



*Saint George  
Antiochian Orthodox Church  
Cicero, Illinois*

كَنِيسَةُ الْقَدِيسِ جَاوْرِجِيوسِ  
الْأَنْطَاكِيَّةِ الْأَرْثُوذُكْسِيَّةِ

**ORTHROS (MATINS) SERVICE FOR  
THE SUNDAY OF THE LAST JUDGMENT (MEATFARE)**

خِدْمَةُ صَلَاةِ السَّحَرِ  
لِلْأَحَدِ الدَّيْنُونَةِ (وَالْمَعْرُوفِ بِأَحَدِ مَرَفَعِ اللَّحْمِ)



**ORTHROS ON SUNDAY, MARCH 10, 2024; TONE 7 / EOTHINON 7**  
**SUNDAY OF THE LAST JUDGMENT (MEAT FARE)**

MARTYR KODRATOS OF CORINTH AND HIS FIVE COMPANIONS; ANASTASIA THE PATRICIAN OF ALEXANDRIA

**Priest:** Blessed is our God, always, now and ever, and unto the ages of ages.

**Choir:** Amen.

**Priest:** Glory to Thee, our God, glory to Thee.

O heavenly King, the Comforter, Spirit of Truth, Who art in all places, and fillest all things, Treasury of good things, and Giver of life, come, and dwell in us, and cleanse us from every stain; and save our souls, O good One.

**Reader:** Holy God, Holy Mighty, Holy Immortal: have mercy on us. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Thy Name's sake.

Lord, have mercy. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.

**الكاهن:** تَبَارَكَ اللهُ إِلَهُنَا كُلَّ حِينٍ، الْآنَ وَكُلَّ  
أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

**الجوقة:** آمين.

**الكاهن:** الْمَجْدُ لَكَ يَا إِلَهُنَا الْمَجْدُ لَكَ.

أَيُّهَا الْمَلِكُ السَّمَاوِيِّ الْمَعَزِّي، رُوحَ الْحَقِّ،  
الْحَاضِرُ فِي كُلِّ مَكَانٍ وَالْمَالِيُ الْكُلِّ، كَنْزُ  
الصَّالِحَاتِ وَرَازِقُ الْحَيَاةِ، هَلُمَّ وَاسْكُنْ فِيْنَا،  
وَطَهِّرْنَا مِنْ كُلِّ دَنَسٍ، وَخَلِّصْ أَيُّهَا الصَّالِحُ  
نُفُوسَنَا.

**القارئ:** قُدُّوسُ اللهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي  
لَا يَمُوتُ، اِرْحَمْنَا. (ثلاثاً)

الْمَجْدُ لِأَبِ وَالْأَبْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ  
أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.

أَيُّهَا الثَّلَاوُثُ الْقُدُّوسُ اِرْحَمْنَا، يَا رَبُّ اغْفِرْ  
خَطَايَانَا، يَا سَيِّدُ تَجَاوَزْ عَن سَيِّئَاتِنَا، يَا قُدُّوسُ  
اطَّلِعْ وَاشْفِ أَمْرَاضَنَا، مِنْ أَجْلِ اسْمِكَ.

يَا رَبُّ اِرْحَمْنَا. (ثلاثاً)

الْمَجْدُ لِأَبِ وَالْأَبْنِ وَالرُّوحِ الْقُدُّوسِ، الْآنَ وَكُلَّ  
أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمين.

أَبَانَا الَّذِي فِي السَّمَاوَاتِ، لِيَتَقَدَّسَ اسْمُكَ، لِيَأْتِ  
مَلَكُوتُكَ، لِيَتَكُنْ مَشِيئَتُكَ كَمَا فِي السَّمَاءِ كَذَلِكَ  
عَلَى الْأَرْضِ، خُبِّرْنَا الْجَوْهَرِيَّ أَعْطِنَا الْيَوْمَ،  
وَأَثْرُكَ لَنَا مَا عَلَيْنَا كَمَا نَثْرُكَ نَحْنُ لِمَنْ لَنَا  
عَلَيْهِ، وَلَا تُدْخِلْنَا فِي التَّجْرِبَةِ، لَكِنْ نَجِّنَا مِنَ  
الشَّرِّيرِ.

**Priest:** For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.

**Reader:** Amen. O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

*Glory to the Father, and to the Son, and to the Holy Spirit.*

Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.

*Both now and ever, and unto ages of ages. Amen.*

O fearsome champion, who cannot be put to confusion, despise not our petitions, O Good and All-praised Theotokos; establish the way of the Orthodox; save those who have been called upon to govern us, leading us to that victory which is from heaven, for thou art she who gavest birth to God, and alone art blessed.

### LITANY

**Priest:** Have mercy on us, O God, according to Thy great mercy, we pray Thee, hearken and have mercy.

**Choir:** Lord, have mercy. (*Thrice*) (*use this response until noted below*)

**Priest:** Again we pray for all pious and Orthodox Christians.

**الكاهن:** لَأَنَّ لَكَ الْمُلْكَ وَالْقُدْرَةَ وَالْمَجْدَ، أَيُّهَا  
الآبُ وَالابْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ  
وَالِي دَهْرِ الدَّاهِرِينَ.

**القارئ:** آمين. خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ  
مِيراثَكَ، وَامْنَحْ عِبِيدَكَ الْمُؤْمِنِينَ الْعَلْبَةَ عَلَى  
الشَّرِيرِ، وَاحْفَظْ بِقُوَّةِ صَلَيبِكَ جَمِيعَ الْمُخْتَصِّينَ  
بِكَ.

*المَجْدُ لِلآبِ وَالابْنِ وَالرُّوحِ الْقُدُّوسِ.*

يَا مَنْ ارْتَفَعْتَ عَلَى الصَّلِيبِ مُخْتَاراً، أَيُّهَا  
المَسِيحُ الإِلهُ، امْنَحْ رَأْفَتَكَ لِشَعْبِكَ الجَدِيدِ  
المُسَمَّى بِكَ، وَفَرِّحْ بِقُوَّتِكَ حُكَّامَنَا الْمُؤْمِنِينَ،  
مَانِحاً إِيَّاهُمْ العَلْبَةَ عَلَى مُحَارِبِيهِمْ. لِتَكُنْ لَهُمْ  
مَعُونَتُكَ سِلَاحاً لِّلسَّلَامِ، وَظَفْراً غَيْرَ مَقْهُورٍ.

*الآنَ وَكُلَّ أَوَانٍ وَالِي دَهْرِ الدَّاهِرِينَ. آمين.*

أَيُّهَا الشَّفِيعَةُ الرَّهيبَةُ غَيْرُ المَخْدُولَةِ، يَا وَالِدَةَ  
الإِلهِ الكَلِيَّةِ التَّسْبِيحِ، لَا تُعْرِضِي يَا صَالِحَةَ عَنْ  
تَوْسُلَاتِنَا، بَلْ وَطِّدِي سِيرَةَ المُسْتَقِيمِي الرَّأْيِ،  
وَخَلِّصِي الَّذِينَ أَمَرْتِ أَنْ يَتَمَلَّكُوا، وَامْنَحِيهِمْ  
العَلْبَةَ مِنَ السَّمَاءِ، بِمَا أَنَّكَ وَلَدْتِ الإِلهَ، أَيُّهَا  
المُبَارَكَةُ وَحَدِّكَ.

### الطلبية السلامية

**الكاهن:** إِرْحَمْنَا يَا اللهُ بِعَظِيمِ رَحْمَتِكَ، نَطْلُبُ  
إِلَيْكَ فَاسْتَجِبْ وَارْحَمْ.

**الجوقة:** يَا رَبُّ ارْحَمْ. (ثلاثاً) (تُعادُ بعدَ كُلِّ  
طَلْبَةٍ)

**الكاهن:** وَأَيْضاً نَطْلُبُ مِنْ أَجْلِ المَسِيحِيِّينَ  
الحَسَنِي العِبَادَةِ الأَرثوذكْسِيِّينَ.

**Priest:** Again we pray for our father and metropolitan, N., (our bishop, N.), and all our brotherhood in Christ.

**Priest:** For thou art a merciful God and lovest mankind, and unto thee we ascribe glory, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.

**Choir:** Amen. Bless, Father, in the Name of the Lord.

**Priest:** Glory to the holy, consubstantial, life-giving and undivided Trinity, always, now and ever, and unto ages of ages.

**Choir:** Amen.

**Reader:** Glory to God in the highest, and on earth peace, goodwill among men. (*Thrice*)

O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise. (*Thrice*)

### PSALM 3

O Lord, why are they multiplied that afflict me? Many rise up against me. Many say unto my soul: There is no salvation for him in his God. But Thou, O Lord, art my helper, my glory, and the lifter up of my head. I cried unto the Lord with my voice, and He heard me out of His holy mountain. I laid me down and slept; I awoke, for the Lord will help me. I will not be afraid of ten thousands of people that set themselves against me round about. Arise, O Lord, save me, O my God, for Thou hast smitten all who without cause are mine enemies; the teeth of sinners hast Thou broken. Salvation is of the Lord, and Thy blessing is upon Thy people.

I laid me down and slept; I awoke, for the Lord will help me.

**الكاهن:** وَأَيْضاً نَطْلُبُ مِنْ أَجْلِ آبِينَا وَمِثْرُوبُولِيَّتِنَا (فُلَان) وَرَئِيسِ كَهَنَتِنَا (فُلَان)، وَكُلِّ إِخْوَتِنَا فِي الْمَسِيحِ.

**الكاهن:** لِأَنَّكَ إِلَهٌ رَحِيمٌ وَمُحِبٌّ لِلْبَشَرِ، وَلَكَ نُزِيسُ الْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

**الجوقة:** آمين. بِاسْمِ الرَّبِّ بَارِكْ يَا أَب.

**الكاهن:** الْمَجْدُ لِلثَّالُوثِ الْقُدُّوسِ، الْمَتَسَاوِي فِي الْجَوْهَرِ، الْمُخْيِي، غَيْرِ الْمُتَقَسِّمِ، كُلَّ حِينٍ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

**الجوقة:** آمين.

**القارئ:** الْمَجْدُ لِلَّهِ فِي الْعُلَى، وَعَلَى الْأَرْضِ السَّلَامُ، وَفِي النَّاسِ الْمَسْرَّةَ. (ثَلَاثًا)

يَا رَبِّ افْتَحْ شَفَتِي فَيُخْبِرَ فَمِي بِتَسْبِيحِكَ. (مَرَّتَيْنِ)

### المزمور ٣

يَا رَبِّ لِمَاذَا كَثُرَ الَّذِينَ يُحْزِنُونَنِي؟ كَثِيرُونَ قَامُوا عَلَيَّ. كَثِيرُونَ يَقُولُونَ لِنَفْسِي لَا خَلَاصَ لَهُ بِاللَّهِ. وَأَنْتَ يَا رَبِّ، نَاصِرِي وَمَجْدِي وَرَافِعُ رَأْسِي. بِصَوْتِي إِلَى الرَّبِّ صَرَخْتُ، فَأَجَابَنِي مِنْ جَبَلِ قُدْسِهِ. أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي. فَلَا أَخَافُ مِنْ رِبَوَاتِ الشَّعْبِ الْمُحِيطِينَ بِي، الْمُتَوَازِرِينَ عَلَيَّ. قُمْ يَا رَبِّ، خَلِّصْنِي يَا إِلَهِي، فَإِنَّكَ ضَرَبْتَ كُلَّ مَنْ يُعَادِينِي بَاطِلًا، وَسَحَقْتَ أَسْنَانَ الْخَطَاةِ. لِلرَّبِّ الْخَلَاصُ وَعَلَى شَعْبِكَ بَرَكَتُكَ.

أَنَا رَقَدْتُ وَنِمْتُ ثُمَّ قُمْتُ، لِأَنَّ الرَّبَّ يَنْصُرُنِي.

PSALM 37

المزمور ٣٧

O Lord, rebuke me not in Thine anger, nor chasten me in Thy wrath. For Thine arrows are fastened in me, and Thou hast laid Thy hand heavily upon me. There is no healing in my flesh in the face of Thy wrath; and there is no peace in my bones in the face of my sins. For mine iniquities are risen higher than my head; as a heavy burden have they pressed heavily upon me. My bruises are become noisome and corrupt in the face of my folly. I have been wretched and utterly bowed down until the end; all the day long I went with downcast face. For my loins are filled with mocking, and there is no healing in my flesh. I am afflicted and humbled exceedingly, I have roared from the groaning of my heart. O Lord, before Thee is all my desire, and my groaning is not hid from Thee. My heart is troubled, my strength hath failed me; and the light of mine eyes, even this is not with me. My friends and my neighbors drew nigh over against me and stood, and my nearest of kin stood afar off. And they that sought after my soul used violence; and they that sought evils for me spake vain things, and craftinesses all the day long did they meditate. But as for me, like a deaf man I heard them not, and was as a speechless man that openeth not his mouth. And I became as a man that heareth not, and that hath in his mouth no reproofs. For in Thee have I hoped, O Lord; Thou wilt hearken unto me, O Lord my God. For I said: Let never mine enemies rejoice over me;

يا رَبُّ، لا بِغَضَبِكَ تُوبِّخْنِي، ولا بِرَجْزِكَ تُؤَدِّبْنِي. فَإِنَّ سِهَامَكَ قَدْ نَسَبْتَ فِيَّ، وَمَكَّنْتَ عَلَيَّ يَدَكَ. لَيْسَ لِجَسَدِي شِفَاءٌ مِنْ وَجْهِ غَضَبِكَ، وَلَا سَلَامَةٌ فِي عِظَامِي مِنْ وَجْهِ خَطَايَايَ. لِأَنَّ آثَامِي قَدْ تَعَالَتْ فَوْقَ رَأْسِي، كَحِمْلٍ ثَقِيلٍ قَدْ ثَقَلَتْ عَلَيَّ. قَدْ أَتَنَنْتَ وَقَاخَتْ جِرَاحَاتِي مِنْ قِبَلِ جَهَالَتِي. شَقِيتُ وَأُنْحَنَيْتُ إِلَى الْغَايَةِ، وَالنَّهَارَ كُلَّهُ مَشَيْتُ عَابِسًا. لِأَنَّ مَتْنِي قَدْ امْتَلَأَ مَهَارِيٍّ وَلَيْسَ لِجَسَدِي شِفَاءٌ. شَقِيتُ وَأَتَضَعْتُ جِدًّا، وَكُنْتُ أَيْنٌ مِنْ تَتَهَّدُ قَلْبِي. يَا رَبُّ، إِنَّ بُغْيَتِي كُلَّهَا أَمَامَكَ، وَتَتَهَّدِي لَمْ يَخْفَ عَنْكَ. قَدْ اضْطَرَبَ قَلْبِي وَفَارَقْتَنِي قُوَّتِي، وَنُورُ عَيْنِي أَيْضًا لَمْ يَبْقَ مَعِي. أَصْدِقَائِي وَأَقْرِبَائِي دَنَوْا مِنِّي وَوَقَفُوا لَدَيَّ، وَجِنْسِي وَقَفَ مِنِّي بَعِيدًا. وَأَجْهَدَنِي الَّذِينَ يَطْلُبُونَ نَفْسِي، وَالْمُلْتَمِسُونَ لِي الشَّرَّ تَكَلَّمُوا بِالْبَاطِلِ، وَغَشُوشًا طُولَ النَّهَارِ دَرَسُوا. أَمَّا أَنَا فَكَأَصَمٌ لَا يَسْمَعُ، وَكَأَخْرَسٌ لَا يَفْتَحُ فَاهًا. وَصِرْتُ كإِنْسَانٍ لَا يَسْمَعُ وَلَا فِي فَمِهِ تَبْكِيَةٌ. لِأَنِّي عَلَيْكَ، يَا رَبُّ، تَوَكَّلْتُ، أَنْتَ تَسْتَجِيبُ لِي يَا رَبِّي وَإِلَهِي. لِأَنِّي قُلْتُ لَا يَشْمَتُ بِي أَعْدَائِي، وَعِنْدَمَا زَلَّتْ قَدَمَايَ عَظَّمُوا

yea, when my feet were shaken, those men spake boastful words against me. For I am ready for scourges, and my sorrow is continually before me. For I will declare mine iniquity, and I will take heed concerning my sin. But mine enemies live and are made stronger than I, and they that hated me unjustly are multiplied. They that render me evil for good slandered me, because I pursued goodness. Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

Forsake me not, O Lord my God, depart not from me. Be attentive unto my help, O Lord of my salvation.

### PSALM 62

O God, my God, unto Thee I rise early at dawn. My soul hath thirsted for Thee; how often hath my flesh longed after Thee in a land barren and untrodden and unwatered. So in the sanctuary have I appeared before Thee to see Thy power and Thy glory. For Thy mercy is better than lives; my lips shall praise Thee. So shall I bless Thee in my life, and in Thy name will I lift up my hands. As with marrow and fatness let my soul be filled, and with lips rejoicing shall my mouth praise Thee. If I remembered Thee on my bed, at the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me. But as for these, in vain have they sought after my soul; they shall go into the nethermost parts of the earth, they

عَلَيَّ الْكَلَامَ. لِأَنِّي أَنَا لِلضَّرْبِ مُسْتَعِدٌّ، وَوَجَعِي  
لَدَيَّ فِي كُلِّ حِينٍ. لِأَنِّي أَنَا أُخْبِرُ بِإِثْمِي، وَأَهْتَمُّ  
مِنْ أَجْلِ خَطِيئَتِي. أَمَّا أَعْدَائِي فَأَحْيَاءُ، وَهُمْ أَشَدُّ  
مَنِّي، وَقَدْ كَثُرَ الَّذِينَ يُبْغِضُونَنِي ظُلْمًا، الَّذِينَ  
جَازَوْنِي بِدَلِّ الْخَيْرِ شَرًّا، مَحَلُّوا بِي لِأَجْلِ  
ابْتِغَائِي الصَّلَاحِ. فَلَا تُهْمَلْنِي يَا رَبِّي وَالْهَي وَلَا  
تَتْبَاعِدْ عَنِّي. أَسْرِعْ إِلَى مَعُونَتِي يَا رَبَّ  
خَلَّاصِي.

فَلَا تُهْمَلْنِي يَا رَبِّي وَالْهَي وَلَا تَتْبَاعِدْ عَنِّي.  
أَسْرِعْ إِلَى مَعُونَتِي يَا رَبَّ خَلَّاصِي.

### المزمور ٦٢

يَا اللَّهُ إِلَهِي إِلَيْكَ أَبْتَكِرُ. عَطِشْتُ إِلَيْكَ نَفْسِي،  
وَأَشْتَقُ إِلَيْكَ جَسَدِي، فِي أَرْضٍ بَرِّيَّةٍ وَغَيْرِ  
مَسْلُوكَةٍ وَعَادِمَةِ الْمَاءِ. هَكَذَا ظَهَرْتُ لَكَ فِي  
الْقُدْسِ لِأَعْيُنِ قُوَّتِكَ وَمَجْدِكَ. لِأَنَّ رَحْمَتَكَ  
أَفْضَلُ مِنَ الْحَيَاةِ، وَشَفَتِي تُسَبِّحَانِكَ. هَكَذَا  
أُبَارِكُكَ فِي حَيَاتِي وَبِاسْمِكَ أَرْفَعُ يَدَيَّ، فَتَمْتَلِي  
نَفْسِي كَمَا مِنْ شَحْمٍ وَدَسَمٍ، وَبِشِفَاهِ الْإِبْتِهَاجِ  
يُسَبِّحُكَ فَمِي. إِذَا ذَكَرْتُكَ عَلَى فِرَاشِي، هَدَذْتُ  
بِكَ فِي الْأَسْحَارِ، لِأَنَّكَ صِرْتَ لِي عَوْنًا وَبِظِلِّ  
جَنَاحَيْكَ أَسْتَتِرُ. اِلْتَصَفْتُ نَفْسِي بِكَ، وَإِيَّاي  
عَضَدْتَ يَمِينُكَ. أَمَّا الَّذِينَ يَطْلُبُونَ نَفْسِي

shall be surrendered unto the edge of the sword; portions for foxes shall they be. But the king shall be glad in God, everyone shall be praised that sweareth by Him; for the mouth of them is stopped that speak unjust things.

At the dawn I meditated on Thee. For Thou art become my helper; in the shelter of Thy wings will I rejoice. My soul hath cleaved after Thee; Thy right hand hath been quick to help me.

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (*Thrice*)

Lord, have mercy. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit.

### PSALM 87

Both now and ever, and unto ages of ages. Amen.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication, for filled with evils is my soul, and my life unto Hades hath drawn nigh. I am counted with them that go down into the pit; I am become as a man without help, free among the dead, like the bodies of the slain that sleep in the grave, whom Thou rememberest no more, and they are cut off from Thy hand. They laid me in the lowest pit, in darkness and in the shadow of death. Against me is Thine anger made strong, and all Thy billows hast Thou brought upon me. Thou hast removed my friends afar from me; they have made me an

باطِلاً، فَسَيَدْخُلُونَ فِي أَسْفَلِ الْأَرْضِ، وَيُدْفَعُونَ  
إِلَى أَيْدِي السُّيُوفِ، وَيَكُونُونَ أَنْصَبَةً لِلتَّعَالِبِ.  
أَمَّا الْمَلِكُ فَيُسْرُ بِاللَّهِ، وَيُمْتَدِّحُ كُلُّ مَنْ يَخْلِفُ  
بِهِ، لِأَنَّهُ قَدْ سُدَّتْ أَفْوَاهُ الْمُتَكَلِّمِينَ بِالظُّلْمِ.

هَدَدْتُ بِكَ فِي الْأَسْحَارِ لِأَنَّكَ صِرْتَ لِي عَوْنًا،  
وَبِظِلِّ جَنَاحِيكَ أَسْتَتِرُ. ائْتَصَقْتُ نَفْسِي بِكَ،  
وَإِيَّايَ عَضَدْتَ يَمِينُكَ.

الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ، الْآنَ وَكُلَّ  
أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.

هَلِّلُوبِيَا، هَلِّلُوبِيَا، هَلِّلُوبِيَا، الْمَجْدُ لَكَ يَا اللَّهُ.  
(ثَلَاثًا)

يَا رَبِّ ارْحَمِ. (ثَلَاثًا)

الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ.

### المزمور ٨٧

الآن وكلَّ أوانٍ وإلى دهرِ الدَّاهِرِينَ. آمِينَ.

يَا رَبِّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي  
اللَّيْلِ أَمَامَكَ، فَلْتَدْخُلْ قُدَّامَكَ صَلَاتِي، أَمِنْ  
أُذُنَكَ إِلَى طَلِبَتِي، فَقَدْ امْتَلَأَتْ مِنْ الشُّرُورِ  
نَفْسِي، وَدَنَتْ مِنْ الْجَحِيمِ حَيَاتِي. حُسِبْتُ مَعَ  
الْمُنْحَدِرِينَ فِي الْجُبِّ، صِرْتُ مِثْلَ إِنْسَانٍ لَيْسَ  
لَهُ مَعِينٌ، مَطْرُوحًا بَيْنَ الْأَمْوَاتِ مِثْلَ الْقَتْلَى  
الرَّاقِدِينَ فِي الْقُبُورِ، الَّذِينَ لَا تَذْكُرُهُمْ أَيْضًا، وَهُمْ  
مِنْ يَدِكَ مُقْصُونَ. جَعَلُونِي فِي جُبِّ أَسْفَلِ  
السَّافِلِينَ، فِي ظُلُمَاتِ الْمَوْتِ وَظِلَالِهِ. عَلَيَّ  
اسْتَقَرَّ غَضَبُكَ، وَجَمِيعُ أَهْوَالِكَ أَجَزَّتْهَا عَلَيَّ.

abomination unto themselves. I have been delivered up, and have not come forth; mine eyes are grown weak from poverty. I have cried unto Thee, O Lord, the whole day long; I have stretched out my hands unto Thee. Nay, for the dead wilt Thou work wonders? Or shall physicians raise them up that they may give thanks unto Thee? Nay, shall any in the grave tell of Thy mercy, and of Thy truth in that destruction? Nay, shall Thy wonders be known in that darkness, and Thy righteousness in that land that is forgotten? But as for me, unto Thee, O Lord, have I cried; and in the morning shall my prayer come before Thee. Wherefore, O Lord, dost Thou cast off my soul and turnest Thy face away from me? A poor man am I, and in troubles from my youth; yea, having been exalted, I was humbled and brought to distress. Thy furies have passed upon me, and Thy terrors have sorely troubled me. They came round about me like water, all the day long they compassed me about together. Thou hast removed afar from me friend and neighbor, and mine acquaintances because of my misery.

O Lord God of my salvation, by day have I cried and by night before Thee. Let my prayer come before Thee, bow down Thine ear unto my supplication.

### PSALM 102

Bless the Lord, O my soul, and all that is within me bless His holy name. Bless the Lord, O my soul, and forget not all that He hath done for thee, Who is gracious unto all thine iniquities, Who healeth all thine infirmities, Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion, Who fulfilleth thy desire with good things; thy youth shall be renewed

أَبْعَدْتَ عَنِّي مَعَارِفِي، جَعَلُونِي لَهُمْ رَجَاسَةً. قَدْ أُسْلِمْتُ وَمَا خَرَجْتُ، وَعَيْنَايَ ضَعُفَتْ مِنَ الْمَسْكَنَةِ. صَرَخْتُ إِلَيْكَ، يَا رَبُّ، النَّهَارَ كُلَّهُ وَإِلَيْكَ بَسَطْتُ يَدَيَّ. أَلَعَلَّكَ لِلْأَمْوَاتِ تَصْنَعُ الْعَجَائِبَ؟ أَمْ الْأَطْبَاءُ يُقِيمُونَهُمْ، فَيَعْتَرِفُونَ لَكَ؟ هَلْ يُحَدِّثُ أَحَدٌ فِي الْقَبْرِ بِرَحْمَتِكَ، وَفِي الْهَلَاكِ بِحَقِّكَ؟ هَلْ تُعْرِفُ فِي الظُّلْمَةِ عَجَائِبُكَ، وَعَدْلَكَ فِي أَرْضٍ مَنْسِيَّةٍ؟ وَأَنَا إِلَيْكَ، يَا رَبُّ، صَرَخْتُ فَتَبَلَّغْكَ فِي الْغَدَاةِ صَلَاتِي. لِمَاذَا، يَا رَبُّ، تُقْصِي نَفْسِي وَتَصْرِفُ وَجْهَكَ عَنِّي؟ فَقِيرٌ أَنَا، وَفِي الشَّقَاءِ مُنْذُ شَبَابِي، وَحِينَ ارْتَفَعْتُ انْتَضَعْتُ وَتَحَيَّرْتُ. عَلَيَّ جَازَ رِجْزُكَ، وَمُفْرِعَاتُكَ أَزْعَجْتَنِي. أَحَاطَتْ بِي كَالْمَاءِ، وَالنَّهَارَ كُلَّهُ اكْتَفَيْتَنِي مَعًا. أَبْعَدْتَ عَنِّي الصَّدِيقَ وَالْقَرِيبَ وَمَعَارِفِي مِنَ الشَّقَاءِ.

يَا رَبُّ إِلَهَ خَلَاصِي، فِي النَّهَارِ صَرَخْتُ وَفِي اللَّيْلِ أَمَامَكَ، فَلْتَدْخُلْ قُدَامَكَ صَلَاتِي، أَمِنْ أُوذُنِكَ إِلَى طَلِبَتِي.

### المزمور ١٠٢

بَارِكِي يَا نَفْسِي الرَّبَّ، وَيَا جَمِيعَ مَا فِي دَاخِلِي اسْمَهُ الْقُدُّوسِ. بَارِكِي يَا نَفْسِي الرَّبَّ، وَلَا تَنْسِي جَمِيعَ مُكَافَأَاتِهِ. الَّذِي يَغْفِرُ جَمِيعَ آثَامِكَ، الَّذِي يَشْفِي جَمِيعَ أَمْرَاضِكَ، الَّذِي يُنَجِّي مِنَ الْفَسَادِ حَيَاتِكَ، الَّذِي يُكَلِّلُكَ بِالرَّحْمَةِ وَالرَّأْفَةِ، الَّذِي يُشْبِعُ



as the eagle's. The Lord performeth deeds of mercy, and executeth judgment for all them that are wronged. He hath made His ways known unto Moses, unto the sons of Israel the things that He hath willed. Compassionate and merciful is the Lord, long-suffering and plenteous in mercy; not unto the end will He be angered; neither unto eternity will He be wroth. Not according to our iniquities hath He dealt with us, neither according to our sins hath He rewarded us. For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him. As far as the east is from the west, so far hath He removed our iniquities from us. Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them that fear Him; for He knoweth whereof we are made, He hath remembered that we are dust. As for man, his days are as the grass; as a flower of the field, so shall he blossom forth. For when the wind is passed over it, then it shall be gone, and no longer will it know the place thereof. But the mercy of the Lord is from eternity, even unto eternity, upon them that fear Him. And His righteousness is upon sons of sons, upon them that keep His testament and remember His commandments to do them. The Lord in heaven hath prepared His throne, and His kingdom ruleth over all. Bless the Lord, all ye His angels, mighty in strength, that perform His word, to hear the voice of His words. Bless the Lord, all ye His hosts, His ministers that do His will. Bless the Lord, all ye His works, in every place of His dominion. Bless the Lord, O my soul.

In every place of His dominion, bless the Lord, O my soul.

بِالْخَيْرَاتِ شَهَوَاتِكَ، فَيَتَجَدَّدُ كَالنَّسْرِ شَبَابُكَ.  
الرَّبُّ صَانِعُ الرَّحْمَاتِ وَالْقَضَاءِ لِجَمِيعِ  
الْمَظْلُومِينَ. عَرَفَ مُوسَى طُرُقَهُ، وَبَنِي إِسْرَائِيلَ  
مَشِيئَاتِهِ. الرَّبُّ رَحِيمٌ وَرَوْوْفٌ، طَوِيلُ الْأَنَاءِ  
وَكَثِيرُ الرَّحْمَةِ، لَيْسَ إِلَى الْإِنْقِضَاءِ يَسْخَطُ، وَلَا  
إِلَى الدَّهْرِ يَخْهَدُ. لَا عَلَى حَسَبِ آثَامِنَا صَنَعَ  
مَعَنَا، وَلَا عَلَى حَسَبِ خَطَايَانَا جَازَانَا. لِأَنَّهُ  
بِمِقْدَارِ ارْتِفَاعِ السَّمَاءِ عَنِ الْأَرْضِ، قَوَى الرَّبُّ  
رَحْمَتَهُ عَلَى الَّذِينَ يَتَّقُونَهُ، وَبِمِقْدَارِ بُعْدِ الْمَشْرِقِ  
مِنَ الْمَغْرِبِ أَبْعَدَ عَنَّا سَيِّئَاتِنَا. كَمَا يَتَرَأَّفُ الْأَبُ  
بِالْبَنِينَ، يَتَرَأَّفُ الرَّبُّ بِخَائِفِيهِ، لِأَنَّهُ عَرَفَ جِبَلَتَنَا  
وَذَكَرَ أَنَّنَا تُرَابٌ نَحْنُ. الْإِنْسَانُ كَالْعُشْبِ أَيَّامُهُ  
وَكَزْهِرِ الْحَقْلِ كَذَلِكَ يُزْهِرُ، لِأَنَّهُ إِذَا هَبَّتْ فِيهِ  
الرِّيحُ لَيْسَ يَثْبُتُ وَلَا يُعْرَفُ أَيْضًا مَوْضِعُهُ. أَمَّا  
رَحْمَةُ الرَّبِّ فَهِيَ مِنْذُ الدَّهْرِ، وَإِلَى الدَّهْرِ عَلَى  
الَّذِينَ يَتَّقُونَهُ، وَعَدْلُهُ عَلَى أَبْنَاءِ الْبَنِينَ الْحَافِظِينَ  
عَهْدَهُ وَالذَّاكِرِينَ وَصَايَاهُ لِيَصْنَعُوهَا. الرَّبُّ هَيَّأَ  
عَرْشَهُ فِي السَّمَاءِ، وَمَمْلَكَتُهُ تَسُودُ عَلَى الْجَمِيعِ.  
بَارِكُوا الرَّبَّ يَا جَمِيعَ مَلَائِكَتِهِ، الْمُقْتَدِرِينَ بِقُوَّةٍ،  
الْعَامِلِينَ بِكَلِمَتِهِ عِنْدَ سَمَاعِ صَوْتِ كَلَامِهِ.  
بَارِكُوا الرَّبَّ يَا جَمِيعَ قُوَّاتِهِ، يَا خُدَّامَهُ الْعَامِلِينَ  
إِرَادَتَهُ. بَارِكُوا الرَّبَّ يَا جَمِيعَ أَعْمَالِهِ، فِي كُلِّ  
مَوْضِعِ سِيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ.  
فِي كُلِّ مَوْضِعِ سِيَادَتِهِ. بَارِكِي يَا نَفْسِي الرَّبَّ.

O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness. And enter not into judgment with Thy servant, for in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth. He hath sat me in darkness as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days of old, I meditated on all Thy works, I pondered on the creations of Thy hands. I stretched forth my hands unto Thee; my soul thirsteth after Thee like a waterless land. Quickly hear me, O Lord; my spirit hath fainted away. Turn not Thy face away from me, lest I be like unto them that go down into the pit. Cause me to hear Thy mercy in the morning; for in Thee have I put my hope. Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul. Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. Thy good Spirit shall lead me in the land of uprightness; for Thy name's sake, O Lord, shalt Thou quicken me. In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies. And Thou shalt cut off all them that afflict my soul, for I am Thy servant.

Hearken unto me, O Lord, in Thy righteousness and enter not into judgment with Thy servant. *(Twice)*

Thy good Spirit shall lead me in the land of uprightness.

يا رَبِّ اسْتَمِعْ صَلَاتِي، وَأَنْصِتْ بِحَقِّكَ إِلَيَّ طَلِبَتِي. اسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ، فَإِنَّهُ لَنْ يَتَرَكَ أَمَامَكَ أَيُّ حَيٍّ. لِأَنَّ الْعَدُوَّ قَدْ اضْطَهَدَ نَفْسِي، وَأَذَلَّ إِلَيَّ الْأَرْضَ حَيَاتِي، وَأَجَلَسَنِي فِي الظُّلُمَاتِ مِثْلَ الْمَوْتَى مُنْذُ الدَّهْرِ، فَضَجِرْتُ رُوحِي وَاضْطَرَبَ قَلْبِي فِي دَاخِلِي. تَذَكَّرْتُ الْأَيَّامَ الْقَدِيمَةَ. هَذَنْتُ فِي كُلِّ أَعْمَالِكَ، وَتَأَمَّلْتُ فِي صَنَائِعِ يَدَيْكَ. بَسَطْتُ يَدَيَّ إِلَيْكَ وَنَفْسِي لَكَ كَأَرْضٍ لَا تُمْطَرُ. أَسْرِعْ فَاسْتَجِبْ لِي يَا رَبِّ، فَقَدْ فَنَيْتُ رُوحِي. لَا تَصْرِفْ وَجْهَكَ عَنِّي، فَأُشَابِهَ الْهَابِطِينَ فِي الْجُبِّ. اجْعَلْنِي فِي الْغَدَاةِ مُسْتَمِعًا رَحْمَتَكَ، فَإِنِّي عَلَيْكَ تَوَكَّلْتُ. عَرَّفْنِي يَا رَبُّ الطَّرِيقَ الَّذِي أَسْلُكُ فِيهِ، فَإِنِّي إِلَيْكَ رَفَعْتُ نَفْسِي. أَنْقِذْنِي مِنْ أَعْدَائِي يَا رَبِّ، فَإِنِّي قَدْ لَجَأْتُ إِلَيْكَ. عَلَّمْنِي أَنْ أَعْمَلَ مَرْضَاتِكَ، لِأَنَّكَ أَنْتَ إِلَهِي. رُوحَكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ. مِنْ أَجْلِ اسْمِكَ، يَا رَبِّ، تُحْيِينِي. بِعَدْلِكَ تُخْرِجُ مِنَ الْحُزَنِ نَفْسِي، وَبِرَحْمَتِكَ تَسْتَأْصِلُ أَعْدَائِي، وَتُهْلِكُ جَمِيعَ الَّذِينَ يُحْزِنُونَ نَفْسِي لِأَنِّي أَنَا عَبْدُكَ.

اسْتَجِبْ لِي بِعَدْلِكَ، وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ. *(مَرَّتَيْنِ)*

رُوحَكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسْتَقِيمَةٍ.

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (*Thrice*)

O our God and our Hope, glory to Thee!

### THE GREAT LITANY

**Priest:** In peace, let us pray to the Lord.

**Choir:** Lord, have mercy. (use this response until noted below)

**Priest:** For the peace from above and the salvation of our souls, let us pray to the Lord.

**Priest:** For the peace of the whole world, the good estate of the holy churches of God and the union of all, let us pray to the Lord.

**Priest:** For this holy house and those who with faith, reverence and fear of God enter therein, let us pray to the Lord.

**Priest:** For our father and metropolitan, N., (our bishop, N.,) the honorable presbytery, the diaconate in Christ, all the clergy and the people, let us pray to the Lord.

**Priest:** For our country, its president (or appropriate head of state), civil authorities and armed forces, let us pray to the Lord.

**Priest:** For this city and every city and countryside and the faithful who dwell therein, let us pray to the Lord.

الْمَجْدُ لِلآبِ وَالابْنِ وَالرَّوْحِ الْقُدُسِ، الْآنَ وَكُلَّ  
أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.

هَلِّلُويا، هَلِّلُويا، هَلِّلُويا، الْمَجْدُ لَكَ يَا اللهُ.  
(ثلاثاً)

يا إِلَهنا وَرَجاءنا الْمَجْدُ لَكَ.

### الطَّلِبَةُ السَّلَامِيَّةُ الْكُبْرَى

الكاهن: بِسَلَامٍ إِلى الرَّبِّ نَطْلُبُ.

الجوقة: يا رَبُّ ارْحَمِ. (تُعَادُ بَعْدَ كُلِّ طَلِبَةٍ)

الكاهن: مِنْ أَجْلِ السَّلَامِ الَّذِي مِنَ الْعُلَى  
وَخَلَاصِ نُفُوسِنَا، إِلى الرَّبِّ نَطْلُبُ.

الكاهن: مِنْ أَجْلِ سَلَامِ كُلِّ الْعَالَمِ، وَحُسْنِ ثَبَاتِ  
كَنائِسِ اللهِ الْمُقَدَّسَةِ، وَإِتِّحَادِ الْجَمِيعِ، إِلى الرَّبِّ  
نَطْلُبُ.

الكاهن: مِنْ أَجْلِ هَذَا الْبَيْتِ الْمُقَدَّسِ، وَالَّذِينَ  
يَدْخُلُونَ إِليهِ بِإِيْمَانٍ وَوَرَعٍ وَخَوْفِ اللهِ، إِلى الرَّبِّ  
نَطْلُبُ.

الكاهن: مِنْ أَجْلِ أَبِينَا وَمِتْرُوبُوليتنا (فلان)  
ورئيسِ كَهَنَتنا (فلان)، وَالكَهَنَةَ الْمُكْرَمِينَ،  
وَالشَّامِسَةَ، خُدَّامِ الْمَسِيحِ، وَجَمِيعِ الْإِكْليرُوسِ  
وَالشَّعْبِ، إِلى الرَّبِّ نَطْلُبُ.

الكاهن: مِنْ أَجْلِ حُكَّامِ هَذَا الْبَلَدِ وَمُؤَارَظَتِهِمْ فِي  
كُلِّ عَمَلٍ صَالِحٍ، إِلى الرَّبِّ نَطْلُبُ.

الكاهن: مِنْ أَجْلِ هَذِهِ الْمَدِينَةِ، وَجَمِيعِ الْمُدُنِ  
وَالْقُرَى، وَالْمُؤْمِنِينَ السَّاكِنِينَ فِيهَا، إِى الرَّبِّ  
نَطْلُبُ.

**Priest:** For healthful seasons, abundance of the fruits of the earth and peaceful times, let us pray to the Lord.

**Priest:** For travelers by sea, by land and by air, the sick, the suffering, the captive, and for their salvation, let us pray to the Lord.

**Priest:** For our deliverance from all tribulation, wrath, danger and necessity, let us pray to the Lord.

**Priest:** Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

**Priest:** Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.

**Choir:** To Thee, O Lord.

**Priest:** For unto thee are due all glory, honor and worship, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages.

**Choir:** Amen.

**“GOD IS THE LORD”  
(IN TONE SEVEN)**

**Chanter:** God is the Lord and hath appeared unto us. Blessed is He that cometh in the Name of the Lord. (Repeat after verses)

**الكاهن:** مِنْ أَجْلِ اعْتِدَالِ الْأَهْوِيَةِ، وَخِصْبِ ثَمَارِ الْأَرْضِ وَأَوْقَاتِ سَلَامِيَّةٍ، إِلَى الرَّبِّ نَطْلُبُ.

**الكاهن:** مِنْ أَجْلِ الْمُسَافِرِينَ فِي الْبَحْرِ وَالْبَرِّ وَالْجَوِّ، وَالْمَرْضَى وَالْمُتَأَلِّمِينَ وَالْأَسْرَى، وَخَلَاصِهِمْ، إِلَى الرَّبِّ نَطْلُبُ.

**الكاهن:** مِنْ أَجْلِ نَجَاتِنَا مِنْ كُلِّ ضَيْقٍ وَغَضَبٍ وَخَطَرٍ وَشِدَّةٍ إِلَى الرَّبِّ نَطْلُبُ.

**الكاهن:** أَعْضُدْ وَخَلِّصْ وَارْحَمْ واحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ.

**الكاهن:** بَعْدَ ذِكْرِنَا الْكَلِيَّةَ الْقَدَّاسَةَ الطَّاهِرَةَ الْفَائِقَةَ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتَنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةِ مَرْيَمَ، مَعَ جَمِيعِ الْقَدِّيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.

**الجوقة:** لَكَ يَا رَبِّ.

**الكاهن:** لِأَنَّهُ يَنْبَغِي لَكَ كُلُّ تَمَجِيدٍ وَإِكْرَامٍ وَسُجُودٍ، أَيُّهَا الْأَبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

**الجوقة:** آمين.

"اللَّهُ الرَّبُّ"  
(بِالْحَنِ السَّابِعِ)

**المرتل:** اللَّهُ الرَّبُّ ظَهَرَ لَنَا، مُبَارَكٌ الْآتِي بِاسْمِ الرَّبِّ. (تَعَاد بَعْدَ الْإِسْتِيخُونَاتِ)

1. O give thanks unto the Lord, and call upon His holy Name.
2. All nations compassed me about, but in the Name of the Lord will I destroy them.
3. This is the Lord's doing; it is marvelous in our eyes.

**RESURRECTIONAL APOLYTIKION  
(IN TONE SEVEN)**

Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

**RESURRECTIONAL APOLYTIKION  
(IN TONE SEVEN)**

*Glory to the Father, and to the Son, and to the Holy Spirit.*

Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

**RESURRECTIONAL THEOTOKION  
(IN TONE SEVEN)**

*Both now and ever, and unto ages of ages. Amen.*

In that thou art the treasury of our resurrection, O all-praised one, lead thou forth from the pit and bottom of transgression those who set their hope in thee. For thou hast saved those who were guilty of sin, in that thou didst give birth to our Salvation; O thou who before giving birth wast virgin, and at giving birth and after giving birth was virgin still.

١ . إَعْتَرِفُوا لِلرَّبِّ وَاذْعُوا بِاسْمِهِ الْقُدُّوسِ .

٢ . كُلُّ الْأُمَمِ أَحَاطُوا بِي وَبِاسْمِ الرَّبِّ قَهَرْتُهُمْ .

٣ . مِنْ قَبْلِ الرَّبِّ كَانَتْ هَذِهِ وَهِيَ عَجِيبَةٌ فِي أَعْيُنِنَا .

**أَبُولِيْتِيْكَوْنِ الْقِيَامَةِ  
(بِالْحَنِ السَّابِعِ)**

حَطَمْتَ بِصَلِيبِكَ الْمَوْتَ، وَفَتَحْتَ لِلصِّ  
الْفِرْدَوْسِ، وَحَوَّلْتَ نَوْحَ حَامِلَاتِ الطَّيِّبِ، وَأَمَرْتَ  
رُسُلَكَ أَنْ يَكْرِزُوا، بِأَنَّكَ قَدْ قُمْتَ أَيُّهَا الْمَسِيحُ  
الْإِلَهُ، مَانِحاً الْعَالَمَ الرَّحْمَةَ الْعُظْمَى .

**أَبُولِيْتِيْكَوْنِ الْقِيَامَةِ  
(بِالْحَنِ السَّابِعِ)**

الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُّوسِ .

حَطَمْتَ بِصَلِيبِكَ الْمَوْتَ، وَفَتَحْتَ لِلصِّ  
الْفِرْدَوْسِ، وَحَوَّلْتَ نَوْحَ حَامِلَاتِ الطَّيِّبِ، وَأَمَرْتَ  
رُسُلَكَ أَنْ يَكْرِزُوا، بِأَنَّكَ قَدْ قُمْتَ أَيُّهَا الْمَسِيحُ  
الْإِلَهُ، مَانِحاً الْعَالَمَ الرَّحْمَةَ الْعُظْمَى .

**وَالِدِيَّةُ الْقِيَامَةِ  
(بِالْحَنِ السَّابِعِ)**

الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ . آمِينَ

بِمَا أَنَّكَ كُنْتَ قِيَامَتِنَا أَيُّهَا الْكَلِيَّةُ التَّسْبِيحِ،  
فَانْتَشَلِي الْوَاتِقِينَ بِكَ مِنْ عُمُقِ جُبِّ الزَّلَّاتِ .  
لَأَنَّكَ أَنْتِ خَلَصْتِ السَّاقِطِينَ تَحْتَ طَائِلَةِ  
الْحَطِيئَةِ لَمَّا وَلَدْتِ الْخَلَاصَ . يَا مَنْ هِيَ قَبْلَ  
الْوِلَادَةِ عَذْرَاءُ، وَفِي الْوِلَادَةِ عَذْرَاءُ، وَبَعْدَ الْوِلَادَةِ  
أَيْضاً عَذْرَاءُ .

## THE LITTLE LITANY

**Priest:** Again and again, in peace, let us pray to the Lord.

**Choir:** Lord, have mercy.

**Priest:** Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

**Choir:** Lord, have mercy.

**Priest:** Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.

**Choir:** To Thee, O Lord.

**Priest:** For Thine is the might, and Thine is the kingdom, and the power and the glory: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.

**Choir:** Amen.

## RESURRECTIONAL KATHISMATA (SEVENTH TONE) (Plain Reading)

### First Kathisma

Verily, Life was placed in a grave, and a seal was placed on the stone, and the soldiers guarded Christ as they would a slumbering king. The angels, therefore, did glorify Him; for He was a deathless God, and the women cried, saying: The Lord hath risen, Who giveth the world Great Mercy.

## الطَّلِبَةُ السَّلَامِيَّةُ الصُّغْرَى

**الكاهن:** أيضاً وأيضاً بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.

**الجوق:** يَا رَبُّ ارْحَمْنَا.

**الكاهن:** أَعْضُدْ وَخَلِّصْ وَارْحَمْنَا وَاحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ.

**الجوق:** يَا رَبُّ ارْحَمْنَا.

**الكاهن:** بَعْدَ ذِكْرِنَا الْكَلِيَّةِ الْقَدَّاسَةِ، الطَّاهِرَةِ، الْفَائِقَةِ الْبَرَكَاتِ الْمَجِيدَةِ، سَيِّدَتِنَا وَالِدَةَ الْإِلَهِ الدَّائِمَةَ الْبَتُولِيَّةِ مَرْيَمَ مَعَ جَمِيعِ الْقَدِّيسِينَ، لِنُودِعَ أَنْفُسَنَا وَبَعْضُنَا بَعْضاً وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ الْإِلَهِ.

**الجوق:** لَكَ يَا رَبُّ.

**الكاهن:** لِأَنَّ لَكَ الْعِزَّةَ وَلَكَ الْمُلْكَ وَالْقُوَّةَ وَالْمَجْدَ أَيُّهَا الْآبُ وَالْإِبْنُ وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

**الجوق:** آمِينَ.

## كَاشِمَاتُ الْقِيَامَةِ

(بِالْحَنِّ السَّابِعِ) (قِرَاءَةٌ)

### الكَاشِمَا الْأُولَى

إِنَّ الْحَيَاةَ قَدْ وُضِعَ فِي الرَّمْسِ، وَجُعِلَ خَتْمٌ عَلَى الْحَجَرِ، وَالْجُنْدُ حَرَسُوا الْمَسِيحَ كَأَنَّهُ مَلِكٌ رَاقِدٌ. فَالْمَلَائِكَةُ مَجْدُوهُ بِمَا أَنَّهُ إِلَهُ غَيْرُ مَائِتٍ، وَالنِّسْوَةُ هَتَفْنَ قَائِلَاتٍ: قَدْ قَامَ الرَّبُّ الْمَانِحُ الْعَالَمَ الرَّحْمَةَ الْعُظْمَى.

*Glory to the Father, and to the Son, and to the Holy Spirit.*

O Lord Christ, Thou hast led Death captive by Thy three-day burial, and didst raise corrupt man by Thy life-bearing Resurrection. Wherefore, glory to Thee, O Thou alone the Lover of mankind.

*Both now and ever, and unto ages of ages. Amen.*

O Virgin Theotokos, intercede untiringly to Christ God, Who was crucified for our sakes, Who rose and broke the might of Death, to save our souls.

### **Second Kathisma**

While the tomb was sealed, Thou didst shine forth from it, O Life; and while the doors were closed, Thou didst come in to Thy Disciples, O Christ God, Resurrection of all, renewing in us through them an upright spirit, according to the greatness of Thy mercy.

*Glory to the Father, and to the Son, and to the Holy Spirit.*

The women bearing ointment mixed with tears did hasten to Thy grave. And when they saw the soldiers guarding Thee, O King of all, they said to themselves: Who shall roll for us the stone? But the Messenger of the great counsel did rise, trampling down Death. Wherefore, O Almighty One, O Lord, glory to Thee.

*Both now and ever, and unto ages of ages. Amen.*

المَجْدُ لِلآبِ وَالإِبْنِ وَالرُّوحِ الْقُدْسِ.

أَيُّهَا الْمَسِيحُ الإِلَهُ، إِنَّكَ سَبَيْتَ الْمَوْتَ بِدَفْنِكَ  
الثَّلَاثِيَّ الأَيَّامِ، وَأَنْهَضْتَ بِقِيَامَتِكَ الْمُتَسَرِّلَةَ  
الحياةَ الإنسانِ الفاسِدِ. فَالْمَجْدُ لَكَ أَيُّهَا الْمُحِبُّ  
البَشَرَ وَحْدَكَ.

الآنَ وَكُلَّ أوانٍ وإِلى دَهْرِ الدَّاهِرِينَ. آمين.

يا وَالِدَةَ الإِلَهُ العَذراءِ، لا تَبْرَحِي مُتَضَرِّعَةً إِلى  
المَسِيحِ الإِلَهُ الَّذِي صُلِبَ مِنْ أَجْلِنَا، وَقَامَ  
مُنْبَعِثًا، وَحَطَّمَ عِرَّةَ الْمَوْتِ، طالِبَةً أَنْ يُخَلِّصَ  
نُفُوسَنَا.

### **الكاشِما الثانية**

إِذْ كانَ القَبْرُ مَخْتوماً أَشْرَقَتْ مِنْهُ أَيُّهَا الحِياةُ،  
وَلَمَّا كانَتْ الأَبوابُ مُغْلَقَةً، وافَيْتِ التَّلَامِيذَ أَيُّهَا  
المَسِيحُ الإِلَهُ قِيامَةَ الكُلِّ، وَجَدَّدْتَ لَنَا بِهِمْ رُوحاً  
مُسْتَقِيماً بِحَسَبِ عَظِيمِ رَحْمَتِكَ.

المَجْدُ لِلآبِ وَالإِبْنِ وَالرُّوحِ الْقُدْسِ.

إِنَّ النِّسْوَةَ أَسْرَعْنَ إِلى قَبْرِكَ حَامِلاتٍ طَيِّباً  
مُمْتَزِجَةً بِدُمُوعٍ، وَإِذْ رَأَيْنَ الجُنْدَ يَحْرُسُونَكَ يا  
مَلِكَ الكُلِّ، قُلْنَ في أَنْفُسِهِنَّ: مَنْ يُدْخِرُ لَنَا  
الحَجَرَ؟ لَكِنَّ رَسولَ الرِّأْيِ العَظِيمِ قامَ دائِماً  
المَوْتَ. فَيَا أَيُّهَا القادِرُ على كُلِّ شَيْءٍ، يا رَبُّ  
المَجْدُ لَكَ.

الآنَ وَكُلَّ أوانٍ وإِلى دَهْرِ الدَّاهِرِينَ. آمين.

Rejoice, O Virgin full of grace, Theotokos, O Haven of mankind and their Intercessor; for from thee was incarnate the Savior of the world; for thou alone art Mother and Virgin at the same time. Wherefore, intercede with Christ our God, that He grant safety to the universe, O ever-blessed and glorified one.

### EVLOGETARIA (BENEDICTIONS) (IN TONE FIVE)

*Blessed art Thou, O Lord; teach me Thy statutes.*

The company of the Angels was amazed when they beheld Thee numbered among the dead. Yet Thyself, O Savior, destroying the power of death, with Thee raising up Adam and releasing all men from hell.

*Blessed art Thou, O Lord; teach me Thy statutes.*

Wherefore, O Women Disciples, do ye mingle sweet-smelling spices with your tears of pity? The radiant Angel within the sepulcher cried unto the Myrrh-bearing Women: Behold the grave, and understand, for the Savior is risen from the tomb.

*Blessed art Thou, O Lord; teach me Thy statutes.*

Very early in the morning, did the Myrrh-bearing Women run lamenting unto Thy tomb. But an Angel came toward them, saying: The time for lamentation is passed; weep not, but announce unto the Apostles the Resurrection.

إفْرَحِي أَيُّهَا الْبَتُولُ وَالِدَةُ الْإِلَهِ الْمُنْعَمُ عَلَيْهَا،  
مِينَاءُ جِنْسِ الْبَشَرِ وَشَفِيعَتُهُمْ، لِأَنَّهُ مِنْكَ تَجَسَّدَ  
مُنْقِذُ الْعَالَمِ، وَأَنْتِ وَحْدَكَ لَمْ تَزَالِي وَالِدَةً وَعِذْرَاءَ  
مَعًا. فَتَشْفَعِي إِلَى الْمَسِيحِ إِلَيْنَا لِكَيْ يَهَابَ  
الْمَسْكُونَةَ السَّلَامَةَ، أَيُّهَا الْمُبَارَكَةُ وَالْمَمَجَّدَةُ  
دَائِمًا.

### إفلوجيطاريات (باللحن الخامس)

مُبَارِكُ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ.

جَمْعُ الْمَلَائِكَةِ انْذَهَلَ مُتَحَيِّرًا، عِنْدَ مُشَاهَدَتِهِمْ  
إِيَّاكَ مَحْسُوبًا بَيْنَ الْأَمْوَاتِ أَيُّهَا الْمُخَلِّصُ،  
وَدَاحِضًا قُوَّةَ الْمَوْتِ، وَمُنْهَضًا آدَمَ مَعَكَ،  
وَمُعْتِقًا إِيَّانَا مِنَ الْجَحِيمِ كَافَةً.

مُبَارِكُ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ.

الْمَلَائِكَةُ اللَّامِعَةُ عِنْدَ الْقَبْرِ تَقْوَهُ نَحْوَ حَامِلَاتِ  
الطِّيبِ قَائِلًا: لِمَ تَمْرُجْنَ الطُّيُوبَ بِالْدُمُوعِ، بِتَرْتِّ  
يَا تَلْمِيزَاتِ؟ أَنْظُرْنَ اللَّحْدَ وَافْرَحْنَ، لِأَنَّ  
الْمُخَلِّصَ قَدْ قَامَ مِنَ الْقَبْرِ.

مُبَارِكُ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ.

إِنَّ حَامِلَاتِ الطِّيبِ سَحَرًا جِدًّا، سَارَعْنَ إِلَى  
قَبْرِكَ نَائِحَاتٍ. إِلَّا أَنَّ الْمَلَائِكَةَ وَقَفَ بِهِنَّ، وَقَالَ  
لَهُنَّ: زَمَانُ النَّوْحِ قَدْ كَفَّ وَبَطَلَ فَلَا تَبْكِينَ، بَلْ  
بَشِّرْنَ الرُّسُلَ بِالْقِيَامَةِ.



*Blessed art Thou, O Lord; teach me Thy statutes.*

The Myrrh-bearing Women mourned, as bearing spices they drew near Thy tomb, O Savior. But the Angel spake unto them, saying: Why number ye the living among the dead? In that He is God He is risen from the grave.

*Glory to the Father, and to the Son, and to the Holy Spirit.*

We adore the Father, as also His Son, and the Holy Spirit, the Holy Trinity in one Essence, crying with the Seraphim: Holy, holy, holy art Thou, O Lord.

*Both now and ever, and unto ages of ages. Amen.*

In that thou didst bear the Giver of Life, O Virgin, thou didst redeem Adam from sin, and didst give to Eve joy in place of sadness; and He who was incarnate of thee, both God and man, hath restored to life those who had fallen therefrom.

Alleluia, Alleluia, Alleluia. Glory to Thee, O God. (*Thrice*)

O our God and our Hope, glory to Thee.

### THE LITTLE LITANY

**Priest:** Again and again, in peace, let us pray to the Lord.

**Choir:** Lord, have mercy.

**Priest:** Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

**Choir:** Lord, have mercy.

مُبَارِكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ.

إِنَّ النِّسْوَةَ حَامِلَاتِ الطِّيبِ، وَافِينَ بِالْحَنُوطِ إِلَى قَبْرِكَ أَيُّهَا الْمُخْلِصِ. فَسَمِعْنَ مَلَكَاً مُتَنَغِّمًا نَحْوَهُنَّ قَائِلًا: لِمَ تَحْسِبْنَ الْحَيِّ مَعَ الْمَوْتَى؟ فَبِمَا أَنَّهُ إِلَهُ، قَدْ قَامَ مِنَ الْقَبْرِ نَاهِضًا.

الْمَجْدُ لِلآبِ، وَالابْنِ، وَالرُّوحِ الْقُدُسِ.

نَسْجُدُ لِلآبِ، وَلابْنِهِ، وَلِرُوحِ قُدُسِهِ، ثَالِوثًا قُدُوسًا فِي جَوْهَرٍ وَاحِدٍ، هَاتِفِينَ مَعَ السَّرَافِيمِ: قُدُوسٌ، قُدُوسٌ، قُدُوسٌ أَنْتَ يَا رَبُّ.

الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.

أَيُّهَا الْعَذْرَاءُ، لَقَدْ وُلِدْتَ مُعْطِيَةِ الْحَيَاةِ، وَأَنْقَذْتَ آدَمَ مِنَ الْخَطِيئَةِ، وَمَنْحَتِ حَوَاءَ الْفَرْحِ عِوَضَ الْحُزْنِ، لَكِنَّ الْإِلَهَ وَالْإِنْسَانَ الْمُتَجَسِّدَ مِنْكَ، أَرْشَدَهُمَا إِلَى الْحَيَاةِ الَّتِي قَدْ تَهَوَّرَا مِنْهَا.

هَلِّلُوبِيَا، هَلِّلُوبِيَا، هَلِّلُوبِيَا الْمَجْدُ لَكَ يَا اللَّهُ.  
(ثَلَاثًا)

يَا إِلَهَنَا وَرَجَاءَنَا لَكَ الْمَجْدُ.

الطَّلِبَةُ السَّلَامِيَّةُ الصُّغْرَى

الكَاهِنُ: أَيُّضًا وَأَيُّضًا بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.

الجَوَقُ: يَا رَبُّ ارْحَمْنَا.

الكَاهِنُ: أَعْضُدْ وَخَلِّصْ وَارْحَمْنَا وَاحْفَظْنَا يَا اللَّهُ بِنِعْمَتِكَ.

الجَوَقُ: يَا رَبُّ ارْحَمْنَا.

**Priest:** Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.

**Choir:** To Thee, O Lord.

**Priest:** For blessed is Thy Name, and glorified is Thy kingdom: of the Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages.

**Choir:** Amen.

**(SEVENTH TONE) RESURRECTIONAL  
HYPAKOE (Plain Reading)**

O Thou Who hast taken our image and our likeness, and endured crucifixion in the flesh, save me by Thy Resurrection, O Christ God, for Thou art the Lover of Mankind.

**SEVENTH TONE RESURRECTIONAL  
ANABATHMOI (Plain Reading)**

**First Antiphony**

- + O Savior, Who didst restore Zion from the captivity of error, deliver me from the bondage of sufferings and restore my life.
- + He that soweth sorrow in the south, fasting with tears, the same shall reap sheaves of reviving and ever-nourishing joys.
- + *Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.*
- + In the Holy Spirit is the fountain of divine treasures; for from Him cometh wisdom, awe, and understanding. To Him, therefore, be praise, glory, might, and honor.

الكاهن: بعدَ ذِكْرنا الكَلِيَّةَ القَدَّاسَةَ، الطاهِرَةَ،  
الفائِقةَ البَرَكاتِ المَجيدةِ، سَيِّدَتنا والِدَةَ الإلهِ  
الدائمةِ البتولِيَّةِ مَرِيَمَ مَعَ جَميعِ القَدِيسينَ، لِنودِعِ  
أنفُسنا وبِعَضنا بَعْضاً وَكُلَّ حَياتنا لِلْمَسِيحِ الإلهِ.  
الجوق: لك يا رَب.

الكاهن: لأنَّ اسمَكَ مُبارِكٌ ومُلْكَكَ مُمَجَّدٌ أيُّها  
الأبُ والإبْنُ والرُوحُ القُدُسُ، الآنَ وَكُلَّ أوانٍ  
وإلى دهرِ الداهرينَ.  
الجوق: آمين.

**إيباكوي القيامة  
(بالحن السابع) (قراءة)**

يا مَنْ اتَّخَذَ صُورَتنا ومِثالنا، واخْتَمَلَ الصَّلْبَ  
بالجَسَدِ، خَلَّصني بِقيامَتِكَ أيُّها المَسِيحُ الإلهُ،  
بِما أَنَّكَ مُحِبُّ البَشَرِ.

**أناتميات القيامة (بالحن السابع)  
(قراءة)**

**الأنثيفونا الأولى**

- + أيُّها المُخَلِّصُ، يا مَنْ رَدَدْتَ سَبْيَ صِهْيُونَ  
مِنَ الصَّلالةِ، أَعنِّقني مِنَ عُبُودِيَّةِ الألامِ  
وأخِّيني.
- + إِنَّ الزَّارِعَ في الجَنوبِ حُزناً وَصُوماً وَدُموعاً،  
هذا يَجني أغمارَ الفَرَحِ المُحييَّةِ والمُعَدِّيَّةِ  
دائماً.
- + المَجْدُ للأبِ والإبْنِ والرُوحِ القُدُسِ. الآنَ  
وَكُلَّ أوانٍ وإلى دهرِ الداهرينَ. آمين.
- + بالروحِ القُدُسِ يَنبوعُ الذَّخائِرِ الإلهيَّةِ، لأنَّ مِنْهُ  
الحِكْمَةُ، والرَّهْبَةُ، والفَهْمُ. فَلهُ السُّبْحُ والمَجْدُ  
والعِزَّةُ والإكرامُ.

## Second Antiphony

- + If the Lord buildeth not the house of the soul, then vainly do we labor; for without Him, no deed nor word is perfected.
- + Verily, the saints who are the hire of the fruit of Thy womb, by the moving of the spirit flourish the beliefs of fatherly adoption.
- + *Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.*
- + By the Spirit was existence bestowed on all creation; for He is of the Godhead before existence, and He is the unapproachable Light, the God of all, and their life.

## Third Antiphony

- + Verily, they who fear the Lord are now forever blessed; for they have found the way of life in the never-decaying glory.
- + O high Priest, as thou seest thy children's children like plants around thy table, rejoice and be happy, and offer them to Christ.
- + *Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.*
- + By the Holy Spirit is the abundance of gifts, the richness of glory, and depth of the great ordinances; for He is worshipful and coeternal in glory with the Father and the Son.

## PROKEIMENON FOR THE RESURRECTION (IN TONE SEVE

Arise, O Lord my God, and let Thy hand be exalted. Forget not Thy wretched ones to the end of time. (Twice)

## الأنتيفونا الثانية

- + إِنَّ لَمْ يَبْنِ الرَّبُّ بَيْتَ النَّفْسِ فَباطِلًا نَتَعَبُ.  
لأنَّهُ بَدُونِهِ لَا يَكْمُلُ عَمَلٌ وَلَا قَوْلٌ أَبَدًا.
- + إِنَّ الْقَدِيسِينَ الَّذِينَ هُمْ أُجْرَةٌ ثَمَرَةِ الْبَطْنِ،  
بَتَحْرُكِهِمْ مِنَ الرُّوحِ، يَوْلِفُونَ اعْتِقَادَاتِ النَّبِيِّ  
الْأَبَوِيَّةِ.
- + الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ. الْآنَ  
وَكَلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ. آمِينَ.
- + بِالرُّوحِ الْقُدُسِ أُعْطِيَ الْوُجُودَ لِكُلِّ الْبَرَايَا، لِأَنَّهُ  
ذُو الرُّبُوبِيَّةِ مِنْ قَبْلِ الْوُجُودِ، وَهُوَ النُّورُ الَّذِي  
لَا يُدْنَى مِنْهُ وَإِلَهُ الْكُلِّ وَحَيَاتُهُمْ.

## الأنتيفونا الثالثة

- + إِنَّ خَائِفِي الرَّبِّ يُعْبَطُونَ دَائِمًا، لِأَنَّهُمْ قَدْ  
وَجَدُوا طَرِيقَ الْحَيَاةِ فِي الْمَجْدِ الَّذِي لَنْ يَبْلَى  
أَبَدًا.
- + يَا رَبِّيسَ الرُّعَاةِ، إِذَا نَظَرْتَ بَنِي بَنِيكَ  
كَالْغُرُوسِ حَوْلَ مَائِدَتِكَ، إِفْرَحْ، وَسُرَّ، وَقَدِّمَهُمْ  
إِلَى الْمَسِيحِ.
- + الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدُسِ. الْآنَ  
وَكَلَّ أَوَانٍ وَإِلَى دَهْرِ الدَاهِرِينَ. آمِينَ.
- + إِنَّ الرُّوحَ الْقُدُسَ هُوَ عَوْرُ الْمَوَاهِبِ، وَغِنَى  
الْمَجْدِ، وَلُجَّةُ الْأَحْكَامِ الْعَظِيمَةِ، لِأَنَّهُ مَعْبُودٌ  
وَمُسَاوٍ لِلآبِ وَالْإِبْنِ فِي الْمَجْدِ.

## بروكيمنون للقيامة (باللحن السابع)

فَمُ أَيُّهَا الرَّبُّ إِلَهِي وَتَرْتَفَعُ يَدُكَ، لَا تَنْسَ  
بَائِسِيكَ إِلَى الْإِنْقِضَاءِ. (مرتين)

**Stichos:** To Thee do I confess, O my Lord, from my whole heart.

Arise, O Lord my God, and let Thy hand be exalted. Forget not Thy wretched ones to the end of time.

**Deacon:** Let us pray to the Lord.

**Choir:** Lord, have mercy.

**Priest:** For Holy art Thou, O our God, Who restest in the Holy Place, and unto Thee do we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.

**Chanter:** Amen.

Let everything that hath breath praise the Lord. (Twice)

*Praise ye God in His saints; praise Him in the firm foundation of His power.*

Let everything that hath breath praise the Lord.

### THE SEVENTH EOTHINON GOSPEL

**Deacon:** And that we may be accounted worthy to hear the Holy Gospel, let us beseech the Lord our God.

**Choir:** Lord, have mercy. (Thrice)

**Deacon:** Wisdom! Stand upright! Let us hear the Holy Gospel.

**Priest:** Peace be to all.

**Choir:** And to thy spirit.

**Priest:** The Reading from the Holy Gospel according to Saint **John**. (20:1-10)

**Choir:** Glory to Thee, O Lord, glory to Thee.

**Deacon:** Let us attend!

**ستينخ:** أَعْتَرِفُ لَكَ يَا رَبُّ مِنْ كُلِّ قَلْبِي.

فَمُ أَيُّهَا الرَّبُّ إِلَهِي وَتَرْتَفِعُ يَدُكَ، لَا تَنْسَ بِأَيْسِيكَ إِلَى الْإِنْقِضَاءِ.

**الشماس:** إِلَى الرَّبِّ نَطْلُبُ.

**المرتل:** يَا رَبُّ ارْحَمْ.

**الكاهن:** لِأَنَّكَ قُدُّوسٌ أَنْتَ يَا إِلَهَنَا، وَفِي الْقَدِيسِينَ تَسْتَقِرُّ وَتَسْتَرِيحُ، وَلَكَ نُرْسِلُ الْمَجْدَ أَيُّهَا الْآبُ، وَالْإِبْنُ، وَالرُّوحُ الْقُدُّوسُ، الْآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.

**المرتل:** آمِينَ.

كُلُّ نَسَمَةٍ، فَلْتَسْبِحِ الرَّبَّ. (مرتين)

سَبِّحُوا اللَّهَ فِي قَدِيسِيهِ، سَبِّحُوهُ فِي قَلْبِكُمْ قُوَّتِهِ.

فَلْتَسْبِحِ الرَّبَّ، كُلُّ نَسَمَةٍ.

### إِنْجِيلُ الْإِيوْثِينَا السَّابِعَةُ

**الشماس:** مِنْ أَجْلِ أَنْ نَكُونَ مُسْتَحَقِّينَ لِسَمَاعِ الْإِنْجِيلِ الْمُقَدَّسِ، إِلَى الرَّبِّ إِلَهِنَا نَطْلُبُ.

**المرتل:** يَا رَبُّ ارْحَمْ. (ثلاثاً)

**الشماس:** الْحِكْمَةُ، فَلْنَسْتَقِمْ وَلْنَسْمَعْ الْإِنْجِيلَ الْمُقَدَّسَ.

**الكاهن:** السَّلَامُ لِجَمِيعِكُمْ.

**المرتل:** وَلِرُوحِكَ.

**الكاهن:** فَضْلٌ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ يُوْحَنَّا الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّلْمِيزِ الطَّاهِرِ.

**المرتل:** الْمَجْدُ لَكَ يَا رَبُّ، الْمَجْدُ لَكَ.

**الشماس:** لِنُصْغِ!

**Priest:** On the first day of the week, Mary Magdalene came to the tomb early, while it was still dark, and saw that the stone had been taken away from the tomb. So she ran, and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, "They have taken the Lord out of the tomb and we do not know where they have laid Him." Peter then came out with the other disciple, and they went toward the tomb. They both ran, but the other disciple outran Peter and reached the tomb first; and stooping to look in, he saw the linen cloths lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb; he saw the linen cloths lying, and the napkin, which had been on Jesus' head, not lying with the linen cloths but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for as yet they did not know the Scripture, that Jesus must rise from the dead. Then the disciples went back to their homes.

**Choir:** Glory to Thee, O Lord, glory to Thee.

**Reader:** In that we have beheld the resurrection of Christ, let us worship the holy Lord Jesus, the only sinless One. Thy cross do we adore, O Christ, and Thy holy resurrection we praise and glorify; for Thou art our God, and we know none other beside Thee; we call upon Thy name. O come, all ye faithful, let us adore Christ's holy resurrection. For lo, through the cross is joy come into all the world. Ever blessing the Lord, let us sing His resurrection, for in that He endured the cross for us, He hath destroyed death by death.

**الكاهن:** في أوّل الأسبوع، جاءت مريم المجدليّة إلى القبر في العداة والظلام باق، فرأت الحجر مُدخراً عن القبر فأسرعت وجاءت إلى سمعان بطرس وإلى التلميذ الآخر الذي كان يسوع يحبّه، وقالت لهما: "قد أخذوا الربّ من القبر ولا نعلم أين وضعوه" فخرج بطرس والتلميذ الآخر، وأقبلا إلى القبر وكانا مسرعين معاً، فسبق التلميذ الآخر بطرس وجاء إلى القبر أولاً وأنحنى فرأى الأكفان موضوعة، لكنّه لم يدخل ثمّ جاء سمعان بطرس يتبعه، ودخل القبر، فرأى الأكفان موضوعة، والمنديل الذي كان على رأسه غير موضوع مع الأكفان، بل ملفوفاً في موضع على حدّته فحيث دخل التلميذ الآخر، الذي جاء أولاً إلى القبر، فرأى وآمن لأنّهم لم يكونوا بعد يعرفون الكتاب أنّه ينبغي أن يقوم من بين الأموات وأنصرف التلميذان عائدين إلى مقرّهما.

**المرتل:** المجد لك يا ربّ المجد لك.

**القارئ:** إذ قد رأينا قيامة المسيح، فلنسجد للربّ القدوس، يسوع المعصوم من الخطأ وحده. لصليبك أيها المسيح نسجد ولقيامتك المقدسة نسبح ونمجد، لأنك أنت هو الهنا وآخر سواك لا نعرف وباسمك نسمي. هلّم يا معشر المؤمنين نسجد لقيامته المسيح المقدسة، لأنّ هوذا بالصليب قد أتى الفرح لكل العالم. لنبارك الربّ في كلّ حين ونسبح قيامته، لأنّه إذ احتمل الصلب من أجلنا، الموت بالموت حطم.

## PSALM 50

## المزمور ٥٠

Have mercy on me, O God, according to Thy Great Mercy; and according to the multitude of Thy compassions blot out my transgression.

Wash me thoroughly from mine iniquity, and cleanse me from my sin.

For I know mine iniquity, and my sin is ever before me.

Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged.

For behold, I was conceived in iniquities, and in sins did my mother bear me.

For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me.

Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow.

Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice.

Turn Thy face away from my sins, and blot out all mine iniquities.

Create in me a clean heart, O God, and renew a right spirit within me.

Cast me not away from Thy presence, and take not Thy Holy Spirit from me.

Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me.

I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee.

ارْحَمْنِي يَا اللَّهُ بِعَظِيمِ رَحْمَتِكَ، وَكَمِثْلِ كَثْرَةِ رَأْفَتِكَ امْحُ مَاثِمِي.

اغْسِلْنِي كَثِيراً مِنْ إِثْمِي، وَمِنْ خَطِيئَتِي طَهِّرْنِي.

لَأَنِّي أَنَا عَارِفٌ بِإِثْمِي، وَخَطِيئَتِي أَمَامِي فِي كُلِّ حِينٍ.

إِلَيْكَ وَحْدَكَ أَخْطَأْتُ، وَالشَّرَّ قُدَّامَكَ صَنَعْتُ، لَكِي تَصْدُقَ فِي أَقْوَالِكَ وَتَغْلِبَ فِي مُحَاكَمَتِكَ.

هَاءَ نَذَا بِالْآثَامِ حُبِلَ بِي، وَبِالْخَطَايَا وَلَدَتْنِي أُمِّي.

لَأَنَّكَ قَدْ أَحْبَبْتَ الْحَقَّ، وَأَوْضَحْتَ لِي غَوَامِضَ حِكْمَتِكَ وَمَسْتَوْرَاتِهَا.

تَنْضَخُنِي بِالزُّوفَى فَأَطْهُرُ، تَغْسِلُنِي فَأَبْيَضُ أَكْثَرَ مِنَ الثَّلْجِ.

تُسْمِعُنِي بِهَجَّةٍ وَسُرُوراً، فَتَبْتَهِجُ عِظَامِي الذَّلِيلَةَ.

اصْرِفْ وَجْهَكَ عَنِّ خَطَايَايَ، وَامْحُ كُلَّ مَاثِمِي.

قَلْباً نَقِيّاً اخْلُقْ فِيَّ يَا اللَّهُ، وَرُوحاً مُسْتَقِيماً جَدِّدْ فِي أَحْشَائِي.

لَا تَطْرَحْنِي مِنْ أَمَامِ وَجْهِكَ، وَرُوحَكَ الْقُدُّوسَ لَا تَنْزِعْهُ مِنِّي.

امْنَحْنِي بِهَجَّةٍ خَلَاصِكَ، وَبِرُوحِ رَأْسِيِّ اعْضُدْنِي.

فَاعَلِّمِ الْأَثَمَةَ طُرُقَكَ، وَالْكَفَرَةَ إِلَيْكَ يَرْجِعُونَ.

Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness.

O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise.

For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased.

A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise.

Do good, O Lord, in Thy good pleasure unto Zion, and let the walls of Jerusalem be built up.

Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings.

Then shall they offer bullocks upon Thine altar.

#### LENTEN TROPARIA AFTER PSALM 50 (IN TONE EIGHT)

*Glory to the Father, and to the Son, and to the Holy Spirit.*

Open to me the doors of repentance, O Life-giver; for my soul goeth early to the temple of Thy holiness, coming in the temple of my body, wholly polluted. But because Thou art compassionate, purify me by the compassion of Thy mercies.

*Both now and ever, and unto ages of ages. Amen.*

Prepare for me the way of salvation, O Theotokos; for I have profaned myself with coarse sins, and consumed my whole life with procrastination. But by thine intercessions purify thou me from all abomination.

(TONE SIX) *Have mercy upon me, O God, according to Thy loving-kindness: according unto the multitude of Thy tender mercies blot out my transgressions.*

أُنْقِذْنِي مِنَ الدِّمَاءِ يَا اللَّهُ إِلَهَ خَلَاصِي،  
فِيَبْتَهَجِ لِسَانِي بِعَدْلِكَ.

يَا رَبُّ افْتَحْ شَفْتِي، فَيُخْبِرَ فَمِي بِتَسْبِيحَتِكَ.

لَأَنَّكَ لَوْ آثَرْتَ الذَّبِيحَةَ، لَكُنْتَ الْآنَ أُعْطِي،  
لَكِنَّكَ لَا تَسُرُّ بِالْمُحْرَقَاتِ.

الذَّبِيحَةُ لِلَّهِ رُوحٌ مُنْسَحِقٌ، الْقَلْبُ الْمُتَخَشِّعُ  
وَالْمُتَوَاضِعُ لَا يَرِذْلُهُ اللَّهُ.

أُصَلِّحْ يَا رَبُّ بِمَسَرَّتِكَ صِهْيُونَ وَلْتُبْنَ أَسْوَارُ  
أورشليم.

حِينَئِذٍ تَسُرُّ بِذَّبِيحَةِ الْعَدْلِ فُزباناً وَمُحْرَقَاتِ.

حِينَئِذٍ يُقَرَّبُونَ عَلَى مَذْبَحِكَ الْعُجُولِ.

#### طُرُوبَارِيَاتِ الصَّوْمِ (بِالْحُنِّ الثَّامِنِ)

الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقُدْسِ.

إِفْتَحْ لِي أَبْوَابَ التَّوْبَةِ يَا وَاهِبَ الْحَيَاةِ، لِأَنَّ  
رُوحِي تَبْتَكِرُ إِلَى هَيْكَلِ قُدْسِكَ، آتِيَا بِهِيْكَلِ  
جَسَدِي مُدْنَسًا بِجُمْلَتِهِ. لَكِنْ، بِمَا أَنَّكَ مُتَعَطِّفٌ،  
نَقِّنِي بِتَحْنُنِ مَرَامِكَ.

الْآنَ وَكُلَّ أَوْانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.

سَهِّلِي لِي مَنَاهِجَ الْخَلَاصِ يَا وَالِدَةَ الْإِلَهِ، فَإِنِّي  
قَدْ دَنَسْتُ نَفْسِي بِخَطَايَا سَمِجَةٍ، وَأَفْنَيْتُ عُمْرِي  
كُلَّهُ بِالتَّوَانِي. لَكِنْ بِشَفَاعَاتِكَ، نَقِّنِي مِنْ كُلِّ  
رَجَاسَةٍ.

(بِالْحُنِّ السَّادِسِ) يَا رَحِيمُ، اِرْحَمْنِي يَا اللَّهُ  
كِعْظِيمِ رَحْمَتِكَ، وَكَمَثَلِ كَثْرَةِ رَأْفَاتِكَ امْحُ مَاثِمِي.

If I think upon the multitude of my evil deeds, wretch that I am, I tremble for the terrible Day of Judgment. But, trusting the compassion of Thy mercy, I shout to Thee like David, Have mercy upon me, O God, according to Thy Great Mercy.

### THE INTERCESSION

**Deacon:** O God, save thy people, and bless thine inheritance. Visit thy world with mercy and compassions. Exalt the horn of Orthodox Christians, and send down upon us thy rich mercies, through the intercessions of our all-immaculate Lady, the Theotokos and ever-virgin Mary; by the might of the precious and life-giving cross; by the protection of the honorable bodiless powers of heaven; at the supplication of the honorable, glorious Prophet, Forerunner and Baptist John; of the holy, glorious, all-laudable and foremost of the apostles, Peter and Paul, and of all the holy apostles; of our fathers among the saints, great hierarchs and ecumenical teachers Basil the Great, Gregory the Theologian and John Chrysostom; Athanasios, Cyril and John the Merciful, patriarchs of Alexandria; Nicholas of Myra in Lycia, Spyridon of Trimythous and Nektarios of Pentapolis, the wonder-workers; of our fathers among the saints Tikhon, patriarch of Moscow, and Raphael, bishop of Brooklyn; of the holy, glorious great martyrs George the Trophy-bearer, Demetrios the Myrrh-streaming, Theodore the Soldier, Theodore the General and Menas the

إِذَا تَصَوَّرْتُ كَثْرَةَ أَعْمَالِي الرَّدِيئَةِ أَنَا الشَّقِيّ،  
فَإِنِّي أَرْتَعِدُ مِنْ يَوْمِ الدَّيْنُونَةِ الرَّهِيْب. لَكِنِّي إِذْ  
أَنَا وَاثِقٌ بِتَحَنُّنِكَ، أَهْتَفُ إِلَيْكَ مِثْلَ دَاوُد:  
إِرْحَمْنِي يَا اللَّهُ، بِحَسَبِ عَظِيمِ رَحْمَتِكَ.

### طَلِبَةُ الشَّفَاعَةِ

**الشماس:** خَلِّصْ يَا اللَّهُ شَعْبَكَ، وَبَارِكْ مِيرَاثَكَ،  
وَافْتَقِدْ عَالَمَكَ بِالرَّحْمَةِ وَالرَّافَاتِ، وَارْفَعْ شَأْنَ  
الْمَسِيحِيِّينَ الْأَرْثُوذُكْسِيِّينَ، وَأَسْبِغْ عَلَيْنَا مَرَاحِمَكَ  
الْعَنِيَّةَ، بِشَفَاعَاتِ سَيِّدَتِنَا وَالِدَةِ الْإِلَهِ الْكَلِيَّةِ  
الطَّهَارَةِ وَالِدَائِمَةِ الْبَتُولِيَّةِ مَرْيَمَ؛ وَبِقُوَّةِ الصَّلِيبِ  
الْكَرِيمِ الْمُخْيِي؛ وَبِطَلَبَاتِ الْقُوَاتِ السَّمَاوِيَّةِ  
الْمُكْرَمَةِ الْعَادِمَةِ الْأَجْسَادِ؛ وَالنَّبِيِّ الْكَرِيمِ السَّابِقِ  
الْمَجِيدِ يُوْحَنَّا الْمَعْمَدَانِ؛ وَالْقَدِيسَيْنِ الْمُشْرَفَيْنِ  
الرَّسُولَيْنِ بُطْرُسَ وَبُولُسَ، وَسَائِرِ الرُّسُلِ الْمُشْرَفَيْنِ  
الْجَدِيرَيْنِ بِكُلِّ مَدِيحٍ؛ وَأَبَائِنَا الْقَدِيسِينَ مُعَلِّمِي  
الْمَسْكُونَةِ، رُؤَسَاءِ الْكَهَنَةِ الْمُعْظَمِينَ بَاسِيلْيُوسَ  
الْكَبِيرِ، وَغَرِيغُورِيُوسَ الْلاهُوتِي، وَيُوْحَنَّا الذَّهَبِيِّ  
الْقَمِّ؛ وَأَبَائِنَا الْقَدِيسِينَ أَنْتَاسِيُوسَ وَكِيرْلُسَ وَيُوْحَنَّا  
الرَّحِيمِ بَطَارِكَةَ الْإِسْكَنْدَرِيَّةِ؛ وَأَبِينَا الْقَدِيسِ  
نِيْقُولَاوَسَ رَئِيسِ أَسَاقِفَةِ مِيرَا الْبَلِيكِيَّةِ، وَاسْبِيرِيدُونَ  
أُسْقُفِ تْرِيمِيثُوسَ، وَنِكْتَارِيُوسَ أُسْقُفِ الْمُدُنِ  
الْخَمْسِ الْعَجَائِبِيِّينَ، وَأَبِينَا الْقَدِيسِ تِيخُونَ  
بَطْرِيْرِكِ مُوسْكَو، وَالْقَدِيسِ رَافَائِيلِ أُسْقُفِ  
بِرُوكْلِينَ؛ وَالْقَدِيسِينَ الْمَجِيدِينَ الشُّهَدَاءِ الْعُظْمَاءِ  
جَاورْجِيُوسَ الْلاِبِسِ الظَّفْرِ، وَدِيمِيْتْرِيُوسَ الْمُفِيضِ  
الطَّيْبِ، وَثِيُودُورَسَ التَّيْرُونِي، وَثِيُودُورَسَ قَائِدِ



Wonder-worker; of the hieromartyrs Ignatius the God-bearer of Antioch, Charalampos and Eleutherios; of the holy, glorious and great women martyrs Thekla, Barbara, Anastasia, Katherine, Kyriaki, Photini, Marina, Paraskeva and Irene; of the holy glorious and right-victorious martyrs; of our venerable and God-bearing fathers who shone in the ascetic life, especially Paisios of Athos; *of Saint N., the patron and protector of this holy community*; of the holy and righteous ancestors of God, Joachim and Anna, and of all Thy saints, we beseech Thee, O most merciful Lord, hearken unto the petitions of us sinners who make our supplications unto Thee, and have mercy upon us.

**Choir:** Lord, have mercy. (*twelve times*)

**Priest:** Through the mercies and compassions and love for mankind of Thine Only-begotten Son, with Whom Thou art blessed, together with Thine all-holy, and good, and life-giving Spirit: now and ever, and unto ages of ages.

**Choir:** Amen.

### KONTAKION AND OIKOS FOR SUNDAY OF LAST JUDGMENT (Plain Reading)

When Thou comest, O God, to earth with glory, and all creatures tremble before Thee, and the river of fire floweth before the Altar, and the books are opened and sins revealed, deliver me then from that unquenchable fire, and make me worthy to stand at Thy right hand, O righteous Judge.

الجَيْشِ، وَمِيناسَ الصَّانِعِ الْعَجَائِبِ؛ وَالْقَدِيسِينَ  
الشُّهَدَاءِ إِغْنَاطِيوسَ الْمُتَوَشَّحِ بِاللَّهِ، خَرَالْمَبُوسَ  
وَالْفِثِيرِيوسَ؛ وَالشُّهِيدَاتِ الْعَظِيمَاتِ تَقْلًا، بَرَبَارَةَ،  
أَنْسْطَاسِيَا، كَاثَرِينَا، كِيرِيَاكِي، فُوتِينِي، مَارِينَا،  
بَارَاسْكِيفَا، وَأَيْرِينِ؛ وَالْقَدِيسِينَ الْمَجِيدِينَ الشُّهَدَاءِ  
الْمُتَأَلِّقِينَ بِالظَّفَرِ؛ وَأَبَائِنَا الْأَبْرَارِ الْمُتَوَشَّحِينَ بِاللَّهِ؛  
وخاصَّةً الْقَدِيسِ بَابِيْسِيوسَ الْأَثُوسِي، وَالْقَدِيسِ  
(فِلَان) شَفِيعِ هَذِهِ الْكَنِيسَةِ الْمُقَدَّسَةِ؛ وَالْقَدِيسِينَ  
الصِّدِّيقِينَ جَدِّي الْمَسِيحِ الْإِلَهِي يُوَاكِيمَ وَحَنَّةَ؛ وَجَمِيعِ  
قَدِيسِيكَ، نَتَضَرَّعُ إِلَيْكَ أَيُّهَا الرَّبُّ الْجَزِيلُ الرَّحْمَةِ،  
فَأَسْتَجِبْ لَنَا نَحْنُ الْخَطَاةَ الطَّالِبِينَ إِلَيْكَ وَارْحَمْنَا.

المرتل: يا رب ارحم. (12 مرة)

الكاهن: بِرَحْمَةِ وَرَأْفَاتِ ابْنِكَ الْوَحِيدِ وَمَحَبَّتِهِ  
لِلْبَشَرِ، الَّذِي أَنْتَ مُبَارَكٌ مَعَهُ وَمَعَ رُوحِكَ  
الْكَلْبِيِّ قُدْسُهُ الصَّالِحِ وَالْمُخْيِي، الْآنَ وَكُلَّ  
أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ.  
المرتل: آمين.

### القِنْدَاقِ وَالْبَيْتِ لِأَحَدِ الدِّينُونَةِ (قراءة)

إِذَا أُتِيْتُ يَا اللَّهُ عَلَى الْأَرْضِ بِمَجْدٍ، تَرْتَعِدُ مِنْكَ  
الْبَرَايَا بِأَسْرِهَا، وَنَهْرُ النَّارِ يَجْرِي أَمَامَ عَرْشِكَ،  
وَالصُّحُفُ تُفْتَحُ، وَالْحَفَايَا تُشَهَّرُ، فَجَنِّ حِينَنْدِ  
مِنَ النَّارِ الَّتِي لَا تُطْفَأُ، وَأَهْلِنِي لِلْوَقُوفِ عَنْ  
يَمِينِكَ، أَيُّهَا الدَّيَّانُ الْعَادِلُ.

O Lord supreme in love, as I think upon Thy fearful judgment seat and the day of Judgment, I tremble and am full of fear, for I am accused by my own conscience. When Thou sittest on Thy throne and bringest all to trial, none will be able then to deny his sins, for the truth will accuse him and terror will constrain him. The flames of Gehenna will roar and the sinners will gnash their teeth. Therefore, have mercy upon me before the end, and spare me, O righteous Judge.

إِذَا تَقَطَّنْتُ فِي دَيْنُونَتِكَ الْهَائِلَةِ، أَيُّهَا الرَّبُّ الْفَاتِقُ الصَّلَاحِ، وَتَذَكَّرْتُ يَوْمَ الْمُحَاكَمَةِ، لِمَا تَجْلِسُ عَلَيَّ كُرْسِيِّكَ لِتَضَنَّعِ الْفَخْصِ، فَإِنِّي أَرْتَعِدُ وَأَضْطَرِبُ مُبَكَّتًا مِنْ ضَمِيرِي. حِينِيذٍ لَنْ يَقْدِرَ أَحَدٌ أَنْ يُنْكِرَ خَطَايَاهُ، لِأَنَّ الْحَقَّ يُوَبِّخُ، وَالرُّعْبَ يَسْتَوْلِي، وَنَارَ جَهَنَّمَ الْعَظِيمَةَ سَتَتَأَجَّجُ بِهَدِيرٍ عَظِيمٍ، وَالخَطَاةَ يَصْرِفُونَ بِأَسْنَانِهِمْ. فَذَلِكَ ارْحَمْنِي وَارْتِ لِي قَبْلَ الْإِنْقِضَاءِ، أَيُّهَا الدَّيَّانُ الْعَادِلُ.

### THE SYNAXARION (Plain Reading)

### السِّنْكَسَار (قراءة)

On March 10 in the Holy Orthodox Church, we commemorate Martyr Kodratos of Corinth and his five companions; and Anastasia the patrician of Alexandria.

Today, we commemorate the Second and impartial Coming of our Lord Jesus Christ.

#### Verses

When the Judge of all sitteth to judge the earth,  
Come now! Mayest Thou judge me worthy of Thy voice!

It is the Sunday of the Last Judgment—known also as Meat Fare Sunday—the lesson of which occurs in today’s Holy Gospel. Jesus illustrates to us God’s ineffable goodness and His great love for mankind. And so lest some who are lazy should loiter and spend the time appropriate to their salvation in the pursuit of sin, and be suddenly overtaken by death, the divine Fathers decree that on this day the remembrance of the Second Appearance of Christ may be celebrated. The intention is to remind them that, as God is good and loving to mankind, He is also a very righteous Judge Who recompenses each according to his deeds. Our Lord teaches us that when we minister to our brother or sister, we really minister to Him. This brings us righteousness and life eternal.

By Thine ineffable love for mankind, O Christ God, make us worthy of Thy devoted voice, number us among Thy righteous ones and have mercy on us. Amen.

### KATAVASIAE OF THE SUNDAY OF LAST JUDGMENT CANON (IN TONE SIX)

### كَطَافَاسِيَاةِ قَانُونِ أَحَدِ الدَّيْنُونَةِ (بِالْحَنِ السَّادِسِ)

**Ode 1.** He is become a helper and protector for me unto salvation; this my God and I will glorify Him; the God of my father and I will exalt Him, for gloriously hath He been glorified.

(الأولى) مُعِينًا وَسَاتِرًا صَارَ لِي لِلْخَلَاصِ، هَذَا هُوَ إِلَهِي فَأَمَجِّدُهُ، إِلَهُ أَبِي فَأَرْفَعُهُ، لِأَنَّهُ بِالْمَجْدِ قَدْ تَمَجَّدَ.

**Ode 3.** Establish my shaken heart, O Lord, upon the rock of Thy commandments, for Thou alone art holy and Lord.

(الثالثة) رَبِّ، ثَبَّتْ قَلْبِي الْمُتَرَعِّزِ عَلَى صَخْرَةِ وَصَايَاكَ، لِأَنَّكَ أَنْتَ وَحْدَكَ قُدُّوسٌ وَرَبٌّ.

**Ode 4.** The Prophet heard of Thy coming, O Lord, and was afraid, for Thou wast about to be born of a Virgin and shown unto men, and he said: I have heard Thy report and was afraid; glory to Thy power, O Lord.

**Ode 5.** Rising early in the night, I pray, O Friend of man, enlighten and direct even me in Thy commandments, and teach me, O my Savior, to do Thy will.

**Ode 6.** With my whole heart have I cried unto the compassionate God, and He hearkened unto me from the nethermost Hades, and He brought forth my life up out of corruption.

**Ode 7.** We have sinned, we have done iniquity, we have done wrong before Thee, neither have we kept nor have we done as Thou hast commanded us. But deliver us not up utterly, O God of our Fathers.

*We praise, we bless, and we worship the Lord.*

**Ode 8.** Him Whom the hosts of Heaven glorify, and before Whom the Cherubim and the Seraphim tremble, O every breath and all creation, praise, bless and supremely exalt unto all the ages.

**Deacon:** The Theotokos and Mother of the Light let us honor and magnify in song.

#### MAGNIFICATIONS (IN TONE SIX)

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior.

**Refrain:** More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, thou who without corruption didst bear God the Word, and art truly Theotokos, we magnify thee.

(الرابعة) سَمِعَ النَّبِيُّ بِقُدُومِكَ يَا رَبِّ، فَجَزِعَ، وَأَنَّكَ مُزْمِعٌ أَنْ تُوَلِّدَ مِنَ الْبَتُولِ، وَتَظْهَرَ لِلنَّاسِ فَقَالَ: إِنِّي سَمِعْتُ سَمَاعَكَ فَجَزِعْتُ. فَالْمَجْدُ لِقُدْرَتِكَ يَا رَبِّ.

(الخامسة) مِنَ اللَّيْلِ أَدْلِجُ إِلَيْكَ ضَارِعًا، أَيُّهَا الْمُحِبُّ الْبَشَرَ. فَأَنْزِنِي وَأَرْشِدْنِي إِلَى أَوْامِرِكَ، وَعَلِّمْنِي يَا مُخَلِّصُ أَنْ أَضْنَعَ مَشِيئَتَكَ.

(السادسة) صَرَخْتُ مِنْ كُلِّ قَلْبِي إِلَى الْإِلَهِ الرَّؤُوفِ، فَاسْتَجَابَ مِنَ الْجَحِيمِ السُّفْلِيِّ، وَأَصْعَدَ حَيَاتِي مِنَ الْفَسَادِ.

(السابعة) قَدْ خَطَبْنَا، وَأَثَمْنَا، وَظَلَمْنَا أَمَامَكَ، وَمَا حَفِظْنَا، وَلَا صَنَعْنَا كَمَا أَمَرْتَنَا. لَكِنْ لَا تُسَلِّمْنَا إِلَى الْإِنْقِضَاءِ يَا إِلَهَ آبَائِنَا.

تُسَبِّحُ وَتُبَارِكُ وَتَسْجُدُ لِلرَّبِّ.  
(الثامنة) سَبِّحِي أَيُّهَا الْخَلِيقَةُ مَعَ كُلِّ نَسَمَةٍ، وَبَارِكِي مَنْ تُبَارِكُهُ جُنْدُ السَّمَاوَاتِ، وَتَرْهَبُ مِنْهُ الشَّارُوبِيمُ وَالسَّارَافِيمُ، وَزَيْدِيهِ رِفْعَةً عَلَى مَدَى الدَّهُورِ.

الشَّمْسُ: لَوْلَا دَةِ الْإِلَهِ وَأَمِّ النُّورِ بِالتَّسَابِيحِ نَكْرِمُ مُعْظَمِينَ.

#### تَعْظِيمَات (بِالْحَنِّ السَّادِسِ)

تُعْظِمُ نَفْسِي الرَّبِّ، وَتَبْتَهِجُ رُوحِي بِاللَّهِ مُخَلِّصِي.

اللازمة: يَا مَنْ هِيَ أَكْرَمُ مِنَ الشَّارُوبِيمِ، وَأَرْفَعُ مَجْدًا بِغَيْرِ قِيَاسٍ مِنَ السَّارَافِيمِ، الَّتِي مِنْ دُونِ فُسَادٍ وَوَلَدَتْ كَلِمَةَ اللَّهِ، حَقًّا أَنْتَ وَالِدَةُ الْإِلَهِ إِيَّاكَ نُعْظِمُ.

For He hath regarded the lowliness of His handmaiden; for behold from henceforth all generations shall call me blessed. *(Refrain)*

For He that is mighty hath magnified me, and holy is His Name; and His mercy is on them that fear Him, throughout all generations. *(Refrain)*

He hath showed strength with His arm; He hath scattered the proud in the imagination of their hearts. *(Refrain)*

He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the empty with good things, and the rich hath He sent empty away. *(Refrain)*

He remembering His mercy hath helped His servant Israel, as He promised to our forefathers, Abraham and his seed forever. *(Refrain)*

**Ode 9.** Inexplicable is the childbearing of a seedless conception; without corruption is the conception of a Mother who knew not a man; for the birth of God doth make nature new. Wherefore, all we the generations do magnify thee in Orthodox manner as the Mother of our God.

### THE LITTLE LITANY

**Deacon:** Again and again, in peace, let us pray to the Lord.

**Choir:** Lord, have mercy.

**Deacon:** Help us; save us; have mercy on us; and keep us, O God, by Thy grace.

**Choir:** Lord, have mercy.

لَأَنَّهُ نَظَرَ إِلَى تَوَاضِعِ أُمَّتِهِ، فَهَا مُنْذُ الْآنَ  
تُطَوِّبُنِي جَمِيعُ الْأَجْيَالِ. *(اللازمة)*

لَأَنَّ الْقَدِيرَ صَنَعَ بِي عَظَائِمَ وَقُدُوسَ اسْمُهُ،  
وَرَحْمَتُهُ إِلَى جِيلٍ فَجِيلٍ لِلَّذِينَ يَتَّقُونَهُ. *(اللازمة)*

صَنَعَ عِزًّا بِسَاعِدِهِ، وَشَتَّتَ الْمُتَكَبِّرِينَ بِذِهْنِ  
قُلُوبِهِمْ. *(اللازمة)*

حَطَّ الْمُفْتَدِرِينَ عَنِ الْكِرَاسِيِّ وَرَفَعَ الْمُتَوَاضِعِينَ،  
مَلَأَ الْجِياعَ مِنَ الْخَيْرَاتِ، وَالْأَغْنِيَاءُ أَرْسَلَهُمْ  
فَارِغِينَ. *(اللازمة)*

عَضَدَ إِسْرَائِيلَ فَتَاهُ لِيَذْكَرَ رَحْمَتَهُ، كَمَا قَالَ  
لِأَبَائِنَا إِبْرَاهِيمَ وَنَسْلِهِ إِلَى الْأَبَدِ. *(اللازمة)*

*(الأودية التاسعة)* إِنَّ الْوِلَادَةَ لَا تُفْسَرُ، لِأَنَّ  
الْحَبْلَ بَغَيْرِ زَرْعٍ وَلَا فَسَادٍ مِنْ أُمَّ لَمْ تَعْرِفْ  
رَجُلًا. لِأَنَّ مَوْلِدَ الْإِلَهِ قَدْ جَدَّدَ الطَّبَائِعَ. لِذَا  
بِإِيمَانٍ مُسْتَقِيمٍ تُعْظِمُكُمْ كُلُّ الْأَجْيَالِ، بِمَا أَنْكَرَ أُمَّ  
إِلَهِنَا.

### الطَّلِبَةُ السَّلَامِيَّةُ الصُّغْرَى

الشَّمْسُ: أَيْضًا وَأَيْضًا بِسَلَامٍ إِلَى الرَّبِّ نَطْلُبُ.  
الجوق: يَا رَبُّ ارْحَمْنَا.

الشَّمْسُ: أَعْضُدْ وَخَلِّصْ وَارْحَمْنَا وَاحْفَظْنَا يَا اللَّهُ  
بِنِعْمَتِكَ.

الجوق: يَا رَبُّ ارْحَمْنَا.

**Deacon:** Calling to remembrance our all-holy, immaculate, most blessed and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and each other and all our life unto Christ our God.

**Choir:** To Thee, O Lord.

**Priest:** For all the powers of Heaven praise Thee, and unto Thee do they ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.

**Choir:** Amen.

Holy is the Lord our God. (*Thrice*)

Exalt ye the Lord our God, and worship at His footstool, for He is holy.

### THE SEVENTH EOTHINON EXAPOSTEILARION (IN TONE TWO)

(\*\**Upon that mount in Galilee*\*\*)

Alas, they took the Lord away; \* as soon as Mary said this, \* then Simon Peter ran in haste \* to the tomb with that other \* initiate loved by Jesus; \* and when they both came running, \* they found the linen clothes within \* set apart from the napkin \* once on His head, \* each abandoned, cast off, and lying sep'rate. \* And so again they held their peace, \* until they had beheld Christ.

### THE EXAPOSTEILIARIA AND THE THEOTOKION FOR THE SUNDAY OF THE LAST JUDGMENT (IN TONE TWO)

(\*\**Upon that mount in Galilee*\*\*)

O Lord, as I now bring to mind \* the dreadful day of judgment \* and of Thy glory past all speech, \* I quake in all my members, \* and sorely trembling, I cry out: \* When Thou shalt come in glory \* on earth to judge all things, O Christ, \* O God, rescue me also, \* wretch that I am, \* out of every punishment, pain, and torment, \* and deem me worthy then to stand \* at Thy right hand, O Master.

الشماس: بعدَ ذِكْرِنَا الكَلِيَّةَ القَدَّاسَةَ، الطَاهِرَةَ،  
الفَائِقَةَ البَرَكَاتِ المَجِيدَةَ، سَيِّدَتَنَا وَاِلِدَةَ اِلٰهِي  
الدَّائِمَةَ البَتُولِيَّةَ مَرْيَمَ مَعَ جَمِيعِ القَدِّيسِيْنَ، لِنُوَدِّعَ  
اَنْفُسَنَا وَبَعْضُنَا بَعْضًا وَكُلَّ حَيَاتِنَا لِلْمَسِيحِ اِلٰهِي.  
الجوق: لك يا رب.

الكاهن: لآنَّهٗ اِيَّاكَ تُسَبِّحُ كُلُّ قُوَّاتِ السَّمَاوَاتِ،  
وَلَكَ يُرْسِلُونَ المَجْدَ اِيَّهَا الابُّ وَاِلْبْنُ وَاِلرُّوْحُ  
القُدُّسُ، الْاَنَّ وَكُلَّ اَوَانٍ وَاِلَى دَهْرِ الدَّاهِرِيْنَ.  
الجوق: آمين.

قُدُّوسٌ هُوَ الرَّبُّ اِلِهِنَا. (ثَلَاثًا)

اِرْفَعُوا الرَّبَّ اِلِهِنَا، وَاَسْجُدُوا لِمَوْطِي قَدَمِيهِ، لآنَّ  
الرَّبَّ اِلِهِنَا قُدُّوسٌ هُوَ.

### اِكْسَابُوسْتِيْلَارِي الْاِيُوْتِيْنَا السَّابِعَةَ

(بِالْحَنِ الثَّانِي)

عِنْدَمَا قَالَتْ مَرْيَمُ قَدْ حَمَلُوا رَبِّي، اَسْرَعَ اِلَى  
القَبْرِ سَمْعَانُ بَطْرُسُ، وَمُسَارُ الْمَسِيحِ الْاٰخَرُ  
الَّذِي كَانَ يُحِبُّهُ، فَحَضَرَا كِلَاهُمَا فَوَجَدَا الْاَكْفَانَ  
دَاخِلًا مَوْضُوعَةً وَحَدَّهَا، وَالْعِمَامَةَ الَّتِي كَانَتْ  
عَلَى رَاسِهِ مُنْعَزَلَةً نَاحِيَةً، لِذَلِكَ اسْتَقَرَّا اِلَى اَنْ  
اَبْصَرَا الْمَسِيحَ حَقًّا.

### اِكْسَابُوسْتِيْلَارِي وَاوَالِدِيَّةٌ لِأَحَدِ الدَّيْنُونَةِ

(بِالْحَنِ الثَّانِي) (\*وزن نَقْفٍ مَعَ التَّلَامِيذِ\*)

إِذَا ذَكَرْتُ الدَّيْنُونَةَ وَيَوْمَهَا الرَّهِيْبَ وَمَجْدَكَ  
الْغَامِضَ الْوَصْفِ، فَارْهَبُ بِجُمْلَتِي وَأَرْتَعِدُ يَا  
رَبُّ فَأَهْتِفُ بِخَوْفٍ: نَجِّنِي مِنَ الْعُقُوبَاتِ أَنَا  
الْمُنْكَودَ حَظُّهُ، لَمَّا تَأْتِي لِتَدِينِ الْبَرَايَا، بِمَجْدٍ،  
وَأَهْلُنِي لِلْوَقُوفِ عَنِ يَمِينِكَ أَيُّهَا السَّيِّدُ.

**(\*\*Hearken, ye women\*\*)**

Behold, the day foretold doth come, \* the day of God Omnipotent; \* and who shall bear the great terror \* of His dread coming and presence? \* For then shall be the day of wrath, \* the oven set ablaze with fire, \* that day the Judge Himself doth sit \* and then to each recompenseth \* as what he did here deserveth.

I tremble sore considering \* that hour of searching inquiry \* and of the terrible coming \* of the benevolent Master; \* and being downcast, I cry out: \* Do Thou, O my most righteous Judge and only greatly merciful, \* kindly receive me repenting \* through Thy pure Mother's entreaties.

**AINOI (PRAISES)  
(IN TONE SEVEN)**

Let everything that hath breath praise the Lord. Praise ye the Lord from the heavens; praise Him in the heights. To Thee, O God, is due our song.

Praise ye Him, all His angels; praise ye Him, all His hosts. To Thee, O God, is due our song.

**For the Resurrection (in Tone Seven)**

*Verse 1. This glory shall be to all His saints.*

Christ hath risen from the dead, loosening the bonds of death. Be of good cheer, and of great joy, and, O Heavens, praise the glory of God.

*Verse 2. Praise God in His sanctuary; praise Him in the firmament of His power.*

**(\*وزن إسمعي أيتها النسوة\*)**

هُوَذَا يَوْمُ الرَّبِّ الضَّابِطِ الْكُلِّ يُوَفِّي. فَمَنْ يَحْتَمِلُ إِذَنْ مَخَافَةَ حُضُورِهِ؟ فَهَوَ يَوْمُ غَضَبٍ وَأَتُونَ مُتَّقِدٍ، إِذْ يَجْلِسُ الدَّيَّانُ لِلْمُحَاكَمَةِ لِيُجَازِيَ كُلَّ أَحَدٍ عَلَى حَسَبِ أَعْمَالِهِ.

عِنْدَمَا أَتَأَمَّلُ فِي سَاعَةِ الْحِسَابِ وَمَجِيءِ السَّيِّدِ الْمُحِبِّ الْبَشَرَ، أُرْتَعِدُ بِجُمَلَتِي. لِذَلِكَ أَصْرُحُ مُكْتَتِبًا: يَا حَاكِمِي الْعَادِلَ وَالرَّحِيمَ اقْبَلْنِي تَائِبًا بِشَفَاعَةِ وَالِدَةِ الْإِلَهِ.

**الإينوس**

**(باللحن السابع)**

كُلُّ نَسَمَةٍ فَلتَسْبِحِ الرَّبَّ. سَبِّحُوا الرَّبَّ مِنَ السَّمَاوَاتِ، سَبِّحُوهُ فِي الْأَعَالِي، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.

سَبِّحُوهُ يَا جَمِيعَ مَلَائِكَتِهِ، سَبِّحُوهُ يَا سَائِرِ قُوَّاتِهِ، لِأَنَّهُ لَكَ يَلِيقُ التَّسْبِيحُ يَا اللَّهُ.

**للقيامة باللحن السابع**

**استيخن ١ . هذا المجد يكون لجميع أنبراره .**

لَقَدْ قَامَ الْمَسِيحُ مِنْ بَيْنِ الْأَمْوَاتِ حَالًا عِقَالَاتِ الْمَوْتِ، فَاسْتَبْشِرِي أَيُّهَا الْأَرْضُ بِالْفَرَحِ الْأَعْظَمِ، وَيَا سَمَاوَاتُ سَبِّحِي مَجْدَ اللَّهِ.

**استيخن ٢ . سَبِّحُوا اللَّهَ فِي قَدَيْسِيهِ، سَبِّحُوهُ فِي قَلْبِكَ قُوَّتِهِ .**

Seeing the Resurrection of Christ, let us worship the holy Lord Jesus, Who alone is blameless of all error.

*Verse 3. Praise Him for His mighty acts; praise Him according to His excellent greatness.*

Verily, we cease not worshipping the Resurrection of Christ; for we are saved from our sins. Holy, therefore, is the Lord Jesus Who didst manifest the Resurrection.

*Verse 4. Praise Him with the sound of the trumpet; praise Him with the psaltery and harp.*

With what shall we reward the Lord for all that He hath given us? For God, for our sakes, dwelt among men; and for corrupt nature the Word became flesh and lived among us. Yea, He hath done this, the Benefactor of ingrates, the Savior of captives, the Sun of justice to those lying in darkness, the Passionless on the Cross, the Light in Hades, the Life in death, and the Resurrection of the fallen. Wherefore, do we cry to Him: O our God, glory to Thee.

*Verse 5. Praise Him with the timbrel and dance; praise Him with stringed instruments and organs.*

O Lord, Thou hast demolished the gates of Hades, and by Thy precious might Thou hast abolished the power of death, and by Thy divine and glorified Resurrection Thou hast raised the dead lying in darkness from everlasting time; for Thou art King of all and an almighty God.

إِذْ قَدْ رَأَيْنَا قِيَامَةَ الْمَسِيحِ، فَلِنَسْجُدْ لِلرَّبِّ الْقُدُّوسِ  
يَسُوعَ الْبَرِيِّ مِنْ الْخَطَا وَحْدَهُ.

*استيخن ٣. سَبِّحُوهُ عَلَى مَقْدَرَتِهِ، سَبِّحُوهُ نَظِيرَ  
كَثْرَةِ عَظَمَتِهِ.*

إِنَّا لَا نَقْتَرُ مِنَ السُّجُودِ لِقِيَامَةِ الْمَسِيحِ، لِأَنَّهُ قَدْ  
خَلَّصَنَا مِنْ آثَامِنَا، فَقُدُّوسٌ هُوَ الرَّبُّ يَسُوعُ الَّذِي  
أَظْهَرَ الْقِيَامَةَ.

*استيخن ٤. سَبِّحُوهُ بِلَحْنِ الْبُوقِ، سَبِّحُوهُ  
بِالْمَرْمَارِ وَالْقَيْثَارَةِ.*

بِمَاذَا نُكَافِي الرَّبَّ عَنْ كُلِّ مَا أَعْطَانَا؟ لِأَنَّ الْإِلَهَ  
مِنْ أَجْلِنَا سَاكِنَ الْبَشَرِ، وَمِنْ أَجْلِ الطَّبِيعَةِ  
الْمَفْسُودَةِ صَارَ الْكَلِمَةُ لَحْمًا وَحَلَّ فِيْنَا،  
وَالْمُحْسِنُ لِلْعَادِمِي الشُّكْرِ، وَالْمُنْقِذُ لِلْمَسْبِيِينِ،  
وَشَمْسُ الْعَدْلِ لِلثَّالُوِيْنَ فِي الظَّلَامِ، وَغَيْرُ الْمُتَالِمِ  
عَلَى الصَّلِيبِ، وَالنُّورُ فِي الْجَحِيمِ، وَالْحَيَاةُ فِي  
الْمَوْتِ، وَالْقِيَامَةُ لِلسَّاقِطِيْنَ. فَلِذَلِكَ نَهْتَفُ إِلَيْهِ:  
يَا إِلَهَنَا الْمَجْدُ لَكَ.

*استيخن ٥. سَبِّحُوهُ بِالطَّبْلِ وَالْمَصَافِي. سَبِّحُوهُ  
بِالْأُوتَارِ وَآلَةِ الطَّرَبِ.*

يَا رَبِّ، لَقَدْ سَحَقْتَ أَبْوَابَ الْجَحِيمِ وَلَاشَيْتِ قُوَّةُ  
الْمَوْتِ بِقُدْرَتِكَ الْعَزِيْزَةِ، وَبِقِيَامَتِكَ الْإِلَهِيَّةِ  
الْمَجِيْدَةِ، أَقَمْتَ الْمَوْتَى الثَّالُوِيْنَ فِي الظُّلْمَةِ مُنْذُ  
الدَّهْرِ، بِمَا أَنَّكَ مَلِكُ الْكُلِّ، وَآلَةُ قَادِرٌ عَلَى كُلِّ  
شَيْءٍ.

**For the Sunday of the Last Judgment  
(in Tone Six)**

**لَا حَدَّ الدَّيْنُونَةُ  
(بِالْحَنِّ السَّادِسِ)**

*Verse 6. Praise Him upon the loud cymbals; praise Him upon the high-sounding cymbals. Let everything that hath breath praise the Lord.*

I picture that day and that hour, when we shall stand naked and condemned before the just Judge. Then the trumpet shall blow with great shouting, and the foundations of the earth shall shake, and the dead shall rise from their graves, and all become of one stature, and the secret thoughts of all stand revealed before Thee. And they who repented not in their lifetime shall wail and mourn, and shall proceed to the nethermost fire. But the righteous shall enter the heavenly chamber with joy and rejoicing.

*Verse 7. Arise, O my God, lift up Thy hand, and forget not the humble.*

What a terrible hour, and what a fearful day, when the Judge sitteth on the terrible throne, and the books shall be opened, and deeds rebuked, and the secret things of darkness revealed, and the angels go out to gather all the nations! Come and hear, ye kings and princes, ye slaves and free, ye sinners and righteous, the rich and poor; for He that is about to judge the whole universe shall come. Who then shall be able to stand before His face, when the angels shall rise before Him reproaching the deeds, thoughts and opinions that came forth in the night and in the day? Wherefore, O soul, beware, before the end, and cry out, God, save me again; for Thou alone art compassionate.

*استيخن ٦. سَبِّحُوهُ بِبَغَمَاتِ الصُّنُوجِ، سَبِّحُوهُ بِصُنُوجِ التَّهْلِيلِ، كُلُّ نَسَمَةٍ فَلْتَسَبِّحِ الرَّبَّ.*

إِنِّي أَتَصَوَّرُ ذَلِكَ الْيَوْمَ وَتِلْكَ السَّاعَةَ، إِذْ نَحْنُ مُزْمِعُونَ أَنْ نَقِفَ عُرَاءَ لَدَى الْحَاكِمِ الْمُقْسِطِ كَمَشْجُوبِينَ. حِينِيذٍ يَهْتَفُ الْبُوقُ هَتَافًا عَظِيمًا، فَتَهْتَرُ أَسَاسَاتُ الْأَرْضِ، وَتَنْهَضُ الْأَمْوَاتُ مِنَ الْأَجْدَاثِ، وَالْكُلُّ يَصِيرُونَ إِلَى قَامَةٍ وَاحِدَةٍ، وَخَفَايَا الْجَمِيعِ تَمْتَلُ أَمَامَكَ ظَاهِرَةً. فَالَّذِينَ لَمْ يَنْدَمُوا فِي حَيَاتِهِمْ، سَيَنُوحُونَ وَيَبْكُونَ، وَإِلَى النَّارِ الْقُصْوَى يَذْهَبُونَ. وَأَمَّا الصِّدِّيقُونَ فَإِنَّهُمْ يَدْخُلُونَ إِلَى الْخِذْرِ السَّمَاويِّ بِفَرَحٍ وَابْتِهَاجٍ.

*استيخن ٧. قُمْ يَا رَبِّي وَالْهَي وَتَرْتَفِعْ يَدُكَ، وَلَا تَنْسَ بِأَسْبِكَ إِلَى الْإِنْقِضَاءِ.*

يَا لَهَا مِنْ سَاعَةٍ هَائِلَةٍ حِينِيذٍ، وَيَا لَهُ مِنْ يَوْمٍ مُرِيعٍ، عِنْدَمَا يَجْلِسُ الدِّيَّانُ عَلَى الْعَرْشِ الرَّهِيْبِ، وَالْكَتُبُ تَفْتَحُ، وَالْأَفْعَالُ تُوَبِّخُ، وَخَفَايَا الظُّلْمَةِ تُشْهَرُ، وَالْمَلَائِكَةُ يُبَادِرُونَ لِجَمْعِ كُلِّ الْأُمَّمِ. هَلَمُوا فَاسْمَعُوا أَيُّهَا الْمُلُوكُ وَالرُّؤَسَاءُ، الْعَبِيدُ وَالْأَحْرَارُ، الْخَطَاةُ وَالصِّدِّيقُونَ، الْأَغْنِيَاءُ وَالْفُقَرَاءُ. إِنَّهُ سَيُؤَافِي الْمُرْمِعُ أَنْ يَدِينَ الْمَسْكُونَةَ بِأَسْرِهَا. فَمَنْ يَخْتَمِلُ الْوُقُوفَ أَمَامَ وَجْهِهِ، عِنْدَمَا تَنْتَصِبُ لَدَيْهِ الْمَلَائِكَةُ، مُوَبِّخِينَ الْأَفْعَالَ وَالظُّنُونَ وَالْأَفْكَارَ الصَّادِرَةَ فِي اللَّيْلِ وَالنَّهَارِ؟ فَيَا لَهَا مِنْ سَاعَةٍ مَهُولَةٍ! فَيَا نَفْسُ احْرَصِي قَبْلَ الْإِنْقِضَاءِ، وَاهْتَفِي صَارِحَةً: اللَّهُمَّ عُدْ وَخَلِّصْنِي، بِمَا أَنَّكَ مُتَحَنِّنٌ وَحَدَّكَ.



**Also for the Sunday of the Last Judgment  
(in Tone Eight)**

*Verse 8. I will praise Thee, O Lord, with my whole heart: I will show all Thy marvelous works.*

Verily, Daniel the Prophet when he became the man of desires, and saw the power of God, cried thus: The judgment seat was set, and the books were opened. See, therefore, O my soul. Dost thou fast? Deal not treacherously with thy neighbor. Wilt thou eschew food? Judge not thy brother, lest thou be sent to the fire and be burned up like the wax; that without hindrance Christ shall bring thee with Him into His kingdom.

**DOXASTICON FOR THE SUNDAY OF  
THE LAST JUDGMENT (IN TONE ONE)**

*Glory to the Father, and to the Son, and to the Holy Spirit.*

Let us first cleanse ourselves, O brethren, by the queen of virtues; for behold she hath come bringing to us a wealth of blessings, quenching the uprisings of the passions and reconciling sinners to the Master. Therefore, let us welcome her with gladness, crying to Christ God: O Thou Who rose from the dead, keep us uncondemned who glorify Thee, O Thou Who alone art sinless.

*Both now and ever, and unto ages of ages.  
Amen.*

Most blessed art thou, O Virgin Theotokos, for through Him that was incarnate of thee is Hades despoiled, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are endowed with life. Wherefore, in hymns of praise, we cry aloud: Blessed art Thou, O Christ our God, Who is thus well pleased, glory to Thee.

**لأحد الدينونة  
(بالحن الثامن)**

استنخن ٨. أَعْتَرِفُ لَكَ يَا رَبُّ مِنْ كُلِّ قَلْبِي،  
وَأُحَدِّثُ بِجَمِيعِ عَجَائِبِكَ.

إِنَّ دَانِيَالَ النَّبِيِّ، لَمَّا صَارَ رَجُلَ الشَّهَوَاتِ،  
وَعَايَنَ سُلْطَةَ اللَّهِ، هَتَفَ هَكَذَا: إِنَّ مَجْلِسَ الْحُكْمِ  
قَدْ انْتَصَبَ، وَالصُّحُفَ قَدْ فُتِحَتْ. فَاظْطُرِّي يَا  
نَفْسِي، أَتَصُومِينَ؟ فَلَا تَعْذُرِي قَرِيبِكَ. أَتُبَايِنِينَ  
الْمَأْكَلِ؟ فَلَا تَدِينِي أَخَاكَ، لئَلَّا تُرْسَلِي إِلَى النَّارِ  
فَتُحْرَقِي كَالشَّمْعِ؛ حَتَّى خُلُوعًا مِنْ مَانِعٍ، يَلِجُ بِكَ  
الْمَسِيحُ إِلَى مَلَكُوتِهِ.

**نُكْصَا لِأَحَدِ الدِّينُونَةِ  
(بِالْحَنِ الْأَوَّلِ)**

الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدْسِ.

لِنَسْبِقُ أَيُّهَا الْإِخْوَةُ، وَنُنَقِّ أَنْفُسَنَا لِمَلَكَاتِهِ  
الْفَضَائِلِ. فَهَا هِيَ قَدْ وَاقَتْ، جَالِبَةً لَنَا ثَرْوَةَ  
الصَّالِحَاتِ، مُخْمِدَةً نَهَضَاتِ الْأَهْوَاءِ،  
وَمُصَالِحَةً الْأَثَمَةَ مَعَ السَّيِّدِ. فَلِنَسْتَقْبِلْهَا بِسُرُورٍ  
هَاتِفِينَ إِلَى الْمَسِيحِ الْإِلَهِ: يَا مَنْ قَامَ مِنْ بَيْنِ  
الْأَمْوَاتِ، إِحْفَظْنَا غَيْرَ مُدَانِينَ، نَحْنُ الْمُمَجْدِدِينَ  
إِيَّاكَ، أَيُّهَا الْعَادِمُ الْخَطَأِ وَحَدِّكَ.

الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ. آمِينَ.

أَنْتِ هِيَ الْفَائِقَةُ عَلَى كُلِّ الْبَرَكَاتِ، يَا وَالِدَةَ الْإِلَهِ  
الْعَذْرَاءِ، لِأَنَّ الْجَحِيمَ قَدْ سُبِّبَتْ بِوَأَسِطَةِ الْمُتَجَسِّدِ  
مِنْكَ، وَآدَمَ دُعِيَ ثَانِيَةً، وَاللَّعْنَةُ بَادَتْ، وَحَوَاءَ  
انْعَنَقَتْ، وَالْمَوْتُ أُمِيتَ، وَنَحْنُ قَدْ حَيِينَا. فَلِذَلِكَ  
نُسَبِّحُ هَاتِفِينَ: مُبَارَكٌ أَنْتَ أَيُّهَا الْمَسِيحُ إِلَهُنَا، يَا  
مَنْ هَكَذَا سُرَّ، الْمَجْدُ لَكَ.

## THE GREAT DOXOLOGY

(IN TONE ONE)

Glory to Thee, who has shown us the Light.  
Glory to God in the highest, and on earth  
peace, good will among men.

We praise thee, we bless Thee, we worship  
Thee, we glorify Thee, we give thanks unto  
Thee for Thy great glory.

O Lord, heavenly King, God the Father  
Almighty; O Lord, the only begotten Son,  
Jesus Christ; and the Holy Spirit.

O Lord God, Lamb of God, Son of the  
Father, that takest away the sin of the world,  
have mercy on us, thou that takest away the  
sins of the world.

Receive our prayer, Thou that sittest at the  
right hand of the Father, and have mercy on  
us.

For Thou only art holy, Thou only art the  
Lord, O Jesus Christ, to the Glory of God the  
Father. Amen.

Every day will I bless Thee, and I will praise  
Thy Name forever; yea, forever and ever.

Vouchsafe, O Lord, to keep us this day  
without sin.

Blessed art Thou, O Lord God of our  
Fathers, and praised and glorified be Thy  
Name forever. Amen.

## الدوكصولوجيا الكبرى

(بالحن الأول)

المَجْدُ لَكَ يَا مُظْهِرَ النُّورِ، المَجْدُ لِلَّهِ فِي  
العَالَمِ، وَعَلَى الأَرْضِ السَّلَامُ، وَفِي النَّاسِ  
المَسْرَّة.

نُسَبِّحُكَ نُبَارِكُكَ، نَسْجُدُ لَكَ نُمَجِّدُكَ، نَشْكُرُكَ مِنْ  
أَجْلِ عَظِيمِ جَلَالِ مَجْدِكَ.

أَيُّهَا الرَّبُّ المَلِكُ، السَّمَاوِيِّ، الإِلَهُ، الآبُ  
الضَّابِطُ الكُلِّ. أَيُّهَا الرَّبُّ الإِبْنُ الوَحِيدُ، يَا يَسُوعُ  
المَسِيحُ، وَيَا أَيُّهَا الرُّوحُ القُدُّوسُ.

أَيُّهَا الرَّبُّ الإِلَهُ، يَا حَمَلَ اللّهِ يَا ابْنَ الآبِ، يَا  
رَافِعَ خَطِيئَةِ العَالَمِ ارْحَمْنَا، يَا رَافِعَ خَطَايَا  
العَالَمِ.

تَقَبَّلْ تَضَرُّعَنَا أَيُّهَا الجَالِسُ عَنِ يَمِينِ الآبِ  
وَارْحَمْنَا.

لَأَنَّكَ أَنْتَ وَحْدَكَ قُدُّوسٌ، أَنْتَ وَحْدَكَ الرَّبُّ  
يَسُوعُ المَسِيحُ، فِي مَجْدِ اللّهِ الآبِ، آمِينَ.

فِي كُلِّ يَوْمٍ أُبَارِكُكَ، وَأُسَبِّحُ اسْمَكَ إِلَى الأَبَدِ،  
وإِلَى أَبَدِ الأَبَدِ.

أَهْلُنَا يَا رَبُّ أَنْ نُحْفَظَ فِي هَذَا اليَوْمِ بِغَيْرِ  
خَطِيئَةٍ.

مُبَارِكٌ أَنْتَ يَا رَبُّ إلهَ آبَائِنَا، وَمُسَبِّحٌ وَمُمَجِّدٌ  
اسْمِكَ إِلَى الأَبَدِ، آمِينَ.

Let Thy mercy, O Lord, be upon us, as we do put our hope in thee.

Blessed art Thou, O Lord; teach me Thy statutes. (*Thrice*)

Lord, Thou hast been our refuge in all generations. I said: Be merciful unto me; heal my soul, for I have sinned against Thee.

Lord, I have fled unto Thee; teach me to do Thy will, for Thou art my God.

For with Thee is the fountain of life; in Thy light shall we see light.

O continue Thy lovingkindness unto them that know Thee.

Holy God, Holy Mighty, Holy Immortal: have mercy on us. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and ever, and unto ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal: have mercy on us.

### TROPARION (IN TONE EIGHT)

Having risen from the tomb, and having burst the bonds of Hades, Thou didst loose the condemnation of death, O Lord, releasing all mankind from the snares of the enemy. Having manifested Thyself to Thine Apostles, Thou didst send them forth to proclaim Thee; and through them Thou hast granted Thy peace unto the civilized world, O Thou Who alone art plenteous in mercy.

لَتَكُنْ يَا رَبُّ رَحْمَتَكَ عَلَيْنَا، كَمَا نَتَوَكَّلُ عَلَيْكَ.

مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمَنِي حُقُوقَكَ. (ثَلَاثًا)

يَا رَبُّ مَلْجَأٌ كُنْتَ لَنَا فِي جِيلٍ وَجِيلٍ، أَنَا قُلْتُ يَا رَبُّ ارْحَمْنِي وَاشْفِ نَفْسِي لِأَنِّي قَدْ خَطِئْتُ إِلَيْكَ.

يَا رَبُّ إِلَيْكَ لَجَأْتُ فَعَلَّمَنِي أَنْ أَعْمَلَ رِضَاكَ، لِأَنَّكَ أَنْتَ هُوَ إِلَهِي.

لَأَنَّ مِنْ قِبَلِكَ عَيْنَ الْحَيَاةِ، وَبِنُورِكَ نَعَايُنُ النُّورَ.

فَابْسُطْ رَحْمَتَكَ عَلَى الَّذِينَ يَعْرِفُونَكَ.

قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا. (ثَلَاثًا)

الْمَجْدُ لِلآبِ وَالِابْنِ وَالرُّوحِ الْقُدُّوسِ.

الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.

قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا.

قُدُّوسُ اللَّهِ، قُدُّوسُ الْقَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا.

### طَرُوبَارِيَّةٌ (بِالْحَنِّ الثَّامِنِ)

إِذْ قُمْتَ يَا رَبُّ مِنَ الْعَبْرِ، وَقَطَعْتَ رِبَاطَاتِ الْجَحِيمِ، غَلَبْتَ حُكُومَةَ الْمَوْتِ، وَأَنْقَذْتَ الْكُلَّ مِنْ فِخَاخِ الْعَدُوِّ، وَلَمَّا أَظْهَرْتَ ذَاتَكَ لِرُسُلِكَ أَرْسَلْتَهُمْ إِلَى الْكِرَازَةِ، وَمَنْحْتَ بِهِمْ سَلَامَكَ لِلْمَسْكُونَةِ يَا جَزِيلَ الرَّحْمَةِ وَحَدَكَ.



*These texts have been prepared by **Department of Liturgics of the Antiochian Archdiocese***

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