



WEEKLY BULLETIN

SUNDAY, FEBRUARY 15, 2026

أَحَدُ الدَّيْنُونَةِ

(والمعروف بأحد مرفع اللحم)

THE SUNDAY OF THE LAST JUDGMENT (MEATFARE)



The *Weekly Bulletin* is an official publication of
Saint George Antiochian Orthodox Church in Cicero, Illinois.
A parish of the Antiochian Orthodox Christian Archdiocese of North America.



Saint George Antiochian Orthodox Church كنيسة القديس جاورجيوس الانطاكية الارثوذكسية

The Most Reverend Metropolitan SABA, *Primate*

Antiochian Orthodox Christian Archdiocese of North America

The Right Reverend Archimandrite Jeremy Davis, *Archiepiscopal Vicar*
Diocese of Toledo and the Midwest

The Very Reverend Father Fouad Saba, *Pastor*

"The disciples were first called Christians in Antioch." Acts 11:26

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Samar Rihani, *ADMINISTRATIVE SECRETARY*

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Jeries Kahoush, *ANTIOCHIAN MEN (A-MEN)*

OFFICE HOURS:

Monday-Friday: 8:30 am-5:00 pm

Saturday: By Appointment

Sunday: Closed

WEEKLY SERVICES SCHEDULE:

Saturdays: Great Vespers as announced

Sundays: 9:15am Orthros (Matins) and

10:20am Great Doxology and Divine Liturgy

Confession by Appointment

Welcome to Saint George Antiochian Orthodox Church!

This Church is one community of many in the One, Holy, Catholic (Universal), and Apostolic Church. The Antiochian Orthodox Christian Church belongs to two thousand years of evangelization, teaching, history, and tradition, which express the continued commitment of its members to the Orthodox Christian faith in **The Lord and Savior Jesus Christ!** Receiving Holy Communion in this Church is to adhere and commit to the One True Church, the Orthodox Church.

Visitor(s), please feel at home in prayer and worship. Please submit your name(s) to the Ushers and introduce yourself to Father Saba at the end of the service so he may welcome you personally.

Welcome! Ahlan wa Sahlan! أهلا وسهلا!

THE GREAT DOXOLOGY

Glory to Thee, Who hast shown forth the light.
Glory to God in the highest, and on earth peace,
good will among men.

We hymn Thee, we bless Thee, we worship Thee,
we glorify Thee, we give thanks unto Thee for Thy
great glory.

O Lord King, heavenly God, Father almighty; O
Lord, the only-begotten Son, Jesus Christ; and O
Holy Spirit.

O Lord God, Lamb of God, Son of the Father, that
takest away the sin of the world, have mercy on
us, thou that takest away the sins of the world.

Receive our prayer, Thou that sittest at the right
hand of the Father, and have mercy on us.

For Thou only art holy, Thou only art the Lord, O
Jesus Christ, to the glory of God the Father. Amen.

Every day will I bless Thee, and I will praise Thy
name forever, yea forever and ever.

Vouchsafe, O Lord, to keep us this day without sin.
Blessed art Thou, O Lord, the God of our Fathers,
and praised and glorified is Thy name forever.
Amen.

Let Thy mercy be upon us, O Lord, even as we
have set our hope on thee.

Blessed art Thou, O Lord; teach me Thy statutes.
(thrice)

Lord, thou hast been our refuge from generation
to generation. I said: Lord, be merciful unto me;
heal my soul, for I have sinned against Thee.

Lord, I have fled unto Thee; teach me to do Thy
will, for Thou art my God.

For with Thee is the fountain of life; in Thy light
shall we see light.

O continue Thy mercy unto them that know Thee.
Holy God, Holy Mighty, Holy Immortal: have
mercy on us. (thrice)

Glory to the Father, and to the Son, and to the
Holy Spirit.

Both now and ever, and unto ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal: have
mercy on us.

المَجْدُ لَكَ يَا مُظْهِرَ النُّورِ، المَجْدُ لِلَّهِ فِي العَلَاءِ،
وعلى الأَرْضِ السَّلَامُ، وفي النَّاسِ المَسْرَّةُ
نُسَبِّحُكَ نُبَارِكُكَ، نَسْجُدُ لَكَ نُمَجِّدُكَ، نَشْكُرُكَ مِنْ
أَجْلِ عَظِيمِ جَلَالِ مَجْدِكَ

أَيُّهَا الرَّبُّ المَلِكُ، السَّمَاوِيُّ، الإِلَهُ، الأبُّ الضَّابِطُ
الْكُلِّ. أَيُّهَا الرَّبُّ الإِبْنُ الوَحِيدُ، يَا يَسُوعَ المَسِيحُ،
وَيَا أَيُّهَا الرُّوحُ القُدُّوسُ

أَيُّهَا الرَّبُّ الإِلَهُ، يَا حَمَلَ اللهِ يَا ابْنَ الأبِّ، يَا رَافِعَ
خَطِيئَةِ العَالَمِ ارْحَمْنَا، يَا رَافِعَ خَطَايَا العَالَمِ
تَقَبَّلْ تَضَرُّعَنَا أَيُّهَا الجَالِسُ عَنِ يَمِينِ الأبِّ
وَارْحَمْنَا

لَأَنَّكَ أَنْتَ وَحْدَكَ قُدُّوسٌ، أَنْتَ وَحْدَكَ الرَّبُّ
يَسُوعَ المَسِيحُ، فِي مَجْدِ اللهِ الأبِّ، آمِينَ.
فِي كُلِّ يَوْمٍ أُبَارِكُكَ، وَأَسْبِّحُ اسْمَكَ إِلَى الأَبَدِ،
وَالى أَبَدِ الأَبَدِ

أَهْلُنَا يَا رَبُّ أَنْ نُحْفَظَ فِي هَذَا اليَوْمِ بِغَيْرِ خَطِيئَةٍ.
مُبَارَكٌ أَنْتَ يَا رَبُّ إِلَهَ آبَائِنَا، وَمُسَبِّحٌ وَمُمَجَّدٌ
اسْمُكَ إِلَى الأَبَدِ، آمِينَ

لِتَكُنْ يَا رَبُّ رَحْمَتُكَ عَلَيْنَا، كَمَا تَكُنْ عَلَيْنَا
مُبَارَكٌ أَنْتَ يَا رَبُّ عَلَّمْنِي حُقُوقَكَ. (ثلاثاً)

يَا رَبُّ مَلْجَأٌ كُنْتَ لَنَا فِي جِيلٍ وَجِيلٍ، أَنَا قُلْتُ
يَا رَبُّ ارْحَمْنِي وَاشْفِ نَفْسِي لِأَنَّي قَدْ خَطِئْتُ
إِلَيْكَ

يَا رَبُّ إِلَيْكَ لَجَأْتُ فَعَلَّمْنِي أَنْ أَعْمَلَ رِضَاكَ،
لَأَنَّكَ أَنْتَ هُوَ إِلَهِي

لَأَنَّ مِنْ قِبَلِكَ عَيْنَ الحَيَاةِ، وَبِنُورِكَ نَعَايِنُ النُّورَ.
فَابْسُطْ رَحْمَتَكَ عَلَى الَّذِينَ يَعْرِفُونَكَ.

قُدُّوسُ اللهُ، قُدُّوسُ القَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ
ارْحَمْنَا. (ثلاثاً)

المَجْدُ لِلأَبِّ وَالإِبْنِ وَالرُّوحِ القُدُّوسِ.
الآنَ وَكُلَّ أَوَانٍ وَإِلَى دَهْرِ الدَّاهِرِينَ، آمِينَ.

قُدُّوسُ الَّذِي لَا يَمُوتُ ارْحَمْنَا.

قُدُّوسُ اللهُ، قُدُّوسُ القَوِيِّ، قُدُّوسُ الَّذِي لَا يَمُوتُ
ارْحَمْنَا

TODAY'S LITURGY INSERTS

RESURRECTIONAL TROPARION (TONE 3)

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

لِتَفْرَحِ السَّمَاوِيَّاتُ وَتَبْتَهِجِ الْأَرْضِيَّاتُ، لِأَنَّ الرَّبَّ
صَنَعَ عِزًّا بِسَاعِدِهِ، وَوَطِئَ الْمَوْتَ بِالْمَوْتِ، وَصَارَ
بِكْرَ الْأَمْوَاتِ، وَأَنْقَذَنَا مِنْ جَوْفِ الْجَحِيمِ، وَمَنَحَ
الْعَالَمَ الرَّحْمَةَ الْعُظْمَى.

ENTRANCE HYMN OF THE GOSPEL BOOK

Come, let us worship, and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

هَلِّمُوا لِنَسْجُدَ وَنَزْكَعَ لِلْمَسِيحِ، مَلِكِنَا وَإِلَهِنَا. خَلِّصْنَا يَا
ابْنَ اللَّهِ، يَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ، لِتُرْتَلَّ لَكَ. هَلِّلُوبِيَا

RESURRECTIONAL TROPARION (TONE 3)

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

لِتَفْرَحِ السَّمَاوِيَّاتُ وَتَبْتَهِجِ الْأَرْضِيَّاتُ، لِأَنَّ الرَّبَّ
صَنَعَ عِزًّا بِسَاعِدِهِ، وَوَطِئَ الْمَوْتَ بِالْمَوْتِ، وَصَارَ
بِكْرَ الْأَمْوَاتِ، وَأَنْقَذَنَا مِنْ جَوْفِ الْجَحِيمِ، وَمَنَحَ
الْعَالَمَ الرَّحْمَةَ الْعُظْمَى.

TROPARION OF SAINT GEORGE THE GREAT MARTYR (TONE 4)

Since thou art a liberator and deliverer of captives, a help and support of the poor and needy, a healing physician of the sick, a contender and fighter for kings, O great among Martyrs, the victory clad George; intercede with Christ God for the salvation of our souls.

بِمَا أَنْتَ لِلْمَأْسُورِينَ مُحَرَّرٌ وَمُعْتَقٌ، وَلِلْفُقَرَاءِ
وَالْمَسَاكِينِ عَاضِدٌ وَنَاصِرٌ وَلِلْمَرْضَى طَبِيبٌ وَشَافٍ
وَعِنِ الْمُؤْمِنِينَ مُكَافِحٌ وَمُحَارِبٌ أَيُّهَا الْعَظِيمُ فِي
الشُّهَدَاءِ جَاورِ جِيُوسُ اللَّابِسُ الظُّفْرَ تَشْفَعُ إِلَى الْمَسِيحِ
الْإِلَهِي فِي خَلَاصِ نَفُوسِنَا.

KONTAKION FOR SUNDAY OF THE LAST JUDGMENT (TONE 1)

When Thou comest, O God, to earth with glory, and all creatures tremble before Thee, and the river of fire floweth before the Altar, and the books are opened and sins revealed, deliver me then from that unquenchable fire, and make me worthy to stand at Thy right hand, O righteous Judge.

إِذَا أَتَيْتَ يَا اللَّهُ عَلَى الْأَرْضِ بِمَجْدٍ، تَرْتَعِدُ مِنْكَ الْبَرَايَا
بِأَسْرِهَا، وَنَهْرُ النَّارِ يَجْرِي أَمَامَ عَرْشِكَ، وَالصُّحُفُ
تُفْتَحُ، وَالْخَفَايَا تُشَهَّرُ، فَجَنِّبْنِي مِنْ النَّارِ الَّتِي لَا
تُطْفَأُ، وَأَهْلِنِي لِلْوُقُوفِ عَنْ يَمِينِكَ، أَيُّهَا الدَّيَّانُ الْعَادِلُ



Are you offering **HOLY BREAD** and
need **NAMES REMEMBERED** in the Liturgy?
Sign-Up online with the names by **TUESDAY** of that week
www.StGeorgeChi.org/holy-bread or scan QR-Code



SCAN ME

KONTAKION FOR THE MIRACULOUS WEeping ICON (TONE 8)

Only at Saint George Church in Cicero

To thee the champion leader, * I thy city offer thanks of victory. * O Theotokos, thou who hast delivered me from terror. * But as thou hast that power which is invincible, * From all dangers set me free and deliver me. That I may cry unto thee: * Hail, O Bride without Bridegroom.

إني أنا عبدك يا والدة الإله * اكتبُ لكِ راياتِ الغلبة يا جنديةً مُحاميةً * وأقدمُ لكِ الشكرَ كمنقذةٍ من الشدائد * لكن بما أن لك العزة التي لا تُحارب * اعتقيني من صنوفِ الشدائد * حتى أصرخَ إليكِ إفرحي يا عروساً لا عروسَ لها.

EPISTLE READERS

English

Arabic

Sophia Abodeely

Today

Mais Rihani

Hanna Saba

Feb 22

Dr. Manal Ibrahim

Angelina Imseeh

Mar 1

Lana Sulaiman

THE SYNAXARION

On February 15th in the Holy Orthodox Church, we commemorate the Apostle Onesimos of the Seventy; Venerable Eusebios of Syria; and Martyr Major of Gaza.

Today, we commemorate the Second and impartial Coming of our Lord Jesus Christ.

*When the Judge of all sitteth to judge the earth,
Come now! Mayest Thou judge me worthy of Thy voice!*

It is the Sunday of the Last Judgment—known also as Meat Fare Sunday—the lesson of which occurs in today's Holy Gospel. Jesus illustrates to us God's ineffable goodness and His great love for mankind. And so lest some who are lazy should loiter and spend the time appropriate to their salvation in the pursuit of sin, and be suddenly overtaken by death, the divine Fathers decree that on this day the remembrance of the Second Appearance of Christ may be celebrated. The intention is to remind them that, as God is good and loving to mankind, He is also a very righteous Judge Who recompenses each according to his deeds. Our Lord teaches us that when we minister to our brother or sister, we really minister to Him. This brings us righteousness and life eternal.

By Thine ineffable love for mankind, O Christ God, make us worthy of Thy devoted voice, number us among Thy righteous ones and have mercy on us. Amen.



Sing praises to our God, sing praises.

Clap your hands, all ye peoples.

**The Reading from the First Epistle of
Saint Paul to the Corinthians (8:8-9:2)**

Brethren, food will not bring us closer to God; for neither if we eat, are we the better, nor if we do not eat, are we the worse. But take heed lest by any means this authority of yours become a stumbling block to those who are weak. For if any one sees you, as someone who has knowledge, reclining at a table in an idol's temple, will not the conscience of the one who is weak be emboldened to eat of the things sacrificed to idols, and through your knowledge the weak brother perishes, for whom Christ died? And thus, sinning against the brethren, and wounding their conscience when it is weak, you sin against Christ. Therefore, if food causes my brother to stumble, I will not eat meat forever, lest I cause my brother to stumble. Am I not an apostle? Am I not free? Have I not seen Jesus Christ our Lord? Are not you my work in the Lord? If to others I am not an apostle, yet at least I am to you; for the seal of my apostleship are you in the Lord.

رَتِّلُوا لِإِلَهِنَا رَتِّلُوا.

يا جميع الأمم صفِّقوا بالأيدي.

فَصَلِّ مِنْ رِسَالَةِ الْقَدِيسِ بُولُسَ الرَّسُولِ

الأولى إلى أهل كورنثوس (8:8-9:2)

يا إِخْوَةَ، إِنَّ الطَّعَامَ لَا يُقَرِّبُنَا إِلَى اللَّهِ، لِأَنَّا
إِنْ أَكَلْنَا لَا نَزِيدُ وَإِنْ لَمْ نَأْكُلْ لَا نَنْقُصُ. وَلَكِنْ
انظُرُوا أَنْ لَا يَكُونَ سُلْطَانُكُمْ هَذَا مَعْتَرَةً لِلضَّعْفَاءِ.
لِأَنَّهُ إِنْ رَأَى أَحَدٌ يَا مَنْ لَهُ الْعِلْمُ مُتَّكِنًا فِي بَيْتِ
الْأَوْثَانِ، أَفَلَا يَتَقَوَّى ضَمِيرُهُ، وَهُوَ ضَعِيفٌ،
عَلَى أَكْلِ ذَبَائِحِ الْأَوْثَانِ، فَيَهْلِكُ بِسَبَبِ عِلْمِكَ
الْأَخِ الضَّعِيفِ الَّذِي مَاتَ الْمَسِيحُ لِأَجْلِهِ؟ وَهَكَذَا
إِذْ تُخْطِئُونَ إِلَى الْإِخْوَةِ وَتَجْرَحُونَ ضَمَائِرَهُمْ،
وَهِيَ ضَعِيفَةٌ، إِنَّمَا تُخْطِئُونَ إِلَى الْمَسِيحِ. فَلِذَلِكَ
إِنْ كَانَ الطَّعَامُ يُشَكِّكُ أَخِي، فَلَا أَكُلْ لَحْمًا إِلَى
الْأَبَدِ لئَلَّا أُشَكِّكَ أَخِي. أَلَسْتُ أَنَا رَسُولًا؟ أَلَسْتُ
أَنَا حُرًّا؟ أَمَا رَأَيْتُ يَسُوعَ الْمَسِيحَ رَبَّنَا؟ أَلَسْتُمْ
أَنْتُمْ عَمَلِي فِي الرَّبِّ؟ وَإِنْ لَمْ أَكُنْ رَسُولًا إِلَى
آخَرِينَ، فَإِنِّي رَسُولٌ إِلَيْكُمْ. لِأَنَّ خَاتَمَ رِسَالَتِي
هُوَ أَنْتُمْ فِي الرَّبِّ

The Reading from the Holy Gospel
according to Saint Matthew (25:31-46)

The Lord said, "When the Son of man comes in His glory, and all the angels with Him, then He will sit on His glorious throne. Before Him will be gathered all the nations, and He will separate them one from another as a shepherd separates the sheep from the goats, and He will place the sheep at His right hand, but the goats at the left. Then the King will say to those at His right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave Me food, I was thirsty and you gave Me drink, I was a stranger and you welcomed Me, I was naked and you clothed Me, I was sick and you visited Me, I was in prison and you came to Me.' Then the righteous will answer Him, 'Lord, when did we see Thee hungry and feed Thee, or thirsty and give Thee drink? And when did we see Thee a stranger and welcome Thee, or naked and clothe Thee? And when did we see Thee sick or in prison and visit Thee?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these My brethren, you did it to Me.' Then He will say to those at his left hand, 'Depart from Me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave Me no food, I was thirsty and you gave Me no drink, I was a stranger and you did not welcome Me, naked and you did not clothe Me, sick and in prison and you did not visit Me.' Then they also will answer, 'Lord, when did we see Thee hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to Thee?' Then He will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to Me.' And they will go away into eternal punishment, but the righteous into eternal life."

فَصَلِّ شَرِيفًا مِنْ بَشَارَةِ الْقَدِيسِ مَتَّى

الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّلْمِيزِ الطَّاهِرِ (25:31-46)

قَالَ الرَّبُّ: مَتَّى جَاءَ ابْنُ الْبَشَرِ فِي مَجْدِهِ وَجَمِيعُ الْمَلَائِكَةِ الْقَدِيسِينَ مَعَهُ، فَحِينَئِذٍ يَجْلِسُ عَلَى عَرْشِ مَجْدِهِ. وَتُجْمَعُ إِلَيْهِ كُلُّ الْأُمَمِ، فَيَمَيِّزُ بَعْضَهُمْ مِنْ بَعْضٍ، كَمَا يَمَيِّزُ الرَّاعِي الْخِرَافَ مِنَ الْجِدَاءِ. وَيُقِيمُ الْخِرَافَ عَنْ يَمِينِهِ وَالْجِدَاءَ عَنْ يَسَارِهِ. حِينَئِذٍ يَقُولُ الْمَلِكُ لِلَّذِينَ عَنْ يَمِينِهِ: تَعَالَوْا يَا مُبَارَكِي أَبِي رَثُوا الْمَلِكَ الْمُعَدَّ لَكُمْ مِنْذُ إِنْشَاءِ الْعَالَمِ، لِأَنِّي جُعْتُ فَأَطْعَمْتُمُونِي، وَعَطِشْتُ فَسَقَيْتُمُونِي، وَكُنْتُ غَرِيبًا فَأَوْثَمْتُمُونِي، وَعُرْيَانًا فَكَسَوْتُمُونِي، وَمَرِيضًا فَعَدُّتُمُونِي، وَمَحْبُوسًا فَأَتَيْتُمُ إِلَيَّ. حِينَئِذٍ يُجِيبُهُ الصِّدِّيقُونَ قَائِلِينَ: يَا رَبُّ مَتَى رَأَيْنَاكَ جَائِعًا فَأَطْعَمْنَاكَ، أَوْ عَطِشْنَاكَ فَسَقَيْنَاكَ؟ وَمَتَى رَأَيْنَاكَ غَرِيبًا فَأَوْثَمْنَاكَ، أَوْ عُرْيَانًا فَكَسَوْنَاكَ؟ وَمَتَى رَأَيْنَاكَ مَرِيضًا أَوْ مَحْبُوسًا فَأَتَيْنَا إِلَيْكَ؟ فَيُجِيبُ الْمَلِكُ وَيَقُولُ لَهُمْ: الْحَقُّ أَقُولُ لَكُمْ، بِمَا أَنْتُمْ فَعَلْتُمْ ذَلِكَ بِأَحَدِ إِخْوَتِي هَؤُلَاءِ الصِّغَارِ فَبِي فَعَلْتُمُوهُ. حِينَئِذٍ يَقُولُ أَيْضًا لِلَّذِينَ عَنْ يَسَارِهِ: إِذْهَبُوا عَنِّي يَا مَلَاعِينُ إِلَى النَّارِ الْأَبَدِيَّةِ الْمُعَدَّةِ لِإِبْلِيسَ وَمَلَائِكَتِهِ. لِأَنِّي جُعْتُ فَلَمْ تُطْعَمُونِي، وَعَطِشْتُ فَلَمْ تَسْقُونِي، وَكُنْتُ غَرِيبًا فَلَمْ تُؤْوُونِي، وَعُرْيَانًا فَلَمْ تَكْسُونِي، وَمَرِيضًا وَمَحْبُوسًا فَلَمْ تَرْوُونِي. حِينَئِذٍ يُجِيبُونَهُ هُمْ أَيْضًا قَائِلِينَ: يَا رَبُّ، مَتَى رَأَيْنَاكَ جَائِعًا أَوْ عَطِشَانَا أَوْ غَرِيبًا أَوْ عُرْيَانًا أَوْ مَرِيضًا أَوْ مَحْبُوسًا وَلَمْ نَخْدِمَكَ؟ حِينَئِذٍ يُجِيبُهُمْ قَائِلًا: الْحَقُّ أَقُولُ لَكُمْ، بِمَا أَنْتُمْ لَمْ تَفْعَلُوا ذَلِكَ بِأَحَدِ هَؤُلَاءِ الصِّغَارِ، فَبِي لَمْ تَفْعَلُوهُ. فَيَذْهَبُ هَؤُلَاءِ إِلَى الْعَذَابِ الْأَبَدِيِّ، وَالصِّدِّيقُونَ إِلَى الْحَيَاةِ الْأَبَدِيَّةِ

Holy Bread Offered By:



- Today** – Reimoon and Jumana
Imsaih and Family
- The Duncan and Nasr Families
 - The Khoury Family
- Feb 22** – Etihad Rihani and Samar
Rihani and Families
- Mar 1** – Sami and Amanda Imseih and
Family
- Abraham and Lubna Rayan and
Family
- Mar 8** – Sdn. Youssef and
Mary Selim
- Majdi and Arwa
Rayahin and Family



Coffee Hour Sponsors:



- Today** – The Tollefsrud Family
- Feb 22** – **OPEN**
- Mar 1** – Abraham and Lubna Rayan and
Family
- Mar 8** – **OPEN**
- Mar 15** – **OPEN**
- Mar 22** – Etihad Rihani and
Samar Rihani and
Families
- Mar 29** – **OPEN**



BAPTISMS

Yesterday **CESAR** Montesinos.

CHRISMATIONS

Yesterday **DANIEL** and **LINDY** Windus.

WEDDINGS

Yesterday **DANIEL** and **LINDY** Windus.

REMOVAL OF CROWNS

Today **DANIEL** and **LINDY** Windus.

Donate to
Your Church
Today



YAF COFFEE AND FELLOWSHIP SPONSORS



Today – Issa Iqal

↳ Mar 1 – **OPEN**

COMMEMORATIONS

Today 7-Year Commemoration for †**GEORGE
FADEL KHOURY**, offered by Fadel
Khoury, Jamilee Khoury Bellone, and
Jamil Khoury.

MEMORIALS

- Today
- 40-Day Memorial Service for †**AMER
IMSAIH**, offered by Reimoon and
Jumana Imsaih and family.
 - 40-Day Memorial Service for
†**RANDA NASR DUNCAN**, offered by
the Duncan and Nasr families.

CALENDAR OF EVENTS

Sun, Feb 15	• Pre-Communion Prayers	9:00 am
	• Orthros (Matins) followed by Great Doxology and Divine Liturgy	9:15 am
	• Choir Rehearsal	9:15 am
	• Sunday School Classes (<i>see pgs. 18-19</i>)	After Communion
	• God's Little Lights (<i>see pg. 22</i>)	After Communion
	• Coffee Hour	After Liturgy
	• Young Adult Fellowship (YAF) YAF Cafe (<i>see pg. 27</i>)	After Liturgy
Tue, Feb 17	Spiritual Sisters Circle Ministry (<i>see pg. 29</i>)	7:00 pm
Wed, Feb 18	LLC Board Zoom Meeting	5:30 pm
Thu, Feb 19	Legacy Ball Committee Meeting	11:00 am
Sat, Feb 21	• Teen SOYO Officers' Meeting	10:00 am
	• The Order-Cicero Chapter Officers' Meeting	2:00 pm
	• Great Vespers Service	5:00 pm
	• Young Adult Fellowship (YAF) Pre-Lenten Spiritual Retreat (<i>see pg. 28</i>)	After Vespers
	• Teen SOYO Social Outing (<i>see pg. 24</i>)	5:00 pm
Sun, Feb 22	• Pre-Communion Prayers	9:00 am
	• Orthros (Matins) followed by Great Doxology and Divine Liturgy	9:15 am
	• Choir Rehearsal	9:15 am
	• Sunday School Classes (<i>see pgs. 18-19</i>)	After Communion
	• God's Little Lights (<i>see pg. 22</i>)	After Communion
	• Coffee Hour	After Liturgy
	• Teen SOYO – SOYO Hour (<i>see pg. 23</i>)	After Liturgy
• Brotherhood of the Noble Joseph (BNJ) Leadership Meeting	12:30 pm	
Mon, Feb 23	GREAT LENT BEGINS – CLEAN MONDAY (<i>see pg. 16</i>)	
	• Great Compline Service at Saint Katherine's Mission	7:00 pm
	• Antiochian Family Ministry (AFM) Coordinator Zoom Meeting	8:45 pm
Tue, Feb 24	Great Compline Service at Saint George Church, Cicero	7:00 pm
Wed, Feb 25	• Pre-Communion Prayers	6:45 pm
	• Presanctified Liturgy	7:00 pm
Fri, Feb 27	Akathist (Madayeh) Service, following by Potluck Dinner	7:00 pm
Sat, Feb 28	• Great Vespers Service	4:30 pm
	• Marriage Ministry Couples' Lenten Spiritual Retreat (<i>see pg. 36</i>)	4:30 pm
Sun, Mar 1	• Pre-Communion Prayers	9:00 am
	• Orthros (Matins) followed by Great Doxology and Divine Liturgy	9:15 am
	• Choir Rehearsal	9:15 am
	• Sunday School Classes (<i>see pgs. 18-19</i>)	After Communion
	• God's Little Lights (<i>see pg. 22</i>)	After Communion
	• Procession for the Sunday of Orthodoxy	After Liturgy
	• Coffee Hour	After Liturgy
	• Young Adult Fellowship (YAF) Coffee and Fellowship (<i>see pg. 26</i>)	After Liturgy
	• Antiochian Women (AW) General Meeting	12:30 pm
	• Pan-Orthodox Vespers for Sunday of Orthodoxy (<i>see pg. 17</i>) at Holy Resurrection Serbian Orthodox Cathedral, 5701 N Redwood Dr, Chicago, IL	6:30 pm

Dates to Remember!



**Saint George Antiochian Orthodox Church
Cicero, IL**



SUN

GREAT AND HOLY PASCHA



WED

**LITURGY FOR
FEAST OF ASCENSION**



SUN

GREAT FEAST OF PENTECOST



**MON-THU
JUN 8-11**

Summer Bible School



SAT



**25th Annual
GOLF CLASSIC**
Go!ing for a purpose



**WED-SUN
JUN 17-21**

Parish Life Conference



**SAT-SAT
AUG 1-15**

DORMITION SEASON



SAT

63rd Anniversary
LEGACY BALL



SEASON OF EPIPHANY

Traditionally, at the feast of the Lord's Epiphany (Baptism) on January 6th, the Great Blessing of the waters takes place and then is used to sanctify the homes of all the faithful. In bringing the blessed water to the homes, and sprinkling it in each room, we rid our house of any evil influence, and rededicate it to God in a special way.

As we were once renewed by the waters of our own baptism into Christ, so too our home, and our entire lives, are re-dedicated and renewed unto Christ our God each year at this time.

HOME BLESSINGS

Please contact the Church Office at (708) 656-2927 or Office@StGeorgeChi.org to schedule your Home Blessing:

The following should be prepared for the Home Blessing:

- All members of family must be present
- Bible
- Icon
- Lit Candle
- Burning Incense (Optional)
- Small Table (or dining room table)



The visit by Father Saba or Father Gabriel should be approximately **45 minutes**. Several visits will be scheduled on a given day in order to reach and bless all families and homes this season.

Once the Home Blessing Season is mostly over, Father Saba and Father Gabriel will continue regular Pastoral Visits, during which Father Saba or Father Gabriel will spend ample time with each family.



I Read for You

By His Eminence Metropolitan Saba (Isper)

“God, Where is the Wound?”

by Sister Siluana Vlad

Sebastian Publishing, 2022

Mother Siluana is a radiant face -- an illumined person. She is a witness to our times of what divine grace does in those who allow it to dwell within them—when that grace encounters a person open to both humanity and the knowledge of his era, discerning wisely what is good to receive.

Mother Siluana was born during the Second World War, in 1944. In her youth, she experienced deep suffering caused by the lack of meaning in life, and the emptiness and dryness of the soul. She sought to confront this void. After discovering Christ, she experienced the work of divine grace through prayer and self-knowledge. She became certain that He had accompanied her in her pain, waited for her, forgiven her, and—most importantly—loved her with an infinite love. She consecrated her life to Him, striving to love Him passionately and limitlessly with all her heart.

Her wounded heart, healed by the grace of faith, found great consolation in the writings of St. Silouan the Athonite. Metropolitan Theophan of Moldovia said of her:

“Saint Silouan offered her an image of true prayer, an icon of the love of God and neighbor, and the strength to rise from the hell of despair.”

She studied philosophy and taught it for a year, after which she engaged in social work among youth. In 1999, she entered a period of monastic discernment while continuing her charitable and social efforts, focusing especially on street children and offering spiritual guidance to young people.

She was tonsured a nun in 2001 and, with the blessing of Metropolitan Theophan, she founded the **Center of the Archangels Michael and Gabriel for Formation and Counseling**, serving as its coordinator. In 2008, she moved with the center to the city of Iași and, together with several nuns, founded the **Monastery of St. Silouan the Athonite** in Iași, Romania.

She gave important lectures at many conferences and workshops in Romania and abroad, addressing topics such as relationships among youth, stages of love, family and contemporary society, the causes of depression in modern man, self-knowledge, and the spiritual life. She reposed in the Lord in 2021.

Her explanations of Christian anthropology are profoundly attractive. Readers discover with amazement, through her precise descriptions of psychological experience, how deeply they relate to her insights. She uses concepts from modern science to make it easier to understand the common human experiences with which every reader can identify.

She distinguishes between *life as mere survival* and *life as a gift from God*. The life for which God created us becomes possible only when we open ourselves to His grace through prayer and the keeping of His commandments. She gives great importance to discovering God as a living Person, active in every moment of the soul and life of Orthodox Christians. She writes, “God is enamored of us.”

Her book “*God, Where is the Wound?*” contains the texts of three conferences she delivered in Germany in 2012.

In this work, she addresses the common difficulties modern people face in their relationship with God: what prevents them from receiving or even desiring divine grace, what preserves that grace once received, and how it operates within us. She addresses anxiety, stress, depression, trauma, suicide, relationships, sexuality, and the consequences of inherited family traumas that remain unresolved.

She speaks of the effect of deep-seated trauma stored in the subconscious, noting that some philosophies suggest avoiding or ignoring it. She explains that the thoughts emerging from repressed wounds *poison the soul*. Therefore, “we must pay attention to them, to what lies beneath them, to what we feel through them—and we must offer them to the Lord for healing.” She calls this offering to God “**the body of prayer.**”

She writes:

“Emotions are the fire, and thoughts are the logs—the combustible material. Let us note that the devil does not attack us through our emotions. Sin does not enter us through sadness, fear, hatred, or pride expressed as feelings. These are the energies of a sick soul, bursting forth from our fallen nature, beyond the control of our will. Sin enters through evil thoughts that promise deliverance from the pain caused by those feelings—thoughts that lead us to the Evil One, to evil words, and to destructive actions.”

She continues:

“There is addiction to negative emotions just as there is addiction to alcohol; therefore, healing is difficult.”

And she adds:

“What matters to me is the pain of the person before me. When I come into contact with another’s pain, I can transform it into the ‘body of prayer’ on their behalf. Their pain reverberates within me—it hurts me without becoming my own pain—but I experience it, and this makes my prayer for them possible, just as I pray for myself when I am in pain.”

Throughout her book, she stresses the importance of *listening* and the modern person’s deep need to be heard. She insists that one must not suppress the effects of trauma but instead bring them before God. She writes: “When we repress the effects of trauma and do not offer them to God, we contribute to passing them on to our children and grandchildren.”

She adds: “We must remember that every child who enters a family is a potential savior for that family and its descendants.”

Mother Siluana teaches that the mystery of Orthodoxy lies in transforming all that we are—everything we have received from God—so that it may return to Him. The human heart is the arena where created energies are transformed into divine-human energies by the power and operation of grace.

This is a book well worth reading, especially for all those involved in education, pastoral work, and spiritual guidance.

«الله، حيث الجرح؟»
للراهبية سلوانا فلاد
سيباستيان للنشر 2022

الأم سلوانا وجه مستنير. إنها شاهدٌ من عصرنا على ما تفعله النعمة الإلهية، في من تسكن فيه هذه النعمة، ويكون منفتحاً على إنسان وعلوم عصره، فيعرف كيف ينتقي المناسب منها

وُلدت الأم سلوانا خلال الحرب العالمية الثانية، وتحديدًا في العام 1944. اختبرت في صباها ألاماً أساسية من جزاء نقص معنى الحياة، وفراغ النفس الداخلي وجفافها، فسعت إلى مواجهتها. وعندما اكتشفت المسيح اختبرت عمل نعمة الله بواسطة الصلاة ومعرفة الذات، فتأكدت من أنه كان يرافقها في أوجاعها وينتظرها، وأنه غفر لها، والأهمّ أنه يحبها بوسع محبته. فكرست حياتها له، وسعت إلى أن تحبه بشغفٍ وتوقٍ بلا حدود، من كل قلبها. كما وجد قلبها المجروح والمشغوب بنعمة الإيمان، في كتابات القديس سلوان الأثوسي تعزيةً كبيرة، حتى قال فيها ثيوفان ميتربوليت مولدوفا: «قدّم القديس سلوان لها صورة الصلاة الحقّة، وأيقونة حبّ الله والقريب، والقوّة للنهوض من جحيم اليأس.»

درست الفلسفة وعلمتها لسنة واحدة. لتتخرط بعد ذلك في نشاطات اجتماعية مع الشبيبة. دخلت مرحلة اختبار الحياة الرهبانية في العام 1999، وتابعت نشاطاتها الخيرية والاجتماعية مركزةً على الأولاد المتشردين ومقدمّة الإرشاد للشبيبة. صارت راهبة في العام 2001، و ببركة المطران ثيوفان، أسست مركز رئيسي الملائكة ميخائيل وجبرائيل للتشكيل والمشورة، وعملت منسقةً له. انتقلت مع المركز إلى مدينة ياشي في العام 2008. وأسست مع عدد من الراهبات دير القديس سلوان الأثوسي في مدينة ياشي، رومانيا.

قدّمت أحاديث مهمّة في الكثير من المؤتمرات وورش العمل، التي عُقدت في رومانيا وخارجها؛ منها العلاقات بين الشبيبة، مراحل الحب، العائلة والمجتمع المعاصر، مسببات اكتئاب الإنسان المعاصر، معرفة الذات، الحياة الروحية... إلخ
رقدت في الرب في العام 2021.

إنّ توضيحاتها للأنثروبولوجيا المسيحية لجذابة جداً. عبر توصيفاتها المتقنة للخبرة النفسية، يكتشف القراء باندهاش مدى تألفهم مع رؤاها. فهي تستعمل مفاهيم من العلم الحديث لتسهّل فهم الخبرات العامة المشتركة التي بإمكان كلّ القراء التماهي معها

تميّز ما بين الحياة لمجرد الاستمرار، والحياة باعتبارها هبة من الله. فالحياة التي خلقنا الله من أجلها تصير ممكنة عندما نفتح أنفسنا لنعمة الله بالصلاة وتحقيق الوصايا. كما تولي أهمية لاكتشاف الله باعتباره شخصاً حياً وفاعلاً في كلّ لحظة في نفس وحياة المسيحيين الأرثوذكسيين. تقول: «إنّ الله مغروم بنا.»

يضمّ كتابها «الله، حيث الجرح» محاضر ثلاثة مؤتمرات عُقدت في ألمانيا في العام 2012.

تعالج في هذا الكتاب الصعوبات الشائعة التي يختبرها الإنسان المعاصر في علاقته مع الله: ما الذي يمنعه من استقبال نعمة الله أو حتى الرغبة فيها؟ ما الذي يحفظ النعمة الإلهية وكيف تتفعل فيه؟ تتطرّق إلى القلق والتوتر والاكئاب والصدمات والانتحار والعلاقات والجنس وعواقب الصدمات الموروثة من الأهل والأجداد، تلك التي لا تزال من دون حلول

تتكلم على أثر الصدمات المخزونة في الأعماق (اللاوعي)، والتي تُمة فلسفة تقول بعدم إثارتها والعبور عنها. تقول إنّ الأفكار الناشئة عن هذه الآثار المكبوتة تسمّم النفس، وتالياً «علينا أن ننتبه إليها وإلى ما يكمن تحتها، إلى ما نشعره بواسطتها، ونحتاج إلى أن نقدمه إلى الرب من أجل الشفاء منه.» تسمي تقدمتنا هذه الله بـ «جسد الصلاة.»

تقول: «إنّ المشاعر هي النار والأفكار هي قطع الحطب؛ المواد القابلة للاشتعال. لنتنبه إلى أنّ الشيطان لا يهاجمنا من خلال مشاعرنا. لا تدخل الخطيئة إلينا من خلال الحزن والخوف والكراهية والغرور المُعَبّر عنها بالمشاعر... هذه طاقات مرض النفس المبلّوة، وهي تنفجر وتخرج من طبيعتنا الساقطة من دون أن نكون قادرين على السيطرة عليها وضبطها بواسطة قوّة إرادتنا. تأتي الخطيئة من خلال الأفكار الشريرة التي تعدنا بالنجاة من العذاب التي تسببه هذه المشاعر، والتي تقود إلى الشرير، وإلى كلمات شريرة وأفعال إجرامية.»

«تُمة إيماناً على المشاعر السلبية كما هو الإدمان على الكحول، ولذلك يكون الشفاء صعباً» (ص 93).

«المهمّ بالنسبة لي»، والكلام لها، «هو ألم الإنسان الذي أمامي. عندما أتواصل مع ألم الإنسان الآخر أستطيع أن أحوله ليصير «جسد الصلاة» بالنسبة له. يتردد ألمه فيّ، يؤذيني من دون أن يصبح ألمي، لكنّي أختبره (أشعر به)، وهذا ما يجعل صلاتي له ممكنة تماماً كما أصلي لأجل نفسي، وكما أفعل عندما أتأذى في داخل ذاتي» (ص 95)

تشدّد، في كتابها، على أهمية الإصغاء وحاجة الإنسان المعاصر إلى من يسمع له. كما تنادي بضرورة عدم كبت آثار الصدمات التي يتعرّض الإنسان لها وعلى فائدة تقديمها لله. تقول في هذا السياق: «عندما نكبت آثار الصدمة ولا نقدّمها لله فإننا نساهم في نقلها لأولادنا وأحفادنا» (ص 101). «يجب أن نحفظ في أذهاننا أنّ كلّ ولدٍ يصل إلى العائلة هو «مخلّص» محتملٌ لها ولأنسالتها.»

تعتبر أنّ سرّ الأرثوذكسية يكمن في تحويل كلّ ما هو إيّانا، الذي لدينا من الله، ليصير ما يعود إلى الله... القلب البشري هو المختبر الذي فيه تتحوّل الطاقات المخلوقة إلى طاقات إلهية – بشرية، وذلك بقوّة وفعل النعمة

كتاب جدير بالقراءة، خاصة لكل من يتعاطى الشأن التربوي والإرشادي.

OUR JOURNEY TO PASCHA! 2026

SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week FEBRUARY 1st	 <i>TRIODION WEEKS</i> Publican and the Pharisee Reading: 2 Timothy 3: 10-15 Gospel: Luke 18: 10-14	Trust in God, not yourself! Ask for His help before every task this week!
Normal Fast Week FEBRUARY 8th	 The Prodigal Son Returns! Reading: 1 Corinthians 6: 12-20 Gospel: Luke 15: 11-32	Schedule a Confession. Use up/freeze meats this week.
The Last Judgment FEBRUARY 15th	 The Last Judgment (Meatfare) Reading: 1 Corinthians 8: 8-9: 2 Gospel: Matthew 25: 31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Forgiveness Sunday FEBRUARY 22nd	 Adam and Eve are cast from Paradise! <i>FORGIVENESS SUNDAY (Cheesefare)</i> Reading: Romans 13: 11-14:4 Gospel: Matthew 6: 14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent MARCH 1st	 <i>GREAT FAST BEGINS with FORGIVENESS VESPERS</i> SUNDAY of ORTHODOXY Reading: Hebrews 11: 24-26, 32-12:2 Gospel: John 1: 43-51	Bring an icon to church for a procession.
2nd Sunday of Lent MARCH 8th	 SAINT GREGORY PALAMAS Reading: Hebrews 1:10-2:3 Gospel: Mark 2: 1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent MARCH 15th	 VENERATION OF THE HOLY CROSS <i>HALFWAY TO PASCHA!</i> Reading: Hebrews 4: 14-5: 6 Gospel: Mark 8:34-9: 1	Kneel in front of the cross every day, and remember that there is no resurrection without a cross!
4th Sunday of Lent MARCH 22nd	 SAINT JOHN of the LADDER Reading: Hebrews: 6:13-20 Gospel: Mark 9: 17-31	Every time you climb stairs this week ask Saint John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent MARCH 29th	 SAINT MARY of EGYPT Reading: Hebrews 9: 11-14 Gospel: Mark 10: 32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
PALM SUNDAY! APRIL 5th GREAT WEEK BEGINS	 <i>GREAT and HOLY WEEK</i> ENTRY OF OUR LORD INTO JERUSALEM Reading: Philippians 4: 4-9 Gospel: John 12: 1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY APRIL 10th	 GREAT and HOLY FRIDAY JESUS DIES ON THE CROSS CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet, and Phones to honor Christ's Death.
Feast of Feasts! APRIL 12th NO FASTING!	 <i>BRIGHT WEEK</i> HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1: 1-8 Gospel: John 1: 1-17	Greet everyone with "CHRIST IS RISEN!" and say it before good morning and goodnight!

طريقنا إلى الفصح! 2026

الأحد	الموضوع / الإنجيل	كيفية المشاركة
لا صيام هذا الأسبوع 1 شباط	أسابيع التريودي الفريسي والعشار الرسالة: 2 تيم 15-10:3 الإنجيل: لوقا 14-10:18	تقوا بالله، لا بأنفسكم! أصرخوا مع العشار طالبين من الله الرحمة.
صيام عادي هذا الأسبوع 8 شباط	أحد الابن الشاطر! الرسالة: 1 كور 20-12:6 الإنجيل: لوقا 32-11:15	أذهبوا إلى الاعتراف. استنّفوا اللحم من بيتكم خلال هذا الأسبوع.
يوم الدينونة 15 شباط	يوم الدينونة (مرفع اللحم) الرسالة: 1 كور 2:9-8:8 الإنجيل: متى 46-31:25	صلي مواجهة الشرق هذا الأسبوع. المسيح يعود من المشرق وسوف ننتظره! استنّفوا البياض من بيتكم خلال هذا الأسبوع.
يوم الغفران 22 شباط	طرد آدم وحواء من الفردوس يوم الغفران (مرفع الجبن) الرسالة: رومية 14-11:13، 4-1:14 الإنجيل: متى 21-14:6	أطلوا المغفرة من بعضكم البعض هذا الأحد قبل الخلود إلى النوم.
الأحد الأول من الصوم 1 آذار	أحد الأرثوذكسية الرسالة: عب 26-24:11، 2:12-32 الإنجيل: يوحنا 51-43:1	إجلبوا أيقونة إلى الكنيسة للمشاركة في زياح الأيقونات.
الأحد الثاني من الصوم 8 آذار	القديس غريغوريوس بالاماس الرسالة: عب 3:2-10:1 الإنجيل: مرقس 12-1:2	إجلبوا مسبحة صلاة أرثوذكسية لتبريكها في الكنيسة! استعملوها وصلوا صلاة يسوع يومياً في هذا الأسبوع.
الأحد الثالث من الصوم 15 آذار	السجود للصليب المقدس نصف الطريق إلى الفصح! الرسالة: عب 6:5-14:4 الإنجيل: مرقس 1:9-34:8	أسجدوا للصليب كل يوم متذكرين أن لا قيامة من دون صليب!
الأحد الرابع من الصوم 22 آذار	القديس يوحنا السلمي الرسالة: عب 20-13:6 الإنجيل: مرقس 31-17:9	فيما تتسلقون سلم الفضائل، أطلبوا من القديس يوحنا المساعدة لبلوغ الفردوس، وأنتم ترسمون إشارة الصليب!
الأحد الخامس من الصوم 29 آذار	القديسة مريم المصرية الرسالة: عب 14-11:9 الإنجيل: مرقس 45-32:10	أطلبوا من العذراء والدة الإله أن تمنحك وتمنح العالم أفكاراً طاهرة.
أحد الشعانين 5 نيسان	بدء الأسبوع العظيم المقدس دخول السيد إلى اورشليم الرسالة: قليبي 9-4:4 الإنجيل: يوحنا 18-1:12	زينوا الأيقونات بسعف النخل في بيتكم وسياراتكم!
الجمعة العظيمة 10 نيسان	الجمعة العظيمة موت المسيح على الصليب تحقق من أوقات الصلوات في هذه الأيام المقدسة	إمتنعوا عن التلفزيون والإنترنت وعن استخدام هواتفكم.
عيد الأعياد! 12 نيسان	سبت النور الفصح المقدس! (المسيح قام!) الرسالة: اعمال 8-1:1 الإنجيل: يوحنا 17-1:1	القوا التحية قائلين "المسيح قام" عوضاً عن صباح الخير او مساء الخير!

يبدأ الصوم الكبير المقدس في 23 شباط

يَبْدَأُ الصَّوْمُ الْكَبِيرُ الْمُقَدَّسُ يَوْمَ الْإِثْنَيْنِ 23 شَبَاطٍ،
وَيَسْتَمِرُّ لِمَايَةِ عِيدِ الْفِصْحِ فِي 12 نَيْسَانَ.

خِلَالَ هَذَا الْمَوْسِمِ الْمُبَارَكِ، يَجِبُ أَنْ يَتَرَافَقَ الصَّوْمُ
مَعَ الْفَضَائِلِ، وَخَاصَّةً قِرَاءَةُ الْإِنْجِيلِ، وَالْمُوَاطَّأَةُ
عَلَى الصَّلَاةِ، وَعَمَلُ الصَّدَقَةِ وَالْإِحْسَانِ لِلْغَيْرِ. وَكُلَّ
عَامٍ وَأَنْتُمْ بِخَيْرٍ.

يُمْكِنُكُمْ مِتَابَعَةُ الْجَدْوَلِ الْكَامِلِ لَخِدْمَاتِ الصَّوْمِ
فِي النُّشْرَةِ الْأَسْبُوعِيَّةِ.

GREAT LENT BEGINS FEBRUARY 23RD

Great Lent begins

Monday, February 23, called "Clean Monday."

This Holy Season is a renewal for all believers to **intensify** their reading of Scripture, almsgiving, worship, prayer, and fasting.

Fasting begins on "Clean Monday" and continues until the **Feast of Great and Holy PASCHA** on April 12th.

Fasting during Great Lent includes abstaining from meats, fish, dairy, oil, and wine.

The complete *Schedule of Lenten Services* may be found in the *Weekly Bulletin*.



Triumph Of Orthodoxy

PAN ORTHODOX VESPERS

Sponsored by the Orthodox Christian Clergy Association of Greater Chicago



Sunday, March 1, 2025
at 6:30 p.m.

Holy Resurrection
Serbian Orthodox Cathedral
5701 N Redwood Drive, Chicago, IL



Homilist:
His Grace Bishop Serafim
of Kostajnica
Vicar of the Diocese of
New Gracanica-Midwestern America

Responses by
The Pan Orthodox Choir of Greater Chicago
Gordana Trbuhovich, Director



SUNDAY SCHOOL

Curriculum Update

Lesson 19*: Jesus Blesses the Children

A child's faith often starts with their parents (or guardian), and in the home. We must trust in God our Father to receive the kingdom and we must be like children, willing to be changed by God. The parents brought their children near to where Jesus was giving blessings. "Forbid them not," Jesus commanded. Do not prevent people, no matter who they are, from drawing nearer to Christ. Mark 10:16, "And He took them up in His arms, put His hands upon them, and blessed them." After His lesson on the benefits of having the same faith as the children that were brought before Him, Jesus granted the parent's request and "blessed them." Jesus is calling for all of us to turn to Him with that same kind of innocent and trusting faith found in children. Your heavenly Father loves you! Turn to Him.

** LESSON 19 SUMMARY REFLECTS LAST WEEK'S LESSON FROM SUNDAY, FEBRUARY 8, 2026.*



Did you
KNOW?

The Sunday School Confession Program is designed to make confession a gentle, loving, and encouraging experience for children. In the early Christian community, people would stand and confess their sins to God in the presence of the whole congregation. Jesus encouraged His followers to walk in the light together, to "tell it to the Church" (Mt. 18:17). James writes, "Confess your trespasses to one another" (5:16). But as time went on and the Church grew in numbers, public confession became more difficult, and priests began to witness confessions privately on behalf of the Church.

CREATING MEMORIES

smile!



UPCOMING EVENTS...



Sundays after Communion	Sunday School Classes
Sundays 12:30pm – 1:00 pm	CAF Projects Workdays
Sun Mar 1	Sunday of Orthodoxy Procession
Sat Mar 7	Staff Lenten Retreat
Sun Mar 8	CAF Projects Due
Sat Mar 14	Confession Retreat
Sun Mar 15	Adoration of Cross Procession
Sat Mar 28	Sacrament of Confession (grades 3-12)
Sun Apr 5	Palm Sunday – NO CLASSES
Sun Apr 12	Great and Holy Pascha (Easter) – NO CLASSES

art

writing

poetry

photography



CREATIVE FESTIVALS 2026

You shall be to Me a royal
priesthood and a holy nation.

- Exodus 19:6

ALL SUNDAY SCHOOL STUDENTS

> > > 1ST GRADE AND OLDER < < <

are invited to participate!

Registration

Deadline → **SUNDAY, MARCH 1, 2026**

CAF Projects

Due → **SUNDAY, MARCH 8, 2026**

Questions?

NADINE YOUEL, CAF Coordinator → SundaySchool@StGeorgeChi.org



SCAN ME

SUNDAY SCHOOL

Confession Program

A Clean Heart and a Fresh Start



Join us for a special Children's *Confession Program*

DISCOVER HOW MUCH GOD LOVES YOU AND WANTS TO WASH YOUR HEART CLEAN. THIS PROGRAM IS DESIGNED TO MAKE CONFESSION A GENTLE, LOVING, AND ENCOURAGING EXPERIENCE FOR CHILDREN.

Program Calendar

- **Sermon:** Sunday, February 8 – Sunday of the Prodigal Son
- **Retreat to Prepare for Confession:** Saturday, March 14, 10:30AM – 1:00PM
- **Sacrament of Confession:** Saturday, March 28, 5:00PM – Vespers, Confession, and Celebratory Reception
- **Communion Recognition for First Confessors:** Sunday, March 29

Participation is open to all children in 3rd-12th grades.

Registration deadline is Sunday, March 1.

Parents are welcome to join their children for this special program.

Questions? Contact Marwa Bechara at SundaySchool@StGeorgeChi.org



“Therefore, confess your sins to one another, and pray for one another, that you may be healed. The prayer of a righteous man has great power in its effects.” ~ James 5:16



SCAN ME

God's Little Lights



a Pastoral Ministry for 3- and 4-year-olds of
Saint George Antiochian Orthodox Church | Cicero, IL

What is God's Little Lights?

God's Little Lights is a special ministry for our youngest children to grow in the love of Christ. Together, we will help share the love and the light of the Gospel, to make our children "little lights" in their families, their Church, and their everyday lives.

When and Where

- Sundays – right after Holy Communion
- Location – Cry Room
- Time – Short lessons, generally lasting 15-20 minutes
- Schedule – Follows the Sunday School calendar and curriculum
- Must attend with adult

What Will Children Learn?

Our time together is flexible and fun, focusing on:

- Simple prayers and Church practices
- Bible stories
- Celebrating feast days and holy seasons
- Special Church celebrations



Why Join?

God's Little Lights is a wonderful way to:

- Build a strong foundation for Sunday School
- Strengthen the faith life of families
- Help children feel at home in the Church

ALL FAMILIES WITH YOUNG CHILDREN ARE WELCOME!

Let's help our little ones grow together in Christ's light.



Saint George Antiochian Orthodox Church, Cicero, IL

Teen SOYO



Save the Date...

TEEN SOYO ACTIVITIES

SAT, FEB 21

Teen SOYO Social Event @ Dave & Buster's

SUN, FEB 22

Teen SOYO – SOYO Hour

SUN, MAR 15

Teen SOYO – SOYO Hour

SAT, MAR 21

Teen SOYO Lenten Retreat to Saint John Chrysostomos Monastery

FRI, APR 10

All-Day Vigil for Great and Holy Friday

SUN, APR 19

Teen SOYO – SOYO Hour

ALL TEENS (13-18) WELCOME!



Saint George Antiochian Orthodox Church, Cicero, IL

TEEN SOYO

Social Outing

Sat | Feb 21
5-8 PM



9870 Berwyn Ave
Rosemont, IL 60018

**\$30/
Person
includes**

Unlimited
Video
Games

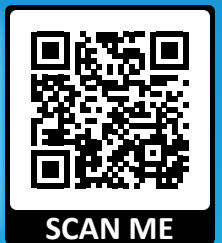
Power
Card (\$20
value)

Buffet
Dinner



Inviting ALL TEENS
(ages 13-18)

RSVP BY
THU | FEB 19



SCAN ME



Saint George Antiochian Orthodox Church, Cicero, IL

Teen SOYO

Lenten Retreat

\$15/TEEN

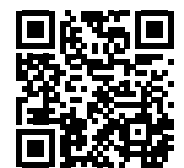
**SAINT JOHN CHRYSOSTOMOS
GREEK ORTHODOX MONASTERY**

Sat | Mar 21 @ 9:00^{AM}–3:00^{PM}

transportation provided from

SAINT JOHN THE BAPTIST GREEK ORTHODOX CHURCH, DESPLAINES, IL

RSVP Deadline
Thu | Mar 19



SCAN ME

- Lunch included
- Dress Code: BOYS–appropriate Church attire • GIRLS–long dresses or skirts and head scarf

ALL TEENS AGES 13-18 WELCOME



SAINT GEORGE ANTIOCHIAN ORTHODOX CHURCH, CICERO, IL

Young Adult Fellowship

SAVE-THE-DATE

INVITING ALL YOUNG PROFESSIONALS, YOUNG MARRIED COUPLES, AND COLLEGE STUDENTS (AGES 18+)

Sun, February 15

YAF Café in the Church Hall

Sat, February 21

Pre-Lenten Spiritual Retreat

Sun, March 1

YAF Coffee Hour in the YAF House

Sun, March 15

YAF Café in the Church Hall

Sat, March 28

Deanery Trip to Saint John Chrysostom
Greek Orthodox Monastery

Sun, March 29

YAF Coffee Hour in the YAF House

Fri, April 17

General Meeting and Dinner

Sun, April 19

YAF Café in the Church Hall

**JOIN A YAF
COMMITTEE!**



**SHARE YOUR IDEAS, TALENTS,
AND GIFTS TO HELP YAF GROW!**

**CALLING ALL
COLLEGE STUDENTS!**



**SCAN HERE FOR A LENTEN
COLLEGE CARE PACKAGE!**



SAINT GEORGE ANTIOCHIAN ORTHODOX CHURCH OF CICERO, ILLINOIS



The Young Adult Fellowship Presents...

YAF ☩ Café



Our Mission

Energizing our Parish through Orthodoxy, fellowship, and, of course, coffee!

Once a month, YAF will bring their iconic coffee hour to the Church Hall for everyone to enjoy!

YAF will be selling cold brews, lattes, baked goods, and more!

All proceeds will go toward the 2026 YAF Pilgrimage Fund

Open on the following Sundays:

February 15

March 15 ✨

April 19 ✨

May 17 ✨

June 14 ✨

Inviting ALL Young Professionals, Young Married Couples, and College Students (ages 18+) to join us the night before for Vespers, baking, and fellowship!

Want to Sponsor?

Please contact Nina Ghanayem at (630) 418-6901

Acceptable forms of payment include cash, checks, and Zelle

Thank you for your generosity!

All donations are greatly appreciated!



Young Adult Fellowship (YAF) Pre-Lenten Spiritual Retreat

“Finding Guidance in a Misguided World” Seeking the Peace of Christ in a World of Digital Noise

Discussing AI, “doom-scrolling”, and how to deal with modern distractions

SAT, FEB 21 @ 5pm

Vespers, Dinner, Food for Hungry People, “Ask Abouna”

\$10/person

Register by Thu, Feb 19 →



Inviting all Young Professionals, Young Married Couples, and College Students (ages 18+)

Saint George Antiochian Orthodox Church, Cicero, IL



ANTIOCHIAN WOMEN

SPIRITUAL SISTERS *Circle* MINISTRY

Complimentary
EVENT

Coffee, Tea,
and Cookies

RSVP by
Mon | Feb 16



Faith † Fellowship † Sisterhood

DATE / TIME

Tue, Feb 17, 2026

7:00 pm - 9:30 pm

NEXT DATES: *Fri, Apr 17 | Mon, May 11*

TOPIC

*"Speaking with Grace: Does
your tongue honor God?"*

ALL WOMEN 18+ WELCOME!

Winter SCHEDULE



BY AGE GROUP

Wed
14 JAN

HUMILITY

6:30 PM

ANTIOCHIAN WOMEN & YAF

"GOD TEACHES US HUMILITY BY REMINDING US TO SERVE AND NOT TO BE SERVED." (MARK 10:45)

Wed
21 JAN

GENEROSITY

6:30 PM

A-MEN & TEEN SOYO

"IS GOD GENEROUS? GENEROSITY SHOWS US HOW TO SHARE HIS BLESSINGS WITH OTHERS." (PROVERBS 19:17)

Wed
28 JAN

PATIENCE

6:30 PM

ANTIOCHIAN WOMEN & YAF

"WE MUST TRUST IN GOD AND HIS TIMING AND REMAIN FAITHFUL DURING CHALLENGES." (EXODUS 34:6)

Wed
04 FEB

CHASTITY

6:30 PM

A-MEN & TEEN SOYO

"GOD TEACHES US TO BE PURE AND TO HONOR OURSELVES, OTHERS, AND HIM IN OUR CHOICES." (PSALM 50:10)

Wed
11 FEB

CHARITY

6:30 PM

ANTIOCHIAN WOMEN & YAF

"TRUE CHARITY REFLECTS THE HEART OF GOD, WHO IS LOVE, TURNING OUR FAITH INTO ACTION." (JOHN 3:16)

Wed
18 FEB

TRUST

6:30 PM

A-MEN & TEEN SOYO

"TRUST MEANS RELYING ON GOD AND HIS WORD COMPLETELY FOR OUR LIVES. (MATTHEW 6:25-34)

**SAINT KATHERINE THE GREAT
ANTIOCHIAN ORTHODOX
MISSION**



ALL AGES

Thurs
15 JAN

**BAPTISM
& CHRISMATION**

6:30 PM

“BAPTISM AND CHRISMATION ARE THE SACRAMENTS OF INITIATION BRINGING PEOPLE INTO THE LIFE OF THE CHURCH.” (MATTHEW 28:16-20)

Thurs
22 JAN

**EUCHARIST
& HOLY COMMUNION**

6:30 PM

“HOLY COMMUNION UNITES US WITH CHRIST AND THE WHOLE CHURCH THROUGH HIS BODY AND BLOOD, FOLLOWING HIS COMMANDMENTS AND TRUE TEACHINGS.” (MATTHEW 26:20-29)

Thurs
29 JAN

**HOLY PENANCE
& CONFESSION**

6:30 PM

“THROUGH HOLY PENANCE, WE EXPERIENCE GOD’S MERCY AND LEARN TO LIVE WITH A CLEAN HEART.” (MATTHEW 9:13)

Thurs
05 FEB

HOLY UNCTION

6:30 PM

“HOLY UNCTION / OIL BRINGS GOD’S HEALING TO THOSE WHO ARE SICK IN BODY AND SOUL.” (JAMES 5:14-15)

Thurs
12 FEB

MARRIAGE

6:30 PM

“HOLY MATRIMONY JOINS A MAN AND WOMAN IN GOD’S LOVE AND BLESSES THEIR FAMILY LIFE TO DO HIS WILL.” (EPHESIANS 5:20-33)

Thurs
19 FEB

**HOLY ORDERS
& ORDINATION**

6:30 PM

“IS GOD CALLING? HOLY ORDERS SETS MEN APART TO SERVE GOD AND HIS CHURCH.” (ACTS 6:1-7)



Antiochian
Village

Pennsylvania



Registration
Opened
Wed | Feb 4

Registration Opened
Wednesday, FEBRUARY 4th

Secure your spot at the
**Antiochian Village Summer
Camp in Pennsylvania!**

Create a NEW Account to
Register! Click on "UltraCamp
Instructions"



SCAN ME



Camp St. George
I-OWA

June 28-July 4, 2026

Summer
Camp



Registration is Open!

Email: ANDREWPREGL@GMAIL.COM

with camper's name and brief summary of their
interest and they will follow up with next steps.



NO CAMPER LEFT BEHIND!



In 2025,
39 CAMPERS
from Saint George Church
attended Camp!

SCHOLARSHIPS

available from

The Order of Saint Ignatius
Cicero Chapter and National!

No Camper Left Behind

ALL Campers in need of financial
assistance will be able to attend!



SCHOLARSHIP APPLICATIONS

...coming in Spring 2026

St. Mary Orthodox Church of Palos Heights, IL

Parish Lenten Retreat with **Bp. ANTHONY Michaels**

March 13th-15th, 2026

Faith, Family & the Future

Friday, March 13th

7:00pm - Akathist followed by reflection

Saturday, March 14th

9:00am - Divine Liturgy

10:45am - Coffee & Refreshments

11:30am - Session 1

1:00pm - Lunch

2:30pm - Session 2

4:00pm - Break

4:30pm - Session 3

6:00pm - Great Vespers

Sunday, March 15th

8:45am - Orthros

10:00am - Divine Liturgy

If you plan to attend on Saturday, please scan the QR code or [click here](#) to register.

<https://submit.jotform.com/240386541107957>

Contact Fabiola with any questions at fsweis@stmaryoc.org



Click or scan to hear Bp. ANTHONY in an interview on children & family life.

Scan below to register!



St. Mary Antiochian Orthodox Church | 6330 W. 127th St. Palos Heights, IL | @stmaryoc



EST. 2001

SAINT GEORGE GOLF CLASSIC
MMXXVI

25th Annual GOLF CLASSIC

Golfing for a purpose

Save the Date!

SATURDAY,
JUNE 13, 2026



Registration and Sponsorships
COMING SOON!

CANTIGNY
GOLF



Couples' Lenten Spiritual Retreat

A Marriage Ministry Event

SAT, FEB 28 – 4:30PM

Saint George Church Hall

Vespers

Dinner

Spiritual Talk

Group Activities

Panel Discussion

Fellowship

**\$50/
Couple**

“Ordering the Priorities in Marriage”
DISCOVERING THE WISDOM OF THE CHURCH

**RSVP by
Tue | Feb 24**

INVITING ALL

Married ~ Engaged ~ Courting Couples



SCAN ME