: مُبَارِكٌ أَنْتَ
فِي هَيْكَلِ مَجْدِكَ يَا رَبِّ.

نُسَبِّحُ وَنُبَارِكُ وَنَسْجُدُ لِلرَّبِّ.

Ode 8. When Daniel stretched his hands in the pit, he closed the mouths of the devouring lions; and the youths, lovers of true worship, when they girded themselves with virtue, quenched the power of fire, crying: Bless the Lord, all ye His works.

Deacon: The Theotokos and Mother of the Light let us honor and magnify in song.

MAGNIFICATIONS (IN TONE FOUR)

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior.

Refrain: More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, thou who without corruption didst bear God the Word, and art truly Theotokos, we magnify thee.

For He hath regarded the lowliness of His handmaiden; for behold from henceforth all generations shall call me blessed. *(Refrain)*

For He that is mighty hath magnified me, and holy is His Name; and His mercy is on them that fear Him, throughout all generations. *(Refrain)*

He hath showed strength with His arm; He hath scattered the proud in the imagination of their hearts. *(Refrain)*

He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the empty with good things, and the rich hath He sent empty away. *(Refrain)*

(الثامنة) إِنَّ دَانِيَالَ، لَمَّا بَسَطَ يَدَيْهِ فِي الْجُبِّ،
سَدَّ أَفْوَاهَ الْأُسْدِ الضَّارِيَةِ. وَالْفَتِيَّةَ الْعَاشِقِينَ حُسْنَ
الْعِبَادَةِ لَمَّا تَمَنُّطَقُوا بِالْفَضِيلَةِ، أَحْمَدُوا قُوَّةَ النَّارِ،
هَاتِفِينَ: بَارِكُوا الرَّبَّ يَا جَمِيعَ أَعْمَالِهِ.

الشَّمْسِ: لَوْلَادَةِ الْإِلَهِ وَأَمَّ النَّوْرِ بِالتَّسَابِيحِ نَكْرَمِ
مُعْظَمِينَ.

تَعْظِيمَات (بِالْحَنِ الرَّابِعِ)

تُعْظِمُ نَفْسِي الرَّبَّ، وَتَبْتَهِجُ رُوحِي بِاللَّهِ
مُخْلِصِي.

اللازمة: يَا مَنْ هِيَ أَكْرَمُ مِنَ الشَّارُوبِيمِ، وَأَرْفَعُ
مَجْدًا بغيرِ قِيَاسٍ مِنَ السَّارَافِيمِ، الَّتِي مِنْ دُونِ
فَسَادٍ وَلَدَتْ كَلِمَةَ اللَّهِ، حَقًّا أَنْكَ وَالِدَةُ الْإِلَهِ إِيَّاكَ
نُعْظِمُ.

لَأَنَّهُ نَظَرَ إِلَى تَوَاضَعِ أُمَّتِهِ، فَهَا مُنْذُ الْآنَ
تُطَوِّبُنِي جَمِيعُ الْأَجْيَالِ. (اللازمة)

لَأَنَّ الْقَدِيرَ صَنَعَ بِي عَظَائِمَ وَقُدُوسَ اسْمُهُ،
وَرَحْمَتُهُ إِلَى جِيلٍ فَجِيلٍ لِلَّذِينَ يَتَّقُونَهُ. (اللازمة)

صَنَعَ عِزًّا بِسَاعِدِهِ، وَشَتَّتَ الْمُتَكَبِّرِينَ بِذِهْنِ
قُلُوبِهِمْ. (اللازمة)

حَطَّ الْمُفْتَدِرِينَ عَنِ الْكِرَاسِيِّ وَرَفَعَ الْمُتَوَاضِعِينَ،
مَلَأَ الْجِياعَ مِنَ الْخَيْرَاتِ، وَالْأَغْنِيَاءَ أَرْسَلَهُمْ
فَارِغِينَ. (اللازمة)

He remembering His mercy hath helped His servant Israel, as He promised to our forefathers, Abraham and his seed forever. (Refrain)

Ode 9. An unhewn stone, O Virgin, from thy mountain was cut, but not by hand, even Christ, Who brought together the separated natures. Wherefore, we rejoice gladly, and glorify thee, O Theotokos.

THE LITTLE LITANY

Deacon: Again and again, in peace, let us pray to the Lord.

Choir: Lord, have mercy.

Deacon: Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

Choir: Lord, have mercy.

Deacon: Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.

Choir: To Thee, O Lord.

Priest: For all the powers of Heaven praise Thee, and unto Thee do they ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.

Choir: Amen.

Holy is the Lord our God. (Thrice)

Exalt ye the Lord our God, and worship at His footstool, for He is holy.

عَضَدَ إِسْرَائِيلَ فَتَاهُ لِيَذْكَرَ رَحْمَتَهُ، كَمَا قَالَ
لآبَائِنَا إِبْرَاهِيمَ وَنَسْلِهِ إِلَى الْأَبَدِ. (اللازمة)

(الأودية التاسعة) أَيُّهَا الْبَتُولُ، لَقَدْ قُطِعَ حَجَرٌ
مُؤَاوِزٍ مِنْ جَبَلِكَ الَّذِي لَمْ يُنْحَتْ، بِدُونِ أَنْ
تَقْطَعَهُ يَدٌ، وَهُوَ الْمَسِيحُ الَّذِي ضَمَّ الطَّبَائِعَ
الْمُتَفَرِّقَةَ. لِذَا نُسِّرُ مُبْتَهَجِينَ، وَنُعْظِمُكَ يَا وَالِدَةَ
الْإِلَهِ.

الطلبية السلامية الصغرى

الشماس: أَيْضاً وَأَيْضاً بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.

الجوق: يَا رَبُّ ارْحَمْنَا.

الشماس: أَعْضُدْ وَخَلِّصْ وَارْحَمْنَا يَا اللَّهُ
بِنِعْمَتِكَ.

الجوق: يَا رَبُّ ارْحَمْنَا.

الشماس: بَعْدَ ذِكْرِنَا الْكَلِيَّةِ الْقَدَّاسَةِ، الطَّاهِرَةِ،
الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ
الدَّائِمَةَ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِّيسِينَ، لِنُودِعَ
أَنْفُسَنَا وَبَعْضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.

الجوق: لَكَ يَا رَبُّ.

الكاهن: لِأَنَّهُ إِيَّاكَ تُسَبِّحُ كُلُّ قُوَاتِ السَّمَاوَاتِ،
وَلَكَ يُرْسِلُونَ الْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ
الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

الجوق: آمِينَ.

قُدُّوسٌ هُوَ الرَّبُّ الْهَنَا. (ثلاثاً)

إِرْفَعُوا الرَّبَّ الْهَنَا، وَاسْجُدُوا لِمَوْطِي قَدَمَيْهِ، لِأَنَّ
الرَّبَّ الْهَنَا قُدُّوسٌ هُوَ.

**THE NINTH EOTHINON
EXAPOSTEILARION (IN TONE TWO)**

*(**Upon that mount in Galilee**)*

When Thou hadst entered while the doors *
were shut fast, Thou, O Master, * didst fill
Thine Apostolic choir * with the All-holy
Spirit; * and having breathed peace upon
them, * Thou verily didst tell them * to bind
and loose the sins of men; * and the eighth
day thereafter, * Thy wounded side * and
Thy hands didst Thou display unto Thomas,
* with whom, we cry: Our Lord and God *
art Thou, O Sovereign Master.

**EXAPOSTEILIARION &
THEOTOKION FOR FIRST SUNDAY
OF GREAT LENT
(IN TONE TWO) (**Hearken, ye
women**)**

Leap ye for joy and clap your hands; * with
gladness, raise your voice in song * and cry:
How strange and how wondrous * are all
Thy works, O Christ Savior; * and who hath
strength to tell in full * the mighty deeds that
Thou hast wrought? * Who hast achieved our
unity, * our full agreement and concord, *
blended in one, in Thy one Church.

The swords of hostile heresy * have failed
and vanished utterly; * remembrance of them
hath perished * with a great din and
resounding. * For as we now behold again, *
O all-pure Virgin blest of God, * thy temple
beautifully adorned * and graced with
ven'erable icons, * we all are filled with great
gladness.

AINOI (PRAISES) (IN TONE ONE)

Let everything that hath breath praise the
Lord. Praise ye the Lord from the heavens;
praise Him in the heights. To Thee, O God,
is due our song.

إكسابوستيلاري الإيوثينا التاسعة

(بالحن الثاني)

أَيْهَا السَّيِّدُ، لَمَّا دَخَلْتَ وَالْأَبْوَابُ مُغْلَقَةً، أَوْعَبْتَ
رُسْلَكَ مِنَ الرُّوحِ الْكَلْبِيِّ قُدْسُهُ، إِذْ نَفَخْتَ فِيهِمْ
بِسَلَامٍ، قَائِلاً لَهُمْ، أَنْ يَحْلُوا أَوْ يَرْبِطُوا الْخَطَايَا،
وَبَعْدَ ثَمَانِيَةِ أَيَّامٍ أَرَيْتَ توما يَدِيكَ وَجَنْبَكَ. فَمَعَهُ
نَهْتَفُ إِلَيْكَ: أَنْتَ هُوَ الرَّبُّ وَالْإِلَه.

إكسابوستيلاري ووالديّة للأحد الأول من

الصوم (بالحن الثاني) * وزن إسمعي أيتها

النسوة*

تَبَاشَرُوا وَصَفَّقُوا بِالْأَيْدِي، وَهَلَّلُوا بِبَهْجَةٍ
صَارِحِينَ: مَا أَعْجَبَ وَأَغْرَبَ أَعْمَالِكَ أَيُّهَا
الْمَسِيحُ، وَمَنْ يَسْتَطِيعُ التَّقْوَةَ بِعَظَائِمِكَ، يَا مَنْ
صَمَّ اتِّحَادَنَا إِلَى كَنِيْسَةٍ وَاحِدَةٍ.

لَقَدْ تَلَّشَتْ الْآنَ حِرَابُ الْأَرَاتِقَةِ الْعَنِيفَةِ،
وَاضْمَحَلَّ ذِكْرُهَا مَعَ الدَّوِيِّ. لِأَنَّنا إِذْ نُشَاهِدُ
هَيْكَلِكَ يَا كَلِيَّةَ النِّقَاوَةِ، مُوشَّحاً بِنِعَمِ الْإِيْتُونَاتِ
المُوقِّرَةِ بِبِهَاءٍ، نَمْتَلِي كُنَّا حُبوراً.

الإينوس (بالحن الأول)

كُلُّ نَسَمَةٍ فَلْتُسَبِّحِ الرَّبَّ. سَبِّحُوا الرَّبَّ مِنْ
السَّمَاوَاتِ، سَبِّحُوهُ فِي الْأَعَالِي، لِأَنَّهُ لَكَ يَلِيقُ
التَّسْبِيحُ يَا اللهُ.

Praise ye Him, all His angels; praise ye Him, all His hosts. To Thee, O God, is due our song.

For the Resurrection (in Tone One)

Verse 1. This glory shall be to all His saints.

We praise, O Christ, Thy saving Passion and glorify Thy Resurrection.

Verse 2. Praise God in His sanctuary; praise Him in the firmament of His power.

O Thou Who didst endure the Cross and abolish Death and didst rise again from the dead: give peace to our life, O Lord, for Thou only art almighty.

Verse 3. Praise Him for His mighty acts; praise Him according to His excellent greatness.

O Thou Who didst despoil Hell and raise man again from the dead by Thy Resurrection, O Christ, make us worthy with pure hearts to praise and glorify Thee.

Verse 4. Praise Him with the sound of the trumpet; praise Him with the psaltery and harp.

Glorifying Thy divine condescension, we praise Thee, O Christ, for Thou wast born of a Virgin yet wast not separated from the Father. Thou didst suffer as man and of Thine own free will endured the Cross, and Thou didst rise again from the tomb going forth as from a bridal chamber that Thou mightest save the world. O Lord, glory to Thee.

سَبِّحُوهُ يَا جَمِيعَ مَلَائِكَتِهِ، سَبِّحُوهُ يَا سَائِرَ قُوَاتِهِ،
لأنه لك يليق التسبيح يا الله.

للقيامة (باللحن الأول)

استيخن ١ . هذا المجد يكون لجميع أنبراره.

أيها المسيح نُسبِحُ ألامك الخلاصية، ونُمدِّدُ
قيامتك.

استيخن ٢ . سبِّحوا الله في قدسيه، سبِّحوه في
فلك قوته.

يا من احتمل الصليب وأبطل الموت، وقام من
بين الأموات، سلم حياتنا يا رب، بما أنك
وخذك كلِّي الأفتدار.

استيخن ٣ . سبِّحوه على مقدرته، سبِّحوه نظير
كثرة عظمته.

أيها المسيح، يا من سبى الجحيم مُبيداً، وأقام
الإنسان بقيامته، أهلنا أن نُسبِّحك بقلوب نقية
ونُمدِّدك.

استيخن ٤ . سبِّحوه بلحن البوق، سبِّحوه
بالمزمار والقيثارة.

أيها المسيح إنا نُسبِّحك ممجدين تنازلك اللائق
بالله، يا من وُلِدَ مِنَ العذراء، ولم ينفصل عن
حُضنِ الأب، وتألَّم كإنسان، واحتَمَلَ الصَّلبِ
طوعاً، وانبعت من الرَّمسِ وإرداً كما من خدرٍ،
لكي يُخلص العالم، يا رب المجد لك.

**For the First Sunday of Great Lent (in
Tone Four) (**Unto them that fear thee**)**

Verse 5. Praise Him with the timbrel and dance; praise Him with stringed instruments and organs.

Now Thy Church rejoiceth in Thee, her fair Bridegroom and Fashioner, * Who didst will God-befittingly * to save her from the deceit * and the fraud of idols, * by Thy precious Blood joining her forever unto Thee, * O Friend of man; and with joy she hath received * the sacred restoration of the holy icons this holy day * and with joy she doth glorify, * praise, and hymn Thee with ardent faith.

Verse 6. Praise Him upon the loud cymbals; praise Him upon the high-sounding cymbals. Let everything that hath breath praise the Lord.

Now Thy Church rejoiceth in Thee, her fair Bridegroom and Fashioner, * Who didst will God-befittingly * to save her from the deceit * and the fraud of idols, * by Thy precious Blood joining her forever unto Thee, * O Friend of man; and with joy she hath received * the sacred restoration of the holy icons this holy day * and with joy she doth glorify, * praise, and hymn Thee with ardent faith.

Verse 7. Arise, O my God, lift up Thy hand, and forget not the humble.

As we now restore the image of Thy flesh to its place again, * offering relative reverence, * O Lord, we make manifest * the most mighty myst'ry * of Thy dispensation; for Thou didst not in fancy and mere thought * appear, as say Mani's God-opposing sons, * but in the nature of the flesh, in very truth, wast Thou seen on earth, * by which myst'ry, O Friend of man, * we are led up unto Thy love.

**لأَحَدِ الْأَوَّلِ مِنَ الصَّوْمِ
(بِالْحِنِّ الرَّابِعِ)**

**استيخن ٥ . سَبِّحُوهُ بِالطَّبَلِ وَالْمَصَافِي . سَبِّحُوهُ
بِالْأُوتَارِ وَآلَةِ الطَّرَبِ .**

تَفْرَحُ الْآنَ بِكَ الْبَيْعَةَ يَا مُحِبَّ الْبَشَرِ . أَيُّهَا
الْخَالِقُ الْخَتَنُ، الَّذِي بِمَشِيئَتِهِ الْإِلَهِيَّةِ نَجَّاهَا مِنْ
كُفْرِ الْأَصْنَامِ، وَقَرَنَهَا بِهِ بِبَذْلِهِ دَمَهُ الْكَرِيمِ . وَقَدْ
مَتَّعْتَهَا بِرَفْعِ الْإِيقُونََاتِ الشَّرِيفَةِ، فَتُسَبِّحُكَ بِإِيْمَانٍ
وَتُمَجِّدُكَ بِفَرَحٍ .

**استيخن ٦ . سَبِّحُوهُ بِنَعَمَاتِ الصُّنُوجِ، سَبِّحُوهُ
بِصُنُوجِ التَّهْلِيلِ، كُلُّ نَسَمَةٍ فَلْتُسَبِّحِ الرَّبَّ .**

تَفْرَحُ الْآنَ بِكَ الْبَيْعَةَ يَا مُحِبَّ الْبَشَرِ . أَيُّهَا
الْخَالِقُ الْخَتَنُ، الَّذِي بِمَشِيئَتِهِ الْإِلَهِيَّةِ نَجَّاهَا مِنْ
كُفْرِ الْأَصْنَامِ، وَقَرَنَهَا بِهِ بِبَذْلِهِ دَمَهُ الْكَرِيمِ . وَقَدْ
مَتَّعْتَهَا بِرَفْعِ الْإِيقُونََاتِ الشَّرِيفَةِ، فَتُسَبِّحُكَ بِإِيْمَانٍ
وَتُمَجِّدُكَ بِفَرَحٍ .

**استيخن ٧ . قُمْ يَا رَبِّي وَإِلَهِي وَلْتَرْتَفِعْ يَدُكَ، وَلَا
تَنْسَ بِأَنْسِيكَ إِلَى الْإِنْقِضَاءِ .**

إِنَّنَا يَا رَبُّ، إِذْ نُعَلِّقُ رَسْمَ جَسَدِكَ، نُصَافِحُ
عُنُصْرَهُ مُوضِحِينَ سِرِّ عَظِيمِ تَدْبِيرِكَ، إِذْ لَمْ
تُظْهَرْ بِالْخَيَالِ كَمَا قَدْ زَعَمَ ثُبَاعَ مَانِي
الْمُحَارِبِينَ لِلَّهِ، بَلْ بِالْحَقِيقَةِ لَنَا، وَبِطَبِيعَةِ الْجَسَدِ
الَّذِي بِهِ نَرْتَقِي لِعُلَى عَشْقِكَ الْإِلَهِيِّ .

Verse 8. I will praise Thee, O Lord, with my whole heart; I will show all Thy marvelous works.

Lo, a day of gladness and of joy of heart hath appeared today; * for there flasheth forth lightning-like * the bright-shining radiance * of the truest doctrines; * now the Church of Christ weareth as her fairest ornament * the holy icons restored unto their place * and splendors of fair images of Christ, His Mother, and all the Saints; * and a God-given unity is bestowed on all faithful souls.

DOXASTICON FOR THE FIRST SUNDAY OF GREAT LENT

(IN TONE SIX)

Glory to the Father, and to the Son, and to the Holy Spirit.

Moses received the law in a period of abstinence and led his people; and Elijah, when he fasted, closed the heavens. As for the Abrahamite youths, they vanquished by fasting the transgressing usurper. Wherefore, through the same, O Savior, prepare us to meet Thy Resurrection, shouting: Holy God! Holy Mighty! Holy Immortal! Have mercy on us!

*Both now and ever, and unto ages of ages.
Amen.*

Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.

استيخن ٨. أَعْتَرِفُ لَكَ يَا رَبُّ مِنْ كُلِّ قَلْبِي،
وَأُحَدِّثُ بِجَمِيعِ عَجَائِبِكَ.

لَقَدْ ظَهَرَ الْيَوْمَ نَهَارٌ مُفَعَّمٌ بِهَجَّةٍ وَمُمْتَلِيٌّ فَرَحًا،
إِذْ إِنَّ حُسْنَ الْعَقَائِدِ الْحَقِيقِيَّةِ بِبِهَاءٍ يَسْطَعُ،
وَكَنِيْسَةُ الْمَسِيحِ تَزْدَانُ الْآنَ مُتَلَأَلَةً بِرَفْعِهَا
أَيْقوناتِ الْقَدِّيسِينَ وَرُسُومَهُمْ، وَيَحْظِي الْمُؤْمِنُونَ
بِاتِّحَادٍ مُثَابٍ مِنَ اللَّهِ.

ذُكُصَا لِلأَوَّلِ مِنَ الصَّوْمِ

(بِالْحَنِ السَّادِسِ)

الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقَدَسِ.

إِنَّ مُوسَى فِي زَمَانِ الْإِمْسَاكِ، قَدْ تَقَبَّلَ
الشَّرِيعَةَ، وَاقْتَادَ الشَّعْبَ. وَإِيلِيَّا، لَمَّا صَامَ، أَغْلَقَ
السَّمَاوَاتِ. وَأَمَّا الْفَتِيَّةُ الْإِبْرَاهِيمِيَّةُ الْثَلَاثَةُ، فَقَدْ
قَهَرُوا بِالصِّيَامِ الْمُغْتَصِبِ الْمُتَجَاوِزِ الشَّرِيعَةَ.
فَبِوَأَسِطَتِهِ أَهْلُنَا يَا مُخْلِصُ أَنْ نَحْظِي بِقِيَامَتِكَ،
هَاتِفِينَ هَكَذَا: قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ
الَّذِي لَا يَمُوتُ أَرْحَمَنَا.

الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.

أَنْتِ هِيَ الْفَائِقَةُ عَلَى كُلِّ الْبَرَكَاتِ، يَا وَالِدَةُ الْإِلَهِ
الْعَذْرَاءِ، لِأَنَّ الْجَحِيمَ قَدْ سُيِّتَ بِوَأَسِطَةِ الْمُتَجَسِّدِ
مِنْكَ، وَآدَمَ دُعِيَ ثَانِيَةً، وَاللَّعْنَةُ بَادَتْ، وَحَوَاءَ
انْعَنَّتْ، وَالْمَوْتُ أُمِيَّتْ، وَنَحْنُ قَدْ حَيِينَا. فَلِذَلِكَ
نُسَبِّحُ هَاتِفِينَ: مُبَارَكٌ أَنْتَ أَيُّهَا الْمَسِيحُ إِلَهُنَا، يَا
مَنْ هَكَذَا سُرَّ، الْمَجْدُ لَكَ.

THE GREAT DOXOLOGY (IN TONE SIX)

Glory to Thee, who has shown us the Light.
Glory to God in the highest, and on earth
peace, good will among men.

We praise thee, we bless Thee, we worship
Thee, we glorify Thee, we give thanks unto
Thee for Thy great glory.

O Lord, heavenly King, God the Father
Almighty; O Lord, the only begotten Son,
Jesus Christ; and the Holy Spirit.

O Lord God, Lamb of God, Son of the
Father, that takest away the sin of the world,
have mercy on us, thou that takest away the
sins of the world.

Receive our prayer, Thou that sittest at the
right hand of the Father, and have mercy on
us.

For Thou only art holy, Thou only art the
Lord, O Jesus Christ, to the Glory of God the
Father. Amen.

Every day will I bless Thee, and I will praise
Thy Name forever; yea, forever and ever.

Vouchsafe, O Lord, to keep us this day
without sin.

Blessed art Thou, O Lord God of our
Fathers, and praised and glorified be Thy
Name forever. Amen.

Let Thy mercy, O Lord, be upon us, as we do
put our hope in thee.

Blessed art Thou, O Lord; teach me Thy
statutes. (*Thrice*)

Lord, Thou hast been our refuge in all
generations. I said: Be merciful unto me;
heal my soul, for I have sinned against Thee.

الدوكصولوجيا الكبرى (باللحن السادس)

المَجْدُ لَكَ يَا مُظْهِرَ النُّورِ، المَجْدُ لِلَّهِ فِي
العَالَمِ، وَعَلَى الأَرْضِ السَّلَامُ، وَفِي النَّاسِ
المَسْرَةَ.

نُسَبِّحُكَ نُبَارِكُكَ، نَسْجُدُ لَكَ نُمَجِّدُكَ، نَشْكُرُكَ مِنْ
أَجْلِ عَظِيمِ جَلَالِ مَجْدِكَ.

أَيُّهَا الرَّبُّ المَلِكُ، السَّمَاوِيِّ، الإِلَهُ، الآبُ
الضَّائِبُ الكُلِّ. أَيُّهَا الرَّبُّ الإِبْنُ الوَحِيدُ، يَا يَسُوعُ
المَسِيحُ، وَيَا أَيُّهَا الرُّوحُ القُدُسُ.

أَيُّهَا الرَّبُّ الإِلَهُ، يَا حَمَلَ اللّهِ يَا ابْنَ الآبِ، يَا
رَافِعَ خَطِيئَةِ العَالَمِ ارْحَمْنَا، يَا رَافِعَ خَطَايَا
العَالَمِ.

تَقَبَّلْ نَضْرَعَنَا أَيُّهَا الجَالِسُ عَنِ يَمِينِ الآبِ
وَارْحَمْنَا.

لَأَنَّكَ أَنْتَ وَحْدَكَ قُدُوسٌ، أَنْتَ وَحْدَكَ الرَّبُّ
يَسُوعُ المَسِيحُ، فِي مَجْدِ اللّهِ الآبِ، آمِينَ.

فِي كُلِّ يَوْمٍ أُبَارِكُكَ، وَأَسْبِيحُ اسْمَكَ إِلَى الأَبَدِ،
وَالِي أَيْدِ الأَبَدِ.

أَهْلُنَا يَا رَبُّ أَنْ نُحْفَظَ فِي هَذَا اليَوْمِ بِغَيْرِ
خَطِيئَةٍ.

مُبَارَكَ أَنْتَ يَا رَبُّ إِلَهُ آبَائِنَا، وَمُسَبِّحٌ وَمُمَجَّدٌ
اسْمُكَ إِلَى الأَبَدِ، آمِينَ.

لِتَكُنْ يَا رَبُّ رَحْمَتُكَ عَلَيْنَا، كَمَا تَكُنْ عَلَيْنَا عَلِيكَ.

مُبَارَكَ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ. (ثلاثاً)

يَا رَبُّ مَلْجَأٌ كُنْتَ لَنَا فِي جِيلٍ وَجِيلٍ، أَنَا قُلْتُ
يَا رَبُّ ارْحَمْنِي وَاشْفِ نَفْسِي لِأَنِّي قَدْ خَطِئْتُ
إِلَيْكَ.

Lord, I have fled unto Thee; teach me to do Thy will, for Thou art my God.

For with Thee is the fountain of life; in Thy light shall we see light.

O continue Thy lovingkindness unto them that know Thee.

Holy God, Holy Mighty, Holy Immortal: have mercy on us. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and ever, and unto ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal: have mercy on us.

TROPARION (IN TONE FOUR)

Today is Salvation come into the world. Let us sing praises to Him Who arose from the grave, the Author of our life; for having by death destroyed death, He hath given us victory and Great Mercy.



These texts have been prepared by Department of Liturgics of the Antiochian Archdiocese

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يَا رَبُّ إِلَيْكَ لَجَأْتُ فَعَلِّمْنِي أَنْ أَعْمَلَ رِضَاكَ،
لَأَنَّكَ أَنْتَ هُوَ إِلَهِي.

لَأَنَّ مِنْ قِبَلِكَ عَيْنَ الْحَيَاةِ، وَبِنُورِكَ نَعَايُنُ النُّورِ.

فَابْسُطْ رَحْمَتَكَ عَلَى الَّذِينَ يَعْرِفُونَكَ.

قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ
ارْحَمْنَا. (ثَلَاثًا)

الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُّوسِ.

الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.

قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا.

قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ
ارْحَمْنَا.

طَرُوبَارِيَّةٌ (بِاللَّحْنِ الرَّابِعِ)

اليَوْمَ صَارَ الْخَلَاصُ لِلْعَالَمِ فَلنُسَبِّحِ الَّذِي قَامَ
مِنَ الْقَبْرِ، عُنُصَرَ حَيَاتِنَا، لِأَنَّهُ إِذْ قَدْ حَطَّمَ
الْمَوْتَ بِالْمَوْتِ، مَنَحَنَا الظَّفَرَ وَالرَّحْمَةَ الْعُظْمَى.